

Forum: [Hack Forums](#)

Thread: [Personal Support Thread | Samaritans](#)

?BowmanBot? - January 23, 2018, 9:58 am

Life is hard, we understand that.

We have dealt with tricky and messed up situations too. Let us help you. From our hands to yours, we will help you to the best of our abilities.

We ask you not to troll on this thread or any of the members that have donated their time to help users with their problems.

We are not professionals but we want to do as much as when can. We will be your listening ear and can provide a different take on the situation.

Here is a list of toll-free help lines if you ever feel like you need more help then what we can provide.

United States
1-800-273-8255

Canada
1-833-456-4566

Australia
13-11-14
1-800-55-1800

Germany
0-800-111-0-111
(Protestant) 0-800-111-0-222
(Catholic) 0-800-111-0-333 (for children and youth)

France
Fil santé jeunes : 0800 235 236 : anonymous and toll-free number for young people
Suicide écoute : 01 45 39 40 00 (24-hour) : suicide prevention helpline (volunteers)
SOS Suicide Phénix: 01 40 44 46 45 (schedule) : suicide prevention through listening and hospitality (volunteers)
Sos amitié : distress listening on multimedia platform : phone, email, chat (volunteers)
La Croix Rouge Ecoute : 0 800 858 858 : psychological support online, anonymous and free (volunteers)

United Kingdom
116 123

If you are having an emergency please dial 911 or your local emergency services number.

Here are several issues we can help you with along with a list of users that can help in those areas.

Family Issues:

Spoiler ([Click to View](#)) Are you experiencing problems with your family?

Whether it be parents, siblings, uncle, aunt, cousins or grandparents.

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[Cara Delevingne](#)

[RedCupcake](#)

[Snowwy](#)

Friend Problems:

Spoiler ([Click to View](#)) Experiencing problems with any of your friends?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[Spaark](#)

[Snowwy](#)

[RedCupcake](#)

Drug Awareness & Addiction:

Spoiler ([Click to View](#)) Do you have any problems with drug addiction or questions about a certain drug?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[Spaark](#)

Philosophy Questions:

Spoiler ([Click to View](#)) Are you questioning your sense of reality or self?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

Ambitions and Goals:

Spoiler ([Click to View](#)) Do you have problems with setting reasonable goals and achieving them?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

Bullying:

Spoiler ([Click to View](#)) Do you have a bully that is causing you trouble?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[RedCupcake](#)

[Snowwy](#)

Financial Problems:

Spoiler ([Click to View](#)) Are you having problems with spending and saving your money?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[xMannyG](#)

[Raz Riverblade](#)

Schooling Issues:

Spoiler ([Click to View](#)) Not sure how to take on an assignment?

Don't know what college you want to attend?

Don't know what program you want to take?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[Cara Delevingne](#)

[Spaark](#)

Social Anxiety:

Spoiler ([Click to View](#)) Do you have problems in crowds?

Do you have a hard time talking to or in front of people?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[Cara Delevingne](#)

[Raz Riverblade](#)

Relationships Advice:

Spoiler ([Click to View](#)) Don't know what to get your girlfriend or boyfriend as a present?

Are you having arguments with your significant other?

Don't know how to break up with your girlfriend or boyfriend?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[Cara Delevingne](#)

[RedCupcake](#)

[Raz Riverblade](#)

Domestic Abuse:

Spoiler ([Click to View](#)) Is your significant other abusing you mentally or physically?

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[RedCupcake](#)

[Snowwy](#)

[Cara Delevingne](#)

Sexuality:

Spoiler ([Click to View](#)) Are you questioning your sexuality? We have been there.

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[Cara Delevingne](#)

Self Harm:

Spoiler ([Click to View](#)) Are you thinking about hurting yourself because of depression?

Have you been hurting yourself for any reason at all?

We have been there and we are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[Cara Delevingne](#)

Depression:

Spoiler ([Click to View](#)) Are you suffering with from depression?

We know what is it like.

We are here to talk!

[Haseo™](#)

[?BowmanBot?](#)

[Cara Delevingne](#)

Feel free to post on this thread or privately message a user by clicking their name. All private messages are confidential and will stay confidential.

If your issue is not listed you can still post or PM me to see if we can help you.

If you would like to a part of this project, send me a PM.

Ghost.13 - January 23, 2018, 10:03 am

Glad to see this released.

Everybody has problems, and if you feel like you need to share the burden or you need some advice, we are all more than happy to help you out in the best way we can.

nicksaban1 - January 23, 2018, 10:03 am

Holy shite man! Looking very good! This is a great addition to HF!

?BowmanBot? - January 23, 2018, 10:07 am

(Jan 23, 2018 11:03 AM)zer0 c00l Wrote: [\[CITE\]](#) Holy shite man! Looking very good! This is a great addition to HF!

Thank you very much. Everyone has their fair share of problems, the least I can do is offer some advice.

JELLY?IsH - January 23, 2018, 10:10 am

Great thread man and I hope this will help someone in need.

SIM-3471851 - January 23, 2018, 10:13 am

Very nice thread! I like it, I'm willing to help anybody!

Atom™ - January 23, 2018, 10:17 am

Glad to see you starting to shift the gears :)

Wishing y'all all the best :)

?

AsapKeel - January 23, 2018, 10:23 am

This is great, I like this a lot. Great work on this Bowman.

?BowmanBot? - January 23, 2018, 10:24 am

(Jan 23, 2018 11:17 AM)Atom™ Wrote: [\[CITE\]](#) Glad to see you starting to shift the gears :)

Wishing y'all all the best :)

?

I think this is the perfect way to get the ball rolling. Thank you man, all the same to you!

SIM-1073426 - January 23, 2018, 10:24 am

Looks great, lovely contribution to the forum! I'm sure some members refrain from taking the contact because of they'll share personal details, maybe even weaknesses with people they don't know. Does the members in the group have any rules of conduct when helping people on the forum? Could be problems like acting unprofessionally, sharing the user's personal details with others etc

Almonds - January 23, 2018, 10:24 am

Happy to see this posted, nice work Bowman!

Glad to be apart of this- if anyone ever needs advice or wishes to rant, feel free to spam my [Inbox](#). Somebody has been in your shoes!

?BowmanBot? - January 23, 2018, 10:27 am

(Jan 23, 2018 11:24 AM)Aces. Wrote: [\[CITE\]](#) Looks great, lovely contribution to the forum! I'm sure some members refrain from taking the contact because of they'll share personal details, maybe even weaknesses with people they don't know. Does the members in the group have any rules of conduct when helping people on the forum? Could be problems like acting unprofessionally, sharing the user's personal details with others etc

All members are fully aware that everything talked about with a certain user in PM is confidential. There will be consequences if anyone does so but I don't see that happening with any of the members on my team.

Purple Kief - January 23, 2018, 10:47 am

Looking forward to assisting users.

SIM-1073426 - January 23, 2018, 11:11 am

(Jan 23, 2018 11:27 AM)?BowmanBot? Wrote: [\[CITE\]](#) All members are fully aware that everything talked about with a certain user in PM is confidential. There will be consequences if anyone does so but I don't see that happening with any of the members on my team.

Lovely, could you update the thread with this information? It was my thought when I saw the thread and I'm sure it can happen to others too. Beside that I hope that your group will help many people :)

?BowmanBot? - January 23, 2018, 11:17 am

(Jan 23, 2018 12:11 PM)Aces. Wrote: [\[CITE\]](#) Lovely, could you update the thread with this information? It was my thought when I saw the thread and I'm sure it can happen to others too. Beside that I hope that your group will help many people :)

I had it in originally but I hit the 18k character limit. However, it is in now. Thank you for your input!

lust - January 23, 2018, 11:46 am

Was not expecting to ever see something like this here on HF. Also glad to see the dark side of HF hasn't turned up and ruined it for the rest of us. I'm sure they low-key want to see this succeed as well.

A + - January 23, 2018, 11:52 am

(Jan 23, 2018 11:27 AM)?BowmanBot? Wrote: [\[CITE\]](#) All members are fully aware that everything talked about with a certain user in PM is confidential. There will be consequences if anyone does so but I don't see that happening with any of the members on my team.

I agree. That's definitely not us. We're more along the lines of a family.

Also, I just wanted to add that I have been through some pretty serious circumstances in my life that a lot of people probably never have had to go through. I'm pretty much an expert at it. If anyone wants to unload, or just shoot the breeze, feel free to PM me.

DOG - January 23, 2018, 11:54 am

Nice thread!! But the thread is in the wrong section. (I think so)

?BowmanBot? - January 23, 2018, 11:56 am

(Jan 23, 2018 12:54 PM)SuperPom Wrote: [\[CITE\]](#) Nice thread!! But the thread is in the wrong section. (I think so)

It belongs somewhere in the Personal Life subforums. However, I cannot post graphics in Innuendo and it doesn't fit in any of the other subs.

ZeroOne - January 23, 2018, 11:58 am

I would like to thank Bowman and everyone else that is taking part in this. I genuinely think it's a good idea and I'm currently talking to Bowman about a few things to get a second opinion on them and he's been very nice and helpful.

?BowmanBot? - January 23, 2018, 12:08 pm

(Jan 23, 2018 12:58 PM)FiveOHNine Wrote: [\[CITE\]](#) I would like to thank Bowman and everyone else that is taking part in this. I genuinely think it's a good idea and I'm currently talking to Bowman about a few things to get a second opinion on them and he's been very nice and helpful.

I am glad we can be of service. ? ?

spradebassen - January 23, 2018, 12:28 pm

hopefully this will redcut the amount of suicide threads

?BowmanBot? - January 23, 2018, 12:36 pm

(Jan 23, 2018 01:28 PM)dickbreath Wrote: [\[CITE\]](#) hopefully this will redcut the amount of suicide threads

I certainly hope so. Whether they are suicidal or not we will still help.

JOW - January 23, 2018, 1:53 pm

?BowmanBot? Thanks for putting this together, for those that do not want to reach out in public you can always just send a PM to contact any of us, just leave a comment here to keep this thread alive. Thank you all! Cheers!

SIM-2696289 - January 23, 2018, 3:11 pm

I would like to thank BowmanBot for helping me in a personal matter. Got help so quickly and felt better after a long conversation. I would never hesitate to talk again :)

Manks - January 23, 2018, 3:24 pm

We are all always available and ready to message you back with any insight to any questions you may have. The sections specify names but we are always ready to help if you think we are the best person to message.

?BowmanBot? - January 24, 2018, 8:27 am

We are always here to help someone out. Don't hesitate to private message us.

The Slotfather - January 24, 2018, 9:18 am

This guy is great, he gave me advices on stuffs I wasn't taking on mind. He is great guy !

?BowmanBot? - January 25, 2018, 9:06 am

(Jan 24, 2018 10:18 AM)Cryptoterian Wrote: [\[CITE\]](#) This guy is great, he gave me advices on stuffs I wasn't taking on mind. He is great guy !

I am glad I could help. Message me anytime. ?

prada ? - January 25, 2018, 11:18 am

how can you give advice and be helpful to every given subject? Theres no way you've been through all of these things

edit; assuming you aren't just throwing out the cliché 'itll get better' phrase

?BowmanBot? - January 25, 2018, 1:34 pm

(Jan 25, 2018 12:18 PM)Prada. Wrote: [\[CITE\]](#) how can you give advice and be helpful to every given subject? Theres no way you've been through all of these things

edit; assuming you aren't just throwing out the cliché 'itll get better' phrase

I have been through the majority of these issues. There is only one that I haven't gone through myself. However, I was indirectly involved in the situation. I have been helping people with a wide range of issues for over 6 years now, some of which aren't listed here. I would ask that you not critique my past without adding any viable progress towards the given issues.

No, I am not just telling them "It will get better". I dive deep into why the situation is happening, how they feel about it, how they can improve the situation in eventually how to get out or eliminate the issue altogether.

Alex - January 25, 2018, 1:42 pm

Very nice of you guys offering help to HF users.

I remember the group 143 helping me when I had a hard time back in the days, and I'm sure this group will do even better with supporting HF members.

?BowmanBot? - January 25, 2018, 1:43 pm

(Jan 25, 2018 02:42 PM)Lexsern Wrote: [\[CITE\]](#) Very nice of you guys offering help to HF users.

I remember the group 143 helping me when I had a hard time back in the days, and I'm sure this group will do even better with supporting HF members.

It would be an honor to reach 143 status. Thank you for the words of admiration!

A + - January 25, 2018, 6:05 pm

(Jan 25, 2018 12:18 PM)Prada. Wrote: [\[CITE\]](#) how can you give advice and be helpful to every given subject? Theres no way you've been through all of these things

edit; assuming you aren't just throwing out the cliché 'itll get better' phrase

Me personally, I was highly addicted to IV drugs when I was a kid, but I have been clean for 10 years as of November, and I know how to do it. I've lost best friends (multiple), family etc. I've pretty much ran the entire gauntlet in life, and I would be more than willing to meet some new people, and just chill and talk to them. We definitely knew what we were signing up for when we signed up though.

(Jan 25, 2018 02:42 PM)Lexsern Wrote: [\[CITE\]](#) Very nice of you guys offering help to HF users. I remember the group 143 helping me when I had a hard time back in the days, and I'm sure this group will do even better with supporting HF members.

(Jan 25, 2018 02:43 PM)?BowmanBot? Wrote: [\[CITE\]](#) It would be an honor to reach 143 status. Thank you for the words of admiration!

Huge shout out to Cody and Daisy <3. 143 was a great group of folks.

Gat-o - January 25, 2018, 6:06 pm

Props to you guys. Great thread. <3

Gorbachev - January 25, 2018, 6:09 pm

I hope people use this. I personally have dealt with suicide attempts and depression and still am. And I just want to say that I may take advantage of this and hope some others do as well. Thank you.

?BowmanBot? - January 25, 2018, 6:12 pm

(Jan 25, 2018 07:09 PM)Gorbachev Wrote: [\[CITE\]](#) I hope people use this. I personally have dealt with suicide attempts and depression and still am. And I just want to say that I may take advantage of this and hope some others do as well. Thank you.

Thank you for your kind words, and I am glad you made it past those attempts. Feel free to message me or anyone listed in the thread anytime. ?

B?ker - January 25, 2018, 6:12 pm

(Jan 25, 2018 07:09 PM)Gorbachev Wrote: [\[CITE\]](#) I hope people use this. I personally have dealt with suicide attempts and depression and still am. And I just want to say that I may take advantage of this and hope some others do as well. Thank you.

We got you homie, My gf struggles with it don't quit and hit us up if you need us.

Mr. Robot - January 25, 2018, 6:22 pm

Can I ask how it is you approved each user to be able to represent the group on each topic, Not naming names but a few of them aren't even 16.

Gorbachev - January 25, 2018, 6:24 pm

(Jan 25, 2018 07:22 PM)Mr. Robot Wrote: [\[CITE\]](#) Can I ask how it is you approved each user to be able to represent the group on each topic, Not naming names but a few of them aren't even 16.

That is one thing I would like to comment on. Like I said I have had suicide attempts and depression for a while now, and personally I don't feel responsible enough to talk about the issues with someone as much as a therapist. I have no problem with them just messaging people I just want to make sure nothing bad happens and to make sure it's at least mature responders.

Mr. Robot - January 25, 2018, 6:26 pm

Another question - regarding the content of your members posts.

Are we expecting all participants listed to be active in impacting the amount of harassment and abuse on the forum? Will we seem them around sticking up for others and not being afraid to put their negs where their mouth is.

?BowmanBot? - January 25, 2018, 6:37 pm

(Jan 25, 2018 07:22 PM)Mr. Robot Wrote: [\[CITE\]](#) Can I ask how it is you approved each user to be able to represent the group on each topic, Not naming names but a few of them aren't even 16.

Thank you for the concern, but I am competent in all members of my team. They are aware of the seriousness of each of the subjects. If anyone feels uncomfortable dealing with a user they know to either send him/her over to or to ask me advice.

(Jan 25, 2018 07:24 PM)Gorbachev Wrote: [\[CITE\]](#) That is one thing I would like to comment on. Like I said I have had suicide attempts and depression for a while now, and personally I don't feel responsible enough to talk about the issues with someone as much as a therapist. I have no problem with them just messaging people I just want to make sure nothing bad happens and to make sure it's at least mature responders.

As stated above, I am competent in my team and they know what to do if they don't feel comfortable with the situation. However, sometimes all a person needs is someone to talk to. We are not therapists and never claimed to be. We are just here to try and aid users of our community.

Mr. Robot - January 25, 2018, 6:41 pm

(Jan 25, 2018 07:37 PM)?BowmanBot? Wrote: [\[CITE\]](#) Thank you for the concern, but I am competent in all members of my team. They are aware of the seriousness of each of the subjects. If anyone feels uncomfortable dealing with a user they know to either send him/her over to or to ask me advice.

As stated above, I am competent in my team and they know what to do if they don't feel comfortable with the situation. However, sometimes all a person needs is someone to talk to. We are not therapists and never claimed to be. We are just here to try and aid users of our community. Do you mean 'confident'.

Gorbachev - January 25, 2018, 6:43 pm

I'll trust that he gave the right respect and confidence in his members. I believe and want to believe that his team will do well. So best of luck and you may see me around.

Manks - January 25, 2018, 6:43 pm

(Jan 25, 2018 07:41 PM)Mr. Robot Wrote: [\[CITE\]](#) Do you mean 'confident'.
Either one works buddy

?BowmanBot? - January 25, 2018, 6:44 pm

(Jan 25, 2018 07:26 PM)Mr. Robot Wrote: [\[CITE\]](#) Another question - regarding the content of your members posts.

