

Forum:[Hack Forums](#)

Thread: [Study habits help](#)

Egregious Jr. - January 3, 2017, 5:05 pm

I always have extreme trouble when studying for tests. I really don't know what to do. Any advice HF?

K?ng - January 4, 2017, 7:19 am

Do it slowly over a longer period of time. So instead of studying 5 chapters for an exam within 2-3 days, you can study it over a couple to a few weeks. It'll lighten the workload per day to almost nothing.

I've used an excel spreadsheet since first year uni to organize what I need to study for all my exams and courses. I just do it slowly over time and by the time the exam comes, I'm pretty much ready and all I need to do is do practice exams.

Also, learning over a longer period tends to let the individual learn/memorize the information better.

Larsenpower - January 4, 2017, 7:23 am

(Jan 4, 2017 08:19 AM)K?ng Wrote: [\[CITE\]](#) Do it slowly over a longer period of time. So instead of studying 5 chapters for an exam within 2-3 days, you can study it over a couple to a few weeks. It'll lighten the workload per day to almost nothing.

I've used an excel spreadsheet since first year uni to organize what I need to study for all my exams and courses. I just do it slowly over time and by the time the exam comes, I'm pretty much ready and all I need to do is do practice exams.

Also, learning over a longer period tends to let the individual learn/memorize the information better. This is actually great advice.

For me, studying a lot just before the exam is not a good thing. It makes me more nervous and worried I guess.

I usually stop studying at about noon the day before I go up, and then you can just skim through your notes in the morning

Rin™ - January 4, 2017, 7:54 am

Studying is based on your work ethic in school and how you take in information.

If you are like me, you only need to pay attention in class to understand the information in class, but since you are looking for help I'm assuming you can't do that.

His advice is good!

(Jan 4, 2017 08:19 AM)K?ng Wrote: [\[CITE\]](#) Do it slowly over a longer period of time. So instead of studying 5 chapters for an exam within 2-3 days, you can study it over a couple to a few weeks. It'll lighten the workload per day to almost nothing.

I've used an excel spreadsheet since first year uni to organize what I need to study for all my exams

and courses. I just do it slowly over time and by the time the exam comes, I'm pretty much ready and all I need to do is do practice exams.

Also, learning over a longer period tends to let the individual learn/memorize the information better.

but there are also other ways to go about it...

using quizlet.com is a great way to memorize vocabulary and even test yourself on questions that you have hard time figuring out it's a really great source.

There are study groups you can always join (assuming your school does that) studying with friends or others allows you to get information wrong and figure out the solution together (two minds are better than one)

Tutoring is a really good option because you are having sort of a crash course on the lesson and it helps you recite information even if you don't think you need tutoring definitely go to do it.

If you are studying for math or any sciences I highly suggest <https://www.khanacademy.org/> I even used it for some of my science classes in college.

bashtrex - January 4, 2017, 9:24 am

(Jan 4, 2017 08:19 AM)K?ng Wrote: [\[CITE\]](#) Do it slowly over a longer period of time. So instead of studying 5 chapters for an exam within 2-3 days, you can study it over a couple to a few weeks. It'll lighten the workload per day to almost nothing.

I've used an excel spreadsheet since first year uni to organize what I need to study for all my exams and courses. I just do it slowly over time and by the time the exam comes, I'm pretty much ready and all I need to do is do practice exams.

Also, learning over a longer period tends to let the individual learn/memorize the information better. Exactly this! But also to add that when studying take breaks in between, so say if you want to study for 2 hours for one day, then split it up like study for 30 minutes, then take a few minutes break, then another 30 minutes, and so on. This will give your brain some time to take in the information and memorize it! Hope this helps :)

Oscura - January 4, 2017, 1:27 pm

Spread your work, do tasks/papers/project first. I'm in uni CS and always just go to the lessons which usually take 1 - 1,5 hours. After that, I do the exercises about the theory (remember I'm speaking about university, it is probably different if you're still in high school or something). I usually consider studying at a university as a full time, nine to five job. If you do this every day, then you'll have a much lower load when studying for the tests etc.

M?xim - January 4, 2017, 1:28 pm

If you do not require your PC for your studies, turn that shit off.

SIM-1179501 - January 4, 2017, 6:15 pm

Try going to the library, it usually works wonders.

AwakenGP - January 4, 2017, 6:18 pm

Adderal Adderal Adderal Adderal Adderal Adderal Adderal Adderal Adderal Adderal Adderal
Adderal Adderal Adderal Adderal Adderal Adderal

Eagerkid - January 5, 2017, 5:47 am

Dont study the night before, let yourself study over a period of time that way you can retain more information. Like if you have a test in a week, study a hour a night or something like that

Anticipate - *January 5, 2017, 11:35 am*

One neat trick is to pretend you're actually trying to teach somebody the material. Or better yet, set something up so you're actually talking to somebody else and doing it. This will force you to think deeply of the topic and explain it in different and often simpler terms. Doing so successfully is a good indicator that you have that particular material well memorized and a solid understanding of it. Parts you struggle teaching, are parts you should focus on.