

Forum:[Hack Forums](#)

Thread: [I am about to commit suicide.](#)

Arkle - September 16, 2017, 4:09 pm

I really have suicidal thoughts all the time.
my life is literally the worst case scenario
1# Family is officially broke
2# I just broke up a 6 years relationship
3# I have no friends
4# Nobody actually care about me

I am not an attention whore or something but i really need some help
Egypt don't serve suicide lines service or these shit

GrandpaSherman - September 16, 2017, 4:16 pm

It always gets better. Just know that.

Who Soup - September 16, 2017, 4:17 pm

Things can drastically improve, don't give up. If you need to talk to someone pm me

Pre-eminent - September 16, 2017, 4:19 pm

Depression etc. is only whats in your mind, just start thinking more positive and live the life you feel like you are missing. Start by signing yourself up for any activity you enjoy and get good at it, this could also be online. After that try and see if you can make some money doing what you love. Keep in mind your depression is only temporary and you have a lot of family members that care about you, so please don't do it. Suicide will harm the ones around you more than yourself.

Saintak3 - September 16, 2017, 4:21 pm

Arkle.. srsly dude! Dont give up, everything will get better!
Life fucks us all.. If you ever need a true friend just talk to me buddy!
And im not kidding :)

Bloodmgx - September 16, 2017, 4:22 pm

Everything temporary.

1# Family is officially broke = Temporary, money also isn't the meaning of life.
2# I just broke up a 6 years relationship = Temporary, been in the same situation, 7 year relationship, it'll pass, you will meet better people. I'm now engaged to the girl of my dreams.
3# I have no friends = Temporary, you will meet people if you put yourself out to meet people. Don't shut yourself off especially when they communicate with you.
4# Nobody actually care about me = I don't even think this is temporary. Everyone has people that care for them, regardless of who they are or what they have done in life.

OG-SB - September 16, 2017, 4:24 pm

If you suicide yourself, Take this Big L

Never give up about ur life, We make mistakes, we dont know what will goin to happen in the next day, just stay tuned and get a job for improve ur family lives.

Truth - September 16, 2017, 4:28 pm

You have to realize no one owes anything to you. You are the only one that can change your life. Build your relationship with Jesus Christ and he will give you strength.

Be great, God bless

Arkle - September 16, 2017, 4:33 pm

Guys you don't really understand i really have nothing to live for, i am always depressed
I always sit at the top of our building thinking of jumping every single day literally, i don't know what to do..

Pre-eminent - September 16, 2017, 4:35 pm

(Sep 16, 2017 04:33 PM)Arkle Wrote: [\[CITE\]](#) Guys you don't really understand i really have nothing to live for, i am always depressed
I always sit at the top of our building thinking of jumping every single day literally, i don't know what to do..

Feel free to message me your Discord and I will help you see the positive things in life. Just know there is always a better solution than suicide and myself + a bunch of other hf members are more than willing to help you through this phase of life.

Arkle - September 16, 2017, 4:37 pm

my discord is sheriff#2187

#YOLO - September 16, 2017, 4:38 pm

Correct english is actually "Im going to commit suicide"

Bloodmgx - September 16, 2017, 4:38 pm

(Sep 16, 2017 04:33 PM)Arkle Wrote: [\[CITE\]](#) Guys you don't really understand i really have nothing to live for, i am always depressed
I always sit at the top of our building thinking of jumping every single day literally, i don't know what to do..

No one can tell you how to battle your personal demons but everyone has something to live for.

You may not know it now but there could be a potential friend/girlfriend waiting right around lifes corner, if you give in early you are denying yourself the chance to meet them and feel better.

SIM-2763166 - September 16, 2017, 4:43 pm

Why don't you go out, see the world, visit clubs, hit a joint, meet people?

You don't need family or a girl to be happy. I've been in your position. I almost drowned myself in my own bath tub but I realized that it's a permanent solution to temporary shit.

Maybe emigrate from Egypt? Move somewhere, or just visit, study, or maybe start a company? Be independent.

Go to Berlin and fuck girls in clubs.

Raz Riverblade - September 16, 2017, 4:44 pm

So what do you need?

I can recommend some brands of rope.

Also go to the toilet before, you don't want your family to find you with shit in your pants.

CrucifiedKoala - September 16, 2017, 4:45 pm

1-800-273-8255

It's a US line but you should be able to call it.

Here is a line from Cairo 762 1602/3

Killy - September 16, 2017, 4:45 pm

life will be better
everything happens for a reason man

don't do nothing, go get some money

Pochinki - September 16, 2017, 4:46 pm

Don't do it.
Lives get's better as you move on.

Arkle - September 16, 2017, 4:46 pm

(Sep 16, 2017 04:43 PM)Alanox Wrote: [\[CITE\]](#) Why don't you go out, see the world, visit clubs, hit a joint, meet people?

You don't need family or a girl to be happy. I've been in your position. I almost drowned myself in my own bath tub but I realized that it's a permanent solution to temporary shit.

Maybe emigrate from Egypt? Move somewhere, or just visit, study, or maybe start a company? Be independent.

Go to Berlin and fuck girls in clubs.

i wish i could get out of Egypt, my life would be better actually,start fresh

(Sep 16, 2017 04:46 PM)Caliban Wrote: [\[CITE\]](#) Livestream it and do a backflip.

Thank you i might consider this.

SIM-2763166 - September 16, 2017, 4:47 pm

(Sep 16, 2017 04:46 PM)Arkle Wrote: [\[CITE\]](#) i wish i could get out of Egypt, my life would be better actually,start fresh

Do it bro!