Are we expecting all participants listed to be active in impacting the amount of harassment and abuse on the forum? Will we seem them around sticking up for others and not being afraid to put their negs where their mouth is.

None of the issues listed are about harassment on the forum. I don't see how this would be an issue, however, each member of our team has their own mind and there own past in each of the issues they are listed on. If they feel like someone is being harassed on the forum I am sure they will stand up for that member. We are just trying to help the community any way we can.

(Jan 25, 2018 07:43 PM)Gorbachev Wrote: [\[CITE\]](#) I'll trust that he gave the right respect and confidence in his members. I believe and want to believe that his team will do well. So best of luck and you may see me around.

Thank you once again. My team, as well as myself, are always here to help.

(Jan 25, 2018 07:41 PM)Mr. Robot Wrote: [\[CITE\]](#) Do you mean 'confident'.

Mr. Robot - January 25, 2018, 6:52 pm

(Jan 25, 2018 07:43 PM)Manks Wrote: [\[CITE\]](#) Either one works buddy

Not sure if anyone on this forum actually speaks English.

(Jan 25, 2018 07:44 PM)?BowmanBot? Wrote: [\[CITE\]](#) No, I meant competent. I will have to ask that you stop posting on the thread unless you have any input that would be beneficial to the project at hand.

I respectfully decline your offer, if you wish to have a thread in a section that would be more suitable - i'd recommend posting in the health section or the 'Personal Life' section.

I'll continue to have an open discussion with myself if I must. I don't honestly feel like exposing (almost) every person in the thread you listed but having none of you with actual experience in the field, i'd rather just let this play out for the 2-3 weeks until it's no longer a thing.

?BowmanBot? - January 25, 2018, 6:58 pm

(Jan 25, 2018 07:52 PM)Mr. Robot Wrote: [\[CITE\]](#) Not sure if anyone on this forum actually speaks English.

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Would you like me to rephrase my point?

I have confidence in my team that they have the ability to tackle the task at hand.

This thread is to allow users to come forward and talk about their problems, why do you have an issue with that? We are trying to make the forum a better place.

Please refrain from posting on this thread as you are not adding anything that is constructive to the subject.

Mr. Robot - January 25, 2018, 7:00 pm

(Jan 25, 2018 07:58 PM)?BowmanBot? Wrote: [\[CITE\]](#) Would you like me to rephrase my point?

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Fair enough, i'll just let it die.

Instead of finding people who have actual experience - you're putting people in a position to give bad advice and hurt people.

Good luck anyway :)

?BowmanBot? - January 25, 2018, 7:06 pm

(Jan 25, 2018 08:00 PM)Mr. Robot Wrote: [\[CITE\]](#) Fair enough, i'll just let it die.

Instead of finding people who have actual experience - you're putting people in a position to give bad advice and hurt people.

Good luck anyway :)

Thank you for your concern but I think we can handle it.

It seems like you might have some anger problems or even trust issues. Feel free to message me anytime you like so we can dive into why you have these issues and how you can work them out.

Always improve yourself, my friend.

AVeryBritishMan - January 25, 2018, 7:55 pm

My dick got frost-bite.

My dick just fell off while I was running, I could feel it dropping down my leg... As I looked behind me I saw, my dick "Lay out on the floor" I then... stopped.. ran backwards, to my dick, lay flat out on the floor.. Looked at it, though "What The

" I then..

Fuck!!?

got pretty angry.. and started to jump on it... I mean, like now it's not even possible to repair it... It's a waste I'm not sure what to do with life now, as it is a serious matter... I just can't believe this happened.

Once I finished my ran.. I headed straight to my "Mothers" house.. and I spoke to her about what I had come across, my "Dick" falling off. She asked if she could look at my balls, I showed her... then she told me I had frost bite... So... seriously... keep your "Dick" warm.. or you will get frost bite.

I'm going to get a Turkey to gobble on my balls to keep them warm for now. " Gobble, Gobble "

Another serious thing here... As I'm Welsh.. I thought I'd say this... If anyone has "Sheep" near by.. and you're feeling horny.. then go fuck a "Sheep" they have a slanted pussy... and no lie, there great fucks...

?BowmanBot? - January 25, 2018, 8:18 pm

(Jan 25, 2018 08:55 PM)AVeryBritishMan Wrote: [\[CITE\]](#) My dick got frost-bite.

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Another serious thing here... As I'm Welsh.. I thought I'd say this... If anyone has "Sheep" near by.. and you're feeling horny.. then go fuck a "Sheep" they have a slanted pussy... and no lie, there great fucks...

Well, I am sorry man, that is a pretty shitty situation. Unfortunately, I am unable to help with this issue. I would advise you to seek help at an emergency service center or health center, maybe even a therapist.

Armada - January 25, 2018, 8:25 pm

(Jan 25, 2018 08:00 PM)Mr. Robot Wrote: [\[CITE\]](#) Fair enough, i'll just let it die.

Instead of finding people who have actual experience - you're putting people in a position to give bad advice and hurt people.

Good luck anyway :)

I have experience in multiple subjects, and already spoken with those involved.

Do not discredit those attempting to help others. We all do so in our own ways, and be honest, this community needs of of this, which is why I signed my own ass up.

I dont care about the group, I care about the community, as I always have, and if that takes me talking to teens with issues, man fuck, its what you gotta do at times. I get messaged already, so its nothing new.

Be the change you want to see bro, not the bitch we all complain about.

Mr. Robot - January 25, 2018, 8:36 pm

(Jan 25, 2018 09:25 PM)Armada Wrote: [\[CITE\]](#) I have experience in multiple subjects, and already spoken with those involved.

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Be the change you want to see bro, not the bitch we all complain about.

I get messages daily on all the subjects in the OP and more - I never try to claim I have the answers and I only give them the resources required for them to get professional advice.

If you aren't going to be the change everywhere, why be the change selectively. My main question was around the users changing their attitudes towards others in their public postings but was ignored.

Armada - January 25, 2018, 8:42 pm

(Jan 25, 2018 09:36 PM)Mr. Robot Wrote: [\[CITE\]](#) I get messages daily on all the subjects in the OP and more - I never try to claim I have the answers and I only give them the resources required for them to get professional advice.

If you aren't going to be the change everywhere, why be the change selectively. My main question was around the users changing their attitudes towards others in their public postings but was

ignored.

I am no pro, that should be obvious in MANY areas.

But I can speak to situations.

I was homeless, 3 fucking times.

I was hopeless, countless times.

I was hooked on dope and drugs, to a degree I went totally FUBAR.

I ruined my life, more than once, but rebuilt, and rebuilt, and once again rebuilt.

If I can do this dumb ass shit anyone can... I aint no rocket engineer, yet.... (working on Structural engineering next, but that is just me. ?)

?BowmanBot? - January 25, 2018, 8:44 pm

(Jan 25, 2018 09:36 PM)Mr. Robot Wrote: [\[CITE\]](#) I get messages daily on all the subjects in the OP and more - I never try to claim I have the answers and I only give them the resources required for them to get professional advice.

If you aren't going to be the change everywhere, why be the change selectively. My main question was around the users changing their attitudes towards others in their public postings but was ignored.

I answered your question. Each member has their own mind and has the choice to do whatever they please off topic. However, it is made extremely clear in my term of agreements with my team that everything has to stay confidential. No one on my team would use the information as blackmail or use it to negatively affect the person they are trying to help.

Mr. Robot - January 25, 2018, 8:48 pm

(Jan 25, 2018 09:44 PM)?BowmanBot? Wrote: [\[CITE\]](#) I answered your question. Each member has their own mind and has the choice to do whatever they please off topic. However, it is made extremely clear in my term of agreements with my team that everything has to stay confidential. No one on my team would use the information as blackmail or use it to negatively affect the person they are trying to help.

See I don't think that's entirely fit.

You can't have a person running around saying fuck you autistic prick - suck a dick, kill yourself - or any other derogatory terms if they are over here 'helping people'.

?BowmanBot? - January 25, 2018, 8:55 pm

(Jan 25, 2018 09:48 PM)Mr. Robot Wrote: [\[CITE\]](#) See I don't think that's entirely fit.

You can't have a person running around saying fuck you autistic prick - suck a dick, kill yourself - or any other derogatory terms if they are over here 'helping people'.

I have no control over what they do on the rest of the thread. However, they know what they say and do will negatively affect the way I see them as well as the rest of the site. If I see that they are becoming a problem then I will deal with it.

Lrrr - January 25, 2018, 9:01 pm

I absolutely love this thread. I lost a family member to suicide and I always wished I had listened a bit more or maybe just offered to listen more. Thank you for hosting this thread and I hope anyone who is having a problem and reaches out to you gets helpful listening ear.

Armada - January 25, 2018, 9:05 pm

(Jan 25, 2018 10:01 PM)Lrrr Wrote: [\[CITE\]](#) I absolutely love this thread. I lost a family member to suicide and I always wished I had listened a bit more or maybe just offered to listen more. Thank

you for hosting this thread and I hope anyone who is having a problem and reaches out to you gets helpful listening ear.

This shit I wish I could like "Thumbs up" on the post.

This is a meaningful thread, and the exact reason I am assigned to some areas, but want zero group acknowledgment.

It's about healing and help... not prestige or any of that other shit.

Ya'll need help, reach out, ask for it. I have seen far too many go far beyond early in time for their liking.

WE have lost friends. It's time to stop the stigma. If you're suffering, over anything, speak up, we will and CAN speak out. ?

?BowmanBot? - January 25, 2018, 9:07 pm

(Jan 25, 2018 10:01 PM)Lrrr Wrote: [\[CITE\]](#) I absolutely love this thread. I lost a family member to suicide and I always wished I had listened a bit more or maybe just offered to listen more. Thank you for hosting this thread and I hope anyone who is having a problem and reaches out to you gets helpful listening ear.

I am very sorry for your loss. I am here if you need to vent or need any advice for coping. I thank you for the kind words, all we want to do is help the community.

Makaveli The Don - January 25, 2018, 11:22 pm

Great thread guys. I knew this would be a good help to the community. Keep it going!

the6ix - January 25, 2018, 11:32 pm

I'm glad someone has made this thread, this is serious stuff.

I've gone ahead and sent you a PM.

Purple Kief - January 26, 2018, 6:32 am

While I'm glad to assist anyone that PM's me with their issues, please keep in mind that none of us are professionals. If you are having suicidal thoughts and (imo) are hurting yourself we are not qualified to assist you. Please seek psychological assistance ASAP.

?BowmanBot? - January 26, 2018, 9:32 am

(Jan 26, 2018 12:22 AM)Makaveli The Don Wrote: [\[CITE\]](#) Great thread guys. I knew this would be a good help to the community. Keep it going!

Thank you for the kind words, Don. We are always wanting to help the community. ?

(Jan 26, 2018 07:32 AM)Purple Kief Wrote: [\[CITE\]](#) While I'm glad to assist anyone that PM's me with their issues, please keep in mind that none of us are professionals. If you are having suicidal thoughts and (imo) are hurting yourself we are not qualified to assist you. Please seek psychological assistance ASAP.

Yes please keep this in mind. We will try our best to help you but we are not professionals. We are here for you if you need to vent and we can give you advice on how to make your situation easier. With that being said, my team cannot assist anyone who is suicidal. Not only would we be putting you in danger but this would also be detrimental to my team as they do not know how to handle that type of situation.

I have listed help numbers on the thread for a reason.

Rezpy - January 26, 2018, 11:44 am

My friends are dead and in jail. I started using copious amounts of weed, xanax and clonazepam. I cold turkey cut it off felt like shit and started smoking again. My ex hates me and wishes I was dead

even though I don't talk to her any more. I've been homeless at 16. Lost my only car I've ever owned (2016 328i). Only time I want to live is when I'm high. I've been stabbed and shot. Been involved in gangs and been selling and producing crack and breaking down H. Only time I wanna be alive is when I'm smoke pot. My therapist wrote me a referall for a dispensary but I'm under 18 and my parents won't let me see then doctor there tonseenif I'm eligible, even if I get approved I can still get an ounce a week on OHIP. All of my money I'm starting to throw away on weed, and alcohol. I'm physically sick as well puking up blood while I'm passed out shit face drunk. Have nothing to do all day but smoke and drink.

?BowmanBot? - January 26, 2018, 12:13 pm

(Jan 26, 2018 12:44 PM)Rezpy Wrote: [\[CITE\]](#) My friends are dead and in jail. I started using copious amounts of weed, xanax and clonazepam. I cold turkey cut it off felt like shit and started smoking again. My ex hates me and wishes I was dead even though I don't talk to her any more. I've been homeless at 16. Lost my only car I've ever owned (2016 328i). Only time I want to live is when I'm high. I've been stabbed and shot. Been involved in gangs and been selling and producing crack and breaking down H. Only time I wanna be alive is when I'm smoke pot. My therapist wrote me a referall for a dispensary but I'm under 18 and my parents won't let me see then doctor there tonseenif I'm eligible, even if I get approved I can still get an ounce a week on OHIP. All of my money I'm starting to throw away on weed, and alcohol. I'm physically sick as well puking up blood while I'm passed out shit face drunk. Have nothing to do all day but smoke and drink.

That is certainly not a great situation. There was a time where I felt like I could only live while I was high. I smoked 2 ounces every month blowing \$400+ on my medication just so I could keep going. Being from a rough area is definitely tough especially if all of your friends are a part of a gang or partaking in illegal activities. Things won't get better unless you are actively trying to make it better.

Here's my advice. Since your parents are basically the only ones you have left, you need to make amends with them. Be nicer to them, cook them breakfast or even make them coffee in the morning. If your home life is shit everything else will become shit as I sure you are aware of. You might have a tough time getting along with them but it is the only place you belong. You need to become a loving son, it is hard but to have a roof over your head, food on a daily basis and a place you can call home makes it all worth it. Your dad could be a piece of shit and your mom could be a bitch but they care about you more than anybody else in this world. Once you have made up with your parents you can start planning on how to make your life better. If you don't already, get a job and start paying your parents as it will decrease the likely hood that they will kick you out again.

Pick up a hobby. This can be anything from working out to playing basketball, soccer or any sport that has an arena around you. You can also pick up something as menial as puzzles are arts and crafts. Start reading books or pick up playing an instrument or practice your singing/rapping skills. All this will allow you to do is get your mind off of shit. With you mind not focused on how shit life is you will find that the need for you to be high at every moment will decrease over time. This does sound stupid but trust me it works.

Find something that makes you happy. After you try out some hobbies you will find something that you enjoy doing. This is critical as it will put your mind at ease any time you start doing it. Life is much better once you are happy and it is a lot easier to move on once you are.

Space yourself from your friends and or gang-related acquaintances and find new friends. This is a hard one but once you find a hobby that you enjoy, you will find people who also enjoy doing said hobby. These people will become your new friends and trust me, having level-headed people around you helps a lot. You will feel pressured to hang out with your old friends, just know that if you go back to them you are undoing everything that you have been working towards. Going back to them means that you will go right back to where you are now, in this shitty situation.

You will find a new girlfriend. You are 17 and have your whole life in front of you. It sounds like you burned the bridge with her so delete her contact and try to meet new girls. If she left you because of the illegal and drug-related activity you were doing there is a chance that she will come back to you once you are clean. Keep that in mind if it is the case.

My final thoughts.

Life is always going to be shit unless you work towards it being better. This is not something that will happen overnight and you will most likely fail time and time over because life will always throw you curve balls. Giving up is not an option. Letting life be shit is not an option. You have to decide if you want your life to be shit or if you want your life to become better. You have lived only 10 years as a conscious being. You have at least 5 more decades to succeed in life.

I hope this helps, my friend. Armand as well as myself will be there for you in these trying times, you are not alone.

Don Vito Corleone - January 28, 2018, 1:26 pm

I'm always glad to see this type of positivity on the forums, much appreciated my man!

Armada - January 28, 2018, 1:33 pm

(Jan 26, 2018 12:44 PM)Rezpy Wrote: [\[CITE\]](#) My friends are dead and in jail. I started using copious amounts of weed, xanax and clonazepam. I cold turkey cut it off felt like shit and started smoking again. My ex hates me and wishes I was dead even though I don't talk to her any more. I've been homeless at 16. Lost my only car I've ever owned (2016 328i). Only time I want to live is when I'm high. I've been stabbed and shot. Been involved in gangs and been selling and producing crack and breaking down H. Only time I wanna be alive is when I'm smoke pot. My therapist wrote me a referral for a dispensary but I'm under 18 and my parents won't let me see then doctor there tonseenif I'm eligible, even if I get approved I can still get an ounce a week on OHIP. All of my money I'm starting to throw away on weed, and alcohol. I'm physically sick as well puking up blood while I'm passed out shit face drunk. Have nothing to do all day but smoke and drink.

(Jan 26, 2018 01:13 PM)?BowmanBot? Wrote: [\[CITE\]](#) That is certainly not a great situation. There was a time where I felt like I could only live while I was high. I smoked 2 ounces every month blowing \$400+ on my medication just so I could keep going. Being from a rough area is definitely tough especially if all of your friends are a part of a gang or partaking in illegal activities. Things won't get better unless you are actively trying to make it better.

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Pick up a hobby. This can be anything from working out to playing basketball, soccer or any sport that has an arena around you. You can also pick up something as menial as puzzles or arts and crafts. Start reading books or pick up playing an instrument or practice your singing/rapping skills. All this will allow you to do is get your mind off of shit. With your mind not focused on how shit life is you will find that the need for you to be high at every moment will decrease over time. This does sound stupid but trust me it works.

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you enjoy doing. This is critical as it will put your mind at ease any time you start doing it. Life is much better once you are happy and it is a lot easier to move on once you are.

