

Forum: [Hack Forums](#)

Thread: [Free eBook for any and all individuals who enjoy cooking](#)

DontWorryBeHappy - February 25, 2017, 11:27 pm

-This guide improves on the most up-to-date recipes, plating techniques, and flavor profiles being used in the field today.

-Information on topics like artisanal cheeses, contemporary styles of pickles and vinegars, and contemporary cooking methods.

-Approximately 450 recipes.

-Includes a broad base of culinary skills, from basic cold food preparations to roasting, poaching, simmering, and sauteing meats, fish, poultry, vegetables, and legumes.

-Includes detailed information on cold sauces and soups; salads; sandwiches; cured and smoked foods; sausages; terrines, pates, galantines, and roulades; cheese; appetizers and hors d'oeuvre; condiments, crackers, and pickles; and buffet development and presentation.

DontWorryBeHappy - March 4, 2017, 6:01 am

like the baking ebook, anyone who enjoys cooking can enjoy this ebook for cooking techniques

DontWorryBeHappy - March 10, 2017, 3:35 pm

if anyone is still interested feel free to let me now, or comment, u2u

DontWorryBeHappy - March 24, 2017, 11:41 am

continuing to offer this thorough and extensive guide for those interested

DontWorryBeHappy - March 31, 2017, 3:16 pm

i will still send this out as i continue to receive pms about this

seandc02 - March 31, 2017, 5:57 pm

Sent you a pm about this ebook

DontWorryBeHappy - April 2, 2017, 2:09 pm

everyone who has asked for this has been sent their pm

AlphaTurtle - April 4, 2017, 7:54 am

I'd like this please. Thanks!

DontWorryBeHappy - April 4, 2017, 8:57 am

thanks for posting

will send to you now

DontWorryBeHappy - April 20, 2017, 4:22 pm

i am continuing to send to everyone asking or pm'ing