If you come to Europe, I can be with you. I'll show you around. It's a nice place.

Arkle - September 16, 2017, 4:48 pm

(Sep 16, 2017 04:47 PM)Alanox Wrote: [\[CITE\]](#) Do it bro!

If you come to Europe, I can be with you. I'll show you around. It's a nice place.

Easy to say it

It's hard to get out from here,paper stuff and legal shit

Magicmann - September 16, 2017, 4:49 pm

Here are some international resources for where you can get ahold of people that are more knowledgeable about depression than myself. I've felt what you're feeling, but it got better for me. I still struggle with anxiety and minor depression, but I'm not going to end it because I know things will improve for me.

<http://www.depression-chat-rooms.org/>

<https://www.depressionsanctuary.org/>

<http://www.depression-understood.org/mainchat/mainchat.htm>

Arkle - September 16, 2017, 4:51 pm

(Sep 16, 2017 04:49 PM)Magicmann Wrote: [\[CITE\]](#) Here are some international resources for where you can get ahold of people that are more knowledgeable about depression than myself. I've felt

what you're feeling, but it got better for me. I still struggle with anxiety and minor depression, but I'm not going to end it because I know things will improve for me.

<http://www.depression-chat-rooms.org/>

<https://www.depressionsanctuary.org/>

<http://www.depression-understood.org/mainchat/mainchat.htm>

is it really normal that i get nervous from people i've knew for more than 8 years?

SIM-2763166 - September 16, 2017, 4:51 pm

(Sep 16, 2017 04:48 PM)Arkle Wrote: [\[CITE\]](#) Easy to say it

It's hard to get out from here,paper stuff and legal shit

If you try hard enough, it won't be difficult.

Try with a visit first.

Magicmann - September 16, 2017, 4:52 pm

(Sep 16, 2017 04:51 PM)Arkle Wrote: [\[CITE\]](#) is it really normal that i get nervous from people i've knew for more than 8 years?

There isn't a moment of my life I don't feel at least a little nervous. Some days I can't wake up without a wave of anxiety washing over me. I've got insomnia, and suffer from chronic nightmares as well, so even in my rest I'm constantly being tormented by shitty things. Having a lapse in mental health is completely normal, and a part of being human.

Crypt - September 16, 2017, 4:52 pm

Everyone hits rock bottom at least once in their life, but the good news is the only direction you can go is up.

These are all temporary problems brotha.

Arkle - September 16, 2017, 4:54 pm

(Sep 16, 2017 04:52 PM)Elude Wrote: [\[CITE\]](#) Everyone hits rock bottom at least once in their life, but the good news is the only direction you can go is up.

These are all temporary problems brotha.

i've been in this situation for months..

Magicmann - September 16, 2017, 4:56 pm

(Sep 16, 2017 04:54 PM)Arkle Wrote: [\[CITE\]](#) i've been in this situation for months..

And months are temporary. I've been fighting depression for three or so years now, and I made a suicide attempt about two years ago. I know it sounds corny, but it isn't worth it.

You aren't depressed. Depression is not you. You are feeling depressed, and feelings happen.

Bloodmgx - September 16, 2017, 5:00 pm

(Sep 16, 2017 04:51 PM)Arkle Wrote: [\[CITE\]](#) is it really normal that i get nervous from people i've knew for more than 8 years?

I have a small circle of 5 in my group of friends.

These homies have been with me through a LOT over the years. I trust these boys with anything, my life included.

I still get nervous/shut off talking to them. Sometimes it can be extremely hard for me to hold conversation though, like I get all anxious and shut down as if I barely know my own best mates.

It happens to a lot of people mate, you're not alone.

ps. also ignore the comments saying "haha do it bro do a backflip" and shit. Memeing is fun and all but there's actually a separate board for those morons. :)

SIM-1589588 - September 17, 2017, 3:45 am

(Sep 16, 2017 04:09 PM)Arkle Wrote: [\[CITE\]](#) I really have suicidal thoughts all the time.

my life is literally the worst case scenario

1# Family is officially broke

2# I just broke up a 6 years relationship

3# I have no friends

4# Nobody actually care about me

I am not an attention whore or something but i really need some help

Egypt don't serve suicide lines service or these shit

Look Sameh I know you are young and your first breakup can break you completely from inside but you need to think about your family and you need to understand that it's just a bad phase which will go away, you just need to stay strong and live your life. Believe me I've been thru lots of shits in my life but I stayed strong. If you wanna talk, feel free to contact me anytime. I've seen your FB

<https://www.facebook.com/cheeremupegy/> and you seems to be a good boy.

Dr.Hurlu - September 25, 2017, 2:00 pm

Your best bet is to ride the pain out and in the mean time try to change your life for the better... things could get so good at some point that you'll laugh away at your past problems and be glad that you didn't commit suicide and you did something to change your situation.

As long as you have your health anything is possible and don't forget ... the people in your life come and go, as sad as that is you must accept it, nothing lasts.

Sickness - September 25, 2017, 2:06 pm

Dont do that mate. If you want to talk and have some questions you always have the door of my inbox open. All that shit goes out with the time!!! Be strong.

Hustla - September 25, 2017, 2:09 pm

Call 1-800-273-8255

Available 24 hours everyday.

National Suicide line.

Cammy - September 25, 2017, 2:12 pm

Troll or not, this thread combined with the fact you own this website <http://cheeregypt.us/> is hilarious