

Forum:[Hack Forums](#)

Thread: [Anime therapy, Anime that hits you hard in the feels and make you cry](#)

Aura - February 13, 2016, 10:18 pm

I've been holding up way, way too many feelings inside me since December 7th of last year. I'm not the kind of guy who will show his true feelings in front of others, nor am I one to cry in front of them, or look sad. My ego is making me keep it all inside of me and tough it up until I reach a certain point where I cannot take it anymore. I know it might make me sound like a fucking weaboo, Otaku or else, but watching Anime that hits me in the feels, like Angel Beats! and Plastic Memories somehow helps me reach that point and makes me cry my eyes out, where I'm crying because of both the Anime and these feelings that have been building up inside me.

If you have any Anime that you think can have that sort of effect on me, please recommend them. Here's my MAL if you recognize some feels Anime I watched and you would have recommendations based on them.

<http://myanimelist.net/animelist/Aura>

I know that I'm writing this thread right now because of all what I'm going through live and it hurts, but I feel like I didn't cry enough to let all my feelings out and I need to cry out some more, a lot more.

Thank you.

RainbowHentAi - February 13, 2016, 10:30 pm

I don't see Boku no Pico on that list

ankitkhosya - February 13, 2016, 11:00 pm

well seems like somebody's on their period !

Deany - February 13, 2016, 11:02 pm

yes, that means your animu virginity has been popped. embrace it.

Gladly - February 13, 2016, 11:07 pm

I definitely recommend White Album 2. Stellar story, good animation, good characters, and a romance/drama that doesn't seem cheesy. The story is very sad as well.

http://myanimelist.net/anime/18245/White_Album_2

BahNahNah - February 14, 2016, 3:08 am

(Feb 14, 2016 12:07 AM)Gladly Wrote: [\[CITE\]](#) I definitely recommend White Album 2. Stellar story, good animation, good characters, and a romance/drama that doesn't seem cheesy. The story is very sad as well.

http://myanimelist.net/anime/18245/White_Album_2

This.

Also [Anohana](#).

iMew - February 14, 2016, 3:12 am

http://myanimelist.net/anime/2924/ef_A_Tale_of_Memories

Isley - February 14, 2016, 8:10 am

Anohana, Anohana, Anohana, Anohana, Anohana, Anohana, Anohana, and Anohana.

Hlsoka - February 14, 2016, 10:05 am

It's not really an anime, but watch The last of us playthrough. That hit me harder than any anime.

crazyycast13 - February 14, 2016, 10:33 am

watch this -> http://myanimelist.net/anime/2924/ef_A_Tale_of_Memories
then watch ef: a tale of melodies

5 cm/s

Those three. All of them are for mature audiences, i.e. the average highschooler isn't going to go "omg my heart = dead going to cut myself now". Most wind up confused at 5 cm/s anyways since they've never dated anyone.

Piet Pielneus - February 14, 2016, 2:28 pm

Oh god... Angel beats... Beats my feels

Aura - February 14, 2016, 2:45 pm

So I just watched Ano Hi Mita Hana no Namae wo Bokutachi wa Mada Shiranai, and I cried it all out at the last episode. The whole serie got on my feels the whole time, but the ending was just heartbreaking but really happy in a way as well.

So the next one in the list would be ef: A Tale of Memories, right?

crazyycast13 - February 14, 2016, 3:16 pm

(Feb 14, 2016 03:45 PM)Aur? Wrote: [\[CITE\]](#) So I just watched Ano Hi Mita Hana no Namae wo Bokutachi wa Mada Shiranai, and I cried it all out at the last episode. The whole serie got on my feels the whole time, but the ending was just heartbreaking but really happy in a way as well.

So the next one in the list would be ef: A Tale of Memories, right?
yes it is and go on skype nub

Yuikoro - February 14, 2016, 5:05 pm

[Golden Time](#) - Pretty intense stuff

[Little Busters](#) - You'll need to watch Little Busters Refrain. It's kinda like Clannad

[Tokyo Magnitude 8.0](#) - :(

[White Album 2](#) - Typical fights between "who is best ship" but is pretty sad

(Feb 13, 2016 11:30 PM)RainbowHentAi Wrote: [\[CITE\]](#) I don't see Boku no Pico on that list
It'll make you sad but for all the wrong reasons

4ngelic - February 14, 2016, 6:33 pm

Going to recommend something that people never recommend when it comes to sad Anime, One Piece.

Although it's very long, even in the first 10 - 20 episodes their would of been a lot of sad moments.

Travdaman - February 14, 2016, 10:10 pm

(Feb 14, 2016 11:05 AM)Higsoka Wrote: [\[CITE\]](#) It's not really an anime, but watch The last of us

playtrough. That hit me harder than any anime.
anything can be an anime if u think hard enough11!!!

RainbowHentAi - February 14, 2016, 10:15 pm

(Feb 14, 2016 11:10 PM)Travdaman Wrote: [\[CITE\]](#) anything can be an anime if u think hard enough11!!!

No, just no

4ngelic - February 15, 2016, 6:09 am

(Feb 14, 2016 06:05 PM)Sender Wrote: [\[CITE\]](#) [Golden Time](#) - Pretty intense stuff
[Little Busters](#) - You'll need to watch Little Busters Refrain. It's kinda like Clannad
[Tokyo Magnitude 8.0](#) - :(
[White Album 2](#) - Typical fights between "who is best ship" but is pretty sad

It'll make you sad but for all the wrong reasons
Binge watched Tokyo Magnitude because of your post, now i'm fucking depressed.

Asst. Regional Manager - February 15, 2016, 6:40 am

AnoHana will rekt you in tears.