

Forum:[Hack Forums](#)

Thread: [Online Personal Trainer! Get To Where You Want To Be!Cheapest on HF!](#)

FatBurrito - October 15, 2013, 2:35 am

Features

In this offer you will receive a LIFETIME online personal trainer that will help you lose weight or gain weight by getting your diet and exercise in check. I will put a special diet together for you to fit your macros (carbs/fats/proteins) so you can reach your goals. Depending on what you want I will also get you a routine together for you to suit where you want to be. Remember the healthy life is all trial and error so if something doesn't work for you message me and we will modify your diet or routine to make sure you are getting your numbers.

Prices

LIFETIME: \$15

Proof that I know what I am doing!Me in my prime!

T.O.S.

1. Don't purchase this if you are expecting to hit your goals in a few weeks.
2. You will only get a refund if you ask before you get your diet and workout plan.
3. There will be no sharing of your personal plan made by me with ANYONE.

Purchase

Add me on skype or PM me to purchase.

Skype: jacka.jones

Blizzard - October 15, 2013, 2:37 am

How is it really going to work? Are you going to show step by step instructions via skype video chat?

Brian Krebs - October 15, 2013, 2:40 am

Not to sound like a pedo or a perv but do you have any pictures of what you look like? I don't want to hire a 35 stone slob as that'll obviously not work.

FatBurrito - October 15, 2013, 2:43 am

(Oct 15, 2013 02:40 AM)Skyon Wrote: [\[CITE\]](#) Not to sound like a pedo or a perv but do you have any pictures of what you look like? I don't want to hire a 35 stone slob as that'll obviously not work.

I could send you pictures but the problem is for the last year I have been bulking and am currently at around 20% body fat. If you would like I can post my stats?

Brian Krebs - October 15, 2013, 2:45 am

(Oct 15, 2013 02:43 AM)FatBurrito Wrote: [\[CITE\]](#) I could send you pictures but the problem is for the last year I have been bulking and am currently at around 20% body fat. If you would like I can post my stats?

You bulked for an entire year? Damn, I only bulk for a month maybe two at max

FatBurrito - October 15, 2013, 2:49 am

(Oct 15, 2013 02:45 AM)Skyon Wrote: [\[CITE\]](#) You bulked for an entire year? Damn, I only bulk for a

month maybe two at max

I had that problem at the start of my training. I was worried about body fat but eventually I stopped caring and it is definitely worth it. I promise you that if you purchase you will make insane gains in strength and size depending on if you follow what I tell you. I am not going to lie it will not be easy. It is a long process but will be worth it.

Anim8r - October 15, 2013, 3:11 am

Interesting service. Will probably contact you soon regarding this.

UPDATE: had a chat with this guy on skype, already working on my plan! Cant wait :).

-Aidan.

Prince of Persia - October 15, 2013, 3:02 pm

Legitimate person, knows their shit.

Anim8r - October 15, 2013, 6:12 pm

Huge vouch, just bought my first program. This guys knows what he's talking about in either bulking up or trimming down. Can't wait to kick my program into action :D

-Aidan.

FatBurrito - October 15, 2013, 6:19 pm

(Oct 15, 2013 06:12 PM)Anim8r Wrote: [\[CITE\]](#) Huge vouch, just bought my first program. This guys knows what he's talking about in either bulking up or trimming down. Can't wait to kick my program into action :D

-Aidan.

Thanks Aidan :D Just realized I miss spelled your name on the program, sorry about that.

(Oct 15, 2013 03:02 PM)Prince of Persia Wrote: [\[CITE\]](#) Legitimate person, knows their shit.
Thanks POP! Always great doing business with you :)

FatBurrito - October 16, 2013, 11:53 pm

(Oct 15, 2013 03:11 AM)Anim8r Wrote: [\[CITE\]](#) Interesting service. Will probably contact you soon regarding this.

UPDATE: had a chat with this guy on skype, already working on my plan! Cant wait :).

-Aidan.

Great member! Also great questions you asked! Hope to see your progress soon.

TheyCallMeNeon - October 16, 2013, 11:54 pm

A lifetime program? You will supply us with lifetime plans?

