

Forum:[Hack Forums](#)

Thread: [A year no fap challange - Recruitment open till January 2nd \[Open Recruit for 3 days\]](#)

Herbert - October 10, 2014, 3:12 pm

I've been masturbating for 10 years straight every night at least once to 5 times a day cause it was addictive it made me relaxed most of the time before bed to have a good night rest.

since I always attempt to quit faping but then realize I broke the challenge, I'm making this thread to remind myself to not do it I will set my goal starting today 11-10-2014 0:00, till 11-10-2015 0:00.

I'll be updating this thread for probably the first week and then whenever I encounter something unusual I guess.

If you want to attempt this with me just name yourself below before the end of the day and I'll add you to this list and you may contribute a little journal as i will and I'll add that also in here.

Rules:

No Masturbating.

Wall of Fame

John Herbert
Complox
Iamie
Confession
killerxknight
E d d i e
Region
'Force
Energetic
adrianacs35
Ludvig
spyro657
Pumplron
The Winter Soldier
?KyoZ?

-12-08-2014-
Talon
Katy Perry
Justin Timberlake

-13-08-2014-
Chvrches
SeePlusPlus
~Cactus

-14-08-2014-
sparkfear
crazylue
934891234031412343

-15-08-2014-
?Infamy

16-08-2014
Dalek
The Black Guy
Perfect_Soul
Badge

17-08-2014
bigmanjakester
Cyber Phantom
skeezo123
Tresh.

18-08-2014
brandon4511
BreakingTheCode
?GamesPuff

31-12-2014

01-01-2015

02-01-2015

Wall of Shame

Aviate (11-10-2014)
DriveBy (11-10-2014)
Programming 14-10-2014
Dean Winchester 15-10-2014
SourMan 20-10-2014
Unturned 22-10-2014
YoungGHomie 26-10-2014
Bryant 27-10-2014
Tresh. 27-10-2014

Journal:

Day 1 (11-10-2014)

Spoiler ([Click to View](#)) John Herbert: about to sleep off my first night, probably wake up with a boner but I'll avoid playing with myself will update back in the morning.

Update: just woke up as expected I had a huge boner and yet managed to resist the intensity of the so called masturbation I think I survived for now.

Aviate: I was strong and I managed to get through the day without fapping.

Update: I woke up with a boner and started thinking about how hot my ex is, I lost the challenge.

Day 2 (12-10-2014)

Spoiler ([Click to View](#)) John Herbert: If you are reading this I made it to day 2 by now, it's pretty fine so far probably will wake up with a boner again, goodnight.

Update: Just woke up had a semi-boner but it's all good. might as well close my instagram cause the temptation to fap is big there.

Region: got kinda hard in the shower but other than that today was easy

Update: woke up with a boner but took a shower and didn't have the urge, gonna practice with my band today so that will take my mind off a lot

Spyro657: I surprisingly didn't have any urge to masturbate ^_^ Maybe I can last the rest of the night?

Update: Doing fine so far, went to a karate class, and I am gonna hang out with a friend later today. Hopefully it will take my mind off of it!

Unturned: It has been 24h, I feel my hands want it but I avoid by doing others things

adrianacs35: Day 2 : I discovered that if I eat menthol candies it's good that feeling will goes away.

'Force: Been 2 days without even thinking about it! I think i can really do this!

Dean Winchester: It has been 24 hours give or take, I'm feeling alright.

Hopefully I'll last the month.

Day 3 (13-10-2014)

Spoiler ([Click to View](#)) John Herbert: still trying I really have to delete instagram, shit turns me on.

adrianacs35: Everything is fine, I think I'm atleast gotta resist till the end of month.

Sparkfear: Last night I had some sexual dreams, but I'm still going good without any urges.

Haven't noticed much difference besides that I'm feeling I'm less objectifying woman.

Day 4 (14-10-2014)

No Entry

Day 5 (15-10-2014)

Spoiler ([Click to View](#)) Region: getting a little harder, saw some posts on tumblr that made me really hard but I resisted.

Day 6 (16-10-2014)

Spoiler ([Click to View](#)) sparkfear: Today I've been really feeling the flatline.

I did get the usual morning wood but the rest of the day up till now, it's just been flat.

It doesn't bother me because I know it's normal.

adrianacs35: Anything is going fine till now. No longer wanting to do it. So i guess it's a nice thing.

Tresh.: I am impressed how I don't even have to try that hard, I can hold myself good by now.

Had a boner in the college where this hot chick was bending and shit while the teacher explained but managed to not go to the bathroom though.

Day 7 (17-10-2014)

Spoiler ([Click to View](#)) Tresh.: I was coming back from school, and on the buss this amazing booty was next to my face.

Day 8 (18-10-2014)

No Entry

Day 9 (19-10-2014)

Spoiler ([Click to View](#)) John Herbert: No urges what so ever.

Badge: No Urges today, Played FIFA nearly all day so I guess that took my mind of it, Going to see what happens tomorrow.

Tresh.: No urges today, didn't even thought that I have a penis, mostly did some out work.

Update: I had a busy day, maybe is exactly what I need, since I can't remember about fapping like that.

BreakingTheCode: No urges today however I have been experiencing random boners typically morning wood.

sparkfear: My urges are still pretty low and I keep working-out.

Going to sign up for a gym to keep myself more occupied and fit.

Besides feeling more energetic and previous called changes there's nothing much different.

spyro657: I have been holding up fine. I have had a few urges... but got over them. I will not be posting everyday but enough to keep this post updated

Day 10 (20-10-2014)

Spoiler ([Click to View](#)) John Herbert: about to go to bed 10th night looking forward for the rest of the year :)

Region: I had a wet dream last night..

it was actually kinda nasty but whatever

The Winter Soldier: Had some urges today but they were not as bad as the other days. This is my 19th day of no fap and I'm starting to get used BreakingTheCode: to it. Going to do homework soon so that'll take my mind off porn and fapping. Haven't busted a nut in 19 days. No sexy time with gf. Pinch

I am now on my 6th day of no fapp or porn and honestly I thought it would be harder than this. No urges as of yet however I am eager to get balls deep in a female. I saw a pair of tits in 300 rise of an empire that surprisingly made me excited down there. I didn't wake up with morning wood though and no randy boner today.

Update: One randy boner in class

Tresh.: To be honest I don't remember how many days are since I didn't fapped, but I won't try to count them because was easy to do it by now.

Day 11 (21-10-2014)

Spoiler ([Click to View](#)) sparkfear: Today on my way to college was thinking at the OP and how great it is that we do this.

For the last 2 days I have been proud because of the muscle aches I had. They made me realize I did a good job at working-out.

Yet today I felt awfully depressed, I couldn't get myself to work-out even though the muscle aches have been gone since this morning.

I have no energy, had some annoying boners and cravings.

They weren't too bad, I just wanted to get away for a little.

Even though how bad I felt, I did manage to get over the urges, I know it's only been 20 days (1 more day until 3 weeks!) but still I'm very proud that I've come this far and can say I'm still going strong.

Even though I'm feeling awfully depressed, exhausted and with no energy.. I still want to fight for a better future.

I'm not into a religion, but with the more I know, the more I understand how it's more than abnormal what influence porno has on your brain.

It truly sickens me, therefor I'm glad to say I'm holding on.

Even though it hurts, even though I sometimes question my feelings, I'm still willing to fight on and experience what I used to feel.

The warmth is that I'm missing, it feels like that warmth has been taken away from me.

I know it's just a chemical reaction in my body, yet, that's what life is sometimes?

But what really matters to me is how it feels, how it makes us feel.

You might question whether true love is a lie or not, but I want to find out and therefor I need to get past this first to restore balance.

?GamesPuff: Morning wood so hard to resist the urge but i can do it for the sake of this.

BreakingTheCode: I woke up with morning wood again but it resisted by flicking the tip a few times. I've noticed that I'm more sore than usual so maybe I'm going through some kind of withdraw. I will keep updating through the day.

Tresh.: today had no electricity due to a storm and it was easy without any temptations :)

BreakingTheCode: Today wasn't bad at all, just woke up with morning wood.

Sexual thoughts keep jumping in and out of my head though.

I just picture a sexy female just sucking my head hardd like she's trying to suck me dry of cum mmm..

'Force: I wanna fap so fucking bad but at the same time i wanna keep doing this!

Day 12 (22-10-2014)

Spoiler ([Click to View](#)) The Winter Soldier: Zero urges today. I'm starting to get used to this. I think I'm starting to see changes

Region: Zero urges at all lately.

Pretty easy tbh haha

BreakingTheCode: 8 Days strong baby no urges or even a boner today

Day 13 (23-10-2014)

Spoiler ([Click to View](#)) sparkfear: Yesterday was my first day at the gym, the staff helped me getting started and today is the result.

Damn hard muscle aches but they are really worth it.

No urges nor cravings and feeling great!

Day 14 (24-10-2014)

Spoiler ([Click to View](#)) Region: some girl just snap chatted me asking if we could get high together.

BreakingTheCode: Yesterday was an easy day.. I had to work a 12 so I got home beat and this morning no morning wood surprisingly all is well I believe its day 10 now I'm starting to lose track

Tresh.: -Easy day, I really wanna fap, but the more I wanna do it the more I can resist.

Going good on my side, it's been a full week for me without touching my monkey.

Day 15 (25-10-2014)

No Entry

Day 16 (26-10-2014)

Spoiler ([Click to View](#)) Region: These past days have been awesome for me, I think its cuz of nofap Thanks!

