

# Forum:[Hack Forums](#)

Thread: [Welcome Introduction Landing](#)

PHaRTnONuAIL - June 12, 2017, 11:01 pm

WELCOME!

so im writing this or people who are first delving into this forum.

For this tutorial i recommend you reading everything in full before you:

talk to any one

download anything

pay any one if you want to stay safe, if not then by all means ignore me.

## 1) Welcome

Thanks for not being ignorant and coming here trying to expand your knowledge first off. Thank you!

nothing i can find worse then some one happy in ignorance. that makes the world a better place when we all strive to better yourself (how ever it may be...)

## 2) Stop, Leave, Come Back after your done with step 2

Yeah i know... your saying "WTF?" right? well I'm doing this for your protection so bear with me.

You need a few thing's going forward.

A) VMwareDon't Have VMware? Go Buy it! or Click here ([Click to View](#))a1) If you dont have this, google: Bittorrent OR Utorrent

a2) Download and install it

a3) Go to a torrent site (IE Google pirate bay ?) Search VMware (look for the little green skull: that means trusted, and would be the only ones i WOULD RISK downloading on...) i personally recommend ThumperTM 's versions on anything software related.

a4) Download Windows XP, 7, 10 (& unbuntu if your going to really want to get deep) (you looking just for the iso files)

a5) Install VMware

## B) Install

Install the Window (iso files we DL or have purchased?) version's on VMWare, (After windows is installed Make a image copy in VMware, Label 1 as Fresh install, and make a second (windows 10?) as labeled WORK

## 3) Welcome (again)

So now that you have some semi-balance of protection for anything you download. lets proceed

## 4) VPN (Virtual Private Network)

I recommend you go and read this:

[That One Privacy Guy](#)

Personally i use Trust.Zone to start but that wont be accepted by HF (you wont be able to access the site with TZ's IP's there are other VPN's that HF will allow. But that would be a biased opinion for the most part I'm sure after your done reading the rest of this you'll be able to navigate to the right area to ask question's

5) Please read Rules and Etiquette, and the other area's in the help section  
Lost? cant find it?[url=https://hackforums.net/misc.php?action=help [\(Click to View\)](#)[/url]  
LOOK UP

6) Market Place.... ??

yeah, so Just because some one has a lot of post and even a few people saying OMG great ??  
stuff. Do DO DO DO! check his/her Reputation: (CLICK SOME ONES REP, READ)

before talking to some one in pm or in Skype Don't just randomly assume your speaking to the  
actual seller of something unless they confirm via HF PM. they might be some ripper seeing  
you posted in the topic discussing you needed something and deiced to impersonate the seller and  
hope you just gullible. the legit sellers have a lot of people with reputations all saying good things all  
the time. the ones you need to watch out for are Grey and red reviews talking about scams and  
multi's (multiple accounts used to boost sales threads and rep boost. technically multi are not  
allowed and can get you banned)

7) If you buy anything download it and move it to VMware dont just run things you download.  
Sandbox that SOB. (sandbox, is a term to run it in a safe area it cant get out of. learn to use  
command Code netstat -bnFor a video Check this: [\(Click to View\)](#)[Video:

<https://www.youtube.com/watch?v=ZWcTAiyZrEI>]

You can find alot of useful education stuff there, but try to take everything with a grain of salt. make  
your own opinion and learn.

That's pretty much it im sure ill update this in the future im just having this here because people im  
sure end up here curious and leave infeted or ripped off by some lame people

**nbrun** - July 10, 2017, 10:46 pm

Great thread, wasn't really a "new" person here, but really great direction for new people on this site.

Thanks for taking the time!

**snappari2** - July 11, 2017, 3:29 am

Very well written thread and very much information on this, Thanks for helping me& other members  
on this forums!

**PHaRTnONuAIL** - July 11, 2017, 7:48 pm

(Jul 10, 2017 10:46 PM)nbrun Wrote: [\[CITE\]](#) Great thread, wasn't really a "new" person here, but  
really great direction for new people on this site.

Thanks for taking the time!

(Jul 11, 2017 03:29 AM)snappari2 Wrote: [\[CITE\]](#) Very well written thread and very much information  
on this, Thanks for helping me& other members on this forums!  
thank you.

**Duskullmon** - May 29, 2020, 9:02 pm

Nice post. I see that the video on 'netstat -bn' is no longer up. Do you have any recommendations  
for a different explanation video?

**Tor** - June 1, 2020, 2:27 pm

Good thread. Don't you think it should be in the introduction section?

**bluud** - June 1, 2020, 4:55 pm

(May 29, 2020 09:02 PM)Duskullmon Wrote: [\[CITE\]](#) Nice post. I see that the video on 'netstat -bn' is

no longer up. Do you have any recommendations for a different explanation video?

(Jun 1, 2020 02:27 PM)Tor Wrote: [\[CITE\]](#) Good thread. Don't you think it should be in the introduction section?

This thread is from 2017.

**Tor** - June 1, 2020, 4:56 pm

(Jun 1, 2020 04:55 PM)bluud Wrote: [\[CITE\]](#) This thread is from 2017.

Lmao sorry forgot to check the date.

**bluud** - June 1, 2020, 4:56 pm

(Jun 1, 2020 04:56 PM)Tor Wrote: [\[CITE\]](#) Lmao sorry forgot to check the date.

You're not the one that gravedug, but that's the answer to your question ?

**Tor** - June 1, 2020, 4:58 pm

(Jun 1, 2020 04:56 PM)bluud Wrote: [\[CITE\]](#) You're not the one that gravedug, but that's the answer to your question ?

Yea I guess I went to far with the Lounge award. Thought o could make 500 posts in a day lmao.

**bluud** - June 1, 2020, 4:59 pm

(Jun 1, 2020 04:58 PM)Tor Wrote: [\[CITE\]](#) Yea I guess I went to far with the Lounge award. Thought o could make 500 posts in a day lmao.

I'm trying to get it in roughly 2 days. I wish you luck!

**Tor** - June 1, 2020, 5:06 pm

(Jun 1, 2020 04:59 PM)bluud Wrote: [\[CITE\]](#) I'm trying to get it in roughly 2 days. I wish you luck!

Thanks. I wish you luck as well.

**PHaRTnONuAIL** - June 2, 2020, 1:08 am

Legit couldn't edit the post (odd)

Here is a video explaining NETSTAT and FPORT

this should give beginners a basic understanding of what to look out for

[Video: [https://www.youtube.com/watch?v=yp5\\_xymvUck](https://www.youtube.com/watch?v=yp5_xymvUck)]

**Eagle 95** - June 2, 2020, 2:16 am

This is so old it became obsolete.

<https://hackforums.net/misc.php?action=help&hid=18>

<https://hackforums.net/misc.php?action=help&hid=15>

<https://hackforums.net/misc.php?action=help&hid=44>

<https://hackforums.net/showthread.php?tid=5873062>