

Forum:[Hack Forums](#)

Thread: [Quitting bodybuilding forever.....will commit suicide now](#)

Trixie1 - January 28, 2017, 7:11 pm

TrenTrain has made me realize that I'm not shredded, even though being a natural and shredded = no sex drive, low test, weak lifts, and looking small if you don't have your shirt off/with a good pump/flexing super hard/that anabolic pump. Also taking cocaine too

As you can see OP has made me realize that if you aren't a 170lb roided up 18 year old who does cocaine, can't bench more than 225 but if you are SHREDDED with no sex drive, low test, small balls/a small dick/can't bench more than 185 but if you take a picture with A GOOD PUMP, LIGHTING, AND FLEXING WHILE BEING SHREDDED = YOU GET ALL THE INTERNET BITCHES!

Despite me being a perma bulker who understands that a NATURAL like me will have zero benefits being shredded while looking small in a hoodie/shirt, no sex drive, small penis/small balls, fucked up mental state, deficiencies, low test, etc. OP has showed me that only being a small shredded guy with a good pump/good lighting is the way to go.

Despite me having 16+ inch arms, benching 225 for reps, squatting 315 with ease, and DL over 405+ for reps while being natural/having some form of visible abs, and getting girls IRL over some veiny roided small kid isn't good enough to get internet bitches.

I plan on committing suicide.

Please someone teach me how to be like OP

EDIT: DO NOT FUCKIGN FORGET THE INTENSE PHOTO FILTERS TOO. PHOTO FILTERS + STEROIDS + PUMP + LIGHTING + BEING SHREDDED + HAVING 14 INCH ARMS + COCAINE = A FUCKING GOD AKA TREN

Manks - January 28, 2017, 7:16 pm

ur pretti triggered i c
have you tried getting over it

Indecisive enough - January 28, 2017, 7:17 pm

Your both broke like get some money you bums

? Soufian ? - January 28, 2017, 7:17 pm

After you've committed suicide, please clean up your blood okay?

Vittorio - January 28, 2017, 7:17 pm

Battle of the Bastards

Hehe

H\$G0D - January 28, 2017, 7:17 pm

Can you teach me how to be you OP?

Trixie1 - January 28, 2017, 7:22 pm

(Jan 28, 2017 08:18 PM)Trenabolic Wrote: [\[CITE\]](#) teach me how to get more shredded than you

should i run tren ace or tren e?

Deca + tren + test + synthol = rich piano fucking huge + 30 other chemicals.....a/k/a OP that shredded zzzz god

_TheBillieGates - January 28, 2017, 7:23 pm

My boi....My boi. You're fucking fit. I would trade your fitness over anything. Got any tips?

Fuck them internet hoes, if you can pull them in real life, that beats internet bitches everyday.

PS. I personal would give ever bitch I meet in real life my IG name. I would ease it in the convo everytime, I would never miss a chance.

TrenTrain - January 28, 2017, 7:27 pm

I'm honestly wondering when he's going to notice I'm just fucking with him

Trixie1 - January 28, 2017, 7:31 pm

(Jan 28, 2017 08:27 PM)TrenTrain Wrote: [\[CITE\]](#) I'm honestly wondering when he's going to notice I'm just fucking with him

What kind of photo filters do you use to make yourself look that shredded??

TrenTrain - January 28, 2017, 8:00 pm

(Jan 28, 2017 08:31 PM)Trixie1 Wrote: [\[CITE\]](#) What kind of photo filters do you use to make yourself look that shredded??Adobegains

Anyhow got done mixing my pwo blend and going to chill with some friends, so I'll gonna leave on a serious note. You need to chill man stop taking life so seriously lol. Life's a lot better that way

Jester Race - January 28, 2017, 11:46 pm

You're a fucking mongoloid

A P P L E - January 29, 2017, 2:40 pm

Didn't commit suicide yet? Stop procrastinating.

Jihadi ? - February 27, 2017, 10:21 am

Steroids doesn't really make your dick limp. There's really no proven studies about how good or bad steroid usage it.

housefever - February 27, 2017, 11:42 am

Most insane thread EVER ? Keep the good work going ;) GL

kpown - February 27, 2017, 3:39 pm

Is rather look shredded than actually be strong. U can still look big in any clothing if you build the fuck out of ur shoulders, biceps, triceps, lats, forearms and traps

TrenTrain - February 27, 2017, 5:50 pm

This day wss easily one of that most hilarious things to grace health wise

Krohkh - February 27, 2017, 5:53 pm

(Feb 27, 2017 06:50 PM)TrenTrain Wrote: [\[CITE\]](#) This day wss easily one of that most hilarious things to grace health wise

Do you actually take cocaine though? Should make the grand move from Health Wise to Vices... They will fucking love you over there.

bobjoe7 - February 27, 2017, 6:00 pm

i encourage you to trust in jesus

TrenTrain - February 27, 2017, 6:21 pm

(Feb 27, 2017 06:53 PM)Krohkh Wrote: [\[CITE\]](#) Do you actually take cocaine though? Should make the grand move from Health Wise to Vices... They will fucking love you over there.Only on Tuesdays bruh

whitemango - February 27, 2017, 8:07 pm

My boi....My boi. You're fucking fit. I would trade your fitness over anything. Got any tips?

Ni??c??k - February 27, 2017, 8:12 pm

Bro something tells me you're hella salty over some guy with an aesthetically better body than you.

Keep in mind. People train for the looks. I'd rather look shredded with a hard 6-pack but max out at 225 than rep 400+ easily but with no tone. Girls don't care that you can rep 400 lb.

