

Forum:[Hack Forums](#)

Thread: [Do you wet your toothbrush before putting on toothpaste?](#)

Reika - April 8, 2017, 3:08 am

I've always done this but I've often wondered if this is unusual as I've seen people who don't.

Do you do this?

NurSpec - April 8, 2017, 3:09 am

Yep, feels better and gives a better clean in my opinion.

DatFroschlaich - April 8, 2017, 3:10 am

I always do this, but I don't know why. It's like when you wet your hands before putting liquid soap on it...

rep destroyer - April 8, 2017, 3:27 am

This is for the people who put the toothpaste on their toothbrush and then soak it in water. Do not wet your toothbrush with toothpaste. Wetting toothbrush after adding the toothpaste will cause dilution of the fluoride concentration; add to that the further dilution when you place it inside the mouth. That is something completely not recommended.

Khamul - April 8, 2017, 3:29 am

What barbarian doesn't do this? But thinking about it I have no idea why I think it's better.

2073436 - April 8, 2017, 3:32 am

I think most of the people do this, including myself.

Elitas - April 8, 2017, 3:34 am

(Apr 8, 2017 03:27 AM)Plasta Wrote: [\[CITE\]](#) This is for the people who put the toothpaste on their toothbrush and then soak it in water. Do not wet your toothbrush with toothpaste. Wetting toothbrush after adding the toothpaste will cause dilution of the fluoride concentration; add to that the further dilution when you place it inside the mouth. That is something completely not recommended.

If you put on too much toothpaste you sorta have to wet it. It also makes for easier titration, particularly if your mouth is dry. Adding too much of the alkaline substance will result in you doing further damage to your teeth and having a basic substance on your tooth is equally as bad as an acidic one. Mixing the alkaline substance with the acid on your teeth from food will result in it being diluted down to salt and water which is exactly what we want to happen.

Riddick - April 8, 2017, 3:36 am

Yeah, it makes the toothpaste feel like it's getting better coverage on my teeth. I don't rinse with water though, I just spit the excess out.

Elitas - April 8, 2017, 3:37 am

(Apr 8, 2017 03:36 AM)Wapix74000 Wrote: [\[CITE\]](#) Yeah, it makes the toothpaste feel like it's getting better coverage on my teeth. I don't rinse with water though, I just spit the excess out.

Yeah, that's another benefit. It makes it easier to spread around.

Mr Kewl - April 8, 2017, 3:39 am

When I was a kid, I dint do it. I read a thread just like this on HF, and then started doing it. Feels so

much better.

Apocryphon - April 8, 2017, 4:43 am

Yes I do that aswell. It's sliding better when it's wet, ya know.

Money Monkey - April 8, 2017, 4:45 am

This is the most random thread I have ever seen on HF HAHAHA you made my day, but yes I make it wet before putting toothpaste on it.

?????? - April 8, 2017, 4:49 am

I've always wet it first. Doesn't feel right doing it dry.

Riddick - April 8, 2017, 5:38 am

GUYS! GUYS! GUYS! Major breakthrough. I just put the toothpaste on my dry toothbrush and THEN I added a drop of water. Best brushing method on HF and only \$2.30.

Spoiler ([Click to View](#))(Get it? 2.30...tooth hurty...I will leave now...)

Archeery - April 8, 2017, 5:43 am

I do, I guess it's just habitual now.

Fresh Khalifa - April 8, 2017, 5:48 am

Yes, I wet the toothbrush and then add toothpaste. Then once I get the toothpaste on there I rapidly brush those pearls.

Reika - April 8, 2017, 6:22 am

(Apr 8, 2017 03:27 AM)Plasta Wrote: [\[CITE\]](#) This is for the people who put the toothpaste on their toothbrush and then soak it in water. Do not wet your toothbrush with toothpaste. Wetting toothbrush after adding the toothpaste will cause dilution of the fluoride concentration; add to that the further dilution when you place it inside the mouth. That is something completely not recommended.

Hold on, so I'm not meant to wet the toothpaste after putting it on my already wet brush? If so my whole life has been a lie.

Stoke - April 8, 2017, 6:26 am

I wet the toothbrush, add toothpaste, add water and brush my teeth.

Muddy - April 8, 2017, 6:26 am

Before and after my friend.

Cant Stump the Trump - April 8, 2017, 6:27 am

Any culture which doesn't deserves to be turned into glass.

NinjaLeaks - April 8, 2017, 6:28 am

Always have done, probably always will.

Mr. Kim - April 8, 2017, 6:29 am

Of course, do some people not?

???? - April 8, 2017, 6:29 am

That seems pretty normal to me, didn't actually know that some people just don't wet it before.

SIM-2223238 - April 8, 2017, 6:29 am

(Apr 8, 2017 04:49 AM)Megumin Wrote: [\[CITE\]](#) I've always wet it first. Doesn't feel right doing it dry. wink wink.

bzr? - April 8, 2017, 6:30 am

The real question is, after doing this and applying toothpaste, do you wet the toothpaste too?

???? - April 8, 2017, 6:30 am

(Apr 8, 2017 06:30 AM)bzr? Wrote: [\[CITE\]](#) The real question is, after doing this and applying toothpaste, do you wet the toothpaste too?

I do that as well. xD

Yin Yang - April 8, 2017, 6:31 am

Yeah I do- it just feels right, man

SwordofJustice - April 8, 2017, 8:26 am

I wet mine with my own piss instead of wasting warm water.

kpown - April 8, 2017, 8:27 am

I always wash off my toothbrush prior to applying toothpaste.

Washes off any residual bacteria....

Always wise to do so

Katarina Du Couteau - April 8, 2017, 8:29 am

YOU DONT WET IT, YOU CLEAN IT!!!

You hold it under the water to remove stuff that you wouldnt want in your mouth.

NuclearPenguin - April 8, 2017, 8:29 am

I wet it after putting on toothpaste.

MisterNiceGuy - April 8, 2017, 8:31 am

Yes else I do not like the taste.

Too many friends don't wet their toothbrush which I can't understand hahahaha I do not like the taste for some odd reason.

Honey S?ngh - April 8, 2017, 8:46 am

You're a retard if you don't wet your toothbrush after the toothpaste.

Hi Roller - April 8, 2017, 10:40 am

I wet it before I put toothpaste on, and after.