Space yourself from your friends and or gang-related acquaintances and find new friends. This is a hard one but once you find a hobby that you enjoy, you will find people who also enjoy doing said hobby. These people will become your new friends and trust me, having level-headed people around you helps a lot. You will feel pressured to hang out with your old friends, just know that if you go back to them you are undoing everything that you have been working towards. Going back to them means that you will go right back to where you are now, in this shitty situation.

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Life is always going to be shit unless you work towards it being better. This is not something that will happen overnight and you will most likely fail time and time over because life will always throw you curve balls. Giving up is not an option. Letting life be shit is not an option. You have to decide if you want your life to be shit or if you want your life to become better. You have lived only 10 years as a conscious being. You have at least 5 more decades to succeed in life.

I hope this helps, my friend. Armand as well as myself will be there for you in these trying times, you are not alone.

I am going to have to give him a call.....

When an HF member is blowing my damn cell phone up, its usually not a good situation. ?

Last I spoke with him, he was home and more relaxed though. Time to do a check up call and conversation.

?BowmanBot? - January 28, 2018, 1:34 pm

(Jan 28, 2018 02:33 PM)Armada Wrote: [\[CITE\]](#) I am going to have to give him a call.....

When an HF member is blowing my damn cell phone up, its usually not a good situation. ?

Last I spoke with him, he was home and more relaxed though. Time to do a check up call and conversation.

I thank you for doing this Armada.

Armada - January 28, 2018, 1:38 pm

(Jan 28, 2018 02:34 PM)?BowmanBot? Wrote: [\[CITE\]](#) I thank you for doing this Armada.

Whatever, Tis but community service IMO.

I spend more time dealing with everyone elses problems rather than my own. Ya'll gonna miss me when I am gone. ? ?

device - January 28, 2018, 1:49 pm

Vouch for Bowmanbot, he is a kind guy that cares about people. If you need any support or someone to talk with he is your guy.

Awesome thing you are doing here mate.

?BowmanBot? - January 28, 2018, 2:01 pm

(Jan 28, 2018 02:38 PM)Armada Wrote: [\[CITE\]](#) Whatever, Tis but community service IMO.

I spend more time dealing with everyone elses problems rather than my own. Ya'll gonna miss me when I am gone. ? ?

I would definitely miss you. ?

Again, thank you for your service. ?

(Jan 28, 2018 02:26 PM)Thomas Shelby Wrote: [\[CITE\]](#) I'm always glad to see this type of positivity on the forums, much appreciated my man!

(Jan 28, 2018 02:49 PM)The Worker Wrote: [\[CITE\]](#) Vouch for Bowmanbot, he is a kind guy that cares about people. If you need any support or someone to talk with he is your guy.

Awesome thing you are doing here mate.

Thank you for your kind words!

gb106 - January 28, 2018, 2:08 pm

wow didn't think a forum would have this kind of thing, but happy to see it
it's a great thing you're doing, and thanks for willing to put in the time and effort!

?BowmanBot? - January 28, 2018, 2:40 pm

(Jan 28, 2018 03:08 PM)gb106 Wrote: [\[CITE\]](#) wow didn't think a forum would have this kind of thing, but happy to see it

it's a great thing you're doing, and thanks for willing to put in the time and effort!

You will find all types of people on forums, some good and some not.

All I want to do is help. Thank you for your kind words. ? ?

Tokyo - January 28, 2018, 9:47 pm

Please don't hesitate to leave a post on this thread on whatever issue you're dealing with or want to know more about any of the topics listed on the thread. All of us are happy to help and our inboxes are open as well if your situation is private. We look forward to helping anyone overcome their problems, big or small.

?BowmanBot? - January 29, 2018, 6:19 am

We are here to help. Even if you don't want help we are here to help you vent about anything. Life is hard we know that, all of us have been through shit in our lives. You might be surprised to know how many people go through similar problems.

Never be afraid to send any of us PM's.

?BowmanBot? - January 31, 2018, 3:56 pm

It's Bell Lets Talk Day in Canda today. Let's talk about your problems. It is not ok to hide and let your problems get worse.

We are here to talk!

Armada - January 31, 2018, 4:25 pm

(Jan 31, 2018 04:56 PM)?BowmanBot? Wrote: [\[CITE\]](#) It's Bell Lets Talk Day in Canda today. Let's talk about your problems. It is not ok to hide and let your problems get worse.

We are here to talk!

Okay, I am ready to kill my family...

<https://hackforums.net/showthread.php?tid=5793225>

?BowmanBot? - January 31, 2018, 4:36 pm

(Jan 31, 2018 05:25 PM)Armada Wrote: [\[CITE\]](#) Okay, I am ready to kill my family...
<https://hackforums.net/showthread.php?tid=5793225>

He is your brother so it taking what he says with a grain of salt is pretty hard. You have to remember that what makes you, you and what makes him, him is completely different. You both come from the same household but both of you have very different life experiences as well as a view of the world. I can see where he is coming from and I can definitely see where you are coming from.

Who the fuck is he to say that you are in the wrong, that it is bad to get media attention. Both of you have been through a lot together and have had many competitions between the two of you. Who always comes out on top? Who is the one that is always right? You, that's who! You think much more strategically then him and come critically decrypt any situation.

He is your brother, but that doesn't make him right. However, he is your brother which means you have to deal with him. Family is family, warts and all.

Armada - January 31, 2018, 4:43 pm

(Jan 31, 2018 05:36 PM)?BowmanBot? Wrote: [\[CITE\]](#) He is your brother
> He is my mistake.....

Quote:Mooom, I am bored, I want brother to play with..
What a fucking disaster that turned out to be..... ?

?BowmanBot? - January 31, 2018, 5:06 pm

(Jan 31, 2018 05:43 PM)Armada Wrote: [\[CITE\]](#) > He is my mistake.....

What a fucking disaster that turned out to be..... ?
Mistake or not, he is your brother and you will have to live with him.

Armada - January 31, 2018, 5:10 pm

(Jan 31, 2018 06:06 PM)?BowmanBot? Wrote: [\[CITE\]](#) Mistake or not, he is your brother and you will have to live with him.
Honestly thinking otherwise....

Him and I we are compatible to outdoors skill sets, but I am still better trained to take a mother fucker down.. and straight up, my blades and his address are looking real optional to me right now.....

?BowmanBot? - January 31, 2018, 5:30 pm

(Jan 31, 2018 06:10 PM)Armada Wrote: [\[CITE\]](#) Honestly thinking otherwise....

Him and I we are compatible to outdoors skill sets, but I am still better trained to take a mother fucker down.. and straight up, my blades and his address are looking real optional to me right now.....

I would you advise not to do such a thing. You might hate him now but your relationship will get better. You will regret it if you anything like this.

Armada - January 31, 2018, 5:31 pm

(Jan 31, 2018 06:30 PM)?BowmanBot? Wrote: [\[CITE\]](#) I would you advise not to do such a thing. You might hate him now but your relationship will get better. You will regret it if you anything like this.
And here I am listed as Support for certain topics. loool

We all got issues my friend.... ?

?BowmanBot? - January 31, 2018, 5:34 pm

(Jan 31, 2018 06:31 PM)Armada Wrote: [\[CITE\]](#) And here I am listed as Support for certain topics. loool

We all got issues my friend.... ?

You are listed here because you can offer advice that most people won't be able to give. We all have our own problems but helping others also helps the individual giving the advice as well.

Crystallize. - January 31, 2018, 5:34 pm

I haven't received a salary for 2 months now, the owner just logs in and says soon then logs of for a week. It's giving me a lot of stress because I have debts to pay and I have to loan from people. I began even taking pills for stress and literally it's killing me.

What's your opinion?

Armada - January 31, 2018, 5:45 pm

(Jan 31, 2018 06:34 PM)Crystallize. Wrote: [\[CITE\]](#) I haven't received a salary for 2 months now, the owner just logs in and says soon then logs of for a week. It's giving me a lot of stress because I have debts to pay and I have to loan from people. I began even taking pills for stress and literally it's killing me.

What's your opinion?

I lost track of a salary since Krebs talked shit about me... lol Asshole cost me my job...

But yea, Can you PM me your contact info, I wanna chat with ya.....

?BowmanBot? - January 31, 2018, 8:05 pm

We are here to listen and here to help. Last hour of Bell Let's Talk Day.

Armada - February 1, 2018, 4:43 am

(Jan 31, 2018 09:05 PM)?BowmanBot? Wrote: [\[CITE\]](#) We are here to listen and here to help. Last hour of Bell Let's Talk Day.

Only reason I knew this was even a thing was of my kids schools calendar. lool

FamousHater - February 1, 2018, 4:47 am

if u wanna help op then post your real phone number please

thanks

Armada - February 1, 2018, 4:49 am

(Feb 1, 2018 05:47 AM)FamousHater Wrote: [\[CITE\]](#) if u wanna help op then post your real phone number please

thanks

If you are serious, and want to speak to someone PM me your digits.....

I got enough HF members calling my phone already, one more wont make a difference. ?

?BowmanBot? - February 1, 2018, 6:24 am

(Feb 1, 2018 05:43 AM)Armada Wrote: [\[CITE\]](#) Only reason I knew this was even a thing was of my kids schools calendar. lool

There was non-stop commercials all over tv and YouTube yesterday as well as plenty leading up to it. I think this was the 8th year that it was done.

Armada - February 1, 2018, 6:27 am

(Feb 1, 2018 07:24 AM)?BowmanBot? Wrote: [\[CITE\]](#) There was non-stop commercials all over tv and YouTube yesterday as well as plenty leading up to it. I think this was the 8th year that it was done.

I pay like \$90 a month for cable to watch AMC, and stream shit off of 1311 (Netflix) loool

?BowmanBot? - February 1, 2018, 6:29 am

(Feb 1, 2018 07:27 AM)Armada Wrote: [\[CITE\]](#) I pay like \$90 a month for cable to watch AMC, and stream shit off of 1311 (Netflix) loool

I pay nothing for my tv as it is OTA, I stream a shit tonne off of Netflix as well as YouTube.

JillOk - February 1, 2018, 6:34 am

This is actually great. Hope that everyone that has issues, contact you guys or someone on HF :)

FamousHater - February 1, 2018, 6:36 am

(Feb 1, 2018 07:29 AM)?BowmanBot? Wrote: [\[CITE\]](#) I pay nothing for my tv as it is OTA, I stream a shit tonne off of Netflix as well as YouTube.how many channels u get from OTA?

Armada - February 1, 2018, 6:43 am

(Feb 1, 2018 07:29 AM)?BowmanBot? Wrote: [\[CITE\]](#) I pay nothing for my tv as it is OTA, I stream a shit tonne off of Netflix as well as YouTube.

Well, I mean, when I lived in a Apartment complex, I simply opened the cable junction box up and removed the filter to my unit. ?

- Theoretically, that is.....

?BowmanBot? - February 1, 2018, 6:54 am

(Feb 1, 2018 07:36 AM)FamousHater Wrote: [\[CITE\]](#) how many channels u get from OTA?

17 channels, one completely in french, one is international (in many languages), two that are only kid channels. I also get two Buffalo channels and the rest are local news stations that have some original programming but mostly runs American shows like The Big Band Theory, The Good Doctor and late night shows.

It sucks but I usually just put on the TV for background noise whilst I am working on something.

(Feb 1, 2018 07:43 AM)Armada Wrote: [\[CITE\]](#) Well, I mean, when I lived in a Apartment complex, I simply opened the cable junction box up and removed the filter to my unit. ?

- Theoretically, that is.....

Theoretically or hypothetically?

I live in the boonies so I don't even have cable ran to my house.

Armada - February 1, 2018, 6:55 am

(Feb 1, 2018 07:54 AM)?BowmanBot? Wrote: [\[CITE\]](#) 17 channels, one completely in french, one is international (in many languages), two that are only kid channels. I also get two Buffalo channels and the rest are local news stations that have some original programming but mostly runs American shows like The Big Band Theory, The Good Doctor and late night shows.

It sucks but I usually just put on the TV for background noise whilst I am working on something.

I feel so old that I understand the basics of the cable system. ?

?BowmanBot? - February 1, 2018, 6:57 am

(Feb 1, 2018 07:34 AM)JillOk Wrote: [\[CITE\]](#) This is actually great. Hope that everyone that has issues, contact you guys or someone on HF :)

I am glad you are a fan of what we are doing. Do not hesitate to message any one of us!

(Feb 1, 2018 07:55 AM)Armada Wrote: [\[CITE\]](#) I feel so old that I understand the basics of the cable

system. ?

I understand the basics of dial up and as well as cable, I know the feeling.

Haseo™ - February 16, 2018, 11:30 pm

This was very well put together, wonderful job. Also awesome service to provide.

Renovatum - February 16, 2018, 11:46 pm

I'll keep this short, because nobody likes long threads-- been thinking about making this post for a while, before this thread popped up, so it must be.

My dad left me and my sister when we were around 4 years old age; actually, he cheated on my mother. I'd remember him coming around for a bath or for a sleep (actually, he might've been homeless now I think about it) in which he would run into the bathroom and not talk to us. Afterwards, mom would complain of things going missing etc.

Anyway,

He's been trying to get in touch for maybe 5 years now. Phone calls, visits, money sent through the post, all of that. I always avoid the phone calls and I only go on the visits if my sister is coming, and even then it's boring and I once again realize that I despise the guy.

Though my sister just posted a photo on Instagram of her and him together on a visit, without me. Might've been an old photo, but seeing it makes me feel shitty because he's basically saying "Okay, the son is a lost cause but I have a daughter, still". Feelsbad being disowned even though I was the one disowning. There's no possible way of having any kind of relationship with him; I even leave guys I fuck to fill that hole once things get anything close to serious.

IDK, just kind of feels bad man. Man, I needed to get that off my chest. It's unsolvable though as I don't want to talk to my 'dad' and that's fine.

My problem is also that I can't fucking enjoy things.

The most recent example I can think of was "wow that shower was refreshing" now that I finally have a BnB after about 10+ months of homelessness. I was like hey, if I get a shower every day I'll feel good! Immediately after- the very next thought- it was "but if I miss a day then I'll feel bad again and I'll probably fucking kill myself".

Like Jesus Christ, I can't enjoy anything. Sounds edgy, but I used to look forward to dying-- Can't anymore, thanks to religion, the newfound inability to kill myself after being mindfucked by a guy I liked because of the strong male authority figure.

It's everything, bro. It's everything.

Oh and I'm completely open to talk about philosophy with other users, 'specially as I have daily existential dread/realizations. The subject as a whole is of interest to me.

Goals and ambitions is something that I am more than qualified to fill for; should it be needed. Currently, I'm working with a woman who's 'mentoring' me due to old age, passing on her legacy, and so on. It feels weird to have such a free pass in life and in such I would like to offer anyone else the same, minus the paychecks she's giving me. I can't afford that.

?BowmanBot? - February 17, 2018, 11:00 am

(Feb 17, 2018 12:46 AM)Renovatum Wrote: [\[CITE\]](#) I'll keep this short, because nobody likes long threads-- been thinking about making this post for a while, before this thread popped up, so it must be.

My dad left me and my sister when we were around 4 years old age; actually, he cheated on my mother. I'd remember him coming around for a bath or for a sleep (actually, he might've been homeless now I think about it) in which he would run into the bathroom and not talk to us. Afterwards, mom would complain of things going missing etc.

Anyway,

He's been trying to get in touch for maybe 5 years now. Phone calls, visits, money sent through the post, all of that. I always avoid the phone calls and I only go on the visits if my sister is coming, and even then it's boring and I once again realize that I despise the guy.

Though my sister just posted a photo on Instagram of her and him together on a visit, without me. Might've been an old photo, but seeing it makes me feel shitty because he's basically saying "Okay, the son is a lost cause but I have a daughter, still". Feelsbad being disowned even though I was the one disowning. There's no possible way of having any kind of relationship with him; I even leave guys I fuck to fill that hole once things get anything close to serious.

IDK, just kind of feels bad man. Man, I needed to get that off my chest. It's unsolvable though as I don't want to talk to my 'dad' and that's fine.

My problem is also that I can't fucking enjoy things.

The most recent example I can think of was "wow that shower was refreshing" now that I finally have a BnB after about 10+ months of homelessness. I was like hey, if I get a shower every day I'll feel good! Immediately after- the very next thought- it was "but if I miss a day then I'll feel bad again and I'll probably fucking kill myself".

Like Jesus Christ, I can't enjoy anything. Sounds edgy, but I used to look forward to dying-- Can't anymore, thanks to religion, the newfound inability to kill myself after being mindfucked by a guy I liked because of the strong male authority figure.

It's everything, bro. It's everything.

Oh and I'm completely open to talk about philosophy with other users, 'specially as I have daily existential dread/realizations. The subject as a whole is of interest to me.

Goals and ambitions is something that I am more than qualified to fill for; should it be needed. Currently, I'm working with a woman who's 'mentoring' me due to old age, passing on her legacy, and so on. It feels weird to have such a free pass in life and in such I would like to offer anyone else the same, minus the paychecks she's giving me. I can't afford that.

It seems to me that you already know what you need and what you want, you just haven't come to terms with it yet.

Instead of reflecting on the situation, I am going to offer you some advice on how to move forward.

You have been hurt by a male authority, now you are a male authority yourself. You have your own life, your own friends, your own wants, and your own needs. You strive forward to make a difference in this world, you cannot dwell on your past because it will negatively affect what you can do in the future.

You need to use your past as a means to drive yourself forward, to improve yourself, and never let you become the man you despise.

