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Bogoyo1 - July 15, 2012, 12:11 pm

My cousin is a personal trainer in florida and he asked me to promote his brand new website! It is great actually. There is quite abit of fitness guides and help on there! The first 100 members get a little "bonus" guide!.

Heres the link: <http://www.arrowfitness.co.nr/>

Anyone enjoying the website? If so tell me :)