

# Forum:[Hack Forums](#)

## Thread: [Confidence Boosting: Tips and Tricks](#)

?BowmanBot? - December 21, 2017, 9:17 pm

So I've been seeing a couple of users selling e-books on this topic so I decided to give me two cents for free.

There will be two topics that I will be talking about. Number 1 is confidence with girls and number 2 is confidence going into a job interview. This post will be a little long so thank you for reading.

### Topic One: Confidence with girls/women.

Step 1: Ruling yourself out. Ask yourself, do you have the confidence to talk to a cute or sexy girl that's in your school, work or even when you are out in places like the movies or getting coffee. If you say yes that's perfect and if you say no all the more reason to keep reading.

Step 2: You are great! If you are unable to even say a word to a girl look at yourself in the mirror. Talk to yourself, may sound stupid but I promise it works. What do you say to yourself? Well this all depends on what your goals are. If you aren't confident with the way you look just tell yourself there are way uglier people than me who get chicks. Practice like you are talking to that cute girl, when you see yourself actually talking it builds confidence as it will decrease the anxiety of "Am I doing this wrong", "Am I making a stupid face" "Am I smiling enough" "Am I smiling too much". These are stupid things to think about and will just contribute to messing up the conversation.

Step 3: Starting the conversation. This is usually the hardest part. But honestly just say hi! One of the main reasons you don't talk to chicks is because you are waiting for them to show an interest or you think they don't want to talk to you. This is a reasonable but untrue thought and you won't get social with anyone if you don't even say hi. Most people think this is the hardest thing ever, you aren't alone but practice makes perfect. If you find yourself unable to think of what to say just start with small stuff such as "have a good day" or "beautiful weather out" or if you are from Canada like me, say something like "there's so much snow." Even if you don't have anything else to say starting with this you will soon find it easier to talk to people and even hot ass sexy chicks!

Step 4: Don't put yourself down Be positive! Never be down about yourself, it is one of the worst things you can do. If you constantly think you're not good enough, not attractive looking, not deserving then it will just create more anxiety that will build the wall taller that you need to get over. You need to create confidence not deplete it.

Step 5: Go get em! Get yourself out there, if you are lonely sitting on your computer on HackForums or whatever website you visit turn off the computer and go for a coffee or just a walk. Meet new people and talking to strangers builds up confidence no matter what way you look at it. It will also give you more experience and that is the best thing to do. Practice makes perfect.

### Topic Two: Confidence in the interview.

Step 1: You will own this job! One of the worst mistakes you can make going into an interview is thinking you're not good enough to get the job. The interviewer is looking for confident people who think they deserve the job. If he/she gets two people with the same degree, same work experience, same age, which person will he/she want on the workforce? The person who is quite, timid and full of anxiety or the person full of confidence, who believes they can change the company, create more profit and will speak their opinions and ideas.

Step 2: Make sure you are going for a job that you are interested in. For gathering job experience this isn't necessary but it is if you are trying to create a career. Getting a job you'll enjoy is the difference of excitement when waking up to go to work and dragging your ass through a 9-5 shift. Do what you love and the money will come.

Step 3: Create warm contacts. A warm contact is a person who directly refers the interview about you. A great way to do this is to go to a competing company or at least one in the same industry of

the one you're interested in ask request some time to talk to a executive about what they are looking for in an employee. You'll be surprised at how open managers/interviewers are when you aren't actually looking to get a job with them. The point of this is to ask the person at the end if they can refer you to anyone else who would be willing to talk to you. When you go to this new person you can state "I was talking to Steve Smith about the industry and he referred me to you". This creates a warm contact as the person will know who referred you to them rather than a friend of a friend or just a random stranger.

Step 4: Where you want to be in 5 or 10 years. This is the most important question the interviewer asks in the interview because it reveals the interviewee's ambitions and goals. Having an ambitious personality will take you far in life. If you are going to be going to school then state so but also state what you will do with you degree. If you are going for a career then state you want to be higher up in the chain and improving the company's revenue. If it for a part time job then state I will be in a full time job in 2\* years. Make sure the interviewer knows you have goals.

