

Forum:[Hack Forums](#)

Thread: [Me and my little brother found my dad.](#)

Jrsu - November 21, 2017, 7:50 am

I don't really know how to start this but here goes, on the 5th of May this year after not hearing off my father that day and he didn't respond to any calls or texts, me (24) and my brother (19) went to check on him around 7pm, when we arrived we found my dad had passed away (56). I tried everything in my power to resuscitate him but I knew it was too late but continued until the paramedics arrived.

when the paramedics arrived minutes after, they made no attempt of resuscitation and made contact with the police. It took from 7pm to 1:40am for my dad to be taken by private ambulance to the coroners office. Which was so difficult as the layout of my dads home meant we could see him the entire duration, which was really distressing.

My dad was with the coroners for 3 weeks before they finally released him to the funeral home so we could visit him in the chapel of rest. When we went to visit him I was apprehensive as I've always opted not to visit family in the chapel of rest (I've never been sure why) but this time I knew I needed to. When we arrived we were warned due to how long it has been we had to expect some changes. When we entered it didn't look like my dad, there was similarities but he looked so different, it really shocked me. I fell to the floor in tears.

Me, my brother and my sister arranged his funeral and it was beautiful. It really was so fitting for a wonderful man.

We still have no answers as to why my dad is no longer with us and its really difficult at the moment. I've taken a 6 month interruption of university, I was 12 weeks away from qualifying as a nurse but I have lost absolutely all confidence in that career, as the first time I've had to put my CPR skills was on my dad and I failed. The paramedics said there was nothing that could have worked as they believed he passed away during the previous night. But I still feel so guilty.

I've barely been able to sleep, I keep getting flashbacks of the event and when I do get some sleep it's usually nightmares. I've trying to hold it together around everyone else as I've been there to support them but when I find night creeping in, and everyone is asleep I fall apart.

The only thing bringing some light at the moment is my son. I feel like a passenger in my own life right now, I have no goals, no productivity and no answers. I just feel so so alone.

Sorry for the long post.

Lor?d - November 21, 2017, 7:57 am

May your father rest in peace, assuming this isn't a troll thread

I couldn't possibly imagine what you and your brother have gone through and are still going through.

Jrsu - November 21, 2017, 8:01 am

(Nov 21, 2017 08:57 AM)That One Random Wrote: [\[CITE\]](#) May your father rest in peace, assuming this isn't a troll thread

I couldn't possibly imagine what you and your brother have gone through and are still going through.

meh i dont really care tbh i dont have feelings because this world is cruel.

That1Dude - November 21, 2017, 11:39 am

(Nov 21, 2017 09:01 AM)Jrsu Wrote: [\[CITE\]](#) meh i dont really care tbh i dont have feelings because this world is cruel.

You are one disrespectful autistic your dad would turn in his grave if he could read this.

Better you than him

Jrsu - November 22, 2017, 4:45 am

(Nov 21, 2017 12:39 PM)That1Dude Wrote: [CITE](#) You are one disrespectful autistic your dad would turn in his grave if he could read this.

Better you than him

Fuck off speaking about something you know nothing about moron. I mourned. I'm over it.

Fresh Khalifa

Sorry for your loss OP, you might be developing a form of PTSD. One of my friends had his dad pass away in a car crash and he developed PTSD shortly after. I recommend getting some marijuana if you can and try to distract yourself by playing video games etc.

thanks man

spradebassen - November 22, 2017, 6:28 am

(Nov 21, 2017 01:14 PM)Fresh Khalifa Wrote: [CITE](#) Sorry for your loss OP, you might be developing a form of PTSD. One of my friends had his dad pass away in a car crash and he developed PTSD shortly after. I recommend getting some marijuana if you can and try to distract yourself by playing video games etc.

Starting to smoke marijuana just to escape from the reality is a terrible idea and a shitty advice.

Temp_reassign - November 22, 2017, 6:41 am

Sad man. Must be hell of time. Be strong..especially for your lil' bro. Once you can, get back in school.

PrincessLuna - November 22, 2017, 7:08 am

my condolences

i can relate and yes it is very hard, but it DOES get better

SIM-3446573 - November 22, 2017, 5:57 pm

my condolences

I have had a similar situation and i can tell you that eventually evrything will be better and that drugs probably isent the answer especially not seeing that you have a son

Mom - November 22, 2017, 6:10 pm

My condolences go to your and your family for your lose. I am sorry that this has happened to you.