Day 17 (27-10-2014)

No Entry

Day 18 (28-10-2014)

No Entry

Day 19 (29-10-2014)

sparkfear: Almost hitting a month by now, I'm still holding on and I'm happy with the results so far.
Region: I was feeling a little depressed today, but I still overcame the need to fap.
Feeling pretty good still.

sounds like fun right?

I'll also be updating users who gave up during the challenge ofcourse I won't know that for sure so you have to be completely honest ^^

Motivation Video

[Video: <https://www.youtube.com/watch?v=CibFGZY2wNg>]

goodluck to everyone participating, and let's do this.

Update: also if you're pro in gfx and got a nothing better to do, make me some badass thread layout I'll repay you in sexual desires.

patek - October 10, 2014, 3:12 pm

This thread is going to be a classic

Will not sell this post under any condition or amount

?Marshm allow - October 10, 2014, 3:14 pm

I guess count me in. Although don't be surprised if I lose by later tonight!

Herbert - October 10, 2014, 3:15 pm

(Oct 10, 2014 03:12 PM)Confession Wrote: [\[CITE\]](#) This thread is going to be a classic

Will not sell this post under any condition or amount
indeed, this will be intense can you imagine 365 days not touching your penis.

patek - October 10, 2014, 3:16 pm

(Oct 10, 2014 03:15 PM)John Herbert Wrote: [\[CITE\]](#) indeed, this will be intense can you imagine 365 days not touching your penis.

I have a girlfriend, It's impossible to not fap that longg omg

Avia - October 10, 2014, 3:16 pm

I want to join the challenge, i'm down for this

Laid - October 10, 2014, 3:17 pm

Yeah...this is impossible to do...but I wish you luck man.

DotPSD - October 10, 2014, 3:17 pm

No fapping for 1 yr?

Thats like saying don't drink water.

Sedo - October 10, 2014, 3:17 pm

I am down for this challenge also i think i can actually do this.
Count me in.

zyvox - October 10, 2014, 3:19 pm

are you actually mental, you're gonna kill yourself.
you have a lot to live for man dont do it
think about boobs

Hunting Rifle - October 10, 2014, 3:19 pm

Nope. Nope. Nope.

I am calling the cops, you are supporting suicide and are attempting to get people to join you.

?Jamie - October 10, 2014, 3:19 pm

OP you should also add pics... ? ;)

I may try this I don't know yet. I can't even stand a week without fapping but I'll try my best.

Herbert - October 10, 2014, 3:23 pm

(Oct 10, 2014 03:19 PM)Iamie Wrote: [\[CITE\]](#) OP you should also add pics... ? ;)

I may try this I don't know yet. I can't even stand a week without fapping but I'll try my best.
so that's a yes, I have added you to the list, amen brother.

esadwiputra - October 10, 2014, 3:23 pm

(Oct 10, 2014 03:17 PM)DotPSD Wrote: [\[CITE\]](#) No fapping for 1 yr?

Thats like saying don't drink water.

Yep, vouch!

Same shit here :/ Its addictive.

5N4P3 - October 10, 2014, 3:25 pm

Good luck! It's impossible to not fap for a whole year.

You should start with 2 hours!

iampoor - October 10, 2014, 3:25 pm

3-4 days max, not even worth it u crazy bro

Herbert - October 10, 2014, 3:26 pm

(Oct 10, 2014 03:23 PM)esadwiputra Wrote: [\[CITE\]](#) Yep, vouch!

Same shit here :/ Its addictive.

I heard your dick size increases by 50 inches if completed this challenge.

Michael Jordan vouched for me

Dragon. - October 10, 2014, 3:27 pm

You sure that's a good idea? I don't think that's very healthy.

x0n - October 10, 2014, 3:27 pm

I Must say,

I can't take part on this since I was fapping while reading this & my penis started to cry.

- Your Friend One_Freed0m ?

Herbert - October 10, 2014, 3:29 pm

(Oct 10, 2014 03:27 PM)One_FreeD0m Wrote: [\[CITE\]](#) I Must say,

I can't take part on this since I was fapping while reading this & my penis started to cry.

- Your Friend One_Freed0m ?

think about the children you are saving.

1 less fap = 10 more children get food in Africa.

Tigri - October 10, 2014, 3:30 pm

1 year :O, good luck with that haha. :)

Trundle™ - October 10, 2014, 3:30 pm

This page 2 position is selling for \$19.99.

That's right!

Get your PERSONAL page two position for only \$19.99/week.

Advertise your favorite porno's! Your FAVORITE porn stars! and your FAVORITE websites to watch hot, girl on girl action.

Herbert - October 10, 2014, 3:34 pm

(Oct 10, 2014 03:30 PM)Amschel Wrote: [\[CITE\]](#) This page 2 position is selling for \$19.99.

That's right!

Get your PERSONAL page two position for only \$19.99/week.

Advertise your favorite porno's! Your FAVORITE porn stars! and your FAVORITE websites to watch hot, girl on girl action.

god is watching you

[Video: <https://www.youtube.com/watch?v=CibFGZY2wNg>]

patek - October 10, 2014, 3:35 pm

(Oct 10, 2014 03:30 PM)Amschel Wrote: [\[CITE\]](#) This page 2 position is selling for \$19.99.

That's right!

Get your PERSONAL page two position for only \$19.99/week.

Advertise your favorite porno's! Your FAVORITE porn stars! and your FAVORITE websites to watch hot, girl on girl action.

1st post in this classic thread???

Grohl - October 10, 2014, 3:37 pm

I need to find a way to monetize and capture this thread for the sake of generations to come.

esadwiputra - October 10, 2014, 3:38 pm

(Oct 10, 2014 03:26 PM)John Herbert Wrote: [\[CITE\]](#) I heard your dick size increases by 50 inches if completed this challenge.

Michael Jordan vouched for me

I've gone about 12 years without fapping.

Child > Teenager

Them days ?

Herbert - October 10, 2014, 3:41 pm

(Oct 10, 2014 03:38 PM)esadwiputra Wrote: [\[CITE\]](#) I've gone about 12 years without fapping.

Child > Teenager

Them days ?

well ?, this is a challenge there is a difference ?

DOSH - October 10, 2014, 3:51 pm

I honestly feel like stopping right now, count me in!

Clique - October 10, 2014, 3:53 pm

You guys are pathetic if you're saying that this is 'impossible'. ?

esadwiputra - October 10, 2014, 5:59 pm

(Oct 10, 2014 03:41 PM)John Herbert Wrote: [\[CITE\]](#) well ?, this is a challenge there is a difference ?
Well did I break the record in my 12 years? :)

Radiant Harmony - October 10, 2014, 9:31 pm

You can do it I haven't fapped in 10 days cause of no fap Oct so I believe you can do it for a year!

Gambino™ - October 10, 2014, 9:35 pm

I will try this with you, feel free to add me to op.
Stay strong brother!

neightworks - October 10, 2014, 9:44 pm

That sounds really unhealthy, at least once a month.

Jake Johnson - October 10, 2014, 9:45 pm

Good luck OP and stay strong throughout this battle.

Spyro657 - October 10, 2014, 10:00 pm

I understand a month... but a YEAR? That actually sounds physically unhealthy....

Grupi - October 10, 2014, 10:06 pm

screw that I cant even go 1 day without fapping ._.

wewlad - October 11, 2014, 12:16 am

I said I'd cut down to once a month. I lasted one day then said fuck it. Good luck.

Herbert - October 11, 2014, 1:19 am

just woke up, updated the thread updating the soldiers that joining me in this battle.

also looking forward to hear who failed already

killerxknight - October 11, 2014, 1:23 am

I'm down for this challenge I think this is very possible if you are able to do this

Herbert - October 11, 2014, 1:29 am

(Oct 11, 2014 01:23 AM)killerxknight Wrote: [\[CITE\]](#) I'm down for this challenge I think this is very possible if you are able to do this
welcome to the club, do note that the first day is the hardest you have to resist yourself to not masturbate at night and neither in the morning when you have a huge morning boner. after a while it won't happen as much (thats a good thing). eventually you will become an active person and, as fast as Usian Bolt.

Eddie - October 11, 2014, 1:33 am

I will accept this challenge. Ty for this awesome challenge. ?

Herbert - October 11, 2014, 1:35 am

(Oct 11, 2014 01:33 AM)E d d i e Wrote: [\[CITE\]](#) I will accept this challenge. Ty for this awesome challenge. ?

You can do it eddie, I believe in you.

also try to prevent hot avatars/signatures. if you see one you close your eyes and scroll away. same for movie pornography.

Spyro The Dragon - October 11, 2014, 1:51 am

I, SPYRO THE DRAGON, HEREBY ACCEPT THIS CHALLENGE.

UPDATE: I, SPYRO THE DRAGON, HAVE FAILED THE CHALLENGE.

Herbert - October 11, 2014, 1:53 am

(Oct 11, 2014 01:51 AM)Spyro The Dragon Wrote: [\[CITE\]](#) I, SPYRO THE DRAGON, HEREBY ACCEPT THIS CHALLENGE.

UPDATE: I, SPYRO THE DRAGON, HAVE FAILED THE CHALLENGE.

y u do dis spyro :(

I had hope in u.

kaio-ken - October 11, 2014, 2:36 am

I personally think this is ridiculous, but I was also in the same place you were in. I was having some of the symptoms mentioned in the video above so I stopped masterbating. I'm always down to experiment and went sober for about a month. Didn't see any results so i went back to my old ways(it's also possible that I didn't try long enough). That was about 9 months ago, and recently I've been diagnosed with adhd depression and anxiety. You might want to consider that you may have a mental illness too. About 1 in 5 people have a mental illness. Saying all this, this is a good challenge. Someone has to document this to see if its a big waste of time or actually helps. GL

Herbert - October 11, 2014, 2:46 am

(Oct 11, 2014 02:36 AM)kaio-ken Wrote: [\[CITE\]](#) I personally think this is ridiculous, but I was also in the same place you were in. I was having some of the symptoms mentioned in the video above so I stopped masterbating. I'm always down to experiment and went sober for about a month. Didn't see any results so i went back to my old ways(it's also possible that I didn't try long enough). That was about 9 months ago, and recently I've been diagnosed with adhd depression and anxiety. You might want to consider that you may have a mental illness too. About 1 in 5 people have a mental illness. Saying all this, this is a good challenge. Someone has to document this to see if its a big waste of time or actually helps. GL

I'm mentally stable so not sure what you're on about, whats wrong with not masturbating you freaks.