Step 5: Don't take no as an answer. This isn't about snapping back at the company when they don't give you a call back. It is about never giving up, always pursue a new job even if you have one already. Unless you are contacted you can always get a better job. Never take failures as a sign you should give up. Maybe you just didn't fit in in that company's workforce.

I wish you the best in your endeavours. Hope this helps!

**Andorod77** - December 21, 2017, 11:06 pm

Really good advice mate, better than a lot of stuff that you can find on these paid ebooks

**?BowmanBot?** - December 22, 2017, 1:51 pm

If you have any questions or concerns don't be afraid to PM me. I will always try to help users out as much as possible.

**Lund** - December 22, 2017, 2:27 pm

That was a good read man, can be implemented.

**?BowmanBot?** - December 22, 2017, 2:30 pm

(Dec 22, 2017 03:27 PM)Lund Wrote: [\[CITE\]](#) That was a good read man, can be implemented.

Thanks alot, I wish you the best of luck!

**insideavat** - December 22, 2017, 3:55 pm

No one on the planet knows better than you what you should be doing right now.

**?BowmanBot?** - December 22, 2017, 3:58 pm

(Dec 22, 2017 04:55 PM)insideavat Wrote: [\[CITE\]](#) No one on the planet knows better than you what you should be doing right now.

Haha thank you, I'm just stating what my experience has been. I am glad it can be of use to you.

**Sonata** - December 22, 2017, 4:52 pm

u shoud sell tis as an ebook and make 9000000\$ a day

**Bluebit\_** - December 22, 2017, 4:56 pm

Wasn't expecting this to be useful, turns out I was wrong thanks ?

**?BowmanBot?** - December 22, 2017, 5:10 pm

(Dec 22, 2017 05:52 PM)Sonata Wrote: [\[CITE\]](#) u shoud sell tis as an ebook and make 9000000\$ a day

Would be quite the ebook. ? But no, I won't take advantage of a person's emotional state like that.

Quote:Bluebit\_

Wasn't expecting this to be useful, turns out I was wrong thanks ?

Thank you! ? Hope this helps you.

**Fr0ze** - December 22, 2017, 6:33 pm

geez, people are really selling stuff like this?? Talk about exploiting peoples low self-esteem for prophet

**?BowmanBot?** - December 22, 2017, 6:59 pm

(Dec 22, 2017 07:33 PM)Fr0ze Wrote: [\[CITE\]](#) geez, people are really selling stuff like this?? Talk about exploiting peoples low self-esteem for prophet

Exactly what I thought, hope you can get something out of this.

**AlphaTurtle** - January 26, 2018, 2:15 pm

Rule number one: be attractive

Rule number two: don't be unattractive

Jokes aside it's a nice thread man!

**?BowmanBot?** - January 26, 2018, 3:42 pm

(Jan 26, 2018 03:15 PM)AlphaTurtle Wrote: [\[CITE\]](#) Rule number one: be attractive

Rule number two: don't be unattractive

Jokes aside it's a nice thread man!

Thank you, sir. The only reason why I made this is that some users are charging other users for an ebook that states this in less detail.

**Cagey** - January 26, 2018, 5:01 pm

I used to have a hard time confronting girls it takes time or a beer or two

**?BowmanBot?** - January 26, 2018, 5:17 pm

(Jan 26, 2018 06:01 PM)Cagey Wrote: [\[CITE\]](#) I used to have a hard time confronting girls it takes time or a beer or two

That is definitely another way of going around it. ?

Some users are below the drinking age in their country so it doesn't work for everyone.

**Tree of Life** - January 26, 2018, 6:29 pm

(Jan 26, 2018 06:01 PM)Cagey Wrote: [\[CITE\]](#) I used to have a hard time confronting girls it takes time or a beer or two

A beer or two gives you the confidence to approach girls? Huh?

**Mr.Peanut** - January 26, 2018, 6:31 pm

Good tips OP. I also (highly) recommend considering self-improvement as a factor to improve confidence. (how you present yourself, your physical state, financial state, etc are all contributing factors towards confidence but isn't necessarily needed to be confident.)

**Cagey** - January 26, 2018, 6:33 pm

(Jan 26, 2018 07:29 PM)Tree of Life Wrote: [\[CITE\]](#) A beer or two gives you the confidence to approach girls? Huh?

