

Forum:[Hack Forums](#)

Thread: [What kinda body type are you?](#)

21st Century Schizoid Man - October 5, 2015, 9:07 pm

Hawk HF - October 5, 2015, 9:08 pm

inb4 everyone here is a "mesomorph"

Tyranus. - October 5, 2015, 9:09 pm

mesomorph but a little less.

UNDERWIRE - October 5, 2015, 9:53 pm

Somatotypes are a psuedo science from the 1940's. It pretty much has no room for credibility in today's scientific community.

All these bodytypes aren't static conditions. If you've seen them in articles, they're usually just used to describe muscle mass and bodyfat ratios. The ectomorph would just be defined as a guy with little muscle mass and low body fat, the endomorph would range between a fat person with little muscle mass to a guy with a somewhat high bodyfat% range and a lot of muscle, and the mesomorph would just generally be a somewhat lean male with a reasonable to a lot of muscle mass. It doesn't define how well you put on muscle or fat or anything like that as you may have heard from some people. We tend to just not use them at all to prevent those misunderstandings.

Captain Steve Rogers - October 5, 2015, 9:57 pm

I'm 2nd one.

Try to be 3rd one.

SIM-1676753 - October 5, 2015, 10:05 pm

I'm the sexy type of body type.

Gem - October 5, 2015, 10:06 pm

I'm ectomorph.

aint no shame

Cheeb - October 5, 2015, 10:07 pm

I love my six pack so much I protect it with a layer of fat

Captain Steve Rogers - October 5, 2015, 10:15 pm

(Oct 5, 2015 10:07 PM)Cheeb Wrote: [\[CITE\]](#) I love my six pack so much I protect it with a layer of fat ?

Same here ?

The OG FurFag ? - October 5, 2015, 10:18 pm

Endomorph. I need to make some lifestyle changes but who doesn't eh?

ASLR - October 5, 2015, 10:20 pm

Ecto but built well and not twiggy but I know I'm skinny haha

I eat like a fat person I swear

latios15 - October 5, 2015, 10:36 pm

endomorph with beauty circle pack..

Lawsuit - October 5, 2015, 11:43 pm

ectomorph. I eat whatever I want which is terrible for my health.

420 Blaze It - October 5, 2015, 11:43 pm

Ecto to Mesmo.

BTW, Mesmo are meant to be medium heighted.

mbmaster - October 5, 2015, 11:44 pm

mesomorph ofc :P

spyrow - October 6, 2015, 6:32 pm

It's not up there but I'm "swole"

Let me help everyone else in here

[img]<http://www.globalarnold.com/images/ga31.jpg>[img]

Wallet - October 7, 2015, 12:47 am

ecto but i dont have a camel toe like displayed in the op pics

problems.x - October 7, 2015, 12:49 am

Little less than a mesomorph, gotta keep my build up for the position i play in rugby :(

Tehking - October 7, 2015, 12:49 am

Ecto but little more than the picture we all need to start eating xD

ida - October 7, 2015, 3:26 am

Endo/meso, but it does not really matter. You cannot blame your fat on certain bodytypes.

420 Blaze It - October 7, 2015, 3:27 am

Bodytype is like stereotypes, not 100% true, and can be changed.

Shlazam - October 7, 2015, 5:35 am

[IMG]http://i950.photobucket.com/albums/ad343/beerpong1/Snapshot_20151007.jpg[IMG]

guess id be a Mesomorph

'Palladium - October 7, 2015, 7:25 am

I'm definitely ectomorph but with a 2 pack.

Optimized - October 7, 2015, 7:29 am

I'd honestly be like 2.5 or 2.6. Not really the second one, or the third one :P.

Lord Vader Kush - October 7, 2015, 7:31 am

I'd say, inbetween Endomorph and Mesomorph.

michaelkens - October 7, 2015, 9:59 am

I'm an ectomorph. I need to put on weight and muscle but honestly I have poor determination.

SIM-2327840 - October 7, 2015, 11:44 am

I think I'm the first one ? I would like to be the third doe..

escupinyol - October 7, 2015, 11:47 am

(Oct 7, 2015 03:27 AM)~ ? ~ Wrote: [\[CITE\]](#) Bodytype is like stereotypes, not 100% true, and can be changed.

100% right

I know people thar changed from Endo to Meso and unfortunately the other way also.

CanisMajoris - October 7, 2015, 11:47 am

A little less than a mesomorph tbh. Used to have really defined muscles when I played basketball, been running alot lately so I lost a good bit of, However been hitting up the gym, alot of the mass and definition are coming back

Fine - October 7, 2015, 11:49 am

mesomorph but a little less.