FatBurrito - October 16, 2013, 11:56 pm

(Oct 16, 2013 11:54 PM)TheyCallMeNeon Wrote: [\[CITE\]](#) A lifetime program? You will supply us with lifetime plans?

Yes sir! :) Will be there every step of the way!

Ramisme - October 17, 2013, 9:53 am

(Oct 15, 2013 02:43 AM)FatBurrito Wrote: [\[CITE\]](#) I could send you pictures but the problem is for the last year I have been bulking and am currently at around 20% body fat. If you would like I can post

my stats?

If you're up to 20% body fat after a year bulk, you're doing something wrong.

(Oct 15, 2013 02:45 AM)Skyon Wrote: [\[CITE\]](#) You bulked for an entire year? Damn, I only bulk for a month maybe two at max

Two months? You can't even call that a bulk. You just quit your cutting diet for a few months.

Bing™ - October 17, 2013, 10:48 am

I already have a PT, but I'm sure your diets will be nice (:

FatBurrito - October 17, 2013, 12:14 pm

(Oct 17, 2013 09:53 AM)Ramisme Wrote: [\[CITE\]](#) If you're up to 20% body fat after a year bulk, you're doing something wrong.

Two months? You can't even call that a bulk. You just quit your cutting diet for a few months. Actually no I am not doing anything wrong considering I started my bulk at 16% BF. Was a clean bulk too. Everyone has a different body so each will react differently. Just because you don't put on a lot of fat doesn't mean no one else does...

(Oct 17, 2013 10:48 AM)Bing™ Wrote: [\[CITE\]](#) I already have a PT, but I'm sure your diets will be nice (:

Thanks buddy :) All diets are customized to fit that persons goals.?

Bing™ - October 17, 2013, 3:10 pm

(Oct 17, 2013 12:14 PM)FatBurrito Wrote: [\[CITE\]](#) Actually no I am not doing anything wrong considering I started my bulk at 16% BF. Was a clean bulk too. Everyone has a different body so each will react differently. Just because you don't put on a lot of fat doesn't mean no one else does...

Thanks buddy :) All diets are customized to fit that persons goals.?

My diet is of 4000kcal/day (:

I must eat a lot, maybe will start taking gainer instead of whey, so I can eat less (:

FatBurrito - October 17, 2013, 3:14 pm

(Oct 17, 2013 03:10 PM)Bing™ Wrote: [\[CITE\]](#) My diet is of 4000kcal/day (:

I must eat a lot, maybe will start taking gainer instead of whey, so I can eat less (:
Definitely a good idea! If you ever need anymore advice you know where to find me :D

Bing™ - October 17, 2013, 3:16 pm

(Oct 17, 2013 03:14 PM)FatBurrito Wrote: [\[CITE\]](#) Definitely a good idea! If you ever need anymore advice you know where to find me :D

If you want to, give me an example diet, for someone with specific height and weight and I can review it. I'm not a nutricionist, but I know some stuff about this (:

FatBurrito - October 17, 2013, 3:19 pm

(Oct 17, 2013 03:16 PM)Bing™ Wrote: [\[CITE\]](#) If you want to, give me an example diet, for someone with specific height and weight and I can review it. I'm not a nutricionist, but I know some stuff about this (:

Sorry I can't do that. Would be unfair for other customers.

fnatic440 - October 17, 2013, 8:41 pm

I want to see pictures, if you don't mind.

FatBurrito - October 17, 2013, 8:44 pm

(Oct 17, 2013 08:41 PM)fnatic440 Wrote: [\[CITE\]](#) I want to see pictures, if you don't mind.

Like I said earlier, I have been bulking for over a year now and have a very high body fat percentage. If you still want to see feel free to pm me.

Studies - October 17, 2013, 10:09 pm

I swear to god if you're giving them known programs like SS or ICF and just changing a couple things that's fucked up. Calculating your macros takes 10 minutes, not to bash you sound like you might not be as retarded as most people that post in this section but you're selling something people can learn for free.

I don't believe in PTs in general, especially "online" PTs.

But, anyways good luck I guess maybe this will help some lazy ass people with some extra money?

FatBurrito - October 17, 2013, 10:16 pm

(Oct 17, 2013 10:09 PM)Hacker? Wrote: [\[CITE\]](#) I swear to god if you're giving them known programs like SS or ICF and just changing a couple things that's fucked up. Calculating your macros takes 10 minutes, not to bash you sound like you might not be as retarded as most people that post in this section but you're selling something people can learn for free.

