

## Forum:[Hack Forums](#)

Thread: [How to achieve the proper mindset to becoming rich & wealthy \(My Personal Methods\)](#)

**J. McCarthy** - November 16, 2015, 5:30 pm

Please leave a reply so others can also view this content

So another common thing I hear a lot in my PMs and when talking to people is how do I get started on the road to success? Well everyone has a different answer to this but here is a few things I do every day (or nearly that of).

First however I will explain the difference between being rich and being wealthy. For starters ANYONE can be rich, well anyone who applies themselves. Not everyone can be wealthy. Being rich is what it sounds like, having a lot of money. Being wealthy however is having a constant influx of money to continue to grow and furnish your riches.

A man can be rich and have no wealth and a man can have wealth but no riches. These are the terms in how I explain them and I make sure to understand the difference. Wealth is long term riches are short term.

Now then, here is what I do every day to gear towards the right attitude. This is advice I've gathered from others as well as myself.

1) Believe that you are rich. If you want to be successful in business you're rich before you even begin. What am I talking about? Your MIND. Yes that's cheesy I know, but your mind is your greatest asset. You MUST use it. Train it, expand it, and use it. Those are the big three.

Here is a great business book I would recommend:

<http://eventualmillionaire.com/Resources/ThinkandGrowRich.pdf>

It has a chapter which it recommends you read aloud to yourself every day, basically if you believe that you're rich already and will become wealthy then you will. Psychology does play a role whether you believe it or not I do.

2) The first and last thing I see is money. Yeah I want money and a lot of it. To make sure I'm constantly pushing my brain to think about it from the minute I wake up to the minute I go to sleep. Hopefully it carries on throughout the night but I'm no scientist. Okay so you're wondering what I mean right? Well yeah I literally meant the last and first thing I see is money, I tape a \$100 bill to the wall beside my pillow so it's the first thing I see every morning and the last thing I see every night. I'll even add a picture if you don't believe me.

Spoiler [\(Click to View\)](#)

Spoiler [\(Click to View\)](#)

Spoiler [\(Click to View\)](#)

If having benjamin staring into your face is uncomfortable you can always face the back out.

3) Always make your last meeting of the day the BEST one. Now I can't cite who I got this from

because I can't remember exactly but it was some pretty good advice to follow. Basically it states the last meeting you have is the MOST IMPORTANT meeting you will have all day. Now you're probably thinking "Well I don't have business meetings" that doesn't matter and you missed the point. Your last meeting of the day is RIGHT before you go to sleep. The last person you see, meet, talk with. That's your last meeting and whether they give you a positive or negative influence is going to override anything else that happened throughout the entire day and sit with you all night. So what do you do? Make your last meeting your most important, make it with a positive influence. If it's a negative influence explain to them that they need to become a positive one.

These are the 3 key things I do every day (or close too)

**bebonzy09** - November 16, 2015, 5:53 pm

Those are some dank ass sheets my man

**Coton Pker** - November 16, 2015, 6:02 pm

please don't continue to live that way OP.

especially pertaining to point #2.

that capitalistic inception typically leads to poor judgement and unhealthy obsessive activity.

**J. McCarthy** - November 16, 2015, 6:03 pm

(Nov 16, 2015 06:53 PM)red62 Wrote: [\[CITE\]](#) Those are some dank ass sheets my man

Lol thanks I liked the modern sleek high end look I thought they had.

**i a m g o n e** - November 16, 2015, 6:04 pm

What are you even talking about?

All you need is

NAWLEDGE

**J. McCarthy** - November 16, 2015, 6:05 pm

(Nov 16, 2015 07:02 PM)Coton Pker Wrote: [\[CITE\]](#) please don't continue to live that way OP.

especially pertaining to point #2.

that capitalistic inception typically leads to poor judgement and unhealthy obsessive activity.

It's unhealthy if you don't want that lifestyle sure. If you can control yourself, your desire, your emotions then you're fine. Actually you're great.

I understand this isn't for everyone just as the life they choose is not for me.

(Nov 16, 2015 07:04 PM)tl:dr? Wrote: [\[CITE\]](#) What are you even talking about?

All you need is

NAWLEDGE

I've made a thread on Tai Lopez before you should read it. Tai may be a con but he is lucrative and influential. Also if you don't believe in the power you can find in books that's foolish.

**Coton Pker** - November 16, 2015, 6:13 pm

(Nov 16, 2015 07:05 PM)Formula1 Wrote: [\[CITE\]](#) It's unhealthy if you don't want that lifestyle sure. If you can control yourself, your desire, your emotions then you're fine. Actually you're great.