Grimzyy - February 28, 2017, 2:53 am

People train for different reasons, aesthetics is the way to go IMO.

It's not how much you can lift, it's about how much you look like you can lift.

Jester Race - February 28, 2017, 10:32 am

(Feb 28, 2017 03:53 AM)Blackness Wrote: [\[CITE\]](#) People train for different reasons, aesthetics is the way to go IMO.

It's not how much you can lift, it's about how much you look like you can lift.
Strongmen look like they lift way more than aesthetic people

Grimzyy - February 28, 2017, 10:39 am

(Feb 28, 2017 11:32 AM)Jester Race Wrote: [\[CITE\]](#) Strongmen look like they lift way more than aesthetic people
naaaaaah no way ;)

Strong men are an exception, regardless aesthetics are fucking awesome.?

Jester Race - February 28, 2017, 12:42 pm

(Feb 28, 2017 11:39 AM)Blackness Wrote: [\[CITE\]](#) naaaaaah no way ;)

Strong men are an exception, regardless aesthetics are fucking awesome.?

After being friends with one of the wsm i really want to look like one lol

Trixie1 - February 28, 2017, 8:17 pm

(Feb 27, 2017 09:12 PM)Ni??c??k Wrote: [\[CITE\]](#) Bro something tells me you're hella salty over some guy with an aesthetically better body than you.

Keep in mind. People train for the looks. I'd rather look shredded with a hard 6-pack but max out at 225 than rep 400+ easily but with no tone. Girls don't care that you can rep 400 lb.

Lmao aesthetically better is a opinion choice. I promise you most girls would probably chose my body over this guys. Girls aren't a fan of veins and shit.

And yeah I do got a visible 6 pack lmao I can post newer pics these pics were when I was bloated as fuck and I'm about 4 pounds lighter than those pics now.

plus my delts are literally 5x his size. In real life I'd dwarf this kid, I would look better with my shirt off and with a shirt on in most girls eyes.

5-Meo-DMT. - February 28, 2017, 8:45 pm

I think your more aesthetically pleasing too an extent. Tren looks good asf but the natural look is nice

TrenTrain - February 28, 2017, 10:44 pm

you mirin my douchebag costume to my last Rave? Y so mad? Bet you dont even have stds

I just like to lift for myself the girls just come. Its pretty aesthetic

DELT? - March 1, 2017, 12:59 pm

(Feb 28, 2017 11:44 PM)TrenTrain Wrote: [\[CITE\]](#)

you mirin my douchebag costume to my last Rave? Y so mad? Bet you dont even have stds

I just like to lift for myself the girls just come. Its pretty aesthetic

Why are you bragging about your body on a nigerian bicycle modification forum?

There's so many other places to go.

TrenTrain - March 1, 2017, 7:18 pm

(Mar 1, 2017 01:59 PM)DELT? Wrote: [\[CITE\]](#) Why are you bragging about your body on a nigerian bicycle modification forum?

There's so many other places to go.Because I can bruh

vaiperboy - March 2, 2017, 9:12 am

(Mar 1, 2017 01:59 PM)DELT? Wrote: [\[CITE\]](#) Why are you bragging about your body on a nigerian bicycle modification forum?

There's so many other places to go.ikr, i keep seeing him on every thread ?
from his childish acts i doubt that hes even at that age

Trixie1 - March 2, 2017, 8:09 pm

(Feb 28, 2017 11:44 PM)TrenTrain Wrote: [\[CITE\]](#)

you mirin my douchebag costume to my last Rave? Y so mad? Bet you dont even have stds

I just like to lift for myself the girls just come. Its pretty aesthetic
yo I was at a rave last monday man. I'm hitting one up in March!

damn fellow raver except I didn't go shirtless cause it's fucking 10 degrees out here and I just wore
a v neck lmao

Deany - March 2, 2017, 8:11 pm

WHO NEED SEX DRIVE WHEN YOU CAN JERK TO ANIME GIRLS?

Trixie1 - March 2, 2017, 8:13 pm

(Mar 2, 2017 09:11 PM)Japanese Wrote: [\[CITE\]](#) WHO NEED SEX DRIVE WHEN YOU CAN JERK
TO ANIME GIRLS?

Also this kid is actually small as fuck lmao notice how all his pics it is him flexing in certain ways and
no side poses like me.

Man uses a pump + lighting + 30 photo filters.

Can you post an actual picture of no photo filter and up close not flexing to an extreme like I
actually do?

TrenTrain - March 3, 2017, 9:05 am

(Mar 2, 2017 09:13 PM)Trixie1 Wrote: [\[CITE\]](#) Also this kid is actually small as fuck lmao notice how
all his pics it is him flexing in certain ways and no side poses like me.

Man uses a pump + lighting + 30 photo filters.

Can you post an actual picture of no photo filter and up close not flexing to an extreme like I
actually do?That means I'd have to take an actually new picture that's way too much effort mayn

zehkillal - March 12, 2017, 10:07 am

u got a nice body dude just do it naturally

Grinder777 - March 12, 2017, 5:04 pm

wtf did I just read..... :/

Purifiedz - March 13, 2017, 9:19 am

Don't Kill Yourself, please.. You have done good in life :)

Gambia - March 13, 2017, 5:53 pm

(Jan 28, 2017 08:16 PM)Manks Wrote: [\[CITE\]](#) ur pretti triggered i c
have you tried getting over it

Epic omni quote. OP, sorry dude. You will never match his utter perfection. I agree on your idea of
just killing yourself now.

Vittorio - March 14, 2017, 12:11 am

OP is taking too many thermogenics