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Thread: [Thoughts on "Gaming Addiction" as a formal disorder???](#)

stephhw - February 17, 2018, 6:12 am

I read recently that gaming addiction ("Gaming Disorder") is now an actual mental health condition according to the World Health Organization. What do you think??? ? ?

I feel like gaming a lot doesn't NECESSARILY mean "addiction"? Pathological gaming is not the same as non-pathological gaming.

I want to do justice to players that aren't pathological and make sure diagnoses are only made to those whose gaming behaviours have detrimental impacts on the gamer's physical, mental, and social health. Thus, I'll be writing my thesis on the predictors of online gaming while distinguishing between gaming addiction and "high engagement".

This could have really important implications on how gaming is seen by the public, so PLEASE help to fill out my questionnaire - should only take arnd 10 minutes. Link is here: -> goo.gl/forms/DbPMhL7FI9Hs7zZC3

Shoot me a message or email if you have anything you want me to take note of - my details are on the informed consent form page.

Thank you so much I would really appreciate your help.

b1g baimer - February 17, 2018, 8:56 am

You are so late on this topic.

Nobody really cares tbh. Not being rude to you but nobody really cares about what they think.

Kuldar - February 18, 2018, 2:19 am

(Feb 17, 2018 09:56 AM)Mercenary. Wrote: [\[CITE\]](#) You are so late on this topic.

Nobody really cares tbh. Not being rude to you but nobody really cares about what they think. Speak for yourself.

Basically, every need can be called addiction in some degree. There must be an addiction/wanting to have the drive. Very debatable topic.

Jimmie - February 18, 2018, 2:21 am

Gaming can be addictive but if you get so much into gaming that you don't leave the room then you probably have social anxiety.

Mr AB - February 19, 2018, 4:20 pm

Everything can be addictive to be honest.

Tryhard-unique - February 19, 2018, 4:47 pm

Gaming is certainly addictive. However, so is almost anything providing you get enjoyment out of it. Also good to beat depression.