You have made the decision to cut him out of your life because you know it will benefit you are

even him for that matter. It will lead to more guilt, more negativity, and bring you back when you want to go forward.

Each person has their own needs, their own wants, and makes their own decisions. It was your sister's decision to let him back into her life, this should not affect you.

You have been a lot through your life. So much experience, so many morals, and values have been picked up along the way. Use your past as an opportunity to make your life and the lives of those around you better.

On to philosophy, you say you are interested in existentialism. I believe you have forgotten the most important part of that ideology. Let me explain.

Existentialism is a philosophical theory that emphasizes the existence of the individual person as a free and responsible agent determining their own development through acts of the will.

Now, existential nihilism is a little different.

Existential nihilism is the philosophical theory that life has no intrinsic meaning or value. With respect to the universe, existential nihilism suggests that a single human or even the entire human species is insignificant, without purpose and unlikely to change in the totality of existence.

Within both philosophies, one thing remains the same. There is always an opportunity to improve, to succeed, and to make your life better even when there is no meaning behind what we do. No matter what happens in life we search for things that make us happy. Whether that is love, beauty or altru-hedonism, you can also make meaning in your life.

I invite you to read some of Viktor Frankl's work. Here is a short video on one of his works.

[Video: <https://www.youtube.com/watch?v=sd-1CjhbYPQ>]

You can read more about him here:
[Viktor Frankl's Pursuit of Happiness](#)

mawrek - March 8, 2018, 2:23 pm

This man, ?BowmanBot?, on March 8th 2018, has changed my life. I wouldn't have done it without his support in the private chat. He is, next to Armada, the kindest person I have ever met on hackforums, at least towards me. For whatever reason he does this, he does it with passion. Anyone who is driven in life by passion, is on a perfect road to abundance of success. After 2 years of nightmares from the mistake I made, he encouraged me, calmly listened, and gave me advice on what I should do and how to act. And so I did. The result was: positive, success, in my case, it went really smooth. With all the hard times I've gone through, I just needed a little bit of support; one last push, to overcome my 2 year nightmare, and he has helped me successfully. I wouldn't write a post like this if this didn't mean a lot to me, but I simply have to, and I can not explain how much I appreciate the help that he has done. If I was an upgraded member, I'd rep this man for +10k reps.

?BowmanBot? - March 8, 2018, 2:56 pm

(Mar 8, 2018 03:23 PM)mawrek Wrote: [\[CITE\]](#) This man, ?BowmanBot?, on March 8th 2018, has changed my life. I wouldn't have done it without his support in the private chat. He is, next to Armada, the kindest person I have ever met on hackforums, at least towards me. For whatever reason he does this, he does it with passion. Anyone who is driven in life by passion, is on a perfect road to abundance of success. After 2 years of nightmares from the mistake I made, he encouraged me, calmly listened, and gave me advice on what I should do and how to act. And so I did. The

result was: positive, success, in my case, it went really smooth. With all the hard times i've gone through, I just needed a little bit of support; one last push, to overcome my 2 year nightmare, and he has helped me successfully. I wouldn't write a post like this if this didn't mean a lot to me, but I simply have to, and I can not explain how much I appreciate the help that he has done. If I was an upgraded member, i'd rep this man for +10k reps.

I thank you for your very kind words!

I am glad I could be of use, this is exactly what I am here for. On Hack Forums and on this planet.

I really hope this situation ends in your favour. I wish you the best of luck with everything!

rl fennec - March 8, 2018, 11:53 pm

It's nice to see a group like this. Good work @bot, would love to be apart of this one day.

ven0m - March 9, 2018, 2:06 am

Nice initiative. Good luck with the project.

Renowned - March 9, 2018, 3:33 am

Great service, can definitely help a lot of members. Glad to see a group contributing.

Haseo™ - March 9, 2018, 8:15 am

Nicely done mate, so glad to see this finished up.

Great thread!

?BowmanBot? - March 9, 2018, 12:17 pm

I thank you all for your kind words. The sole reason for this project is to help the members of the community.

I have received a couple PM's from users wanting to help out. I will be interviewing them and proceeding from there.

I hope this service can continue to help members of the community like it has been previously.

Don't be afraid to send me a PM at anytime! <3

device - March 9, 2018, 1:53 pm

Awesome idea for a group Bowman, we all know you care for people around the forums. If you need any help hit me up, you know.

machine911 - March 10, 2018, 8:11 am

it's a great thread!!! Congratulations!

Saged - March 10, 2018, 10:24 am

This is good. Like you said, everyone needs help now and then.

How can we contribute if we want to help with this initiative?

?BowmanBot? - March 10, 2018, 11:04 am

(Mar 10, 2018 11:24 AM)Saged\ Wrote: [\[CITE\]](#) This is good. Like you said, everyone needs help now and then.

How can we contribute if we want to help with this initiative?

Send me a PM and I will go through an interview with you.

I would like to know what each member of the initiative has gone through and what areas they can help with.

Thank you for showing interest. <3

luke - March 10, 2018, 12:16 pm

Pretty cool thread OP, nice contribution to the community as a whole :)

Shorta - March 12, 2018, 6:06 am

Now if it was just as easy to open up.

Amazing thing you guys are willingly to spend your time on.

?BowmanBot? - March 12, 2018, 7:08 am

(Mar 12, 2018 06:06 AM)Shorta Wrote: [\[CITE\]](#) Now if it was just as easy to open up.

Amazing thing you guys are willingly to spend your time on.
Thank you for your kind words.

I try to give back to the community anyway I can.

I thank everyone for showing interest in helping me with this project.

ven0m - March 12, 2018, 11:56 pm

(Mar 12, 2018 07:08 AM)?BowmanBot? Wrote: [\[CITE\]](#) Thank you for your kind words.

I try to give back to the community anyway I can.

I thank everyone for showing interest in helping me with this project.
I am really happy with this project. Opening up even with all the resources is a tough undertaking yet every small step helps the person who is going through the distressing time.

I N C R E D I B L E - March 13, 2018, 4:40 am

This might reduce the number of suicide threads on HF at least.

iNaruto - March 13, 2018, 5:21 am

Great ! i hope this will help many
Wish you all the best :)

?BowmanBot? - March 13, 2018, 7:24 am

Thank you all for showing interest in this project.

I have added two more users that I have completed the interview with. More to come!

Also, thank you everyone for your kind words. I am glad that this service can be of use!

Haseo™ - March 13, 2018, 9:25 am

Very nice glad to see the two groups working together.

Saged - March 13, 2018, 5:29 pm

Happy to help.

BrotherTooTurnt - March 14, 2018, 2:30 pm

Great contribution to society. Suicides and the opioid epidemic are killing a lot of people and they don't know where to go to get help since the state doesn't care about them and puts a facade on about wanting to help.

Ninja - March 15, 2018, 5:48 am

This should help many people.

SIM-403479 - March 16, 2018, 1:08 pm

Looks like a very useful thread.

There are a few tags that need amending in the OP.

BrotherTooTurnt - March 16, 2018, 3:03 pm

People are dying and committing suicide everywhere in my city. If only the system was made to help them other than give bullshit suicide hotlines that just make the problem worse.

?BowmanBot? - March 16, 2018, 4:46 pm

(Mar 16, 2018 01:08 PM)Jamieeee Wrote: [\[CITE\]](#) Looks like a very useful thread.

There are a few tags that need amending in the OP.

Noted, it will be fixed momentarily.

Thank you for bringing this to my attention.

?BIG Punisher™ - March 17, 2018, 1:52 pm

What a genuinely beautiful thing, fair play to you boys.

Mr Meeseeks - March 17, 2018, 8:23 pm

This is so cool, I am happy to know that you guys care for strangers and have this thread dedicated to help those in need.

pyim - March 17, 2018, 8:34 pm

oh that's a great post i really like it!

?BowmanBot? - March 17, 2018, 8:36 pm

Thank you all for your kind words.

Let me know if I can help you with anything. <3

J0rd4n - March 18, 2018, 12:06 pm

Toll-Free lines? Damn how advanced is this?

?BowmanBot? - March 18, 2018, 1:56 pm

(Mar 18, 2018 12:06 PM)J0rd4n Wrote: [\[CITE\]](#) Toll-Free lines? Damn how advanced is this?

The toll-free lines are not setup by us. There are the national help organizations in the countries that are listed.

We aren't always available but the toll-free lines are 24/7.

JoshAllen - March 18, 2018, 9:05 pm

Very nice thread man. It is very important to have something like this on HF.

Crypt - March 18, 2018, 9:20 pm

That's awesome you guys are doing this. Great thread.

tractive - March 18, 2018, 9:22 pm

I have a problem..

I'm 19, female, and desperate for a lil skiddo to out skiddo other "haxxors" on kik :^)

my main account is bricked again and I have technical skills comparable to my grandma's so, if you're capable and wanna flex on a bunch of 16-year-old virgins hmu @whoracio on kik

?BowmanBot? - March 18, 2018, 9:29 pm

(Mar 18, 2018 09:05 PM)Ty TM Wrote: [\[CITE\]](#) Very nice thread man. It is very important to have something like this on HF.

(Mar 18, 2018 09:20 PM)Canny Wrote: [\[CITE\]](#) That's awesome you guys are doing this. Great thread.

Thank you both for your kind words. Feel free to PM me if you ever want to get something off your head. <3

JoshAllen - March 19, 2018, 3:54 pm

(Mar 18, 2018 09:29 PM)?BowmanBot? Wrote: [\[CITE\]](#) Thank you both for your kind words. Feel free to PM me if you ever want to get something off your head. <3

Nah, I am good, but if you ever need some help I am here for you.

test - March 21, 2018, 2:15 am

Extremely nice idea. Sometimes people just need to talk about their issues. Great thread guys.

Cooligan - March 21, 2018, 2:36 pm

This reminds a lot of what we did back in the day with 143 and our support thread in Innuendo.

Very similar thread layout at the bottom containing everyone's strengths/weaknesses.

Which group originally thought this thread up?
Samaritans or Influence?

?BowmanBot? - March 21, 2018, 5:23 pm

(Mar 21, 2018 02:36 PM)Cooligan Wrote: [\[CITE\]](#) This reminds a lot of what we did back in the day with 143 and our support thread in Innuendo.

Very similar thread layout at the bottom containing everyone's strengths/weaknesses.

Which group originally thought this thread up?
Samaritans or Influence?

This was originally created for Influence as one of our monthly activities by the General Helpers division.

I decided to make it a sponsored thread and allow members of the community to help out with the project as well.

Cooligan - March 21, 2018, 6:11 pm

(Mar 21, 2018 05:23 PM)?BowmanBot? Wrote: [\[CITE\]](#) This was originally created for Influence as one of our monthly activities by the General Helpers division.

I decided to make it a sponsored thread and allow members of the community to help out with the project as well.

Are you currently recruiting/inviting members for the General Helpers division?

I have extensive experience with that genre from both groups 143 and Phoenix.

What you have going on here interests me.

?BowmanBot? - March 21, 2018, 6:48 pm

(Mar 21, 2018 06:11 PM)Cooligan Wrote: [\[CITE\]](#) Are you currently recruiting/inviting members for the General Helpers division?

I have extensive experience with that genre from both groups 143 and Phoenix.

What you have going on here interests me.

I send out personal invites every now and again. Would you be interested in just this project or would you like to do work for the group. This project is longer part of the responsibilities of group members.

Galaxias - March 22, 2018, 2:44 am

I personally have trouble shifting my negative mentality on things to positive which would allow me to be ambitious again and set small goals that would reach higher ones but always end up failing on them. I am inconsistent with such things and am looking for ways to build up the habit of being productive in such a way with my goals slowly but surely. Any tips?

Cammy - March 22, 2018, 5:59 am

I have come to the conclusion that the advices of [?BowmanBot?](#) regarding friendships and drugs are truly useful and potential lifesavers as well

Big vouch for him and everyone involved with this service

Chertoff - March 22, 2018, 6:23 am

(Mar 22, 2018 02:44 AM)Galaxias Wrote: [\[CITE\]](#) I personally have trouble shifting my negative mentality on things to positive which would allow me to be ambitious again and set small goals that would reach higher ones but always end up failing on them. I am inconsistent with such things and am looking for ways to build up the habit of being productive in such a way with my goals slowly but surely. Any tips?

Definitely, I'd love to help you out. I have contacted you further about this. Looking forward to be in touch with you!

@Bowman - I'm stealing his request.

Linkin Park - March 22, 2018, 6:25 am

This is an incredibly cool thread, I'm glad to see something like this considering my current situation (explained in one of my threads).

Maybe I'll talk to one of you some time.

?BowmanBot? - March 22, 2018, 8:09 am

(Mar 22, 2018 02:44 AM)Galaxias Wrote: [\[CITE\]](#) I personally have trouble shifting my negative mentality on things to positive which would allow me to be ambitious again and set small goals that would reach higher ones but always end up failing on them. I am inconsistent with such things and am looking for ways to build up the habit of being productive in such a way with my goals slowly but surely. Any tips?

Of course I have some tips for you.

First off, it seems you know what your goals are so you are better off than most people. Having your

goals set and a plan laid out on how to achieve them is critical. Inconsistency is perfectly normal, hell you wouldn't be human if you were a top of everything all the time. Motivation comes in waves and there's only one thing that you can do to battle it. Remind yourself of how happy and how much better your life will be once you achieve your goals. We are all battling on up hill battle. No matter who you are, your success will not come without failure. Trust me on that one.

I would like you to close your eyes, imagine you are at the moment just after you have completed your goal. Think of the way you will feel, think of what those around you will think of you. That feeling of accomplishment, that feeling of pride of completing what you have worked so hard to get. This will be your ultimate tool to keep yourself going even when you veer off track.

Now, you haven't told me what your goals are but you should follow some simple guidelines when making them.

1) They should be achievable.

If the goal is out of reach you should label them as a dream and set your goals to something that is reasonably achievable.

2) They should be timely

You need to take in the time allocation of how they will be completed into consideration. Set yourself a timeframe for your goals and a timeframe for each of the steps that will help your achieve them.

3) All goals must be specific. Gauge goals will not help you one bit. You need to be able to have a specific tangible goal in mind to be motivated to achieve it.

4) Setup your long term goals first, these should be 1-5 years in the future. Anything more than 5 years are extended goals and fairly variable and shouldn't be one of your motivational factors.

5) Set your short term goals that will help your achieve your long term goals. These should be set anywhere from tomorrow to a year in the future.

6) Plan out the steps that need to be taken in order to achieve your goals. These should also be specific, timely and achievable.

I hope all of this helps you in completing your goals. Feel free to message me if you would like more tips. I am sure my friend will also be of help.

(Mar 22, 2018 05:59 AM)Cammy Wrote: [\[CITE\]](#) I have come to the conclusion that the advices of [?BowmanBot?](#) regarding friendships and drugs are truly useful and potential lifesavers as well Big vouch for him and everyone involved with this service I thank you for your kind words, my friend.

I am glad I could be of help and I wish both of you the best of luck in getting through it.

Feel free to message me anytime. <3

(Mar 22, 2018 06:23 AM)Chertoff Wrote: [\[CITE\]](#) Definitely, I'd love to help you out. I have contacted you further about this. Looking forward to be in touch with you!

@Bowman - I'm stealing his request.

You are more than welcome to offer your advice aswell. However, I will be adding my input as well.

It is best to get as many opinions and tips as possible. :)

(Mar 22, 2018 06:25 AM)Linkin Park Wrote: [\[CITE\]](#) This is an incredibly cool thread, I'm glad to see something like this considering my current situation (explained in one of my threads).

Maybe I'll talk to one of you some time.
Thank you for your kind words. <3

I will keep my eye out for your private message. Don't be afraid to send me one at any time.

Windows - March 22, 2018, 1:44 pm

First of all, thanks so much for this thread.

I've been going through so much shit, Social Anxiety, Health Anxiety, OCD, Depression. First, I fucking hate my life because everyday i'm worried i'm gonna die from some illness. Second, my only friends I had I can't talk to them or meetup with them cause of my social anxiety , and they're in gangs and shit. I dropped out of school last year and I thought it would fix my social anxiety and it made it fucking worse plus I got another mental illness called Health Anxiety and fucking OCD, half of my family is dead, my mom died when I was 12 years old. I can't even go to a therapist or anything cause i'm too worried. Shit is just so stressful, i know I should just live life and not worry about anything but shits gotten too much and i had to let it out.

The Director - March 22, 2018, 6:52 pm

(Mar 22, 2018 01:44 PM)???d??? Wrote: [\[CITE\]](#) First of all, thanks so much for this thread.

I've been going through so much shit, Social Anxiety, Health Anxiety, OCD, Depression. First, I fucking hate my life because everyday i'm worried i'm gonna die from some illness. Second, my only friends I had I can't talk to them or meetup with them cause of my social anxiety , and they're in gangs and shit. I dropped out of school last year and I thought it would fix my social anxiety and it made it fucking worse plus I got another mental illness called Health Anxiety and fucking OCD, half of my family is dead, my mom died when I was 12 years old. I can't even go to a therapist or anything cause i'm too worried. Shit is just so stressful, i know I should just live life and not worry about anything but shits gotten too much and i had to let it out.

Well, Why are you worried you're going to die from an illness? Do you actually have viable proof you may have one or are diagnosed with one? Second, you should stay away from your friends that are in gangs, most people would say this but I've grew up with people with the same mindset and it's never going to end up good because it's just a destructive path in general which would make your condition worse. You should get back in school because it'll eventually help you get over your social anxiety and depression because of the environment and you can make new friends, so that solves pretty much 3 out of the problems you have listed. You don't have to go to a therapist but it's usually recommended, sometimes Health Insurance will cover it majority of the time depending on what State you live in, but I think any member here of Samaritans/Influence could lend you an ear whenever. My question to you is, how old are you? What is your daily routine now? What is your current occupation?