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But, anyways good luck I guess maybe this will help some lazy ass people with some extra money?

Tbh I agree with you 100%! But when I first started out I was getting so many opinions it ruined me! Some people need that guidance so they know where to begin and can receive the results the fastest way possible which is what I am here for.

Drizzled - October 19, 2013, 11:18 am

Post a picture of yourself in the same bathroom at 20% BF so we know it's actually you.

FatBurrito - October 19, 2013, 1:34 pm

(Oct 19, 2013 11:18 AM)Drizzled Wrote: [\[CITE\]](#) Post a picture of yourself in the same bathroom at 20% BF so we know it's actually you.

Haha that might be a problem considering I don't live in that house anymore... Literally just moved out of the house about 3 weeks ago.

Drizzled - October 19, 2013, 2:45 pm

(Oct 19, 2013 01:34 PM)FatBurrito Wrote: [\[CITE\]](#) Haha that might be a problem considering I don't live in that house anymore... Literally just moved out of the house about 3 weeks ago.

So no physique to back it up and no proof that it was your physique.... Good luck with sales lol.

FatBurrito - October 19, 2013, 3:19 pm

(Oct 19, 2013 02:45 PM)Drizzled Wrote: [\[CITE\]](#) So no physique to back it up and no proof that it was your physique.... Good luck with sales lol.

Haha sorry but the fact of the matter is that I know what I am talking about.

loael - October 20, 2013, 6:33 pm

So you in your "prime" is abs/chest under good lightning? Wouldnotbuy/10.

(Oct 17, 2013 10:09 PM)Hacker? Wrote: [\[CITE\]](#) I swear to god if you're giving them known programs like SS or ICF and just changing a couple things that's fucked up. Calculating your macros takes 10

minutes, not to bash you sound like you might not be as retarded as most people that post in this section but you're selling something people can learn for free.

I don't believe in PTs in general, especially "online" PTs.

But, anyways good luck I guess maybe this will help some lazy ass people with some extra money? +1.

You can find everything you need online and for free. A personal trainer would be someone preping you up for a competition/photoshoot

FatBurrito - October 21, 2013, 12:47 am

(Oct 20, 2013 06:33 PM)loael Wrote: [\[CITE\]](#) So you in your "prime" is abs/chest under good lightning? Wouldnotbuy/10.

+1.

You can find everything you need online and for free. A personal trainer would be someone preping you up for a competition/photoshoot

haha last time I checked lighting doesn't effect the six pack I have... May make it look better but it is still there. Would love to see some of your picture mate :) Please teach us all/10.

v11 - October 21, 2013, 12:49 am

I have a serious question. I am wanting to gain at least 40-50 LBS. I am trying to join the Military and I can't because of how tall I am. Could this be done just you doing the opposite? Just fattening me up and helping me build muscle weight?

FatBurrito - October 21, 2013, 12:51 am

(Oct 21, 2013 12:49 AM)v11 Wrote: [\[CITE\]](#) I have a serious question. I am wanting to gain at least 40-50 LBS. I am trying to join the Military and I can't because of how tall I am. Could this be done just you doing the opposite? Just fattening me up and helping me build muscle weight?

Yes very easily! Add me on skype if you want to talk more! Or pm me. Bulking is my favorite part and by far the easiest :D

v11 - October 21, 2013, 12:52 am

(Oct 21, 2013 12:51 AM)FatBurrito Wrote: [\[CITE\]](#) Yes very easily! Add me on skype if you want to talk more! Or pm me. Bulking is my favorite part and by far the easiest :D

Okay, well I will send you a PM with my skype. Hopefully we can talk.

Z?zz - October 22, 2013, 9:23 am

(Oct 21, 2013 12:52 AM)v11 Wrote: [\[CITE\]](#) Okay, well I will send you a PM with my skype. Hopefully we can talk.

Please don't pay him to teach you how to bulk.

iPhone - October 23, 2013, 7:12 pm

Hmm.

I would be interested but your charging money which I don't like.

FatBurrito - October 23, 2013, 11:56 pm

(Oct 23, 2013 07:12 PM)iPhone Wrote: [\[CITE\]](#) Hmm.