I understand this isn't for everyone just as the life they choose is not for me.

the problem is control becomes exponentially harder as your dopamine levels fluctuate.

at a point of economic growth, no human being can control their desire and keep a level head.

it's the poison of greed.

I understand you want to advance, as you've been taught growing up in a capitalistic society, however you should stop and think about every action you make before you make it. monetary gain makes people blind to their own better judgement, statistically.

**Babz** - November 16, 2015, 6:27 pm

(Nov 16, 2015 07:13 PM)Coton Pker Wrote: [\[CITE\]](#) the problem is control becomes exponentially harder as your dopamine levels fluctuate.

at a point of economic growth, no human being can control their desire and keep a level head. it's the poison of greed.

I understand you want to advance, as you've been taught growing up in a capitalistic society, however you should stop and think about every action you make before you make it. monetary gain makes people blind to their own better judgement, statistically. "How to achieve the proper mindset to becoming rich & wealthy"

If you want to live otherwise, live otherwise.

**J. McCarthy** - November 16, 2015, 6:36 pm

(Nov 16, 2015 07:13 PM)Coton Pker Wrote: [\[CITE\]](#) the problem is control becomes exponentially harder as your dopamine levels fluctuate.

at a point of economic growth, no human being can control their desire and keep a level head. it's the poison of greed.

I understand you want to advance, as you've been taught growing up in a capitalistic society, however you should stop and think about every action you make before you make it. monetary gain makes people blind to their own better judgement, statistically. Very true but like I said this is for people who want this lifestyle. If you can't control it then you risk losing yourself in it.

I understand where you're coming from but this is the lifestyle I choose and that I want therefor I will proceed full force into it.

**Coton Pker** - November 16, 2015, 6:44 pm

I apologize then.

you should just include a section detailing how to achieve discipline in the process.

I saw this thread as boiling down to "disregard all things not monetary, and at the end of the day money and people who will help you make money are all that matters"

my mistake :)

**J. McCarthy** - November 16, 2015, 7:14 pm

(Nov 16, 2015 07:44 PM)Coton Pker Wrote: [\[CITE\]](#) I apologize then.

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my mistake :)

No partly my bad as well.

I would not tell anyone to find happiness in money I want money to do things that make me happy.

**Fistsworn** - November 17, 2015, 2:11 am

It's a bit to much, but yeah I understand some of it.

I prefer keeping eyes open for opportunities instead of money, but obviously I'll get money off that opportunity.

**bebonzy09** - November 17, 2015, 5:41 am

(Nov 16, 2015 07:02 PM)Coton Pker Wrote: [\[CITE\]](#) please don't continue to live that way OP. especially pertaining to point #2.

that capitalistic inception typically leads to poor judgement and unhealthy obsessive activity.

>Baiting this hard

Can't wait for your product launch later this week OP

**J. McCarthy** - November 17, 2015, 6:03 am

(Nov 17, 2015 03:11 AM)Fistsworn Wrote: [\[CITE\]](#) It's a bit to much, but yeah I understand some of it. I prefer keeping eyes open for opportunities instead of money, but obviously I'll get money off that opportunity.

By looking at money you're not thinking of money per say I should have worded that better. You're thinking of how to make money, ideas, opportunities, assets, etc.

Did you not understand anything specifically? I'd be more than happy to talk to you in private to explain.

Tl;dr is:

- 1) Believe you are rich (BECAUSE YOU ARE) & train your brain
- 2) Start thinking as a businessman/entrepreneur from the minute you wake up
- 3) make sure the last person you see is encouraging

**Fistsworn** - November 18, 2015, 1:00 am

(Nov 17, 2015 07:03 AM)Formula1 Wrote: [\[CITE\]](#) By looking at money you're not thinking of money per say I should have worded that better. You're thinking of how to make money, ideas, opportunities, assets, etc.

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Tl;dr is:

- 1) Believe you are rich (BECAUSE YOU ARE) & train your brain
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- 3) make sure the last person you see is encouraging

Oh.. I see now. Those are good tips.

However, I warn all to be cautious with the first step.

Even if you/we are rich, rich people spend first in needs(a low car/ a investment) and then in luxury(a 200+\$ watch, but only after paying all debts and employees ) some mistake the first step and do the exact opposite.

**J. McCarthy** - November 18, 2015, 4:25 am

(Nov 18, 2015 02:00 AM)Fistsworn Wrote: [\[CITE\]](#) Oh.. I see now. Those are good tips.

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Sounds like you quoted "Rich Dad Poor Dad"

Yes that's correct luxuries come last when you can afford them not before.

