

Forum: [Hack Forums](#)

Thread: [Food poisoning? or what?](#)

Shadow Reign - *October 15, 2016, 11:07 am*

So today at about 5 AM, I woke up extremely nauseous with horrible heart burn and ended up vomiting my guts out for a good five minutes or so. I went back to sleep for about four hours and just woke up. I still have horrible heart burn but I'm no longer nauseous. I am burping a lot though.

I don't think I have the flu or anything as my temperature is normal.

I haven't eaten anything strange or undercooked, just some pizza from Pizza Hut. Any ideas why I feel like this? Any ideas on how to lose this heartburn?

Someone told me I still have heartburn because I still need to throw up some more but I don't really feel like vomiting.

Also, this may be a bit gross for some, but some of the chunks in my vomit were like pure black which I thought was weird...

Burnzy - *October 15, 2016, 11:09 am*

sounds to me you need to visit a doctor if you haven't already
better safe than sorry

Shadow Reign - *October 15, 2016, 11:10 am*

Eh, I don't want to go bother a doctor cause I vomited a little bit. I mean, if I continue to I will for sure but i'm just waiting it out for now.

Burnzy - *October 15, 2016, 11:13 am*

am not sure how many people with doctor experience visit hackforums but lets hope you'll find out

Deany - *October 15, 2016, 11:16 am*

(Oct 15, 2016 11:10 AM)Shadow Reign Wrote: [\[CITE\]](#) I vomited a little bit.
Yep, definitely sounds like food poisoning.