Valentino - October 7, 2015, 3:30 pm

mesomorph with about 15% bf

AMAVI - October 7, 2015, 10:48 pm

2nd one, gaming and my poor eating choices let me there, but I'm working on to go to the 3rd, any day now bois.

lenaos - October 7, 2015, 10:50 pm

i am ectomorph/esmomorph mix

THE NORTH FACE - October 7, 2015, 10:53 pm

Ectomorph and finer than ever

CyberneticTitan - October 7, 2015, 10:54 pm

Ectomorph. But I got some decent definition, which is nice...

Frankey - October 7, 2015, 10:55 pm

None of them. I'm not fat, and I'm not skinny. I'm just eeehhehehe....? "Flat"? But not that on the picture. So i Think the first one and a bit the third one.

johnsonsm - October 7, 2015, 10:55 pm

Mesomorph i have very good genetics and muscle mass is easy for me to gain

OrgX - October 9, 2015, 12:00 pm

im a ectomorph for sure, but I'm glad I'm that and not a fatomorph. jk i love everyone

NLMB_HOPSIN - October 9, 2015, 1:57 pm

im a wolf gannnnnnnnng type of bitch sayin we in this bitch sayin ya heard me

Jester Race - October 9, 2015, 2:05 pm

Why does people keep posting on this thread even though these bodytypes are broscience?

NLMB_HOPSIN - October 9, 2015, 2:06 pm

(Oct 9, 2015 02:05 PM)Jester Race Wrote: [\[CITE\]](#) Why does people keep posting on this thread even though these bodytypes are broscience?

because im a wolf gannnnnnnnng type of bitch sayin we in this bitch sayin ya heard me

U?para?ormal - October 9, 2015, 2:07 pm

Ectomorph

This is nothing new.

Yuikoro - October 9, 2015, 2:08 pm

Ectomorph but probably the lesser version of that. Whatever is "90-100" pounds since it's been like that for the past 3-4 years.

Hackin - October 9, 2015, 3:20 pm

Ectomorph all day, hopefully i'll be a mesomorph some day!

21st Century Schizoid Man - October 9, 2015, 3:44 pm

(Oct 9, 2015 01:57 PM)NLMB_HOPSIN Wrote: [\[CITE\]](#) im a wolf gannnnnnnnng type of bitch sayin we in this bitch sayin ya heard me
you motherfucker XD WOLF GANG

Headspace - October 9, 2015, 4:09 pm

Mesomorph with endomorph traits.

Charny - October 10, 2015, 10:12 am

You guys are fucking retarded.

Loser Douche Bag #35 - October 10, 2015, 9:44 pm

mesomorph, before I started lifting I was leaning towards a ectomorph (when I was like 14) but I had broad shoulders always and a developed chest. But scrawny af.

But I'd consider myself a hardcore mesomorph, I got huge shoulders, a huge chest ad I'm pretty symmetrical. My genetics were above the average fella (High School I gained muscle more easier, got stronger then a lot of people and looked better). While I am NO WHERE NEAR the genetic freaks who are kids who weigh 180 benching 315 like its nothing who don't even work out (know a mesomorph 17 year old who puts up 330+ at like 8% BF, 180lbs 5'9 and he doesn't even lift much only does football/wrestles). Now that is a genetic freak.

Niko - October 11, 2015, 12:12 am

First one, Ectomorph.

One day, I may try to make the 3rd one.

21st Century Schizoid Man - October 15, 2015, 5:31 am

(Oct 11, 2015 12:12 AM)LegitBytes Wrote: [\[CITE\]](#) First one, Ectomorph.

One day, I may try to make the 3rd one.

I feel ya, Im the second one ?

Germany69420 - October 15, 2015, 5:32 am

Ecto/Meso. I'm not skinny. But i don't have a lot of muscles. I do go to the gym for about 3 months now :P

Prince™ - *October 16, 2015, 6:57 am*

Mesomorph. Been hitting Gym and a good diet for the past one year. Currently at a body fat % of around 14 approx. ?

lucky. - *October 16, 2015, 7:39 am*

Mix of Ecto/Meso, I haven't bulked up quite enough, I need to eat more really.

Grimzyy - *October 17, 2015, 4:32 am*

Nobody is just 1 of these somatotypes.

You can be a bit of both.

I'm 80% ectomorph, 20% mesomorph :)