The first step isn't meant to spend like you're rich though it's to believe you're rich just broke. Being broke is temporary, being poor is a lifestyle

**MilesMorales** - November 19, 2015, 4:03 pm

its the law of attraction and I swear it seriously works guys

**J. McCarthy** - November 19, 2015, 4:07 pm

(Nov 19, 2015 05:03 PM)MilesMorales Wrote: [\[CITE\]](#) its the law of attraction and I swear it seriously works guys

Exactly man, I'm glad you're picking up on it?

**bondsandblondes** - November 19, 2015, 8:14 pm

One of the first posts I came across since rejoining and I have to compliment you, this is very well written, and I agree entirely with you.

**J. McCarthy** - November 19, 2015, 8:25 pm

(Nov 19, 2015 09:14 PM)bondsandblondes Wrote: [\[CITE\]](#) One of the first posts I came across since rejoining and I have to compliment you, this is very well written, and I agree entirely with you.

Thankyou man I'm glad you appreciate it, pushes me to make more

**J. McCarthy** - November 21, 2015, 2:19 pm

Still going to recommend the book Think Rich Grow Rich guys! Check it out!

**SIM-2396611** - November 21, 2015, 4:34 pm

With number 1, its wise not to spend all your money thinking that you're rich.

**Yous** - November 21, 2015, 4:39 pm

To be completely honest, what changed everything for me was books.

I was like most people I thought "you'd never catch me dead with a self improvement book, those are only for suckers or people with problems"

I threw this mindset out the window about 2 years ago, it changed everything. Put your egos aside and always be willing to learn.

I'd highly recommend these books to get you started:

Rich Dad Poor Dad (just finished this one it's awesome)

Think and Grow Rich

Executive Toughness

Money Master The Game (skim through this one if you're under 23 years old but still apply some of the principals right away, keep it handy as it will show you how invest properly and how to keep your money like the rich do)

How to Fail at Everything and Still Win Big

Anyone that needs more recommendations feel free to PM.

Nice thread OP

**J. McCarthy** - November 21, 2015, 4:42 pm

(Nov 21, 2015 05:39 PM)Yous Wrote: [\[CITE\]](#) To be completely honest, what changed everything for me was books.

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Anyone that needs more recommendations feel free to PM.

Nice thread OPI've read them all except the bottom two, I plan to follow the Forbes 500 CEO's booklist.

Thank you!

I'll check them out.

**nikolarn** - November 21, 2015, 4:43 pm

What i do on a daily level is think of how many of my friends are doing nothing and complaining on how they have no cash.

I work hard and strive to achieve all my goals.

**J. McCarthy** - November 21, 2015, 4:45 pm

(Nov 21, 2015 05:43 PM)nikolarn Wrote: [\[CITE\]](#) What i do on a daily level is think of how many of my friends are doing nothing and complaining on how they have no cash.

I work hard and strive to achieve all my goals.

Good, that's the proper mindset!

Be proud of yourself, don't be arrogant. Be strong and not cruel.

I occasionally compare myself to what my friend's have achieved but they have chosen a rat race, I've chosen to be successful ?

**EternalSlayer** - November 21, 2015, 5:09 pm

(Nov 21, 2015 05:39 PM)Yous Wrote: [\[CITE\]](#) To be completely honest, what changed everything for me was books.

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Anyone that needs more recommendations feel free to PM.

Nice thread OP There is No "Rich Dad", Really

**J. McCarthy** - November 21, 2015, 5:16 pm

(Nov 21, 2015 06:09 PM)EternalSlayer Wrote: [\[CITE\]](#) There is No "Rich Dad", Really

See you've read up on him, that's correct. It's been debunked, the principles are still correct though. Well most

**EternalSlayer** - November 21, 2015, 5:21 pm

(Nov 21, 2015 06:16 PM)Formula1 Wrote: [\[CITE\]](#) See you've read up on him, that's correct. It's been debunked, the principles are still correct though. Well most

I've read this book a while back

<http://hubpages.com/living/rich-dad-poor-dad-scam>

[https://www.youtube.com/watch?time\\_continue=521&v=HE6nT0oyPt8](https://www.youtube.com/watch?time_continue=521&v=HE6nT0oyPt8)

[https://www.youtube.com/watch?time\\_continue=532&v=dv6feHB0AE4](https://www.youtube.com/watch?time_continue=532&v=dv6feHB0AE4)

<https://www.youtube.com/watch?v=dv6feHB0AE4>

**Dorrance** - November 21, 2015, 5:25 pm

I like that benji pic it reminded me of a lyric an rap artist said. Which he wrote him self a million dollar check at the age of 10, now he cash it in and a millionaire.

