

Forum:[Hack Forums](#)

Thread: [E-book discontinued](#)

Maze - October 3, 2012, 11:22 pm

I have decided to dis-continue this e-book.

En1gma - October 3, 2012, 11:46 pm

Vouch for this ebook, looks very good.

Maze - October 4, 2012, 1:24 am

(Oct 3, 2012 11:46 PM)Henry. Wrote: [\[CITE\]](#) Vouch for this ebook, looks very good.

Thanks for your vouch :).

Unlimited copies guys! Only \$5 to get the lifestyle you always wanted!

DGK™ - October 4, 2012, 9:19 am

Hey i just sent you a PM, please reply soon :)

NeelC - October 4, 2012, 12:59 pm

So you're saying a 300 pound fat guy could get shredded in 12 weeks? Not trashing your thread or anything but pre-made workouts aren't for everyone. It's a false promise saying you'll be shredded in 12 weeks. You could just say "Get Shredded," and that would be acceptable. Anyway, GLWS.

Maze - October 4, 2012, 3:53 pm

(Oct 4, 2012 12:59 PM)NeelC Wrote: [\[CITE\]](#) So you're saying a 300 pound fat guy could get shredded in 12 weeks? Not trashing your thread or anything but pre-made workouts aren't for everyone. It's a false promise saying you'll be shredded in 12 weeks. You could just say "Get Shredded," and that would be acceptable. Anyway, GLWS.

12 weeks is usually a good benchmark to see dramatic improvements in ones body. In just 2-3 weeks I lost 9 kilos (20 pounds) on my diet which I have put in the e-book along with my workout routine. Imagine what you could achieve in 12! There are always ways to take it casually, lose a couple pounds here and there. I guarantee you won't regret it!

Also for those looking for striations in their legs - a leg workout is in there for great results. Take a look at the screenshot - I have pretty good legs for my age :).

ALL VOUCH COPIES ARE GONE. PLEASE STOP PMING ME REQUESTING ONE. THANKS! :D

Hound - October 4, 2012, 4:27 pm

20 pounds every 2-3 weeks is really good. I tried making my own diet and I lost 60 pounds in 4 months. It was near starvation though. I eat like a pig now and don't gain any weight. I may buy this eBook for the workout section though soon. Your method seems better than what I did. Good luck with all your sales!

Maze - October 4, 2012, 4:43 pm

(Oct 4, 2012 04:27 PM)gradeB Wrote: [\[CITE\]](#) 20 pounds every 2-3 weeks is really good. I tried making my own diet and I lost 60 pounds in 4 months. It was near starvation though. I eat like a pig now and don't gain any weight. I may buy this eBook for the workout section though soon. Your method seems better than what I did. Good luck with all your sales!

Thank you!

There are 3 sample workouts within the e-book. PLUS a number of workouts to do at home. It's

really worth the money :).

GearCEO™ - October 4, 2012, 8:47 pm

I read the book complete and I totally vouch for this book. Its worth worth the money as well. GLWS.

Nobility - October 4, 2012, 9:49 pm

Vouching for this e-book purchased it. Will update my stats in a months time...Thanks once again
Maze

Community™ - October 5, 2012, 12:56 am

Fantastic eBook, with a nice layout! All the steps are clearly written, and if you buy it and follow what it says, I am certain you will indeed become shredded. Good luck with sales Maze!

Maze - October 5, 2012, 1:54 am

Really glad that you guys are liking it :)

Going out now - Friday night parties woo! So won't be able to respond to PM's until later tonight/tomorrow.

Will respond ASAP to all.

Maze

NeelC - October 5, 2012, 10:55 am

(Oct 4, 2012 03:53 PM)Maze Wrote: [\[CITE\]](#) 12 weeks is usually a good benchmark to see dramatic improvements in ones body. In just 2-3 weeks I lost 9 kilos (20 pounds) on my diet which I have put in the e-book along with my workout routine. Imagine what you could achieve in 12! There are always ways to take it casually, lose a couple pounds here and there. I guarantee you won't regret it! Also for those looking for striations in their legs - a leg workout is in there for great results. Take a look at the screenshot - I have pretty good legs for my age :).

ALL VOUCH COPIES ARE GONE. PLEASE STOP PMING ME REQUESTING ONE. THANKS! :D
Wow, that is pretty good. I guess this could be edited for other people's goals too. Looks like a quality eBook, good luck with sales mate :D

Maze - October 8, 2012, 1:12 am

Unlimited quantity to sell!