?Alexander - October 11, 2014, 4:56 am

I'll be checking this thread in a week or so, so I can see you've already failed it ?

Best of luck though, I would never do it.

Region - October 11, 2014, 6:20 am

I'll join too, if it isn't too late. Need an organized way haha.

Herbert - October 11, 2014, 6:24 am

still a few hours to join ^^ you were right on time, and Alex I never give up :]

Energetic - October 11, 2014, 6:25 am

Sign me up! I'm down for this I can't imagine a whole year without fapping....

Unturned - October 11, 2014, 6:27 am

I will do it. I will no longer touch my wiener for one year and never delete my website logs.

adrianacs35 - October 11, 2014, 6:36 am

Count me In im 85% sure I can do it.

Dark Narwhal - October 11, 2014, 7:00 am

Count me in. I only fap like once or twice a week so this shouldn't be as hard as it's going to be for some of you.

Herbert - October 11, 2014, 7:35 am

you are all qualified added you to the OP goodluck! and make sure to write your experience and I'll put it in the journal ^^

Spyro657 - October 11, 2014, 8:24 am

Ugh..... fuck it ill join, Ill see how long I last

Storm- - October 11, 2014, 8:27 am

That motivation video is possibly the shittiest video I've ever seen in my life.
It makes me want to fap of boredom.

Bro? - October 11, 2014, 8:27 am

I was fapping while reading this.
So I lost already

Wizard?y - October 11, 2014, 8:30 am

A month yes. 3 months maybe. But a year? God damn good luck! haha

Herbert - October 11, 2014, 8:37 am

(Oct 11, 2014 08:27 AM)Storm- Wrote: [\[CITE\]](#) That motivation video is possibly the shittiest video I've ever seen in my life.

It makes me want to fap of boredom.

I'll replace it with a better one then if it makes your tummy tumble ^^

Avia - October 11, 2014, 10:47 am

Day 1: I was strong and I managed to get through the day without fapping.

Day 2 (morning): I woke up with a boner and started thinking about how hot my ex is, I lost the challenge.

Trapology - October 11, 2014, 10:48 am

(Oct 11, 2014 10:47 AM)Aviate Wrote: [\[CITE\]](#) Day 1: I was strong and I managed to get through the day without fapping.

Day 2 (morning): I woke up with a boner and started thinking about how hot my ex is, I lost the challenge.

Oh god, RIP Aviate....

Is this challenge fapping all together or just you know ; the end of it ;)

Herbert - October 11, 2014, 10:51 am

(Oct 11, 2014 10:47 AM)Aviate Wrote: [\[CITE\]](#) Day 1: I was strong and I managed to get through the day without fapping.

Day 2 (morning): I woke up with a boner and started thinking about how hot my ex is, I lost the challenge.too bad, another one fallen in the hands of the devil.

Vanilja - October 11, 2014, 10:54 am

And when you fap after a year, prepare to have white paint on your walls ?

Herbert - October 11, 2014, 11:00 am

(Oct 11, 2014 10:54 AM)Katy Perry Wrote: [\[CITE\]](#) And when you fap after a year, prepare to have white paint on your walls ?

I'll have a 24 hour cam show and provide the biggest load in history on kimk's tribute.

Vitani's Mate - October 11, 2014, 11:02 am

Ahh dude.. Not fapping for a year will seriously make me loose my mind!

But I know my load would just be godly..

I don't fap for 3 days and my load is fucking huge.. D;

Pumplron - October 11, 2014, 11:03 am

Are you allowed to fuck girls in the process of this challenge? If so than the challenge isnt all that bad.

KAsH - October 11, 2014, 11:04 am

I want to join this challenge. I can do this :D

Herbert - October 11, 2014, 11:06 am

(Oct 11, 2014 11:03 AM)Pumplron Wrote: [\[CITE\]](#) Are you allowed to fuck girls in the process of this challenge? If so than the challenge isnt all that bad.

I would say yes, but you are not allowed to finish ^^

(Oct 11, 2014 11:02 AM)Monique and Vitani's Mate Wrote: [\[CITE\]](#) Ahh dude.. Not fapping for a year will seriously make me loose my mind!

But I know my load would just be godly..

I don't fap for 3 days and my load is fucking huge.. D;

I dare you, I double dare you!

I believe in you, you are the chosen one, you can do it.

(Oct 11, 2014 11:03 AM)Pumplron Wrote: [\[CITE\]](#) Are you allowed to fuck girls in the process of this challenge? If so than the challenge isnt all that bad.

Welcome to the party pal, I believe in you.

iDuL - October 11, 2014, 11:34 am

You all will not last, unless you go to some religious camp in which you're under surveillance 24/7.

Region - October 11, 2014, 11:44 am

Well im still in this, hope i can make it all the way through.

Does fapping while high count

Herbert - October 11, 2014, 11:48 am

(Oct 11, 2014 11:44 AM)Region Wrote: [\[CITE\]](#) Well im still in this, hope i can make it all the way through.

Does fapping while high count

keep up the good work, and no ofcourse not.

MrPunani - October 11, 2014, 11:52 am

Does having sex counts?

If i just have sex with my girlfriend etc?

if it doesnt count then count me in

Herbert - October 11, 2014, 12:01 pm

(Oct 11, 2014 11:52 AM)MrPunani Wrote: [\[CITE\]](#) Does having sex counts?

If i just have sex with my girlfriend etc?

if it doesnt count then count me inyeah, having sex with a pocket pussy does count, as long as you don't masturbate.

?Marshm all0w - October 11, 2014, 12:12 pm

(Oct 10, 2014 03:19 PM)zyvox Wrote: [\[CITE\]](#) are you actually mental, you're gonna kill yourself.

you have a lot to live for man dont do it

think about boobs

Well! I am out :/. Today I was with my GF and she was in the shower so I started... Lets say things led to more things and yeah.. Count me out.

Herbert - October 11, 2014, 12:26 pm

(Oct 11, 2014 12:12 PM)DriveBy Wrote: [\[CITE\]](#) Well! I am out :/. Today I was with my GF and she was in the shower so I started... Lets say things led to more things and yeah.. Count me out.

GG, another man down.

still recruiting 2 1/2 hours left!

The Winter Soldier - October 11, 2014, 1:19 pm

I'll join. I'm already doing the No Fap October, haven't failed yet

Herbert - October 11, 2014, 1:27 pm

(Oct 11, 2014 01:19 PM)The Winter Soldier Wrote: [\[CITE\]](#) I'll join. I'm already doing the No Fap October, haven't failed yet

great to hear, about 90 more hour left for recruits!

adrianacs35 - October 11, 2014, 1:50 pm

First day, the Wall of Shame (yes, Wall of Shame sounds way better than "Wall of fail") is already filled with 3 name.Seriously?Not even 1 day?

Herbert - October 11, 2014, 2:02 pm

(Oct 11, 2014 01:50 PM)adrianacs35 Wrote: [\[CITE\]](#) First day, the Wall of Shame (yes, Wall of Shame sounds way better than "Wall of fail") is already filled with 3 name.Seriously?Not even 1 day?

yeah you're right I'll change it right away.

and yes the addiction is real. stronger than drugs.

Dean Winchester? - October 11, 2014, 2:04 pm

I want to join this challenge, but I will most likely lose in less than 3 days.

I'll try my hardest.

adriancs35 - October 11, 2014, 2:10 pm

Welcome in the game, good luck buddy.

Herbert - October 11, 2014, 2:14 pm

you can do it bud, I believe in you! 45 more minutes till deadline

Regulus - October 11, 2014, 2:15 pm

Oh well good luck to those who has entered. I'd never be able to make this, in fact i gotta take a fap right now, see you in a bit.

SourMan - October 11, 2014, 2:18 pm

Add me please. Masterbation is taking over my life and ruining my life, as well as it is making me lose my hair due to rise of DHT. I will commit today, If I break it, i'm going to donate my ps3 and laptop to my local community center. #RoadToNoFap

Herbert - October 11, 2014, 2:24 pm

(Oct 11, 2014 02:18 PM)SourMan Wrote: [\[CITE\]](#) Add me please. Masterbation is taking over my life and ruining my life, as well as it is making me lose my hair due to rise of DHT. I will commit today, If I break it, i'm going to donate my ps3 and laptop to my local community center. #RoadToNoFap
I'd love a ps3 and a laptop actually c:

added you to the OP roughly 30 minutes left

adriancs35 - October 11, 2014, 2:49 pm

Also, because this is going to be a long-running thread can an admin/moderator make it sticky?

Herbert - October 11, 2014, 2:52 pm

(Oct 11, 2014 02:49 PM)adriancs35 Wrote: [\[CITE\]](#) Also, because this is going to be a long-running thread can an admin/moderator make it sticky?

I doubt it, the starting day will be today, after that I'll give it a week or so until it dies out cause people won't update their experience as much. cause it will be weird having people start the next day, we should all finish the race together ^^

?KyoZ? - October 11, 2014, 2:57 pm

Count me in, I loved all of you guys.