**J. McCarthy** - November 21, 2015, 5:29 pm

(Nov 21, 2015 06:21 PM)EternalSlayer Wrote: [\[CITE\]](#) I've read this book a while back

<http://hubpages.com/living/rich-dad-poor-dad-scam>

[https://www.youtube.com/watch?time\\_continue=521&v=HE6nT0oyPt8](https://www.youtube.com/watch?time_continue=521&v=HE6nT0oyPt8)

[https://www.youtube.com/watch?time\\_continue=532&v=dv6feHB0AE4](https://www.youtube.com/watch?time_continue=532&v=dv6feHB0AE4)

<https://www.youtube.com/watch?v=dv6feHB0AE4>

Meh don't agree with much of it and the overpriced part I got a copy for \$6 and it was more than worth it.

Everyone hates a guy for something I don't agree just because they say so.

(Nov 21, 2015 06:25 PM)Dorrance Wrote: [\[CITE\]](#) I like that benji pic it reminded me of a lyric an rap artist said. Which he wrote him self a million dollar check at the age of 10, now he cash it in and a millionaire.

Never heard that before, maybe I'll do it.?

**J. McCarthy** - November 25, 2015, 6:03 am

I haven't been able to read as much as I should lately. Hoping to change that

**J. McCarthy** - November 26, 2015, 6:59 pm

Also knockin this up top for those who may be interested

**J. McCarthy** - November 28, 2015, 5:36 am

Knocking this up top  
If you read please post

**bebonzy09** - November 28, 2015, 1:58 pm

Check this out if you haven't already!

**k?'rlzm?** - November 28, 2015, 1:59 pm

How much are u worth @OP?

**J. McCarthy** - November 28, 2015, 2:38 pm

(Nov 28, 2015 02:59 PM)PleadInsanity Wrote: [\[CITE\]](#) How much are u worth @OP?  
Not enough to quit doing business, but still enough to be willing to help others.

**J. McCarthy** - November 30, 2015, 4:37 am

I've changed a few of these around a little  
I'll update soon

**J. McCarthy** - December 5, 2015, 5:42 pm

Some people find this extreme  
I find the positive influence works well.

I recommend think and grow rich also "book"

**Astral™** - December 5, 2015, 6:03 pm

Not to jump on the Tai Lopez meme train, but reading books does really help. Think & Grow Rich by Napoleon Hill is one of my favorites.

**J. McCarthy** - December 5, 2015, 6:06 pm

(Dec 5, 2015 07:03 PM)Astral™ Wrote: [\[CITE\]](#) Not to jump on the Tai Lopez meme train, but reading books does really help. Think & Grow Rich by Napoleon Hill is one of my favorites.

I have a thread on tai also

People hate the man so much they are ignorant to the brilliance of reading

I haven't listened to Think/Grow in months when I had it on an audiobook

I just bought a physical book to read also

**J. McCarthy** - December 8, 2015, 3:16 pm

I do believe I will start reading Influence next :)

**J. McCarthy** - December 15, 2015, 5:35 am

Please leave a reply if you read this and liked it

**ellarosedevilleres** - December 16, 2015, 7:02 pm

I agree in the #1. Not for believing that you are rich but in using your MIND. As people said, Our mind is like a muscle, the more we use it, the more it grows. So start using your mind before anything else.

**J. McCarthy** - February 5, 2016, 6:38 pm

Bumping this back up as it may be useful to some

**J. McCarthy** - February 8, 2016, 8:38 pm

This was in fact based on the book Think & Grow Rich which I HIGHLY recommend!

**J. McCarthy** - February 10, 2016, 6:33 am

Kicking this back up for people to read

Believe in the money!

**Rahovec** - February 11, 2016, 1:34 pm

Leaving the reply just to keep it going.

Nice post tho :)

**J. McCarthy** - February 12, 2016, 6:18 am

Thanks man for the kind words and the reply!

**J. McCarthy** - February 15, 2016, 9:34 am

Bringing this back to life

Check it out

**J. McCarthy** - February 17, 2016, 7:59 pm

Bump

Let's all think and GROW RICH.

**J. McCarthy** - February 22, 2016, 8:06 am

Knocking this back up

Leave a reply!

**J. McCarthy** - February 25, 2016, 9:27 am

Most people overlook ending your day on a positive note.

Don't.

**J. McCarthy** - March 6, 2016, 8:04 am

What crazy things do YOU do?

**J. McCarthy** - March 11, 2016, 7:40 pm

I still ask people leave a reply to keep this alive!

**joraanpe** - March 12, 2016, 8:04 pm

these are good coaching tips, thanks mate