

Forum:[Hack Forums](#)

Thread: [WHOLE BRAIN POWER - Revolutionary Brain Training - Improve your coding! Life Changing](#)

Thor Odinson - February 23, 2017, 10:18 am

Purchase the book [Here](#) for \$19.95

Purchase the workbook [Here](#) for \$14.95

Hello Hack Forums! I am selling this revolutionary brain training system, one that I have had a part in creating. The author and I are currently working to create an online system to teach the tenets of this program, but in order to do so, we need funding to create the websites and instructional videos. One of websites is located at <http://wbp.io> which is currently under contruction. We refer to our program as a "Modern Jedi Academy".

Thank you for your interest in our program!

Improve Your Coding Skills

Quote:<http://joshuakemp.blogspot.com/2014/05/whole-brain-power-coding.html>

I promised to always tell you what I am doing to improve my coding skills, to be honest on what works. 2.5 years ago I read this book: Whole Brain Power by Michael J. Lavery and started doing 1 of the brain training exercises suggested in his book to improve your brain. I did the hammer drills brain training exercise which I shared previously with you as one of the best things I ever did while learning to code to help keep my mind fresh here in this post: The blacksmith secret I use everyday to keep mentally sharp.

What I failed to mention is, I am not the originator of this learning 'secret' but in fact Mr. Michael J. Lavery. All I did was find another application for how to help myself learn to code quicker. The main reason for me not mention Mr. Lavery's book previously, was I felt weird enough already with my unusual background, education, and learning strategies to feel comfortable sharing more unconventional ways of learning.

However things have changed, I feel so strongly about Whole Brain Power 'WBP' and Coach Lavery's training methods and to techniques to radically improve your brain, I have decided to do coaching with Mr. Lavery himself. I am also having a link to his site: <http://www.wholebrainpowercoaching.com/> and his book.

This is not any kind of affiliate link deal where I receive money when people click on the link or buy the book. No, the purchase of the book goes straight to Mr. Lavery, not me. Just so there is no misunderstanding :-)

After talking to Mr. Lavery about the fantastic clarity and focus I am having by using the hammer drills Coach Lavery promptly let me know that I was actually doing less then 30% of the the training methodologies he teaches in his book. He also conducted a 20 minute 'communications game' on the phone where it was painfully obvious how sloppy I have become with my speech.

On the bright side after realizing how little of the Whole Brain Power training methods I was currently incorporating into my daily life. Coach Lavery was quick to encourage me that if I would commit to doing the entire 'WBP' training program, I would soon see nothing short of incredible changes in my brain, body, and furthermore my focus would go through the roof.

I have taken the good man's advice and for the past 5 days have done absolutely everything suggested to do in the Whole Brain Power book and am already seeing huge improvements in my speech, focus, mental clarity, and also my sleep.

From staying up into the early hours of the morning for the past couple of years, pushing myself to learn how to program, I have develop a terrible issue with being able to sleep at night. I am not a whiner which Is why I have never mentioned this issue before.

I would go to bed exhausted but unable to sleep until 1 or 2 in the morning most nights. I would then wake up the next morning at 7a.m. feeling very tired. I started taking some natural essential oils to help myself go to sleep.

After the first day of doing the 'WBP' left handed writing exercises for 20 minutes. I slept like a baby!!! Deep restful sleep not my typical 'light' sleeping. It felt SO good to experience the kind of sleep where your muscles feel relaxed when you wake up. Long story short, my sleeping is getting way better!

I finally decided to get over my awkwardness and let you all know about 'WBP' and how it is helping me. I apologize if I sound like a used car salesman in need of a buyer. I really believe 'WBP' is helping me learn Javascript at a much faster rate then before and to retain the information. As a recreational golfer I want to improve my golf game which I don't have the time to practice except for once a month. Coach Lavery tells me that if I really do all of 'WBP' training I will soon see incredible improvements in my golf game as well.

I am so excited, I recommend you not only get the Whole Brain Power book and read it, but also to try it out and do the exercises in the book as Coach Lavery recommends. I will be keeping you up to date on how things are going for me with 'WBP'. My learning of new languages like Javascript, as well as my overall brain improvement, and in my golf game.

People told me many times when I started this 'learning to code' journey that I was dumb to think I could simply 'learn to code' and expect a company to hire me without any degree or background in I.T. I am sure I will hear that some more from people as I begin to push forward with something as unconventional as 'WBP'. I say to those people in advance: "I don't care how unusual something is as long as it gets results". If something doesn't work, you will see me running the other way as quick as possible, I have no time to waste on unproductive learning. Whole Brain Power is not one of them.

Give the book a read and try the brain improvement exercises for yourself, I promise you will not regret it. Keep coding peeps! :-)

Read more five star reviews and listen to our free audiobook at <http://wbp.io>! (still under construction)

[Video: <https://www.youtube.com/watch?v=eyoX1Lse7SM>]

There are 5 vouch copies available for 50% off! Get them while you can!

DISCOUNT CODES:

Whole Brain Power Book: HF50VOUCHBOOK

Whole Brain Power Workbook: HF50VOUCHWORKBOOK

UglyMeister - February 23, 2017, 9:47 pm

Looks like an interesting product, might give it a try. Best of luck OP!

DoxM3 - March 8, 2017, 11:13 am

Very detailed information in this book, anyone that's wanting to improve on anything really should pick this one up. I've been applying some of the tactics myself and I can tell 100% it's helped. Thanks for the vouch copy and letting me review. 10/10 book :)

GLWS @OP