PM me for a quick and easy purchase - guaranteed results!

organic - October 10, 2012, 6:13 am

Just bought this. Cheap and FILLED with information. I would recommend anyone who wants to get in shape to check this out.

Maze - October 10, 2012, 10:27 pm

(Oct 10, 2012 06:13 AM)luminare Wrote: [\[CITE\]](#) Just bought this. Cheap and FILLED with information. I would recommend anyone who wants to get in shape to check this out.

Really glad you like it :)

I hope to hear from you on your journey to success!

PM me if anyone would like to buy!

Maze - October 14, 2012, 1:30 am

PM me to purchase a copy guys!

Deep, detailed information on how to get the body you always wanted!

lol - October 14, 2012, 2:08 am

Fuck this, Ill buy it! I'm PM'ing you now! :)

Neal Caffrey - October 14, 2012, 3:06 am

I'm willing to bet it's just a bunch of public methods compiled into 1 eBook.

Maze - October 14, 2012, 3:29 am

(Oct 14, 2012 03:06 AM)Neal Caffrey Wrote: [\[CITE\]](#) I'm willing to bet it's just a bunch of public methods compiled into 1 eBook.

Hey Neal,

I actually wrote all of this e-book myself.

Only thing that wasn't written by me is 2 workout routines which are in the e-book. I also have written some of my own routines which are also in there.

Feel free to purchase it if you want :)

Maze

Dysbalance - October 15, 2012, 4:06 am

Bought it .. very nice Ebook has alot of sites and categories.

Very interessting <3

STRONG EBOOK!

Maze - October 16, 2012, 12:34 am

(Oct 15, 2012 04:06 AM)Actzeh Wrote: [\[CITE\]](#) Bought it .. very nice Ebook has alot of sites and categories.

Very interessting <3

STRONG EBOOK!

Thanks for your vouch.

PM me anyone who would like to buy !!

Maze

lol - October 17, 2012, 2:27 am

First of all, I was very scared to buy this eBook because I thought it wouldn't work and also I thought it's just a chunk of public methods compiled into 1 eBook but it's not!

Very high quality eBook!

I really believe I will become shredded in a few months!

Good luck with sales Maze!

Regards,

AUB™

organic - October 17, 2012, 7:15 am

Maze are you getting my PM's? I need a new download link to the e-book because the first one you sent me I downloaded it on my Nexus 7 tablet not my computer and it wont let me redownload it. It says it's already used on another device.

Maze - October 17, 2012, 12:57 pm

At school now, will PM you a link when home.

Maze

organic - October 17, 2012, 2:25 pm

Ok cool, sorry about that and thanks again man.

AndyK. - October 17, 2012, 5:11 pm

Does this eBook require full effort?
I sometimes get too lazy. LOL.

Maze - October 17, 2012, 6:20 pm

(Oct 17, 2012 05:11 PM)AndyK. Wrote: [\[CITE\]](#) Does this eBook require full effort?
I sometimes get too lazy. LOL.

For ideal and maximum results I would suggest to stick to within the ebook you will find ways to stay motivated and faqs on a number of topics.
Maze

AndyK. - October 17, 2012, 7:16 pm

(Oct 17, 2012 06:20 PM)Maze Wrote: [\[CITE\]](#) For ideal and maximum results I would suggest to stick to within the ebook you will find ways to stay motivated and faqs on a number of topics.
Maze

I might be interested. Please give me a PM!

Maze - October 18, 2012, 2:18 am

(Oct 17, 2012 07:16 PM)AndyK. Wrote: [\[CITE\]](#) I might be interested. Please give me a PM!
I have Pm'ed you !
Guys still selling PM me to purchase a copy!

Maze - October 26, 2012, 5:37 pm

Still Selling!
HEAPS of happy customers!
PM ME!

.Beta. - October 27, 2012, 2:45 am

huge vouch for this guide. it is really easy to follow totally worth \$5! it is very detailed and maze is a great guy that can help at all times cheers bro.

Maze - November 11, 2012, 9:20 pm

Been a little inactive - sorry guys.
Back to selling the e-book.
PM me if you'd like to buy!

Astus - November 13, 2012, 2:24 am

Vouch for the eBook and seller, great guy; I heard he has put a lot of effort into this!