I'm dead.

Herbert - October 11, 2014, 2:59 pm

1 more minute till recruiting closes.

adriancs35 - October 11, 2014, 3:01 pm

This is it I guess , recruitment closes.Let's see what can we do this year.

Herbert - October 11, 2014, 3:04 pm

awesome, everyone who recruited let me know what you encounter like a little message of the day and I'll add it to the journal ^^

Sparkfear - October 11, 2014, 4:03 pm

I've already stopped fapping since the first of this month.

If you guys need some more motivation: www.yourbrainonporn.com

Dean Winchester? - October 11, 2014, 4:04 pm

oh my god my hand was shaking I somehow got myself into a nsfw thesnapping site

Spyro657 - October 11, 2014, 5:52 pm

Day 1: I surprisingly didn't have any urge to masturbate ^_^ Maybe I can last the rest of the night?

Ill update on Day 2 tomorrow

?ûphœrîc - October 11, 2014, 5:55 pm

Good luck ladies and gentlemen, a woman I know told me about doing this and her year will be over in 3 days. to all of those who will ask, yes I will be there ;p

Region - October 11, 2014, 9:14 pm

Day 1: got kinda hard in the shower but other than that today was easy

Herbert - October 12, 2014, 12:19 am

Day 2: just woke up had a semi-boner but it's all good. might as well close my instagram cause the temptation to fap is big there.

I was thinking since it's a long term goal it would be fair to give a person 3 strikes before he's out, so basically if you fail to hold it and you masturbate it's fine you just get a strike, the second time is a warning 3rd time you're out.

what do you guys think?

Mewtw? - October 12, 2014, 12:27 am

Don't understand why you do this

its the best pleasure for a male to masturbate when alone and masturbating each day avoids a lot of cancer

just do it 1 time before sleeping lol not 5 times a day

Herbert - October 12, 2014, 12:32 am

(Oct 12, 2014 12:27 AM)Mewtw? Wrote: [\[CITE\]](#) Don't understand why you do this

its the best pleasure for a male to masturbate when alone and masturbating each day avoids a lot of cancer

just do it 1 time before sleeping lol not 5 times a day

it makes me so fucking lazy in many ways.

again: I was thinking since it's a long term goal it would be fair to give a person 3 strikes before he's out, so basically if you fail to hold it and you masturbate it's fine you just get a strike, the second time is a warning 3rd time you're out.

what do you guys think?

wareospike - October 12, 2014, 1:16 am

Good luck to all! A whole year that's a while. I've done it for 4 months... You will get a lot of energy after a while.. But it's mentaly very heavy shit. I'll do it also again, hope I can do it for a year now.. will follow this thread. come on!

Region - October 12, 2014, 6:53 am

3 strikes, I don't really like that. How about 1 strike?

Herbert - October 12, 2014, 7:06 am

(Oct 12, 2014 06:53 AM)Region Wrote: [\[CITE\]](#) 3 strikes, I don't really like that. How about 1 strike? so 1 accept-ion during the year?

sounds fine, does anyone else agree with this?

Unturned - October 12, 2014, 7:07 am

It has been 24h, I feel my hands want it but I avoid by doing others things

Durham - October 12, 2014, 7:13 am

Wow, you still doing this? Good luck hope you can do it.

adrianacs35 - October 12, 2014, 7:56 am

Post for Journal.

Day 2 : I discovered that if I eat menthol candies it's good that feeling will goes away.

SaiyanCunt - October 12, 2014, 8:09 am

I can't get over 6 days on this, I have a serious problem. It apparently has a massive testosterone boost on the seventh day, but returns to normal levels after that.

DOSH - October 12, 2014, 8:12 am

Been 2 days without even thinking about it! I think i can really do this!

Herbert - October 12, 2014, 8:28 am

good job guys, we are doing great! keep me updated so I can update the OP :)

Silver Fang - October 12, 2014, 8:36 am

The video op posted sucks. Post a new one where you can actually read it.

Also masturbation is good for the health as well.

Region - October 12, 2014, 8:47 am

Day 2: woke up with a boner but took a shower and didn't have the urge, gonna practice with my band today so that will take my mind off a lot ?

Dean Winchester? - October 12, 2014, 9:00 am

It has been 24 hours give or take, I'm feeling alright.

Hopefully I'll last the month.

Herbert - October 12, 2014, 10:07 am

updated the journal, thanks for being active guys and participating :)

adrianacs35 - October 12, 2014, 10:22 am

Seems like today are no new names on the "Wall of Shame" that's great!

Herbert - October 12, 2014, 10:25 am

(Oct 12, 2014 10:22 AM)adrianacs35 Wrote: [\[CITE\]](#) Seems like today are no new names on the "Wall of Shame" that's great!

yeah true that, do you want to challenge yourself? watch a 90 minute porn movie without

masturbating.

adrianacs35 - October 12, 2014, 10:26 am

I don't want to get into "Wall of Shame" today, so no.

Vicecity - October 12, 2014, 10:28 am

rofl... this is good for your health too

Dean Winchester? - October 12, 2014, 10:33 am

Just letting you know that the thread can't be infinitely long, so you can't be keeping journals for every person for a year :P

adrianacs35 - October 12, 2014, 10:37 am

Maybe not, but we can surely try lol.

The Winter Soldier - October 12, 2014, 10:46 am

This is day 12 of no fapping for me. Haven't thought about porn or anything yet. Still going strong

Spyro657 - October 12, 2014, 11:45 am

Day 2: Doing fine so far, went to a karate class, and I am gonna hang out with a friend later today. Hopefully it will take my mind off of it!

Good luck every one!

Talon - October 12, 2014, 11:46 am

I have accepted the challenge, and will be participating with you all.

Neulen - October 12, 2014, 11:49 am

I have the same problem as you lol. Addicted.

Herbert - October 12, 2014, 12:05 pm

great to hear from you guys also, Talon is participating too now :)

Vanilja - October 12, 2014, 1:26 pm

Ok, I am in also. Sorry if late :3

Not saying I am addicted, but maybe It's good to have some break :D

I don't know how long I can last, but let's see.

Herbert - October 12, 2014, 1:31 pm

(Oct 12, 2014 01:26 PM)Katy Perry Wrote: [\[CITE\]](#) Ok, I am in also. Sorry if late :3

Not saying I am addicted, but maybe It's good to have some break :D

I don't know how long I can last, but let's see.

alright, hope you been clean yesterday.

I'll update you in ^^

Justin Timberlake - October 12, 2014, 1:43 pm

Ah you already closed it... I wanna see how long I can last, I'll do it on the side I guess.

Herbert - October 12, 2014, 1:44 pm

(Oct 12, 2014 01:43 PM)Justin Timberlake Wrote: [\[CITE\]](#) Ah you already closed it... I wanna see how

long I can last, I'll do it on the side I guess.

the hell with it, I'll leave it open and have a date when you started the challenge. ill add you up.

Justin Timberlake - October 12, 2014, 1:46 pm

(Oct 12, 2014 01:44 PM)John Herbert Wrote: [\[CITE\]](#) the hell with it, I'll leave it open and have a date when you started the challenge. ill add you up.

Cool. Since there's so many people, I won't do daily updates. I'll just post if I fail.

Orgasmic - October 12, 2014, 1:47 pm

Is masturbating that big of a deal to you guys? You have to write about it in your diaries?

Just stop jerkin' it.

Herbert - October 12, 2014, 1:48 pm

(Oct 12, 2014 01:46 PM)Justin Timberlake Wrote: [\[CITE\]](#) Cool. Since there's so many people, I won't do daily updates. I'll just post if I fail.

it won't be daily, it's only for special occasion such as the first week it's going to be tough or , some day in like 6 weeks we were watching porn in class, such thing ^^

Bugatti - October 12, 2014, 5:44 pm

Seems like a cool thread for all the horny ass teenagers.

#PASHA - October 12, 2014, 5:46 pm

dude, how can u just dont fag for a 1 year? impossible :)

Region - October 12, 2014, 6:34 pm

(Oct 12, 2014 05:46 PM)#king Wrote: [\[CITE\]](#) dude, how can u just dont fag for a 1 year? impossible :)

Not impossible if you realize how much more confident you can become in yourself ?

Awksen - October 12, 2014, 6:40 pm

This might have been asked before, but why would you want to stop fapping completely for one year? Like individually.

SeePlusPlus - October 12, 2014, 8:37 pm

Unfortunately I failed this challenge earlier today prior to reading this thread xD, but I am considering taking you up on it maybe starting tomorrow. I think fapping has really altered my personality in ways I cannot even... I know it's fucked with my brain is all <:-3 Anyways, I decided tomorrow is the day I stop. I'll be honest with ya and just post here if I fail :3

But I really think I can take this on. Count me in.

The Winter Soldier - October 12, 2014, 11:07 pm

No urges to masturbate today let alone watch porn. I was busy and have tons of homework. Still going strong

Herbert - October 13, 2014, 1:40 am

(Oct 12, 2014 06:40 PM)Awksen Wrote: [\[CITE\]](#) This might have been asked before, but why would you want to stop fapping completely for one year? Like individually.

cause it makes me feel more awake rather than tired all the day.

also I want to build my condition and since masturbation lowers that I figure I'd stop for a while see what benefits it would give.

SeePlusPlus - October 13, 2014, 3:45 am

For me personally, masturbation literally means "I've accepted defeat today" This thought drives me crazy sometimes, I judged and lowered myself the more I faped. This is why I choose to take on this challenge :3

Vitani's Mate - October 13, 2014, 3:49 am

(Oct 11, 2014 11:06 AM)John Herbert Wrote: [\[CITE\]](#) I would say yes, but you are not allowed to finish ^^

I dare you, I double dare you!