I would be interested but your charging money which I don't like.

Sorry but it takes time to write everything up.

walter_white - October 24, 2013, 1:47 am

Interesting service.Good luck guys.

FatBurrito - November 10, 2013, 11:50 pm

Just an FYI I have been on vacation for the last week so sorry for my absence, but I am back! Message me if anyone is interested. Also I will be starting my first cycle soon and if anyone has any questions on that feel free to message me.

FatBurrito - December 6, 2013, 6:17 pm

(Oct 24, 2013 01:47 AM)walter_white Wrote: [\[CITE\]](#) Interesting service.Good luck guys.
Any interest in signing up? I have changed my pricing and am currently best bang for your buck! \$15 for lifetime training!

FatBurrito - January 17, 2014, 1:16 pm

I am currently the cheapest on the market! Don't miss out on your opportunity to change your life! :D

FatBurrito - January 29, 2014, 3:37 pm

For now on all new applicants will get my personal phone number for you to text me any time of the day and get the support you need! A members website will be up in two weeks aswell.

Ackight - January 29, 2014, 3:38 pm

Interested, need some of the BF off me

Randy™ - January 29, 2014, 4:26 pm

Do you make workout plans too? or just diet?

FatBurrito - January 29, 2014, 4:28 pm

(Jan 29, 2014 05:26 PM)Randy™ Wrote: [\[CITE\]](#) Do you make workout plans too? or just diet?
I do both! Once the payment is received you will get your workout plan and diet with in 2 hours!

Randy™ - January 29, 2014, 4:29 pm

(Jan 29, 2014 05:28 PM)FatBurrito Wrote: [\[CITE\]](#) I do both! Once the payment is received you will get your workout plan and diet with in 2 hours!

How many weeks is your workout plan and can you adjust it to a home gym since that's what I use?

FatBurrito - January 30, 2014, 2:15 pm

(Jan 29, 2014 05:29 PM)Randy™ Wrote: [\[CITE\]](#) How many weeks is your workout plan and can you adjust it to a home gym since that's what I use?

This all depends on your goals! And yes I can work with your home gym.

FatBurrito - February 3, 2014, 9:23 pm

(Jan 29, 2014 04:38 PM)Ackight Wrote: [\[CITE\]](#) Interested, need some of the BF off me
Sounds good! message me if you are interested!

FatBurrito - June 7, 2014, 8:53 pm

I am reopening my service!! I have been away for work. Prices are still the same and still looking for clients to put in hard work and not give up!!

Nutrition - June 7, 2014, 9:10 pm

Hmm, I may be interested. Can you show us some past work of clients just from this thread?

FatBurrito - June 7, 2014, 11:57 pm

(Jun 7, 2014 09:10 PM)Ro?us?™ Wrote: [\[CITE\]](#) Hmm, I may be interested. Can you show us some past work of clients just from this thread?

Sadly no one sticks around long enough for results! I am not here to baby sit but when someone needs help I help.

Flacko. - July 31, 2014, 9:14 pm

Looks very interesting! Good luck with sales buddy!

FatBurrito - July 31, 2014, 10:31 pm

(Jul 31, 2014 09:14 PM)0??? Wrote: [\[CITE\]](#) Looks very interesting! Good luck with sales buddy! Thank you :) It has been a while since I have had a customer haha.

FatBurrito - December 6, 2014, 9:55 am

Everything is back up and running. I am also willing to do drug protocols for an extra \$15.

noway22 - February 17, 2015, 12:01 pm

gym took all of my life dude i am bored of it :P good luck with sales

FatBurrito - February 11, 2016, 12:49 am

Service is running again. I have been away with work. I can get you to your goals today with a personal diet, routine, and if you want (for extra) the best AAS protocol for achieving your goal.

I guarantee that if you follow my instructions you will lose bodyfat or gain muscle. A full refund will be provided if results are not evident (assuming you are following the program I provide). Please Pm me or add me of skype for your free consolation today!

Hydroclitoric Acid - February 11, 2016, 2:32 am

Sounds interesting.

Gonna wait to see what others who purchase it say.

If it's good I'll give it a go :)

Lo?r - February 11, 2016, 2:36 am

Will purchase this soon . Thx!