Windows - March 22, 2018, 7:07 pm

(Mar 22, 2018 06:52 PM)The Elite Wrote: [\[CITE\]](#) Well, Why are you worried you're going to die from an illness? Do you actually have viable proof you may have one or are diagnosed with one? Second, you should stay away from your friends that are in gangs, most people would say this but I've grew up with people with the same mindset and it's never going to end up good because it's just a destructive path in general which would make your condition worse. You should get back in school because it'll eventually help you get over your social anxiety and depression because of the environment and you can make new friends, so that solves pretty much 3 out of the problems you

have listed. You don't have to go to a therapist but it's usually recommended, sometimes Health Insurance will cover it majority of the time depending on what State you live in, but I think any member here of Samaritans/Influence could lend you an ear whenever. My question to you is, how old are you? What is your daily routine now? What is your current occupation?

No, but health anxiety makes you think you have different rare illnesses and stuff.. I can't really go back to school, like whenever I was in class my heart would race and I would be scared. I live in Toronto, i'm 17, and I own a business.

The Director - March 22, 2018, 7:27 pm

(Mar 22, 2018 07:07 PM)???d??? Wrote: [\[CITE\]](#) No, but health anxiety makes you think you have different rare illnesses and stuff.. I can't really go back to school, like whenever I was in class my heart would race and I would be scared. I live in Toronto, i'm 17, and I own a business.

What's your business? Is it producing profit, not just gross income? You should definitely see a doctor regarding that, it's probably the OCD kicking in, do you feel unhealthy or something, because if your heart races it might actually be a problem, do you smoke or drink at all? I recommend a doctor because I know no other method of treating your OCD other than the traditional ADD/ADHD prescriptions. There has to be something in your body giving you that thought that happens, get checked out. Even in business, you have to socialize and interact with other people(with exception to IM) and 17 is way too young to not even have finished High school, do you know what you want to do with your life already?

Polm. - March 23, 2018, 8:10 am

Actually one off the best threads around here. Don't be afraid to use this when you need it!

Eternal. - March 28, 2018, 8:11 pm

This is an amazing implementation of the helpdesk idea for mental health. Kudos, I don't think I have ever seen it done so well.

?BowmanBot? - March 28, 2018, 9:14 pm

(Mar 28, 2018 08:11 PM)Eternal. Wrote: [\[CITE\]](#) This is an amazing implementation of the helpdesk idea for mental health. Kudos, I don't think I have ever seen it done so well.

Coming from you, this means a lot.

Thank you very much for your kind words. <3

Eternal. - March 28, 2018, 9:53 pm

(Mar 28, 2018 09:14 PM)?BowmanBot? Wrote: [\[CITE\]](#) Coming from you, this means a lot.

Thank you very much for your kind words. <3

You're welcome and good luck, these are difficult to manage as most will PM you and the thread can die quick. Having it stickied fixes that though :P

Sans - March 28, 2018, 11:16 pm

Hey man, I am actually taking the course Child & Youth Care in college and part of my course includes psychology and counselling so i am familiar with helping people. You can add me to the list.

Just so everyone knows, I genuinely care, don't hesitate to hmu.

The Pact - March 29, 2018, 2:51 am

Is this a business or just helping Hack Forum members?

?BowmanBot? - March 29, 2018, 5:47 am

(Mar 28, 2018 11:16 PM)Meme ? Wrote: [\[CITE\]](#) Hey man, I am actually taking the course Child & Youth Care in college and part of my course includes psychology and counselling so i am familiar with helping people. You can add me to the list.

Just so everyone knows, I genuinely care, don't hesitate to hmu.
I will be messaging you shortly.

(Mar 29, 2018 02:51 AM)The Pact Wrote: [\[CITE\]](#) Is this a business or just helping Hack Forum members?

This is a free service to support the members of the community.

Seduce - March 29, 2018, 8:19 am

i just posted something in general before seeing this thread, I have an issue with my roommate i have NO clue in how to solve

?BowmanBot? - March 29, 2018, 8:28 am

(Mar 29, 2018 08:19 AM)Seduce Wrote: [\[CITE\]](#) i just posted something in general before seeing this thread, I have an issue with my roommate i have NO clue in how to solve

Do you feel comfortable describing your situation here or would you like to continue in private message?

?BowmanBot? - March 30, 2018, 9:28 pm

I would like to thank everyone who has shown interested in helping out with this project. It is quite overwhelming the number of users that I have interviewed in the past couple of days.

I will be adding all of you to the thread in the coming days.

Thank you all!

Joy - March 31, 2018, 12:01 pm

Okay so this is something i wanted to talk to someone about and i hope you guys can help me out. I finished my high school this month (March) and now i am applying for universities and need to write alot of exams and i have no idea how i am gonna perform. I am from India. I am depressed most of the time and i can't even study for them as i know i can't perform well. I was considering applying for some Australian universities to get a bachelors degree in computer science but the things that are stopping me is the fact that i have to take a loan which can amount to 100k AUD for a 4 year course. I guess i can cover the living expenses by working a part time job there. I am a decent student and i wanna pursue my career as a software developer and i am sure i will study well if i go there. My main concern is if i can pay back my 100k AUD approx. loan because i don't wanna be under debts and stuff.

I hope someone can guide me in the right path.

Thanks.

?BowmanBot? - March 31, 2018, 12:51 pm

(Mar 31, 2018 12:01 PM)Jopy Wrote: [\[CITE\]](#) Okay so this is something i wanted to talk to someone about and i hope you guys can help me out.

I finished my high school this month (March) and now i am applying for universities and need to write alot of exams and i have no idea how i am gonna perform. I am from India. I am depressed most of the time and i can't even study for them as i know i can't perform well. I was considering applying for some Australian universities to get a bachelors degree in computer science but the things that are stopping me is the fact that i have to take a loan which can amount to 100k AUD for a

4 year course. I guess i can cover the living expenses by working a part time job there. I am a decent student and i wanna pursue my career as a software developer and i am sure i will study well if i go there. My main concern is if i can pay back my 100k AUD approx. loan because i don't wanna be under debts and stuff.

I hope someone can guide me in the right path.

Thanks.

First thing's first, you are only capable of what you think you can do. You need to switch your mentality from "This is going to be hard; therefore, I am not going to be able to do it" to "This is going to be hard; therefore, I need to work as hard as I can to set my self up for success." It is a simple change of mentality the will be extremely helpful. It might seem silly, but if are only concentrating on your potential failure then you will fail. You need to focus your thoughts on how you will succeed, not the possibility of your failing.

You can do anything you want; you just need to put your mind to it. Trust me; you can do this.

My advice towards the loan, exiting at of school with no debt isn't possible for the majority of students. I would advise you to either consult a financial advisor or look into payment plans yourself. I do not know the lending rate nor the bank that you will be granted the loan from. Due to that, my advice for this is pretty limited. However, you need to do a lot of research about the lending rates and the wage that you would be getting in order to pay it back. Success will not come without comprises and costs. You can do it, just like everyone else who chooses to educate themselves. It will be hard but it is very possible. Just make sure you research as thoroughly as you can.

I wish you the best of luck with everything!

Joy - March 31, 2018, 1:02 pm

(Mar 31, 2018 12:51 PM)?BowmanBot? Wrote: [\[CITE\]](#) First thing's first, you are only capable of what you think you can do. You need to switch your mentality from "This is going to be hard; therefore, I am not going to be able to do it" to "This is going to be hard; therefore, I need to work as hard as I can to set my self up for success." It is a simple change of mentality the will be extremely helpful. It might seem silly, but if are only concentrating on your potential failure then you will fail. You need to focus your thoughts on how you will succeed, not the possibility of your failing.

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I wish you the best of luck with everything!Thanks alot.

Well i am having a hard timing changing my mentality to "i need to try harder because its hard."

I am usually very sad/crying at nights when i don't have anyone to talk to reflecting upon my life and what i am doing. These exams mean alot in my life and i am fucking up my life during these last 10-20 days. I just can't start studying. Failure has grabbed me and no matter how much i try i just sit

down with my books closed thinking its "Impossible". Looking at motivational videos just gets me motivated for an hour at the max.

Danny Khalifa - March 31, 2018, 1:07 pm

Holy shit.

Man this is the next level of HF.

very great service you're doing guys, keep it up!

?BowmanBot? - March 31, 2018, 1:14 pm

(Mar 31, 2018 01:02 PM)Jopy Wrote: [\[CITE\]](#) Thanks alot.

Well i am having a hard timing changing my mentality to "i need to try harder because its hard."

I am usually very sad/crying at nights when i don't have anyone to talk to reflecting upon my life and what i am doing. These exams mean alot in my life and i am fucking up my life during these last 10-20 days. I just can't start studying. Failure has grabbed me and no matter how much i try i just sit down with my books closed thinking its "Impossible". Looking at motivational videos just gets me motivated for an hour at the max.

"This is going to be hard, I must try harder" and "I need to try harder because its hard" are two different mentalities. Similar, but don't produce the same chemical reaction in the brain. You need to start telling yourself that you can do this. You are capable and you WILL do this.

Create a daily plan on how you will be preparing for the exams. Having a schedule to stick to is a lot easier than just "winging it."

Don't forget to set aside time to relax, you mustn't push yourself too far. Go for a walk, go to the gym, or even do push-ups in between study sessions. Studies have proven that the increased blood flow provides great assistance to retaining information, critical thinking as well as your mentality towards the given work.

Take deep breaths. You can do this!

(Mar 31, 2018 01:07 PM)Danny Khalifa Wrote: [\[CITE\]](#) Holy shit.

Man this is the next level of HF.

very great service you're doing guys, keep it up!

Thank you for your kind words. <3

Joy - March 31, 2018, 1:17 pm

(Mar 31, 2018 01:14 PM)?BowmanBot? Wrote: [\[CITE\]](#) "This is going to be hard, I must try harder" and "I need to try harder because its hard" are two different mentalities. Similar, but don't produce the same chemical reaction in the brain. You need to start telling yourself that you can do this. You are capable and you WILL do this.

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Take deep breaths. You can do this!

Thank you for your kind words. <3Thanks alot man and goodluck to the groups too.

Will try my best tomorrow. Lets see how the exams go and hope for the best.

?BowmanBot? - March 31, 2018, 1:19 pm

(Mar 31, 2018 01:17 PM)Jopy Wrote: [\[CITE\]](#) Thanks alot man and goodluck to the groups too. Will try my best tomorrow. Lets see how the exams go and hope for the best. Much obliged, I wish you the best of luck with everything!

Vyxn - March 31, 2018, 6:20 pm

(Mar 31, 2018 01:17 PM)Jopy Wrote: [\[CITE\]](#) Thanks alot man and goodluck to the groups too. Will try my best tomorrow. Lets see how the exams go and hope for the best. You'll be fine boi as what you've said on your first post. ;)

Barney - April 1, 2018, 4:00 am

How do you deal with someone who does selfharm? Its happened once to someone close to me but i never really understood it. Any advice/explanation?

?BowmanBot? - April 1, 2018, 7:32 pm

(Apr 1, 2018 04:00 AM)Ranger99 Wrote: [\[CITE\]](#) How do you deal with someone who does selfharm? Its happened once to someone close to me but i never really understood it. Any advice/explanation? People usually cut themselves due to the server mental pain and suffering they are going through. They do it to feel something physical, something real, something they can do to escape from their thoughts.

You should not confront them about their scars, it will cause them distress as well as make them feel ashamed of the pain that they are going through.

Talk to this person about what they are going through. Offer to be a listening ear.

However, don't push them to open up, it will do more harm than good.

If they are uncomfortable with talking about their problems the only thing you can do is to take their mind off of them. Go do something with them. Show this person that you care about them.

The key thing to remember. You do not "deal" with them or their problems. You are there to help them, to be there for them. Their demons are something that they have to work out themselves, you cannot and must not be a part of that. The only thing you can do is to be there for them, to care for them, and to show them a good time.

I wish the best to you and your friend.

TacticalChicano - April 6, 2018, 1:28 am

I'm glad such a thread exist, hopefully more people see this specially those who need it.

Slim Jxmmi - April 6, 2018, 11:04 am

This is probably the most useful contribution that anyone has ever made on HF. Good for you guys; you're doing a really great thing.

Rehh - April 8, 2018, 6:13 am

Wow, this is an awesome service you guys have here.

?BowmanBot? - April 8, 2018, 3:24 pm

Just added a couple more users to each of the sections.

Thank you all for showing interest in this project!

My apologies for late replies to anyone who has messaged me. I am in the middle of my finals and I need to have the time to set aside to properly reply to everyone.

I am now caught up with all messages.

Thank you for your patience!

MyIntrepid - April 8, 2018, 6:08 pm

Well I don't have any credit to call sigh my mom died lastnight :(

<https://hackforums.net/showthread.php?tid=5822384>

I do have skype

?BowmanBot? - April 8, 2018, 6:17 pm

(Apr 8, 2018 06:08 PM)MyIntrepid Wrote: [\[CITE\]](#) Well I don't have any credit to call sigh my mom died lastnight :(

<https://hackforums.net/showthread.php?tid=5822384>

I don't have much information to go off of but I will say this.

You need to spend the next couple of weeks with your loved ones and friends. Let the mourning process happen. I feel like you haven't grasped the reality of the situation yet. Please, spend time with your family. They need you as much as you need them.

If you don't want to talk about it on a public forum, please send me a private message. <3

Otis???????????????? - April 10, 2018, 7:33 am

As leader of the Social Division in Samaritans , I'm also available if anyone needs to talk about anything. We're here to help.

CA905 - April 10, 2018, 2:15 pm

This is amazing, possibly one of the coolest stickied threads I've seen on here. Thank you from someone who went through an ordeal not too long ago.

REEEEERRRE - April 10, 2018, 5:00 pm

I feel like all of sudden things are crashing down. I don't know what I did to deserve these issues in my life. They aren't horrible problems, just things that get in my way. I hope things turn out brighter! :)

rosekid - April 11, 2018, 4:58 am

Very altruistic threat, but i hope i'll not need that

?BowmanBot? - April 11, 2018, 5:56 pm

(Apr 10, 2018 02:15 PM)CA905 Wrote: [\[CITE\]](#) This is amazing, possibly one of the coolest stickied threads I've seen on here. Thank you from someone who went through an ordeal not too long ago. Thank you for your kind words. Feel free to message me anytime you want to talk.

(Apr 10, 2018 05:00 PM)Cight Wrote: [\[CITE\]](#) I feel like all of sudden things are crashing down. I don't know what I did to deserve these issues in my life. They aren't horrible problems, just things that get

in my way. I hope things turn out brighter! :)

I am sure that things will become much better. Life is not life without throwing you some curve balls along the way. If you would like to talk about it, feel free to message me. <3

(Apr 11, 2018 04:58 AM)rosekid Wrote: [\[CITE\]](#) Very altruistic threat, but i hope i'll not need that I hope so as well! However, the service is here if you ever do need it. <3

Cooligan - April 12, 2018, 1:25 pm

(Mar 21, 2018 06:48 PM)?BowmanBot? Wrote: [\[CITE\]](#) I send out personal invites every now and again. Would you be interested in just this project or would you like to do work for the group. This project is longer part of the responsibilities of group members.

I would be interested in this project and also what you have going on in the group. Whenever I'm in a group like this my total devotion pretty much goes towards that one group.

I'm absolutely interested.

?BowmanBot? - April 12, 2018, 1:55 pm

(Apr 12, 2018 01:25 PM)Cooligan Wrote: [\[CITE\]](#) I would be interested in this project and also what you have going on in the group. Whenever I'm in a group like this my total devotion pretty much goes towards that one group.

I'm absolutely interested.

I am more than happy to give you an interview for the support thread.

Samaritans has just introduced a new division that will be responsible for helping out on this thread as well.

Take a look if you are interested.

<https://hackforums.net/showthread.php?tid=5822373>

Cooligan - April 12, 2018, 2:26 pm

(Apr 12, 2018 01:55 PM)?BowmanBot? Wrote: [\[CITE\]](#) I am more than happy to give you an interview for the support thread.

Samaritans has just introduced a new division that will be responsible for helping out on this thread as well.

Take a look if you are interested.

<https://hackforums.net/showthread.php?tid=5822373>

It looks like I'd be perfect for the Social Division.

I have 1,000+ posts in Vices alone, never mind the other Personal Life sections. Also not to mention that I have a sticky in Innuendo, you can find that here:

<https://hackforums.net/showthread.php?tid=5106413>

I have VERY extensive knowledge when it comes to Vices in particular, I've ran multiple Vices sub sectors over the years and they've all been great. I've also tried integrating a help desk to the section before but at the time it just didn't take off really. You can find that thread, here:

<https://hackforums.net/showthread.php?tid=5027736>

?BowmanBot? - April 13, 2018, 7:35 pm

(Apr 12, 2018 02:26 PM)Cooligan Wrote: [\[CITE\]](#) It looks like I'd be perfect for the Social Division.

I have 1,000+ posts in Vices alone, never mind the other Personal Life sections. Also not to mention that I have a sticky in Innuendo, you can find that here:

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<https://hackforums.net/showthread.php?tid=5027736>

Enterpriser has shown an interest in you. Welcome to the group!

Private Message me what topics you would like to be listed under.

Commander 11:11 - April 14, 2018, 5:36 pm

Your group looks nice and have a good purpose. I worked before for Caritas as a translator in my country for free to help out poor families.