I believe in you, you are the chosen one, you can do it.

Welcome to the party pal, I believe in you.
I don't think so.. I can be pretty distracted.. D;

Ømen Xiii - October 13, 2014, 3:50 am

Feelin like there's boutta be a lot of blue ball cases popping up soon

Awksen - October 13, 2014, 7:43 am

(Oct 13, 2014 03:45 AM)SeePlusPlus Wrote: [\[CITE\]](#) For me personally, masturbation literally means "I've accepted defeat today" This thought drives me crazy sometimes, I judged and lowered myself the more I faped. This is why I choose to take on this challenge :3

Thar makes sense. I think there are different stigmas attached to it. As a girl I'm mostly told "hey, masturbation is healthy and safe and empowering" but I think for guys there's a "oh you can't get laid" quality to it.

(Oct 13, 2014 01:40 AM)John Herbert Wrote: [\[CITE\]](#) cause it makes me feel more awake rather than tired all the day.

also I want to build my condition and since masturbation lowers that I figure I'd stop for a while see what benefits it would give.

Ah okay, makes sense. Well good luck (:

adrianacs35 - October 13, 2014, 11:19 am

Day 3: Everything is fine, I think I'm atleast gotta ressisit till the end of month.

Chvrches - October 13, 2014, 12:36 pm

Fuck it, I need to change up my life, add me to the list.

Herbert - October 13, 2014, 1:17 pm

still going hard, updated the journal :) day 3 lets go.

SeePlusPlus - October 13, 2014, 1:26 pm

I'm on on my first day so far, I cleared my history for the first time in months so porn won't pop up every time I open a new tab. That was way too convenient.

Failzorro - October 13, 2014, 1:27 pm

Good Luck!

Hopefully you don't get distracted.

Herbert - October 13, 2014, 1:29 pm

(Oct 13, 2014 01:26 PM)SeePlusPlus Wrote: [\[CITE\]](#) I'm on on my first day so far, I cleared my history for the first time in months so porn won't pop up every time I open a new tab. That was way too convenient.

Alright bud, I believe in you! ?

unitedmelonpvp - *October 13, 2014, 1:30 pm*

(Oct 10, 2014 03:12 PM)John Herbert Wrote: [\[CITE\]](#) I've been masturbating for 10 years straight every night at least once to 5 times a day cause it was addictive it made me relaxed most of the time before bed to have a good night rest.

since I always attempt to quit faping but then realize I broke the challenge, I'm making this thread to remind myself to not do it I will set my goal starting today 11-10-2014 0:00, till 11-10-2015 0:00.

I'll be updating this thread for probably the first week and then whenever I encounter something unusual I guess.

If you want to attempt this with me just name yourself below before the end of the day and I'll add you to this list and you may contribute a little journal as i will and I'll add that also in here.

Rules:

No Masturbating.

Wall of Fame

John Herbert
Complex
Iamie
Confession
Bryant?
killerxknight
E d d i e
Region
'Force
Energetic
Unturned
adrian35
Ludvig
spyro657
Pumplron
The Winter Soldier
Dean Winchester
SourMan
?KyoZ?

-12-08-2014-
Talon
Katy Perry
Justin Timberlake

-13-08-2014-
Chvrches

Wall of Shame

Spyro The Dragon (11-10-2014)

Aviate (11-10-2014)

DriveBy (11-10-2014)

Journal:

Day 1 (11-10-2014)

Spoiler ([Click to View](#)) John Herbert: about to sleep off my first night, probably wake up with a boner but I'll avoid playing with myself will update back in the morning.

Update: just woke up as expected I had a huge boner and yet managed to resist the intensity of the so called masturbation I think I survived for now.

Aviate: I was strong and I managed to get through the day without fapping.

Update: I woke up with a boner and started thinking about how hot my ex is, I lost the challenge.

Day 2 (12-10-2014)

Spoiler ([Click to View](#)) John Herbert: If you are reading this I made it to day 2 by now, it's pretty fine so far probably will wake up with a boner again, goodnight.

Update: Just woke up had a semi-boner but it's all good. might as well close my instagram cause the temptation to fap is big there.

Region: got kinda hard in the shower but other than that today was easy

Update: woke up with a boner but took a shower and didn't have the urge, gonna practice with my band today so that will take my mind off a lot

Spyro657: I surprisingly didn't have any urge to masturbate ^_^ Maybe I can last the rest of the night?

Update: Doing fine so far, went to a karate class, and I am gonna hang out with a friend later today. Hopefully it will take my mind off of it!

Unturned: It has been 24h, I feel my hands want it but I avoid by doing others things

adriancs35: Day 2 : I discovered that if I eat menthol candies it's good that feeling will goes away.

'Force: Been 2 days without even thinking about it! I think i can really do this!

Dean Winchester: It has been 24 hours give or take, I'm feeling alright.

Hopefully I'll last the month.

Day 3 (13-10-2014)

John Herbert: still trying I really have to delete instagram, shit turns me on.

adriancs35: Everything is fine, I think I'm atleast gotta resist till the end of month.

sounds like fun right?

I'll also be updating users who gave up during the challenge ofcourse I won't know that for sure so you have to be completely honest ^^

Motivation Video

[Video: <https://www.youtube.com/watch?v=CibFGZY2wNg>]

goodluck to everyone participating, and let's do this.

Update: also if you're pro in gfx and got a nothing better to do, make me some badass thread layout

I'll repay you in sexual desires. Thanks for including the video! I'm a 13 year old boy who accidentally saw porn once and it was a long video and somehow, i cummed without even jerking not touching my ****. i have had an addiction once a day, every night. i am too young and i needed to stop, this video helped me! thank you herbert!

Herbert - October 13, 2014, 1:31 pm

(Oct 13, 2014 01:30 PM)unitedmelonpvp Wrote: [\[CITE\]](#) Thanks for including the video! I'm a 13 year old boy who accidentally saw porn once and it was a long video and somehow, i cummed without even jerking not touching my ****. i have had an addiction once a day, every night. i am too young and i needed to stop, this video helped me! thank you herbert!

No problem and damn bro, you shouldn't have copied the whole thing lol

Programming - October 13, 2014, 1:34 pm

Count me in.

God this is going to be one hard year.

CupHead - October 13, 2014, 1:52 pm

Yo count me in. I'm pretty sure I can beat this.

Herbert - October 13, 2014, 1:55 pm

you both are in <3

goodluck and make sure to post journals once in a while

Sparkfear - October 13, 2014, 2:55 pm

I would like to join.

I haven't fapped since beginning this month.

Region - October 13, 2014, 3:47 pm

Day 3: Today was easy, was really busy.

In two weeks from today, I am gonna ask out the girl I like.

Stay tuned haha.

MrPunani - October 13, 2014, 3:48 pm

I am to addicted to masturbating to your little sisters picture, so nty.

Slenderman™ - October 13, 2014, 3:50 pm

Respect to anyone who can actually pull this off, the fap you will have on 11-10-15 will be the best one ever.

Mastery - October 13, 2014, 3:50 pm

Jesus. On 11-10-2015 there is going to be tsunami waves of cum.

CounterStrikeGO - October 13, 2014, 5:44 pm

(Oct 10, 2014 03:26 PM)John Herbert Wrote: [\[CITE\]](#) I heard your dick size increases by 50 inches if completed this challenge.

Michael Jordan vouched for me

I have not jacked off til I was 11. That means I have

50+50+50+50+50+50+50+50+50+50+50

That's 11 50's

11 50's is 550.

That means my dick is 556 inches (added my dick size currently)
556 has 3 numbers
Illuminati has 3 sides
My dick is Illuminati confirmed.

Programming - October 13, 2014, 5:47 pm

4 hours into the challenge - I saw an advertisement on a site with tits.

I'm about to lose the challenge. Hanging in strong.

CounterStrikeGO - October 13, 2014, 5:54 pm

Some nights I don't masturbate because I'm too lazy/tired. Because I masturbated.

Alexander Hamilton - October 13, 2014, 7:00 pm

Does it count if I jack off but don't actually cum?

Gambino™ - October 13, 2014, 9:10 pm

(Oct 13, 2014 05:47 PM)Programming Wrote: [\[CITE\]](#) 4 hours into the challenge - I saw an advertisement on a site with tits.

I'm about to lose the challenge. Hanging in strong.
Same, my neighbors nudes got leaked and she's hot. Lord have mercy. ?

Understalker - October 13, 2014, 9:25 pm

Two minutes into the challenge and I quit.

Thank God I jerked my snake about five minutes ago.

Programming - October 13, 2014, 11:36 pm

I joined this less than 10 hours ago and I already lost.

Fuck

Story:

Can't sleep - slayed the dragon and got on HF <3

Herbert - October 14, 2014, 2:27 am

well if you failed already you're always free to re-signup cause I will be recruiting till the 18th ofcourse if you think you can do it.

(Oct 13, 2014 07:00 PM)Horry Puttor Wrote: [\[CITE\]](#) Does it count if I jack off but don't actually cum? if you drip you lose, simple as that ^^

Judge Judy - October 14, 2014, 3:28 am

(Oct 14, 2014 02:27 AM)John Herbert Wrote: [\[CITE\]](#) well if you failed already you're always free to re-signup cause I will be recruiting till the 18th ofcourse if you think you can do it.

if you drip you lose, simple as that ^^

What about cuming and then squeezing your dick so hard nothing can come out?

This challenge is kind of a joke to be fair, the video you posted states you have to "feel guilt" in your daily routine if you masturbate, and that it causes depression in the long term.

