

Forum:[Hack Forums](#)

Thread: [My smoothie](#)

Apple Jacks - August 8, 2013, 11:28 am

Made me a smoothie today, check it out ;

[img]http://s9.postimg.org/t3dkpfswf/swag.jpg[/img]

It has ;
Water
Apples
Kiwi
Lemon juice
Lime juice
Kale
Parsley
Spinach

It was a little thick, but was still pretty good, =]

K?be - August 8, 2013, 11:31 am

Can't stand smoothies. To me that looks vial, but oh well.

Saum - August 8, 2013, 11:33 am

That color doesn't make it look so appetizing...

ti pit - August 8, 2013, 11:34 am

Let me guess... You're feeling much healthier now?

K?be - August 8, 2013, 11:34 am

(Aug 8, 2013 11:34 AM)ti pit Wrote: [\[CITE\]](#) Let me guess... You're feeling much healthier now?
Hahaha! Way to be polite. ?

Emoticon - August 8, 2013, 11:34 am

(Aug 8, 2013 11:28 AM)Apple Jacks Wrote: [\[CITE\]](#) It has ;
Kale
Parsley
Spinach
WHAT THE FUCK. How can you even partially enjoy that idea?
Whatever, glad you liked it, I sure wouldn't be able to o_o

Apple Jacks - August 8, 2013, 12:31 pm

The lemon juice and fruit made it taste good, you can't even taste the greens.

(Aug 8, 2013 11:34 AM)ti pit Wrote: [\[CITE\]](#) Let me guess... You're feeling much healthier now?
Nope, but in a week or so of drinking these (different mixes) I will defenitly have more energy and such. Smart ass comments were not needed. ?

K?be - August 8, 2013, 2:10 pm

I'd probably get the shits off drinking these.

Apple Jacks - August 8, 2013, 2:33 pm

(Aug 8, 2013 02:10 PM)G?If Wang Wrote: [\[CITE\]](#) I'd probably get the shits off drinking these.

I'm sure if that effect does happen, it would stop after a few days of drinking these, you would get use to it.

I will be much more energized though from drinking sodas, eating VERY badly. I mean I still am not eating perfectly, but have adjusted some things and starting eating healthy things. I'm proud of myself :)

K?be - August 8, 2013, 2:46 pm

(Aug 8, 2013 02:33 PM)Apple Jacks Wrote: [\[CITE\]](#) I'm sure if that effect does happen, it would stop after a few days of drinking these, you would get use to it.

I will be much more energized though from drinking sodas, eating VERY badly. I mean I still am not eating perfectly, but have adjusted some things and starting eating healthy things. I'm proud of myself :)

As long as you feel energized OP, that's alright. ?

Apple Jacks - August 8, 2013, 5:28 pm

(Aug 8, 2013 02:46 PM)G?If Wang Wrote: [\[CITE\]](#) As long as you feel energized OP, that's alright. ?

Well this is my first one, probably won't feel any effects of eating well for a few days :P

Air??????? - August 8, 2013, 5:29 pm

I don't like smoothies but oh well, how did it taste OP and are you feeling better now ?

Dr. Hobo - August 8, 2013, 5:37 pm

All that acid can't be good for your teeth...

ti pit - August 8, 2013, 5:50 pm

(Aug 8, 2013 05:37 PM)Dr. Hobo Wrote: [\[CITE\]](#) All that acid can't be good for your teeth...

I'd be more worried about all the other shit we eat every day

Apple Jacks - August 8, 2013, 6:11 pm

(Aug 8, 2013 05:37 PM)Dr. Hobo Wrote: [\[CITE\]](#) All that acid can't be good for your teeth...

Brush you teeth after man? That's what I did :D

(Aug 8, 2013 05:29 PM)Pm4lessons Wrote: [\[CITE\]](#) I don't like smoothies but oh well, how did it taste OP and are you feeling better now ?

I put a little too much lemon and lime, but was my first time making one. I plan on making one every day, I will get the hang of it. ?