Anyway... I hope you will accept new members soon. I would like to join you. I'm sure that you will find something I could do. I'm Entrepreneur, Pilot PPL(A), Hacker and most important a good person. Or at least I'm trying to be... So let me know if you will need me. ?

borito80 - April 16, 2018, 5:22 am

Hello colleagues, I want to create my first thread on what is the best program for a certain purpose. In which section should I publish it?

Thank you

Judge Judy - April 16, 2018, 6:04 am

Life is hard, that's for sure. It warms my heart to see a thread like this, in which people try to help each other. <3

Otis???????????????? - April 16, 2018, 7:33 am

(Apr 16, 2018 05:22 AM)borito80 Wrote: [\[CITE\]](#) Hello colleagues, I want to create my first thread on what is the best program for a certain purpose.

In which section should I publish it?

Thank you

Can you explain to us what type of program it is?

borito80 - April 16, 2018, 9:44 am

(Apr 16, 2018 07:33 AM)Enterpriser Wrote: [\[CITE\]](#) Can you explain to us what type of program it is? dubrute, nlbrute or similar

Otis???????????????? - April 16, 2018, 10:32 am

(Apr 16, 2018 09:44 AM)borito80 Wrote: [\[CITE\]](#) dubrute, nlbrute or similar

You can try beginner hacking

[Beginner Hacking](#)

borito80 - April 16, 2018, 2:25 pm

(Apr 16, 2018 10:32 AM)Enterpriser Wrote: [\[CITE\]](#) You can try beginner hacking

[Beginner Hacking](#)

Thank you

Commander 11:11 - April 16, 2018, 6:38 pm

Hello members of Hack Forums. I'm HF member for 8 years and member of Samaritan group. I'm 30

years old, Entrepreneur and soon a Pilot. I'm good at psychology, writing, hacking, business opportunities and experienced in self help oriented matters.

If you have any addiction problem with alcohol, cigarettes or drugs or need any kind of help I will be glad to help you as much as I can. Even If you just feel lonely, depressed or you just need to talk to someone feel free to PM me at any time.

Eccy - April 17, 2018, 4:43 am

Damn, really nice to see a thread like this on hackforums. If anyone reading this is in need of someone to talk to, feel free to message me any time, I will be more than happy to help, I've experienced a lot of the topics listed on here.

Cooligan - April 17, 2018, 12:31 pm

So, who's Cooligan?

Hi everyone, I'm Cooligan, friends call me Cooli.
I'm an official member of the Samaritans Personal Support Thread.

Over the years I've ran and helped run many, many, many personal life/support help desks such as this one on Hack Forums and have always loved it. From official groups such as 143, to Empire, to Phoenix, and now, Samaritans. It always makes me smile when I see a new help desk like this one form, because there is always someone out there in need, just not everyone knows it.

'Experience' is an understatement when it comes to these categories/topics as I have so much history and experience with these types of subjects it's ridiculous. Whether it be relationship problems, drug addiction, bad home lives, trouble focusing at school, depression, anxiety, suicidal thoughts, self-harm, not knowing what to do in life or where to go, no sense of guidance, ect.. I've been there done that, have been through the ringer, I KNOW what you are going through. I unfortunately have so much experience with the terrible things that life has to offer you sometimes, however, it is fortunate at the same time because it gives me the ability and want to help you in any way I can, even in a thread like this for example.

In the past I've noticed these threads genuinely do help some people, and I mean genuinely. I want you ALL to know that any of you can FEEL FREE to message me at ANYTIME for ANYTHING. Whether it's something I listed above, something different, or if you just want someone to plain old talk to, I'm here, and I mean that. I'm not the person who says "oh yeah man I'm here if you need anything or want to talk" and then never actually responds, no. I'm the person who's going to respond literally as soon as possible because I've been in your shoes and I understand how important and time sensitive some matters can be. So again, please do not hesitate to private message me on here, I've never shut anyone down in the past nor am I going to start now.

Anyway, that's about it. I had to type this out twice because I accidentally "X'd" out the tab I was in originally so this isn't exactly what I originally typed, but it will have to do. You all know where to find me if you'd like to talk. :)

Till then. ?

Tree of Life - April 18, 2018, 12:05 am

It's nice to see how big this thread has become since it was first posted. I'm sure the support has

helped a lot of members.

Judge Judy - April 18, 2018, 12:36 pm

I've got a support request for ya'.

To anybody that's been around here for a while, I remember back in the day there was a counter on your profile stating how many reports you had filed. Anybody knows when this was removed, I'm kind of having one of those you never knew what you had until it's gone moments.

?BowmanBot? - April 19, 2018, 6:56 am

(Apr 18, 2018 12:05 AM)Tree of Life Wrote: [\[CITE\]](#) It's nice to see how big this thread has become since it was first posted. I'm sure the support has helped a lot of members.

It is nice to see you post something positive. Thank you for your kind words! <3

(Apr 18, 2018 12:36 PM)Judge Judy Wrote: [\[CITE\]](#) I've got a support request for ya'.

To anybody that's been around here for a while, I remember back in the day there was a counter on your profile stating how many reports you had filed. Anybody knows when this was removed, I'm kind of having one of those you never knew what you had until it's gone moments.

It went away with the latest mybb update. Wasn't on purpose and Omniscient is working to bring it back. No word when it will be back.

<https://hackforums.net/showthread.php?tid=5805658&pid=56752611#pid56752611>

Also, I invite you to read the OP for the purpose of this thread.

Slim Jxmmi - April 20, 2018, 9:52 am

This is truly an amazing service. I'm so glad that this exists on HF.

Francis Gallagher - April 20, 2018, 11:44 am

Glad to be included in this :D I'm always open for helping others whenever needed.

Knife? - April 20, 2018, 5:01 pm

Off topic but please read the Private Message i've sent you.

?BowmanBot? - April 20, 2018, 6:05 pm

(Apr 20, 2018 09:52 AM)Slim Jxmmi Wrote: [\[CITE\]](#) This is truly an amazing service. I'm so glad that this exists on HF.

Thank you for your kind words.

Feel free to message me anytime you would like to talk. <3

(Apr 20, 2018 05:01 PM)Lovren Wrote: [\[CITE\]](#) Off topic but please read the Private Message i've sent you.

I have replied to your message. The Worker will be in contact once he gets online.

NoneStar - April 23, 2018, 12:11 am

Nice thread, hope it helps those who need it.

National Anthem - April 23, 2018, 7:44 am

Sucks when you have mental health issues. Doc appointment today for me everyone. Wish me luck.

?BowmanBot? - April 23, 2018, 8:53 am

(Apr 23, 2018 12:11 AM)Simpatico Wrote: [\[CITE\]](#) Nice thread, hope it helps those who need it.

Thank you for your kind words. <3

That is what it is here for. ?

(Apr 23, 2018 07:44 AM)National Anthem Wrote: [\[CITE\]](#) Sucks when you have mental health issues.
Doc appointment today for me everyone. Wish me luck.
Best of luck to you, my friend.

Message me if you ever want to talk! <3

Commander 11:11 - April 23, 2018, 12:27 pm

(Apr 23, 2018 07:44 AM)National Anthem Wrote: [\[CITE\]](#) Sucks when you have mental health issues.
Doc appointment today for me everyone. Wish me luck.
What kind of problems if I may ask? Some problems that are common in urban areas (Big city's)
are easily solved with practical techniques.

aphrxdite - April 26, 2018, 5:13 pm

A thread that could save lives. Thank you for this!

Cooligan - April 26, 2018, 5:39 pm

(Apr 23, 2018 07:44 AM)National Anthem Wrote: [\[CITE\]](#) Sucks when you have mental health issues.
Doc appointment today for me everyone. Wish me luck.
Did everything end up going okay for you?

Just want to follow up. :)

F11 - April 26, 2018, 7:39 pm

Question.

What should someone do when they don't wanna live anymore?
Not suicidal way, just not interested in being alive in this world.

Commander 11:11 - April 26, 2018, 8:12 pm

(Apr 26, 2018 07:39 PM)ThaReaLiZt Wrote: [\[CITE\]](#) Question.
What should someone do when they don't wanna live anymore?
Not suicidal way, just not interested in being alive in this world.
Find a purpose for living. Allot of people feel "dead inside". Do you workout and are you going out
and socialise enough??

F11 - April 26, 2018, 8:18 pm

(Apr 26, 2018 08:12 PM)Commander 11:11 Wrote: [\[CITE\]](#) Find a purpose for living. Allot of people
feel "dead inside". Do you workout and are you going out and socialise enough??

No work, disabled. I do stuff on pc to Ean money.
Not as active last couple years because of medical issues.

I've had to have like 4 surgeries in a 3 month period and haven't been right physically since.
Also iv got multiple mental disorders and have to take about 7 different pills a day.

Commander 11:11 - April 26, 2018, 8:39 pm

(Apr 26, 2018 08:18 PM)ThaReaLiZt Wrote: [\[CITE\]](#) No work, disabled. I do stuff on pc to Ean money.
Not as active last couple years because of medical issues.

I've had to have like 4 surgeries in a 3 month period and haven't been right physically since.
Also iv got multiple mental disorders and have to take about 7 different pills a day.
I have been in situation when I had no money or exit from a situation and wanted to end myself so I

understand how you feel. But I promised myself that I will not give up and that I will fight to achieve all that I ever wanted. You know, it's hard to see a bright future when it seems like everything is against you.

But it's not. This is just a brief storm that will pass. You will get better and you will heal. And well while you maybe think that you are disabled I would say that you could turn your disadvantage to your advantage. I mean you are on Hack Forums, you can make a good friendships here, there are allot of good people here and earning money on PC could be a very lucrative if you learn to be highly productive. Look at in this way what happened to you just directed you in a certain path that could be good.

Sans - April 26, 2018, 10:57 pm

(Apr 26, 2018 07:39 PM)ThaReaLiZt Wrote: [\[CITE\]](#) Question.

What should someone do when they don't wanna live anymore?

Not suicidal way, just not interested in being alive in this world.

Good question, I was actually feeling this way for a long time. I wanted to die, but I would never kill myself because I didn't wanna put my family/ friends through that.

As Commander stated above, you need to find something to live for. For me, I decided to go to college for Child & Youth Care so I can change the lives of the children of our future. I also really realized how bad I wanna get married, and have children of my own which was a game changer for me.

That in my opinion is something worth living for.

When you lay in bed at night, or when you space out during the day what do you envision in your future? Let's start with that.

Eccy - April 27, 2018, 2:04 am

(Apr 26, 2018 10:57 PM)Chris Kyle Wrote: [\[CITE\]](#) Good question, I was actually feeling this way for a long time. I wanted to die, but I would never kill myself because I didn't wanna put my family/ friends through that.

As Commander stated above, you need to find something to live for. For me, I decided to go to college for Child & Youth Care so I can change the lives of the children of our future. I also really realized how bad I wanna get married, and have children of my own which was a game changer for me.

That in my opinion is something worth living for.

When you lay in bed at night, or when you space out during the day what do you envision in your future? Let's start with that.

This^

Just because you're not at a good point in life right now that doesn't mean you've got a dark future

ahzzain - April 27, 2018, 2:22 am

I've been struggling through depression and anxiety attacks, been diagnosed with bipolar, My situation went worst when the girl I loved the most more then myself left me like I never held any place in her heart, I've never spoken about this anywhere to anybody, And it takes a lot to get these words out.

jesuschristisfake - April 28, 2018, 8:41 am

Can you PM OP? I got couple of questions for you.
I'd really love to have my own private psychotherapist for a day lol!

?BowmanBot? - April 28, 2018, 1:35 pm

(Apr 27, 2018 02:22 AM)ahzzain Wrote: [\[CITE\]](#) I've been struggling through depression and anxiety attacks, been diagnosed with bipolar, My situation went worst when the girl I loved the most more then myself left me like I never held any place in her heart, I've never spoken about this anywhere to anybody, And it takes a lot to get these words out.

Relationships can but a hard strain on the mind, especially if you are already going through something. It is better that she left you then rather than dragging you on. You need to look on the bright side of your situation. Healing yourself is impossible if you are always looking out, caring for, and trying to live up to the standards of someone else. You need to take this time to figure out your problems. You are your own person, she did not make you or break you. She allowed your to heal, to move on, to mature and to grow. Take the experiences you had with her and transfer them on, into the future. I would recommend that you take this time to figure out who you are as a person. What do you like, what are your hobbies, where do you want to go and how will you get there. What don't you like about yourself and how will you take the steps in order to correct those flaws.

This is not about her, this is about you. You need to work on yourself. You need to grow and you need to mature. Cease the opportunity that is put in front of you. If you spend all your time wallowing about the past and what doors have been shut in your face then you are sure to miss the door that is open right in front of you. Live in the moment but plan for the future. This is what you now must do.

Feel free to message me anytime. <3

(Apr 28, 2018 08:41 AM)Aesthetik Wrote: [\[CITE\]](#) Can you PM OP? I got couple of questions for you.
I'd really love to have my own private psychotherapist for a day lol!

PM has been sent.

However, I must state that I am not a psychotherapist, life coach, or therapist. I am just someone trying to help to the best of my abilities.

DENIZ - April 28, 2018, 3:07 pm

Read some of the answers here and the thread is HQ af! Keep doing your work guys, good to know that there are guys like you in this community. :)

Eccy - April 29, 2018, 4:00 am

(Apr 28, 2018 03:07 PM)DENIZ Wrote: [\[CITE\]](#) Read some of the answers here and the thread is HQ af! Keep doing your work guys, good to know that there are guys like you in this community. :)

Yeah it's a shame nice people are rare online

justcallmemin - April 29, 2018, 10:48 am

I sent a message, hoping you guys could help.

Kalifornia - April 29, 2018, 4:07 pm

(Apr 29, 2018 04:00 AM)Eccy Wrote: [\[CITE\]](#) Yeah it's a shame nice people are rare online
Cuz nice people are out there helping others and living their lives ;)

Zippo - April 30, 2018, 3:14 am

Please help:

Been pulling my hair out with this.

Got an assignment, have to decode the text

"STY GNKBY KYJ JOQP GFVEX"

The text is coded using polyalphabetic cipher

Hint 1) The key is 3 characters long

Hint 2) The key starts with T

Hint 3) Y (Not sure what that means, but maybe that there is a Y in the key also?)

Any help would be appreciated

?BowmanBot? - May 1, 2018, 2:02 pm

(Apr 30, 2018 03:14 AM)Zippo Wrote: [\[CITE\]](#) Please help:

Been pulling my hair out with this.

Got an assignment, have to decode the text

"STY GNKBY KYJ JOQP GFVEX"

The text is coded using polyalphabetic cipher

Hint 1) The key is 3 characters long

Hint 2) The key starts with T

Hint 3) Y (Not sure what that means, but maybe that there is a Y in the key also?)

Any help would be appreciated

I recommend that you read the OP.

There are many homework services on Hack Forums, I am sure one of them would love to help you out.

Zippo - May 1, 2018, 6:03 pm

Nevermind, solved already :)

Also, I did read the OP. What are you referring to?

?BowmanBot? - May 1, 2018, 7:01 pm

(May 1, 2018 06:03 PM)Zippo Wrote: [\[CITE\]](#) Nevermind, solved already :)

Also, I did read the OP. What are you referring to?

The original post states the topics that we cover.

This thread is to help users with their personal issues such as anxiety, depression, bullying, sexuality, and various other stressful situations.

We are unable to help you with the decoding problem as that is not what this thread is for.

However, if you do need help with any of the issues that are listed in the original post, feel free to

post or message any one of us.

nicksaban1 - May 2, 2018, 9:25 am

If you got time, hmu in the "old hangout". ?

?BowmanBot? - May 2, 2018, 10:05 am

(May 2, 2018 09:25 AM)zer0 c00l Wrote: [\[CITE\]](#) If you got time, hmu in the "old hangout". ?
Done and done.

I've missed you, man! :(<3

Eccy - May 2, 2018, 12:27 pm

(May 1, 2018 06:03 PM)Zippo Wrote: [\[CITE\]](#) Nevermind, solved already :)

Also, I did read the OP. What are you referring to?

What did it turn out to be? Interested lmao

Judge Judy - May 3, 2018, 3:11 am

(Apr 18, 2018 12:05 AM)Tree of Life Wrote: [\[CITE\]](#) It's nice to see how big this thread has become since it was first posted. I'm sure the support has helped a lot of members.

I'm sure there's been many a person that's reached out for support that they've helped.

I'd reach out to get help for my crippling anxiety and depression but I'm too spooked, glad you're helping others though!

Eccy - May 3, 2018, 5:43 am

(May 3, 2018 03:11 AM)Judge Judy Wrote: [\[CITE\]](#) I'm sure there's been many a person that's reached out for support that they've helped.

I'd reach out to get help for my crippling anxiety and depression but I'm too spooked, glad you're helping others though!

I used to have extremely bad anxiety, it kinda faded away once I started smoking weed, not really sure if that's the reason it went or if I just got more confident over time, I know weed can have the opposite effect on some though.

Judge Judy - May 3, 2018, 6:53 am

(May 3, 2018 05:43 AM)Eccy Wrote: [\[CITE\]](#) I used to have extremely bad anxiety, it kinda faded away once I started smoking weed, not really sure if that's the reason it went or if I just got more confident over time, I know weed can have the opposite effect on some though.

Yeah I'm pretty sure it has the opposite effect on me, it really depends on which weed though. Amnesia gets me so spooked I won't leave the house, it's pretty chill though.

I don't smoke very often anymore though, been a while.

On topic: Halp I have anxiety, what do I do?