I could call out all of the bullshit but the video's filled with it, so I'm not sure where to start. The video

was obviously made by some religious nut.

However I must say that I admire you for setting goals in your life, whether they're beneficial or not, you obviously have a lot of discipline.

LastSession - October 14, 2014, 3:54 am

This thread.

Are you still searching soldiers for your mission?

F?ction - October 14, 2014, 4:15 am

(Oct 10, 2014 03:15 PM)John Herbert Wrote: [\[CITE\]](#) indeed, this will be intense can you imagine 365 days not touching your penis.I sure hope you're a good aim, because pissing without touching your penis is quite a challenge.

(Oct 13, 2014 05:44 PM)CounterStrikeGO Wrote: [\[CITE\]](#) I have not jacked off til I was 11. That means I have

50+50+50+50+50+50+50+50+50+50+50

That's 11 50's

11 50's is 550.

That means my dick is 556 inches (added my dick size currently)

556 has 3 numbers

Illuminati has 3 sides

My dick is Illuminati confirmed.What the fuck.

I'm about to go have a wank now, enjoy your dry year boys ?

lequinox - October 14, 2014, 4:48 am

I did nofap for 100 days straight. After about day 30 it's not hard at all, you kind of forget about it.

It isn't good for you though, especially if you're not getting regular sex. Dick shrinkage is common too.

Sparkfear - October 14, 2014, 8:27 am

It's been the 14th day now.

Last night I had some sexual dreams, but I'm still going good without any urges.

Haven't noticed much difference besides that I'm feeling I'm less objectifying woman.

Herbert - October 14, 2014, 10:20 am

(Oct 14, 2014 03:28 AM)Judge Judy Wrote: [\[CITE\]](#) What about cuming and then squeezing your dick so hard nothing can come out?

This challenge is kind of a joke to be fair, the video you posted states you have to "feel guilt" in your daily routine if you masturbate, and that it causes depression in the long term.

I could call out all of the bullshit but the video's filled with it, so I'm not sure where to start. The video was obviously made by some religious nut.

However I must say that I admire you for setting goals in your life, whether they're beneficial or not, you obviously have a lot of discipline.

Thanks Judy, you changed my life. please don't sue me anyone.

(Oct 14, 2014 04:48 AM)lequinox Wrote: [\[CITE\]](#) I did nofap for 100 days straight. After about day 30 it's not hard at all, you kind of forget about it.

It isn't good for you though, especially if you're not getting regular sex. Dick shrinkage is common too.

what do you mean by dick shrinkage o.O

(Oct 14, 2014 08:27 AM)sparkfear Wrote: [\[CITE\]](#) It's been the 14th day now.
Last night I had some sexual dreams, but I'm still going good without any urges.
Haven't noticed much difference besides that I'm feeling I'm less objectifying woman.
thanks for keeping the journal up ^^ I'll update it now.

934891234031412343 - October 14, 2014, 10:32 am

I accept this challenge. There is a brain power in semen. You should stop masturbating it's like the most harmful thing you can do to yourself. But fucking is different there is exchange of nutrients in fucking only if it is without condom. Respect for the owner of the thread to make a thread like this!

????II?I - October 14, 2014, 10:34 am

Count me in. Let's do dis.

brb fapping for 4 days

Jake Miller - October 14, 2014, 12:40 pm

Journal:

Avoided masturbating by sniffing the toilet seat.

Herbert - October 14, 2014, 1:00 pm

(Oct 14, 2014 10:34 AM)Dirt_slasher Wrote: [\[CITE\]](#) Count me in. Let's do dis.

brb fapping for 4 days
See you back in 4 days ^^

?

[Johnny] - October 14, 2014, 1:05 pm

Count me in man since I really wanna stop doing it.
My name on this thread may be all I need to stop doing it.

Enni Riverra - October 14, 2014, 1:18 pm

Damn it! I have all the symptoms. My lower back hurts when i sit, Always when i pull my hair gently i can see that im loosing my hair, Im lazi all the time i have fuzzy vision alot of times, My left testicle hurts when i fap. I fap from 3-4 times a day and im only 15

Gambino™ - October 14, 2014, 3:20 pm

It's official I already lost.. Count me back in on the 18th.

lequinox - October 14, 2014, 4:47 pm

Dick shrinkage as in, if you don't stimulate a tissue it sensitises to the glucocorticoids/cortisol. Once cortisol spikes it'll chew away at these tissues, i.e. dick tissue.

Region - October 14, 2014, 8:04 pm

Day 4: getting a little harder, saw some posts on tumblr that made me really hard but I resisted.

Mann02 - October 15, 2014, 7:08 am

(Oct 10, 2014 03:19 PM)zyvox Wrote: [\[CITE\]](#) are you actually mental, you're gonna kill yourself.
you have a lot to live for man dont do it
think about boobs
Nice support for the man :))))

Besides that, is having sex considered breaking the rules?

Sparkfear - October 15, 2014, 7:14 am

(Oct 15, 2014 07:08 AM)Mann02 Wrote: [\[CITE\]](#) Nice support for the man :))))

Besides that, is having sex considered breaking the rules?

Let me quote this from OP:

(Oct 10, 2014 03:12 PM)John Herbert Wrote: [\[CITE\]](#) Rules:

No Masturbating.

So no, sex is not considered breaking the rules.

[Journal]

Today I've been really feeling the flatline.

I did get the usual morning wood but the rest of the day up till now, it's just been flat.

It doesn't bother me because I know it's normal.

Happy™ - October 15, 2014, 7:16 am

Quote:Aviate: I was strong and I managed to get through the day without fapping.

Update: I woke up with a boner and started thinking about how hot my ex is, I lost the challenge.

This just made my day... Good luck with the challenge OP and all the contestants!!!

Sparkfear - October 15, 2014, 7:20 am

(Oct 14, 2014 08:04 PM)Region Wrote: [\[CITE\]](#) Day 4: getting a little harder, saw some posts on tumblr that made me really hard but I resisted.

If you ask me, you should try to avoid any artificial stimulants.

It makes things way easier and gives your brain more time to recover from all the dopamine spikes.

Dean Winchester? - October 15, 2014, 7:32 am

I lost on wednesday October 15th.

This went worse than I imagined xD

th3s3cr3t0n3 - October 15, 2014, 8:19 am

OP, people don't have to STOP faping, just don't do it five times a day.

Don't you have life to attend to?

4NONYMOUS - October 15, 2014, 1:05 pm

Well you have less then a month left xD I couldn't do this challenge I have to fap once a day to make sure I don't get boners in class

DeplorSocio - October 15, 2014, 1:07 pm

>Makes a thread about not fapping.

>Username is John Herbert

O.o

grady - October 15, 2014, 1:23 pm

I accept this challenge.

Will post a response with how my day went.

Region - October 15, 2014, 5:18 pm

Time for day 5 tomorrow :D i think i can do this c:

Dalek - October 15, 2014, 5:47 pm

I'm going to try to do this. Count me in. I'll try to last as long as I can.

Proficiency - October 15, 2014, 6:11 pm

I'm also going to do this. Should be a true test of willpower.

XeClutch - October 15, 2014, 6:25 pm

Okay I'll join in. What could go wrong right?

EDIT: It hasn't even been 5 minutes yet and I have failed, I saw the thread on Scene Girls and I couldn't control myself.

Perfect_Soul - October 16, 2014, 4:42 am

I want to join the challenge :)

Date:- 16th October (Day 1 Time 17:11)

I'm fine and hope to make survive today.

Sparkfear - October 16, 2014, 8:08 am

[Journal]

Today I started working out, it truly feels great to release my energy in another way.

I'd recommend it to everyone who stopped fapping.

If you feel like fapping do some quick work-outs, for example sit-ups or use youtube.

Gave me a good laugh:

<http://www.hbo.com/video/video.html/?autoplay=true&vid=1160333&filter=real-time-with-bill-maher&view=null#/>

Badge - October 16, 2014, 8:27 am

I want to try this, count me in :)

Date:- 16th October (Day 1 Time 16:26)

Brownies - October 16, 2014, 11:21 am

(Oct 10, 2014 03:19 PM)zyvox Wrote: [\[CITE\]](#) are you actually mental, you're gonna kill yourself.

you have a lot to live for man dont do it

think about boobs

Just fapped to the gif in your sig.

Did I lose?

adrianacs35 - October 16, 2014, 1:05 pm

Post for journal : Anything is going fine till now.No longer wanting to do it.So i guess it's a nice thing.

Herbert - October 16, 2014, 2:44 pm

sorry for the wait guys, been very busy I'll promise I'll update everyone to the list and update the journal next thing in the morning <3

Thanks for keeping the challenge active! also 1 more day for recruiting.

[Johnny] - October 16, 2014, 2:54 pm

Day 3: I am impressed how I don't even have to try that hard, I can hold myself good by now.

Had a boner in the college where this hot chick was bending and shit while the teacher explained but managed to not go to the bathroom though.

E-Corp - October 16, 2014, 4:51 pm

Count me in sir! This is a great post!

YoungGHomie - October 16, 2014, 5:49 pm

I masturbate everyday for the last 4 years. I guess it's time to quit. Put me in thanks. Really putting a mindset through this.

JohnQuestionoL - October 16, 2014, 5:59 pm

Wow what a great thread and inspiring video countine with this OP props to you and the rest of yall!

The Entity - October 16, 2014, 6:21 pm

I would like to contribute. I've been fap free since September 7th. I guess I got a head start, hah.

???????? - October 16, 2014, 6:55 pm

Challenge accepted.

I've already got a 5 day head start.

[Johnny] - October 17, 2014, 1:30 am

Count me in again since I faped in the morning.

