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Maulish One - *March 23, 2017, 5:32 pm*

So I've decided to put together a fitness forums. I do occasional fitness YouTube videos but have been slacking lately due to the end of the semester coming up. I'm not sure if I'm allowed to post this here but why not. For the many of you active users in the health board here, I'd like to invite you guys to join our boards and help us put a bit of activity and knowledge up. Give it a shot.

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