Eccy - May 3, 2018, 7:17 am

(May 3, 2018 06:53 AM)Judge Judy Wrote: [\[CITE\]](#) Yeah I'm pretty sure it has the opposite effect on me, it really depends on which weed though. Amnesia gets me so spooked I won't leave the house, it's pretty chill though.

I don't smoke very often anymore though, been a while.

On topic: Halp I have anxiety, what do I do?Have you been to a doctor?

Judge Judy - May 3, 2018, 12:06 pm

(May 3, 2018 07:17 AM)Eccy Wrote: [\[CITE\]](#) Have you been to a doctor?

Yeah definitely, but I'm not sure whether I'm just shy or if it's actual anxiety. Oh well fuck if I know, they gave me some Ritalin and it seems to work.

Eccy - May 3, 2018, 12:07 pm

(May 3, 2018 12:06 PM)Judge Judy Wrote: [\[CITE\]](#) Yeah definitely, but I'm not sure whether I'm just shy or if it's actual anxiety. Oh well fuck if I know, they gave me some Ritalin and it seems to work. Weell, whatever works :) Wish I could get a Ritalin presc

Judge Judy - May 3, 2018, 12:38 pm

(May 3, 2018 12:07 PM)Eccy Wrote: [\[CITE\]](#) Weell, whatever works :) Wish I could get a Ritalin presc It's easy, I got it by just telling them I have problems concentrating. Got that ADHD diagnosis quicker than you can say "Lady Gaga is the best artist this world has ever seen and will ever see."

Doesn't help with anxiety though the doctor said.

Eccy - May 3, 2018, 12:39 pm

(May 3, 2018 12:38 PM)Judge Judy Wrote: [\[CITE\]](#) It's easy, I got it by just telling them I have problems concentrating. Got that ADHD diagnosis quicker than you can say "Lady Gaga is the best artist this world has ever seen and will ever see."

Doesn't help with anxiety though the doctor said.

I may have to do that at some point lmao

Zippo - May 3, 2018, 7:13 pm

(May 1, 2018 07:01 PM)?BowmanBot? Wrote: [\[CITE\]](#) The original post states the topics that we cover.

This thread is to help users with their personal issues such as anxiety, depression, bullying, sexuality, and various other stressful situations.

We are unable to help you with the decoding problem as that is not what this thread is for.

However, if you do need help with any of the issues that are listed in the original post, feel free to post or message any one of us.

Okay my bad. Misunderstood the "schooling" part.

?BowmanBot? - May 9, 2018, 7:08 pm

(May 3, 2018 07:13 PM)Zippo Wrote: [\[CITE\]](#) Okay my bad. Misunderstood the "schooling" part.

Don't worry about it, mistakes happen.

Best of luck with all of your classes! <3

SIM-964740 - May 10, 2018, 3:52 am

Cool thread, should help out a bunch of people.

Zippo - May 10, 2018, 8:15 am

(May 9, 2018 07:08 PM)?BowmanBot? Wrote: [\[CITE\]](#) Don't worry about it, mistakes happen.

Best of luck with all of your classes! <3

Thanks :) Last day tomorrow and then holiday hehe

Cooligan - May 10, 2018, 11:00 am

(May 10, 2018 08:15 AM)Zippo Wrote: [\[CITE\]](#) Thanks :) Last day tomorrow and then holiday hehe
How are you liking HF and the community so far?

Zippo - May 10, 2018, 1:49 pm

(May 10, 2018 11:00 AM)Cooligan Wrote: [\[CITE\]](#) How are you liking HF and the community so far?
Very happy to have stumbled upon this community. Very friendly and a lot of interesting/useful
topics being discussed here :)

Yumi - May 18, 2018, 2:11 pm

This is a super cool thread! I don't really use HF that much anymore, but thank you to my long time
friend Cooligan for showing it to me. I love that there are still people on HF that are willing to help
others in personal issues. Keep up the good work, everyone. <3

itsMeCherry - May 18, 2018, 4:14 pm

Wow this is actually insane, nice man

?BowmanBot? - May 19, 2018, 7:34 am

(May 18, 2018 02:11 PM)Nehssa Wrote: [\[CITE\]](#) This is a super cool thread! I don't really use HF that
much anymore, but thank you to my long time friend Cooligan for showing it to me. I love that there
are still people on HF that are willing to help others in personal issues. Keep up the good work,
everyone. <3

(May 18, 2018 04:14 PM)itsMeCherry Wrote: [\[CITE\]](#) Wow this is actually insane, nice man
Thank you both for your kind words. <3

Feel free to message me or anyone else listed on the thread if you ever want to get something off
your chest. ?

itsMeCherry - May 19, 2018, 7:37 am

(May 3, 2018 12:39 PM)Eccy Wrote: [\[CITE\]](#) I may have to do that at some point Imao
DW eccy lucky for you they have a section for drug problems ? ?

Eccy - May 19, 2018, 7:39 am

(May 19, 2018 07:37 AM)itsMeCherry Wrote: [\[CITE\]](#) DW eccy lucky for you they have a section for
drug problems ? ?

Sir I don't have a problem with drugs, they're my friends

itsMeCherry - May 19, 2018, 7:47 am

(May 19, 2018 07:39 AM)Eccy Wrote: [\[CITE\]](#) Sir I don't have a problem with drugs, they're my friends
Yeah bro i would your friend too with the money you spend on them ?

Eccy - May 19, 2018, 12:01 pm

(May 19, 2018 07:47 AM)itsMeCherry Wrote: [\[CITE\]](#) Yeah bro i would your friend too with the money
you spend on them ?

Money can buy happiness

itsMeCherry - May 19, 2018, 12:19 pm

(May 19, 2018 12:01 PM)Eccy Wrote: [\[CITE\]](#) Money can buy happiness
yes yes my friend happiness comes in mysterious forms

?BowmanBot? - May 22, 2018, 8:50 pm

Although this thread is not sticked at the moment, it doesn't mean we are no longer providing this
service to the wonderful members of Hack Forums.

Please feel free to message me or anyone listed on the original post. <3

C a k e - May 22, 2018, 8:52 pm

(May 19, 2018 12:01 PM)Eccy Wrote: [\[CITE\]](#) Money can buy happiness
Finally someone gets it.

RedCupcake - May 22, 2018, 9:27 pm

(May 19, 2018 12:01 PM)Eccy Wrote: [\[CITE\]](#) Money can buy happiness
How? Even though money gives us many things materialistic wise, that is not true happiness.
Happiness is what you feel when you just kissed that girl/guy and it brings a smile to your face or
how puppies and kittens make you feel.

Money gives us satisfaction of what society has taught us, that makes us happy which not real
happiness. as a child you didn't understand the value or worth of money but you knew happiness
while coloring in your coloring book or playing with your friends running around laughing.

SIM-964740 - May 22, 2018, 11:51 pm

(May 19, 2018 07:39 AM)Eccy Wrote: [\[CITE\]](#) Sir I don't have a problem with drugs, they're my friends
Drugs are friends not food.

itsMeCherry - May 23, 2018, 12:43 am

(May 22, 2018 11:51 PM)Deadpan Wrote: [\[CITE\]](#) Drugs are friends not food.
You mean they are food and not friends? we dont consume our friends ?

SIM-964740 - May 23, 2018, 12:45 am

(May 23, 2018 12:43 AM)itsMeCherry Wrote: [\[CITE\]](#) You mean they are food and not friends? we
dont consume our friends ?
Righthttt... we don't consume our friends... ?

itsMeCherry - May 23, 2018, 12:46 am

(May 23, 2018 12:45 AM)Deadpan Wrote: [\[CITE\]](#) Righthttt... we don't consume our friends... ?
ah i think i understand, if your friend is high and has active drugs in his bloodstream, if we consume
him we technically consume the drugs so we get more high! yes got it!! ?

SIM-964740 - May 23, 2018, 12:47 am

(May 23, 2018 12:46 AM)itsMeCherry Wrote: [\[CITE\]](#) ah i think i understand, if your friend is high and
has active drugs in his bloodstream, if we consume him we technically consume the drugs so we get
more high! yes got it!! ?
Stole the words right out my mouth. ?

SilentStorm2020 - May 23, 2018, 2:11 am

I need some support/advice please. So my friends parents came from out of country to visit my
friend a couple weeks ago. There staying until mid summer and they only see each other once a
year. So I been trying to chat with my friend through text but I haven't heard from them since a week
before her parents arrived. The last time they spoke with me in text is May 3rd. Is it odd that they
arnt speaking/texting there friends when there family is in town for this long period of time? They
view my instagram stories and there active on Facebook. I'm curious on what to do since I haven't
heard from my friend in so long. Is it reasonable that they don't text friends while family is in town?
Should I call them? I'm a little worried since I haven't really heard from my friend in awhile.

Marketplace - May 23, 2018, 6:15 am

Good thread. You should get Dutch support as well

I like the layout by the way good job on that :)

?BowmanBot? - May 23, 2018, 8:05 am

(May 23, 2018 02:11 AM)SilentStorm2020 Wrote: [\[CITE\]](#) I need some support/advice please. So my friends parents came from out of country to visit my friend a couple weeks ago. There staying until mid summer and they only see each other once a year. So I been trying to chat with my friend through text but I haven't heard from them since a week before her parents arrived. The last time they spoke with me in text is May 3rd. Is it odd that they arnt speaking/texting there friends when there family is in town for this long period of time? They view my instagram stories and there active on Facebook. I'm curious on what to do since I haven't heard from my friend in so long. Is it reasonable that they don't text friends while family is in town? Should I call them? I'm a little worried since I haven't really heard from my friend in awhile.

Relax, its totally normal.

Give him a call and say you want to take them and their families out for lunch or something. If you cannot afford that then just take them out for lunch. Just don't allow yourself to get angry over the fact they aren't replying. There could be many factors at play here. Most likely they are just busy.

Take this time do figure yourself out. Do some of your favourite hobbies, go for walks, take some pictures. You aren't nothing without your friends. You are your own person with your own life. Now, go live it!

juulstar - May 23, 2018, 8:19 am

I'm so happy to officially be an ambassador and volunteer for this program.

I love you all and if any of you need help, feel free to PM me.

Thanks to BowmanBot for taking the time to add me to the list, I appreciate it.

Neodraxis - May 23, 2018, 10:27 am

Thread looks great, hopefully, you'll be helping a lot of users.

Marketplace - May 23, 2018, 10:33 am

(May 23, 2018 08:05 AM)?BowmanBot? Wrote: [\[CITE\]](#) Relax, its totally normal.

Give him a call and say you want to take them and their families out for lunch or something. If you cannot afford that then just take them out for lunch. Just don't allow yourself to get angry over the fact they aren't replying. There could be many factors at play here. Most likely they are just busy.

Take this time do figure yourself out. Do some of your favourite hobbies, go for walks, take some pictures. You aren't nothing without your friends. You are your own person with your own life. Now, go live it!

This + A little bonus tip: Take them for a picnic :) It's more active and fun than just lunch!

RedCupcake - May 23, 2018, 2:00 pm

(May 23, 2018 10:27 AM)N?bility Wrote: [\[CITE\]](#) Thread looks great, hopefully, you'll be helping a lot of users.

We are here to help anyone to the best of our abilities :)

SilentStorm2020 - May 23, 2018, 2:40 pm

(May 23, 2018 08:05 AM)?BowmanBot? Wrote: [\[CITE\]](#) Relax, its totally normal.

Give him a call and say you want to take them and their families out for lunch or something. If you

cannot afford that then just take them out for lunch. Just don't allow yourself to get angry over the fact they aren't replying. There could be many factors at play here. Most likely they are just busy.

Take this time do figure yourself out. Do some of your favourite hobbies, go for walks, take some pictures. You aren't nothing without your friends. You are your own person with your own life. Now, go live it!

Thank you, I have a follow up question to what you said. Would that be appropriate and ok if I aksed there family for dinner? There married. I have been out to dinner with the husbands side of family before for his birthday but haven't met or been out with her side of the family. Jus making Sure if it is to ask?

Neodraxis - May 23, 2018, 2:42 pm

(May 23, 2018 02:00 PM)RedCupcake Wrote: [\[CITE\]](#) We are here to help anyone to the best of our abilities :)

I can tell, great work so far.

?BowmanBot? - May 23, 2018, 8:29 pm

(May 23, 2018 02:40 PM)SilentStorm2020 Wrote: [\[CITE\]](#) Thank you, I have a follow up question to what you said. Would that be appropriate and ok if I aksed there family for dinner? There married. I have been out to dinner with the husbands side of family before for his birthday but haven't met or been out with her side of the family. Jus making Sure if it is to ask?

There is only one way to get to know the, and that is to spend time with them. It is completely fine to ask. This allows them to make the choice if they would like to proceed or not. If they say no, don't take it personally, just make other arrangements.

?BowmanBot? - June 13, 2018, 3:30 pm

Let's get some quality threads back on the first page of the lounge.

I am here if anyone would like to talk! <3

Account of the Gods - June 13, 2018, 3:40 pm

(Jun 13, 2018 03:30 PM)?BowmanBot? Wrote: [\[CITE\]](#) Let's get some quality threads back on the first page of the lounge.

I am here if anyone would like to talk! <3
thats some bs you just want our rep

?BowmanBot? - June 13, 2018, 4:46 pm

(Jun 13, 2018 03:40 PM)Account of the Gods Wrote: [\[CITE\]](#) thats some bs you just want our rep
I assure you, sir, that is not the purpose of this thread.

juulstar - June 19, 2018, 12:12 pm

(Jun 13, 2018 03:40 PM)Account of the Gods Wrote: [\[CITE\]](#) thats some bs you just want our rep
This is insensitive and ridiculous. If you don't need our help and you aren't willing to help others, leave this thread.

Aurora - June 19, 2018, 1:18 pm

We're more than happy to help anyone who needs it. ?

Wake - June 27, 2018, 12:15 pm

Glad to be apart of this group. More then happy to help any one who needs It.

nicksaban1 - June 27, 2018, 12:33 pm

Bowman is a great all around guy. Very knowledgeable and trustworthy.

Killy - August 9, 2018, 8:51 am

How am I just seeing this?

definitely will take a look into this more

?BowmanBot? - August 9, 2018, 11:31 am

(Aug 9, 2018 08:51 AM)Killy Wrote: [\[CITE\]](#) How am I just seeing this?

definitely will take a look into this more

I am more than happy to be of service whenever you need it. <3

?BowmanBot? - October 13, 2018, 7:45 pm

This thread is at your disposal if needed.

You are loved, you are worth it! <3

Neodraxis - October 13, 2018, 8:36 pm

Great service you have here. How many people have you actually helped if you don't mind me asking?

???????????Michael Kors - October 13, 2018, 8:51 pm

Is this still avaiable? I need some advice.

?BowmanBot? - October 14, 2018, 2:52 am

(Oct 13, 2018 08:36 PM)Neodraxis Wrote: [\[CITE\]](#) Great service you have here. How many people have you actually helped if you don't mind me asking?

I have helped between 75-100 people from this site for the duration of the project. I also offer this service on other platforms as well.

Thank you for your kind words. <3

(Oct 13, 2018 08:51 PM)Veteran. Wrote: [\[CITE\]](#) Is this still avaiable? I need some advice.

Of course this is still available. <3

You may send me or anyone on the thread a PM.

Neodraxis - October 14, 2018, 3:33 am

(Oct 14, 2018 02:52 AM)?BowmanBot? Wrote: [\[CITE\]](#) I have helped between 75-100 people from this site for the duration of the project. I also offer this service on other platforms as well.

Thank you for your kind words. <3

Of course this is still available. <3

You may send me or anyone on the thread a PM.
No problem.

???????????Michael Kors - October 14, 2018, 7:50 pm

(Oct 14, 2018 02:52 AM)?BowmanBot? Wrote: [\[CITE\]](#) I have helped between 75-100 people from this site for the duration of the project. I also offer this service on other platforms as well.

Thank you for your kind words. <3

Of course this is still available. <3

You may send me or anyone on the thread a PM.
I just sent you a PM, thank you for doing this.

kuzban - October 15, 2018, 4:44 am

Great thing to do, some people dont always know who to turn to when theyre struggling

MAST3RM1ND19 - October 15, 2018, 5:02 am

This looks really good, thanks for making it

hash - October 15, 2018, 5:09 am

Thanks for making this thread. Definitely PM'ing you regarding something.

TheGoldenRelik - October 15, 2018, 8:07 am

A nice thread indeed! Maybe I can consult some stuff related to depression. If someone needs to talk to, I am here

animalchub - October 15, 2018, 9:17 am

This is beautifully done. Seeing this actually cheered me up. Good job!

?BowmanBot? - October 31, 2018, 7:15 pm

This service is still being offered.

We are here to help!

?BowmanBot? - November 4, 2018, 6:08 am

I stickied this service once again.

Feel free to message any of us to get some advice on a topic or even if you just want to get something off your chest.

For those who have PM'd me already, I will be responding in the next 48 hours.

juulstar - November 4, 2018, 11:48 am

(Jan 23, 2018 11:24 AM)Aces. Wrote: [\[CITE\]](#) Looks great, lovely contribution to the forum! I'm sure some members refrain from taking the contact because of they'll share personal details, maybe even weaknesses with people they don't know. Does the members in the group have any rules of conduct when helping people on the forum? Could be problems like acting unprofessionally, sharing the user's personal details with others etc

Hey there man,

I can assure you that BowmanBot doesn't let just anybody in, so everyone has basic understanding of the policies of not being an asshole.

If needed, to address this issue I have set up a Kik so people can contact me without revealing which HF user they are.

Kik: @HFCounseling

Unfortunately, I will not be on too much as real life has me in its grasps, therefore I'm going to send the login info to Bowman.