Herbert - October 17, 2014, 2:28 am

update everything, inb4 tomorrow a huge list. 36 hours left for recruiting.

[Johnny] - October 17, 2014, 4:04 am

I was coming back from school, and on the buss this amazing booty was next to my face.

brandon4511 - October 17, 2014, 2:05 pm

sign me up dawg
just stoped last night

Damage Inc. - October 17, 2014, 2:15 pm

Add me ~ I stopped fapping this past Tuesday and I will not fapp no longer and this includes watching porn.

slurmey - October 18, 2014, 1:07 am

If you have a sex partner or gf/wife you kinda phase out masturbating. like i havent even considered whacking off in so long..probably stress from having a baby but whatever.

Herbert - October 18, 2014, 4:11 pm

Alright, recruiting is closed whoever faps now is out of the game.

if you're participating please feel free to post your journal so I can update it to the OP :)

Badge - October 18, 2014, 5:27 pm

[Journal]

No Urges today, Played FIFA nearly all day so I guess that took my mind of it, Going to see what happens tomorrow.

[Johny] - October 18, 2014, 5:28 pm

No urges today, didn't even thought that I have a penis, mostly did some out work.

slurmey - October 19, 2014, 12:35 am

If you are doing this challenge I hope you guys are having sex regularly, physical release is a natural body function and shouldn't be neglected.

Damage Inc. - October 19, 2014, 12:43 am

No urges today however I have been experiencing random boners typically morning wood.

Sir Dabbingston - October 19, 2014, 12:59 am

I will so lose i think maybe not but if i succeed Major Testoserone boost coming lol

Count me in 10/19/2014 10 days before my Birthday so if i succeed dear lord imma have a good present for myself :P

Herbert - October 19, 2014, 3:45 am

(Oct 19, 2014 12:59 AM)?GamesPuff Wrote: [\[CITE\]](#) I will so lose i think maybe not but if i succeed Major Testoserone boost coming lol

Count me in 10/19/2014 10 days before my Birthday so if i succeed dear lord imma have a good present for myself :P

sorry dude but the deadline was 18th I can only make an acception if you havent fapped since the 18th

Journal is getting updated soon

Sparkfear - October 19, 2014, 5:49 am

[Journal]

My urges are still pretty low and I keep working-out.

Going to sign up for a gym to keep myself more occupied and fit.

Besides feeling more energetic and previous called changes there's nothing much different.

[Johny] - October 19, 2014, 9:55 am

I had a busy day, maybe is exactly what I need, since I can't remember about fapping like that.

Herbert - October 19, 2014, 11:40 am

updated op with all the journals up to date.

Spyro657 - October 19, 2014, 12:05 pm

Day: whatever the fuck. I have been holding up fine. I have had a few urges... but got over them. I will not be posting everyday but enough to keep this post updated.

Cryptic Blue - October 19, 2014, 12:07 pm

Add me to the list. I can do this! Just don't think of boobs

VampireKAERF - October 19, 2014, 2:55 pm

You are seeking enlightenment? I have not masturbated for a decade, i only practice SEX and lucid dreaming masturbation, no physical world masturbation.

Herbert - October 19, 2014, 3:05 pm

(Oct 19, 2014 02:55 PM)Niccolò Machiavelli Wrote: [\[CITE\]](#) You are seeking enlightenment? I have

not masturbated for a decade, i only practice SEX and lucid dreaming masturbation, no physical world masturbation.

I'm seeking for god,

not really I just want to have more condition.

Region - October 19, 2014, 3:49 pm

I had a wet dream last night..

it was actually kinda nasty but whatever

The Winter Soldier - October 19, 2014, 3:51 pm

Journal (10/19/14) - Had some urges today but they were not as bad as the other days. This is my 19th day of no fap and I'm starting to get used to it. Going to do homework soon so that'll take my mind off porn and fapping. Haven't busted a nut in 19 days. No sexy time with gf. ?

Herbert - October 19, 2014, 3:58 pm

you guys are doing amazing, keep up the good work everything is updated ^^

SourMan - October 19, 2014, 4:04 pm

I HAVE FAILED THIS GREAT MISSION! OH DEAR LORD. WHY ME!

TIS NOT FAIR

THY SHALL NEVER MENTION MY NAME WITH GLORY

NOR SHALL I EVER ENJOY LIFE

mine cater-cousin

thoust the right to calleth me a coward and a failure from anon on

Farewell and good day to you kind fellows

I hopeth thou all doeth well on thy journey

- Sourman exists scene -

Herbert - October 19, 2014, 4:15 pm

(Oct 19, 2014 04:04 PM)SourMan Wrote: [\[CITE\]](#) I HAVE FAILED THIS GREAT MISSION! OH DEAR LORD. WHY ME!

TIS NOT FAIR

THY SHALL NEVER MENTION MY NAME WITH GLORY

NOR SHALL I EVER ENJOY LIFE

mine cater-cousin

thoust the right to calleth me a coward and a failure from anon on

Farewell and good day to you kind fellows

I hopeth thou all doeth well on thy journey

- Sourman exists scene -

You shall always be remembered SourMan, on the wall of shame.

?

Damage Inc. - October 20, 2014, 4:54 am

[Journal Entry]

I am now on my 6th day of no fapp or porn and honestly I thought it would be harder than this. No urges as of yet however I am eager to get balls deep in a female. I saw a pair of tits in 300 rise of an empire that surprisingly made me excited down there. I didn't wake up with morning wood though and no randy boner today.

Edit: One randy boner in class

[Johny] - October 20, 2014, 11:21 am

To be honest I don't remember how many days are since I didn't fapped, but I won't try to count them because was easy to do it by now.

Today on my way to college was thinking at the OP and how great it is that we do this.

Sparkfear - October 20, 2014, 4:32 pm

[Day 20]

For the last 2 days I have been proud because of the muscle aches I had. They made me realize I did a good job at working-out.

Yet today I felt awfully depressed, I couldn't get myself to work-out even though the muscle aches have been gone since this morning.

I have no energy, had some annoying boners and cravings.

They weren't too bad, I just wanted to get away for a little.

Even though how bad I felt, I did manage to get over the urges, I know it's only been 20 days (1 more day until 3 weeks!) but still I'm very proud that I've come this far and can say I'm still going strong.

Even though I'm feeling awfully depressed, exhausted and with no energy.. I still want to fight for a better future.

I'm not into a religion, but with the more I know, the more I understand how it's more than abnormal what influence porno has on your brain.

It truly sickens me, therefor I'm glad to say I'm holding on.

Even though it hurts, even though I sometimes question my feelings, I'm still willing to fight on and experience what I used to feel.

The warmth is that I'm missing, it feels like that warmth has been taken away from me.

I know it's just a chemical reaction in my body, yet, that's what life is sometimes?

But what really matters to me is how it feels, how it makes us feel.

You might question whether true love is a lie or not, but I want to find out and therefor I need to get past this first to restore balance.

Sir Dabbingston - October 20, 2014, 9:06 pm

Day 2 Morning wood so hard to resist the urge but i can do it for the sake of this.

Bradlant™ - October 20, 2014, 10:10 pm

(Oct 20, 2014 09:06 PM)?GamesPuff Wrote: [\[CITE\]](#) Day 2 Morning wood so hard to resist the urge but i can do it for the sake of this.

How do you guys resist the urge to jack your morning wood?

Damage Inc. - October 21, 2014, 12:01 am

Day 7 :

Dear journal,

I woke up with morning wood again but it resisted by flicking the tip a few times. I've noticed that I'm more sore than usual so maybe I'm going through some kind of withdraw. I will keep updating through the day.

Sparkfear - October 21, 2014, 3:56 am

(Oct 20, 2014 10:10 PM)Fapster™ Wrote: [\[CITE\]](#) How do you guys resist the urge to jack your morning wood?

Ignore it, don't touch it, if the urges get pretty bad just take a cold shower.

If you aren't a fan of cold showers, just try to keep yourself occupied with something else for example go play a game you like, walk your dog etc.

Hope you get my drift :)

Xepher The Cat - October 21, 2014, 8:00 am

Wow great challenge, how is this working out for all the recruits?

Sir Dabbingston - October 21, 2014, 8:14 am

Well unfortunately i couldnt resist :(im so sorry i let you all down so so sorry.

[Johny] - October 21, 2014, 8:33 am

I do well, this is also a no porn challenge since I try to avoid things that will make me think to fapping.

Also I am doing well, today had no electricity due to a storm and it was easy without any temptations :)

Unturned - October 21, 2014, 10:47 am

You can put me on hall of shame. I couldn't resist a sexy girl from my class

Damage Inc. - October 21, 2014, 12:31 pm

Journal -

Today wasn't bad at all, just woke up with morning wood.

Sexual thoughts keep jumping in and out of my head though.

I just picture a sexy female just sucking my head hardd like she's trying to suck me dry of cum mmm..

Rigel - October 21, 2014, 12:36 pm

Props to those holding out for this challenge, I don't think I could.

Shanks - October 21, 2014, 1:42 pm

great thread. ill try one week if easy 1month. no longer edit; I fucked up, 0.5 -1day at least

DOSH - October 21, 2014, 1:59 pm

I wanna fap so fucking bad but at the same time i wanna keep doing this!

Reeps - October 21, 2014, 2:04 pm

I have not masturbated even once. I am scared that I will get addicted if I start. So 14 year challenge or what mate.

The Winter Soldier - October 21, 2014, 8:10 pm

Journal: Zero urges today. I'm starting to get used to this. I think I'm starting to see changes

khaleesi - October 21, 2014, 8:17 pm

(Oct 15, 2014 06:25 PM)XeClutch Wrote: [\[CITE\]](#) Okay I'll join in. What could go wrong right?