Nicknamed liquid courage mate

**?BowmanBot?** - January 26, 2018, 6:38 pm

(Jan 26, 2018 07:31 PM)Mr.Peanut Wrote: [\[CITE\]](#) Good tips OP. I also (highly) recommend considering self-improvement as a factor to improve confidence. (how you present yourself, your physical state, financial state, etc are all contributing factors towards confidence but isn't necessarily needed to be confident.)

It is possible to feel comfortable with who you are. Everything you can do to improve yourself is just gravy.

**Armada** - January 26, 2018, 8:16 pm

(Jan 26, 2018 06:01 PM)Cagey Wrote: [\[CITE\]](#) I used to have a hard time confronting girls it takes time or a beer or two

(Jan 26, 2018 07:29 PM)Tree of Life Wrote: [\[CITE\]](#) A beer or two gives you the confidence to approach girls? Huh?

(Jan 26, 2018 07:33 PM)Cagey Wrote: [\[CITE\]](#) Nicknamed liquid courage mate lol, I used to be like that.

Shit, I remember back in High school, I went to ask a chick out on a date, but was caught off guard early and kind of by surprise by her.

I went to talk, and I had no damn dialog come out of me. Literally my voice cracked and I looked like a total idiot. In front of her and her friends. loool

Somewhere around 17-19 my "Give a fuck" button broke, and I just stopped caring.

You wanna be confident?, stop worrying about what others think of you or opinions of you. Do not sweat the small shit, and its all small shit.

@OP, well written thread man. ?

**?BowmanBot?** - January 26, 2018, 8:21 pm

(Jan 26, 2018 09:16 PM)Armada Wrote: [\[CITE\]](#) lol, I used to be like that.

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@OP, well written thread man. ?

Thanks Armada!

I remember when that button was still active for me. Still, I have anxiety in crowds but in a group or one on one, I have no problem. ?

**Cagey** - January 26, 2018, 8:23 pm

(Jan 26, 2018 09:16 PM)Armada Wrote: [\[CITE\]](#) lol, I used to be like that.

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You wanna be confident?, stop worrying about what others think of you or opinions of you. Do not sweat the small shit, and its all small shit.

@OP, well written thread man. ?

I wasn't saying thats how I am now but I was like that before the military ?

**Armada** - January 26, 2018, 8:25 pm

(Jan 26, 2018 09:21 PM)?BowmanBot? Wrote: [\[CITE\]](#) Thanks Armada!

I remember when that button was still active for me. Still, I have anxiety in crowds but in a group or one on one, I have no problem. ?

Protip:

Quick confidence building 101: Join the Army.

- Basic training will force you to be a leader and make confident decisions.

Plus you get to shoot shit and blow stuff up. loooool

(Jan 26, 2018 09:23 PM)Cagey Wrote: [\[CITE\]](#) I wasn't saying thats how I am now but I was like that before the military ?

loooooool ?

**mawrek** - January 27, 2018, 6:24 pm

Thanks for taking the time to write this thread man, simple and straightforward. Not easy to do, but at least it's the truth. if i was an upgraded member i'd rep you

**SIM-2869198** - January 27, 2018, 8:51 pm

This is a really good thread, really useful. Thanks for this!

**RottenTomatoes** - January 28, 2018, 10:13 am

thanks now my dad squeezes my butt too instead of just my little bro's : )

?BowmanBot? - January 28, 2018, 12:20 pm

(Jan 27, 2018 09:51 PM)Flyt Wrote: [\[CITE\]](#) This is a really good thread, really useful. Thanks for this! I am glad it could be of help.

**That1Dude** - January 28, 2018, 2:29 pm

Let me throw this One in here If you smile females think your 2 times as approachable

?BowmanBot? - January 28, 2018, 2:46 pm

(Jan 28, 2018 03:29 PM)That1Dude Wrote: [\[CITE\]](#) Let me throw this One in here If you smile females think your 2 times as approachable

Having a positive attitude in general is a great piece of advice. Thank you for your contribution.

**Hustla** - January 28, 2018, 3:33 pm

Good guide. I know there's many young people here who probably still struggle with problems like these.