I hope this addresses your concern.

By the way, I pledge not to talk about issues or weaknesses that I hear from somebody who needs help. I am always here.

Pepe <3

Rayner - November 4, 2018, 7:16 pm

This is a great addition to HF! Hope this helps a lot of people.

?BowmanBot? - November 4, 2018, 7:17 pm

(Nov 4, 2018 12:48 PM)whospepe? Wrote: [\[CITE\]](#) Hey there man, I can assure you that BowmanBot doesn't let just anybody in, so everyone has basic understanding of the policies of not being an asshole.

If needed, to address this issue I have set up a Kik so people can contact me without revealing which HF user they are.

Kik: @HFCounseling

Unfortunately, I will not be on too much as real life has me in its grasps, therefore I'm going to send the login info to Bowman.

I hope this addresses your concern.

By the way, I pledge not to talk about issues or weaknesses that I hear from somebody who needs help. I am always here.

Pepe <3

For full disclosure, my team and I will not be using Kik to communicate.

(Nov 4, 2018 08:16 PM)Rayner Wrote: [\[CITE\]](#) This is a great addition to HF! Hope this helps a lot of people.

I am glad you think so!

Thank you for your kind words!

WageWolf - November 5, 2018, 6:57 pm

Cannot believe I did not see this in the past, really good idea!

Pyro - November 6, 2018, 1:39 pm

(Nov 6, 2018 02:35 PM)Snowvy Wrote: [\[CITE\]](#) I will be in and out for the next 8+ hours if anyone wants a chat. Send me a PM.
wanna have some sexy chat ? ? ?

Aim - November 26, 2018, 8:36 pm

It's sad to see that suicidal thoughts are omnipresent in our society, it's like depression is increasing. Nice thread though.

stilinskicole - November 28, 2018, 3:39 am

I love this thread of yours
Can we be buddies

?BowmanBot? - February 28, 2019, 7:01 am

This service is still being offered! <3

overlude - February 28, 2019, 9:53 am

(Nov 26, 2018 09:36 PM)-Aim Wrote: [\[CITE\]](#) It's sad to see that suicidal thoughts are omnipresent in our society, it's like depression is increasing. Nice thread though.

Life can get the best of everyone at times. It's probably increasing due to more pressure and stress these days, but I think people are also more willing to talk about mental health openly now than in the past, especially without being judged, facing work repercussions, etc. Society is generally a bit more friendly about these things, so that's probably also a factor.

It always helps to talk to someone and clear your head. It doesn't even need to be for advice, hell, in most cases I don't think advice is needed. More just someone that will listen and help you get out of your own head.

I think this kind of thread has some upsides. The first, especially if you're using an alias, you aren't exactly identifiable so it removes one layer that might prevent you from talking about your issues. it's also often easier to talk to strangers than friends.

B0jack - April 11, 2019, 2:26 pm

This is the most amazing thing I have ever seen on this forum to be honest!

Ramune - April 11, 2019, 2:52 pm

Yeah this shit is certified dope, i talk a lot of shit but everyone needs a helping hand sometimes

If anyone fancies a chat feel free to HMU in the PM's too

?BowmanBot? - April 12, 2019, 11:05 am

(Apr 11, 2019 02:26 PM)B0jack Wrote: [\[CITE\]](#) This is the most amazing thing I have ever seen on this forum to be honest!

(Apr 11, 2019 02:52 PM)Outlaw Wrote: [\[CITE\]](#) Yeah this shit is certified dope, i talk a lot of shit but everyone needs a helping hand sometimes

If anyone fancies a chat feel free to HMU in the PM's too
Thank you both for your kind words. <3

Spaark - April 21, 2019, 1:48 am

Bowman there's no need for the 61 at the start of the Australian Helpline.

Lifelines number is just: 13 11 14

?BowmanBot? - April 21, 2019, 5:23 am

(Apr 21, 2019 01:48 AM)Spaark Wrote: [\[CITE\]](#) Bowman there's no need for the 61 at the start of the Australian Helpline.

Lifelines number is just: 13 11 14

Noted, fixing it now.

Thank you! <3

A + - May 1, 2019, 3:50 pm

Just wanted to say, I appreciate this thread. I know my stuff and what I need to do. Not financially but everything else I've got lol. This a good thread though, people can definitely benefit from it. Wish you guys the best.

BTC - May 1, 2019, 3:58 pm

(May 1, 2019 03:50 PM)SuitedPear Wrote: [\[CITE\]](#) Just wanted to say, I appreciate this thread. I know my stuff and what I need to do. Not financially but everything else I've got lol. This a good thread though, people can definitely benefit from it. Wish you guys the best.

Thank you for the kind words brother. It is much appreciated.

You may not need it currently. But now you know for the future that you have somewhere to turn if you ever need some advice ? We are more than happy to help. Have a great day!

?BowmanBot? - May 12, 2019, 10:08 am

This service is still ongoing and has been stickied for the purposes of public knowledge.

Dorrance - May 12, 2019, 10:58 am

Great thread, I have never seen something like this.

?BowmanBot? - May 12, 2019, 11:41 am

(May 12, 2019 10:58 AM)Dorrance Wrote: [\[CITE\]](#) Great thread, I have never seen something like this.

Thank you for your kind words <3

Celibate - May 12, 2019, 1:53 pm

If you ever need someone to talk to privately, feel free to slide a dm into my box and we can talk!

debian - May 12, 2019, 2:59 pm

This is really great. I absolutely love to see something like this being offered by the members here.

BTC - May 12, 2019, 3:08 pm

(May 12, 2019 02:59 PM)singlethread Wrote: [\[CITE\]](#) This is really great. I absolutely love to see something like this being offered by the members here.

Thanks for your kind words my friend!

If you ever looking for some help or just a friend to speak with, feel free to shoot me a message ?

debian - May 12, 2019, 3:10 pm

(May 12, 2019 03:08 PM)BTC Wrote: [\[CITE\]](#) Thanks for your kind words my friend!

If you ever looking for some help or just a friend to speak with, feel free to shoot me a message ?
Thank you, I will keep that in mind!

Raz Riverblade - May 13, 2019, 1:44 am

Fired up and ready to go.

Don't be afraid to PM, I only bite when asked.

iabm123 - May 13, 2019, 7:00 am

I need to get earning money online. I need to be free. I'm getting closer to the edge day by day. I need something to keep me going.

?BowmanBot? - May 13, 2019, 8:15 am

(May 13, 2019 07:00 AM)iabm123 Wrote: [\[CITE\]](#) I need to get earning money online. I need to be free. I'm getting closer to the edge day by day. I need something to keep me going.

Not the type of support we do here.

However, I would always recommend getting a part time job over trying to make money for "free" off the internet without any viable skills.

Cunt - May 14, 2019, 1:38 pm

Shot you a message. Thanks for hosting this service.

Maskin - May 14, 2019, 2:49 pm

I remember when you guys first started this thread and service!
Nice that it's still running :)

AuroraProducts - May 15, 2019, 11:30 am

Awesome, love seeing threads like this.

?BowmanBot? - May 16, 2019, 5:56 am

(May 14, 2019 01:38 PM)Cunt Wrote: [\[CITE\]](#) Shot you a message. Thanks for hosting this service.
We hope we can make a difference <3 even if it is just a short conversation.

(May 14, 2019 02:49 PM)Kaliber Wrote: [\[CITE\]](#) I remember when you guys first started this thread and service!

Nice that it's still running :)
I am happy that we have a platform to do so. :)

(May 15, 2019 11:30 AM)AuroraProducts Wrote: [\[CITE\]](#) Awesome, love seeing threads like this.
Thank you for your kind words! <3

On a side note. I am currently hiking through Europe, have been since the end on April. I will be returning home in June. Due to this, my responses will be delayed and as such, I recommend sending your requests to other members listed to ensure a quick response. <3

All prior messages have been replied to. Thank you! <3

Cuban - May 16, 2019, 10:39 am

Just posting here to personally thank Bowman for the help he has given me, I've gained some great perspective and solid, actionable advice - it's much appreciated. :)

mrnelly - May 18, 2019, 3:35 am

One of the first things I saw when I joined this forum. Really nice to see! You guys are doing something really special. A single talk could make a massive impact in someone's life - I've been there. :)

?BowmanBot? - May 18, 2019, 6:19 am

(May 16, 2019 10:39 AM)PurpleRa1n Wrote: [\[CITE\]](#) Just posting here to personally thank Bowman for the help he has given me, I've gained some great perspective and solid, actionable advice - it's much appreciated. :)

I am glad I could be of service. I wish you all the best! <3

(May 18, 2019 03:35 AM)mrnelly Wrote: [\[CITE\]](#) One of the first things I saw when I joined this forum. Really nice to see! You guys are doing something really special. A single talk could make a massive impact in someone's life - I've been there. :)

Thank you for your kind words, welcome to the forums! <3

Vitatec - May 18, 2019, 1:32 pm

Hi,

Really nice think what i see here i am new here and i have atm a really bad Situation but thats nice what u do!

I am a Father of 2 children 19 year and 13 yearand i have to fight with my tears when i read this!

JAS - May 18, 2019, 2:19 pm

Nice to see a service like this for the members.

quandary - May 18, 2019, 9:30 pm

This really amazing thank you Samaritans!

Spaark - May 18, 2019, 11:23 pm

(May 18, 2019 02:19 PM)JAS Wrote: [\[CITE\]](#) Nice to see a service like this for the members.

(May 18, 2019 09:30 PM)quandary Wrote: [\[CITE\]](#) This really amazing thank you Samaritans! We appreciate your support.

Please don't shy away from getting in contact.

?BowmanBot? - May 19, 2019, 2:25 am

(May 18, 2019 01:32 PM)Vitatec Wrote: [\[CITE\]](#) Hi,

Really nice think what i see here i am new here and i have atm a really bad Situation but thats nice what u do!

I am a Father of 2 children 19 year and 13 yearand i have to fight with my tears when i read this! Once you are able to send Private Messages feel free to send me one and we can talk.

Looking forward to hearing from you soon!

RedCupcake - June 2, 2019, 8:08 pm

It feels so good to help people.

Going through hard times in life alone is one of the hardest challenges life gives us. I'm glad I have people who care for me now on here and IRL because I probably wouldn't be here if it wasn't for them. <3

?BowmanBot? - June 4, 2019, 7:21 am

Now that good will Monday has finished. I would like to make sure that everyone is taken care of mentally. If you are going through a rough time, even if it is just a shitty day, let's talk.

We are all here for you! <3

bevc - June 5, 2019, 8:03 am

Is this service open to anybody? Do you just PM anyone? I have marital problems. I don't need advice particularly, but reassurance that I'm not insane would probably help me.

?BowmanBot? - June 5, 2019, 9:33 am

(Jun 5, 2019 08:03 AM)bevc Wrote: [\[CITE\]](#) Is this service open to anybody? Do you just PM anyone? I have marital problems. I don't need advice particularly, but reassurance that I'm not insane would probably help me.

Yes, the service is open to anyone that needs it. You may message anyone listed under "Relationship Advice".

I hope we can help! <3

nebbled - June 5, 2019, 3:06 pm

I respect this, keep up the work

?BowmanBot? - June 6, 2019, 12:27 am

(Jun 5, 2019 03:06 PM)nebbled Wrote: [\[CITE\]](#) I respect this, keep up the work
Thank you for your kind words! <3

Don't be afraid to use this service as well!

monktemp - June 8, 2019, 5:21 am

Happy to see this posted, nice work Bowman!

serviceagent - June 10, 2019, 12:33 pm

Does

Regions like hong kong its supported

Glad to have this service

802.1X - June 22, 2019, 11:17 am

This might just be the best thing I've seen in this forum.

PrinceOfTruth - June 24, 2019, 4:54 pm

This should get a free sticky imo

Android 17 - June 24, 2019, 4:57 pm

This is an amazing service.

As someone who suffers from mental disorders, it's nice to see people trying to help.

Though I'm unfortunately not a part of the group, anyone needing help is free to message me about anything!!!

Red0perator - August 20, 2019, 7:04 am

This is really awesome to see. Kinda gives me hope. I deal with a lot of issues personally. But I keep that shit inside and don't know how to release or open up to people and I'm to awkward to go to people for advice even online.

Options Trading - August 30, 2019, 9:42 pm

Great post! May be in contact with you soon.

Crimin4L - August 30, 2019, 10:16 pm

Amazing thread and definitely should be kept alive so people can see it.

Zero - October 28, 2019, 8:54 am

I think this thread should be kept alive for people who needs this!

Thank you so much for this! You might've saved so many lives!

B0Trun - October 28, 2019, 8:57 am

Would like to join the discord group to have fun like earlier times .

eXceptional - January 20, 2020, 8:19 am

Can someone help me earn money? I'm broke.

Stork - January 20, 2020, 10:06 am

(Jan 20, 2020 09:19 AM)eXceptional Wrote: [\[CITE\]](#) Can someone help me earn money? I'm broke.

Whew what a grave dig, I'm sure if you go to the sellers section you can find some method.

?BowmanBot? - January 20, 2020, 10:47 am

(Jan 20, 2020 11:06 AM)Stork Wrote: [\[CITE\]](#) Whew what a grave dig, I'm sure if you go to the sellers section you can find some method.

We will be relaunching this service in a new thread in the coming weeks.

As for the user above, that is not what this service is for.

eXceptional - January 20, 2020, 3:32 pm

(Jan 20, 2020 11:47 AM)?BowmanBot? Wrote: [\[CITE\]](#) We will be relaunching this service in a new thread in the coming weeks.

As for the user above, that is not what this service is for.

Re-launch in the same thread. Why create new?

I was too curious to know if you or anyone would have helped me. I'm fine.

?BowmanBot? - January 20, 2020, 3:51 pm

(Jan 20, 2020 04:32 PM)eXceptional Wrote: [\[CITE\]](#) Re-launch in the same thread. Why create new?

I was too curious to know if you or anyone would have helped me. I'm fine.

The original post is too old to edit it.

We help people just not on the topic of making money.

eXceptional - January 20, 2020, 3:57 pm

(Jan 20, 2020 04:51 PM)?BowmanBot? Wrote: [\[CITE\]](#) The original post is too old to edit it.

We help people just not on the topic of making money.
I'm aware. I saw the thread and I wanted to simply bump it.

A lot of HF groups have been inactive these days. It would be awesome to get 1 more group to being active again.

Also, you can purchase V3ND0R to make unlimited edits. Have you considered it?

?BowmanBot? - January 20, 2020, 3:58 pm

(Jan 20, 2020 04:57 PM)eXceptional Wrote: [\[CITE\]](#) I'm aware. I saw the thread and I wanted to simply bump it.

A lot of HF groups have been inactive these days. It would be awesome to get 1 more group to being active again.

Also, you can purchase V3ND0R to make unlimited edits. Have you considered it?
I have not actually, I'll look into that. Thank you!

akhi - January 4, 2023, 11:32 am

This group seemed like such a good idea. What happened to it, or are you guys still here for everyone?

I like the support groups on the forums, but this one is unique as it is related to real-world problems. Basically, free therapy sessions are provided.

Why is this the first time I've come across this? What happened between 2018 and now?

Pikachu - January 4, 2023, 11:51 am

(Jan 4, 2023 12:32 PM)typicallyunaware Wrote: [\[CITE\]](#) This group seemed like such a good idea. What happened to it, or are you guys still here for everyone?

I like the support groups on the forums, but this one is unique as it is related to real-world problems. Basically, free therapy sessions are provided.

Why is this the first time I've come across this? What happened between 2018 and now?
I was part of the group before it sold. I miss it. Met some great folks in there.

akhi - January 4, 2023, 12:02 pm

(Jan 4, 2023 12:51 PM)Pikachu Wrote: [\[CITE\]](#) I was part of the group before it sold. I miss it. Met some great folks in there.

I don't doubt it. I'm sure people remember you for your help.

Some groups are for sale currently, maybe someone will aim at something similar to this.

Pikachu - January 4, 2023, 3:05 pm

(Jan 4, 2023 01:02 PM)typicallyunaware Wrote: [\[CITE\]](#) I don't doubt it. I'm sure people remember you

for your help.

Some groups are for sale currently, maybe someone will aim at something similar to this.

I may have some plans for something if all goes well on my end financially.. I run a crew rn that's main focus is spiritual philosophy but I am also going to incorporate something similar to these therapeutic help desks. If all goes well, I'll be upgrading to an official group.

akhi - January 4, 2023, 5:07 pm

(Jan 4, 2023 04:05 PM)Pikachu Wrote: [\[CITE\]](#) I may have some plans for something if all goes well on my end financially.. I run a crew rn that's main focus is spiritual philosophy but I am also going to incorporate something similar to these therapeutic help desks. If all goes well, I'll be upgrading to an official group.

Definitely keep me posted. I'm super interested , my goal is to spread Islam thru being a good example of its spiritual practices and fulfilling my obligations. I can't say I know all the answers or that I can help everyone, but I believe that God is a great place to start, and that understanding what you are and what you're going thru is a great way to find God.

Nate - January 4, 2023, 11:09 pm

Cool to see this come back, we had a lot of these over the years probably helped a good amount of members

DashPHP - January 14, 2023, 5:03 am

Beautiful thread OP. Thanks for creating this!

Dopealicious - July 16, 2023, 1:14 am

This looks like a dope group how would one join?

?nxy - July 16, 2023, 4:28 am

I drink away all my problems

?BowmanBot? - July 21, 2023, 7:19 pm

I am over the moon to see this thread again.

I, nor most a the people involved in the crew, are very active anymore.

I appreciate any efforts to have a thread like this become prominent again.

Much love to everyone who was involved. <3