EDIT: It hasn't even been 5 minutes yet and I have failed, I saw the thread on Scene Girls and I couldn't control myself.

LMFAOOO this guy's the biggest fucking bean ever.

Region - October 22, 2014, 7:23 am

Zero urges at all lately.
Pretty easy tbh haha

Damage Inc. - October 22, 2014, 12:51 pm

8 Days strong baby no urges or even a boner today

Herbert - October 22, 2014, 12:52 pm

(Oct 21, 2014 10:47 AM)Unturned Wrote: [\[CITE\]](#) You can put me on hall of shame. I couldn't resist a sexy girl from my class so you fucked or fap?

If you fucked its fine, if you fap'd you're out.

Unturned - October 22, 2014, 1:09 pm

(Oct 22, 2014 12:52 PM)John Herbert Wrote: [\[CITE\]](#) so you fucked or fap?

If you fucked its fine, if you fap'd you're out.
I had 3rd hands on my dick while my were resting
lol no, i faped.

itaibnbn - October 22, 2014, 1:38 pm

Too bad I can't sign to the project.
going to try this alone, I hope I will make it :)

Rigel - October 22, 2014, 3:49 pm

(Oct 22, 2014 12:51 PM)BreakingTheCode Wrote: [\[CITE\]](#) 8 Days strong baby no urges or even a boner today
Did the withdrawal from not fapping stop finally? ?

Alkenore - October 22, 2014, 4:49 pm

What if you grapefruit yourself? Does that count?

Region - October 22, 2014, 6:41 pm

(Oct 22, 2014 04:49 PM)Alkenore Wrote: [\[CITE\]](#) What if you grapefruit yourself? Does that count?
Yes, this does count.
Grapefruiting also hurts tbh

Damage Inc. - October 22, 2014, 11:34 pm

(Oct 22, 2014 03:49 PM)Coppersan Wrote: [\[CITE\]](#) Did the withdrawal from not fapping stop finally? ?
Yes actually, I wonder if they have a rehab for fappers anonymous

I woke up humping the bed literally..

Tyween - October 23, 2014, 1:23 am

Is this still ongoing and do OP still doesn't fap? ?

Sparkfear - October 23, 2014, 9:15 am

[Journal]

Yesterday was my first day at the gym, the staff helped me getting started and today is the result.

Damn hard muscle aches but they are really worth it.
No urges nor cravings and feeling great!

Herbert - October 23, 2014, 12:17 pm

(Oct 23, 2014 01:23 AM)AnthonyX Wrote: [\[CITE\]](#) Is this still ongoing and do OP still doesn't fap? ?
Yes ofcourse, right now been watching a 4 day marathon of breaking bad no urges what so ever be updating it again ^^

Mr. Lahey - October 23, 2014, 12:53 pm

Would be rather easy, you can do it OP, good luck.

The Winter Soldier - October 23, 2014, 4:56 pm

23rd day of nofap for me. I got a blowjob from my girlfriend today so it's my first time cumming in around 23 days lol

Region - October 23, 2014, 7:07 pm

some girl just snap chatted me asking if we could get high together.
?

Damage Inc. - October 23, 2014, 11:44 pm

Journal-

Yesterday was an easy day.. I had to work a 12 so I got home beat and this morning no morning wood surprisingly all is well I believe its day 10 now I'm starting to lose track

[Johny] - October 24, 2014, 10:46 am

Journal

-Easy day, I really wanna fap, but the more I wanna do it the more I can resist.
Going good on my side, it's been a full week for me without touching my monkey.

Region - October 26, 2014, 8:29 am

These past days have been awesome for me, I think its cuz of nofap
Thanks!

supergino58 - October 26, 2014, 8:49 am

So, I've tried this challenge many, many, many times and the longest I've lasted is three weeks lol. ?

It's so relaxing and it feels so good, I see absolutely no problem with it. It's kinda difficult to stop especially when you have a girlfriend. Let me know how it goes for you guys! ?

Manieri - October 26, 2014, 8:50 am

The more I see these kinds of things the more it makes me wanna try going for as long as possible.

Judecca - October 26, 2014, 11:00 am

I will be willing to bet none of you guys are going to make it past 3 months.

YoungGHomie - October 26, 2014, 2:27 pm

I was so focused into not doing it but today early this morning I had to let it out. Sadly I will be put into the wall of shame. 10/26/14

Badge - October 26, 2014, 4:25 pm

(Oct 26, 2014 11:00 AM)Judecca Wrote: [\[CITE\]](#) I will be willing to bet none of you guys are going to make it past 3 months.

Actually its pretty easy, I think I would be able to do it

the way I stop it is by going to the gym everyday ?

Teel - October 26, 2014, 4:27 pm

good luck with that, :P doubt you'll win.

Herbert - October 26, 2014, 5:29 pm

I'll update it tomorrow, really tired right now.

Judecca - October 26, 2014, 7:32 pm

(Oct 26, 2014 04:25 PM)Badge Wrote: [\[CITE\]](#) Actually its pretty easy, I think I would be able to do it the way I stop it is by going to the gym everyday ?

Tell that to us addicts ;____; ?

Gambino™ - October 26, 2014, 7:34 pm

I'm out, I'm done. ????

[Johny] - October 27, 2014, 12:10 am

I failed guys, my time was a week.

But atleast now I know is not hard to last a week, so I will do it only weekly :))

Surpass - October 27, 2014, 12:11 am

Even though I have a girlfriend that I could have sex with almost everyday, I still feel the need to fap once in a while. I would be in no way be physically or mentally able to not fap.. especially for an entire year.

Sparkfear - October 27, 2014, 5:33 am

(Oct 27, 2014 12:11 AM)Surpass Wrote: [\[CITE\]](#) Even though I have a girlfriend that I could have sex with almost everyday, I still feel the need to fap once in a while. I would be in no way be physically or mentally able to not fap.. especially for an entire year.

If it's pointed towards porn (to fapping) you might want to get through with this because it means it's healthier to take a good break.

(Sex will also be a lot pleasurable with your girlfriend for both)

Sparkfear - October 28, 2014, 4:10 pm

[Journal]

Almost hitting a month by now, I'm still holding on and I'm happy with the results so far.

Region - October 28, 2014, 5:59 pm

I was feeling a little depressed today, but I still overcame the need to fap.

Feeling pretty good still.

Herbert - October 30, 2014, 4:19 am

Alright I'm back had a busy week will be updating OP shortly.

New Age Griefing - October 30, 2014, 6:19 am

Couldn't go without for a full year. But I'm giving No-Fap November a try

The Entity - October 30, 2014, 6:50 pm

UPDATE: Been fap free since 09/07/14. Gotta admit its been pretty easy to not fap. Although there have been some tempting moments.

10/30/14: This morning I had a wet dream... looked it up, seems to be pretty normal after a couple

of months. Still pretty strange since I have not experienced this since I was 8.

The Winter Soldier - October 30, 2014, 7:31 pm

I fucking failed No Fap October 2 days before the month ends. I'm actually pretty happy with the progress. I'm going to start again. I saw huge improvements

Herbert - October 31, 2014, 4:44 am

(Oct 30, 2014 07:31 PM)The Winter Soldier Wrote: [\[CITE\]](#) I fucking failed No Fap October 2 days before the month ends. I'm actually pretty happy with the progress. I'm going to start again. I saw huge improvements

I will be re-opening recruits the first week of november

Sparkfear - October 31, 2014, 9:50 am

[Journal]

Tomorrow I'll hit my month free of fap/porn.

I'm actually feeling a lot better compared to when I had started, I feel more social and tonight I'm working out again.

Really glad I entered this and I'm going to make the year!

Region - November 10, 2014, 4:17 pm

yea i failed lol, ill start this november i really saw progress but am kinda dissapointed i failed :/ oh well. Ill try 6 months not a year haha

adrianacs35 - November 11, 2014, 5:25 am

Hell yeah, I made it into the second month, congratulations to those who survived till now :).

Karnaugh - November 11, 2014, 8:52 am

Too bad I can't join :S

No problem, would lose even with an one week challenge, my libido is way to screwed...

Sparkfear - November 11, 2014, 2:24 pm

Still going strong on day 42!

No issues so far and still working out.

Cyaddd - November 13, 2014, 7:00 am

Why would you not masturbate? I mean what con is there?

Eagerkid - November 13, 2014, 11:39 am

Well this would be impossible if you have a girlfriend. And plus, the video was so stupid. Nothing in the video was true, I have been masturbating for like 6+ years 1 every other day. And i last 10-15minutes in bed

Herbert - December 1, 2014, 3:35 pm

Hey guys sorry for not updating this for quite some time I've had exams.

Just a lot of stuff on my mind to think about masturbation, I got a quick update though I will be re-opening this to join for everyone on 31-12-2014 till 1-1-2015.

Herbert - December 31, 2014, 8:24 am

after a long time the thread will be re-opened, for everyone who failed you are able to re-enter so do newcomers, let me know by a post that you would like to enter and I'll update you to the OP. update

me as much as possible the daily diary will also be re-opened.

adrianacs35 - April 4, 2015, 12:17 pm

I don't know about you all other guys, but I'm going strong on the 5th month, I hope the same for the others!

Bibl - April 4, 2015, 5:17 pm

holy fuck that "motivational video" was the biggest load of bullshit ever.

michi0987 - April 4, 2015, 5:19 pm

Made it to 2 weeks but got restart. Let's try again :/

Allelujah - August 2, 2015, 1:13 pm

Lol it's been about a year for me. I moved in with the GF :D

My place on the hall of fame is secure.