

Forum:[Hack Forums](#)

Thread: [How much do you weigh?](#)

kookur - February 19, 2018, 9:51 pm

Don't tell your height if you don't wanna hint how obese you are. ?

I am 216 Pounds or 98 Kg !

plexy.timex - February 19, 2018, 9:52 pm

I am around 135 pounds. I dont know if thats bad or not though.

Deany - February 19, 2018, 9:52 pm

I'll give you a hint, i'm a big boy ;)

Joy™ - February 19, 2018, 9:56 pm

I'm 5'11 and weigh 170lb last time I checked.

Sus Az - February 19, 2018, 9:58 pm

6'3 and 88kgs (194lb)

was well over 110KG (240lb) but heavy bong use and ciggies cut me down. not very healthy lol

Percyi - February 19, 2018, 9:59 pm

125 lbs, 5'7"

The short and skinny life sigh

Ravioli - February 19, 2018, 10:16 pm

im about 170 pounds at 6 ft exactly.

Mr.Peanut - February 19, 2018, 10:18 pm

I'm currently at 190 lbs. It's crazy to think that at March of this time last year I was 222lbs (most of that weight lost in the past 3-4 months). I plan to hit 170 within the next few months and I'll be at my ideal body weight.

Heart - February 19, 2018, 10:44 pm

Usually around 215. Atm I'm 220.

plexy.timex - February 19, 2018, 10:55 pm

I feel like a fucking anorexic twat it kinda sucks to be honest.

Mitlar - February 19, 2018, 11:02 pm

5'10 160 pounds kinda fat right know but swim season is starting at my school so I should lose 15ish pounds :D

Purple Drank - February 19, 2018, 11:39 pm

I weigh a nice three fifty.

Haters gonna hate.

Geass - February 19, 2018, 11:41 pm

I am 70-75kg, about average.

The-Fluffy-Kitty - February 19, 2018, 11:47 pm

I'm around 152 lbs/ 69kg last time I weighed myself.

Ninja - February 20, 2018, 12:55 am

135 pounds I'm pretty sure. I haven't stepped on a scale in months but I assume I'm still around this.

Aussie - February 20, 2018, 1:01 am

65kg, 5'10 and a bit. I needa pack on more weight as muscle :D

Biggy - February 20, 2018, 2:39 am

I weigh about 200 pounds at 6'0.

flavoral - February 20, 2018, 2:43 am

sometimes i think that with the amount of similar type of threads i see recently, someone will be making a huge wiki dox of all hf users with all these personal info...

The Piggy Bank - February 20, 2018, 2:50 am

I'm 91kg / 200lbs - 1,85CM - 6,02 inch.

The average Hackforums member weighs around 70KG and is skinny as F ? People are not very healthy around here.

Deany - February 20, 2018, 2:51 am

(Feb 20, 2018 03:39 AM)Biggy Wrote: [\[CITE\]](#) I weigh about 200 pounds at 6'0.

Username checks out, you're a big guy ;)

Biggy - February 20, 2018, 3:05 am

(Feb 20, 2018 03:51 AM)Japanese Wrote: [\[CITE\]](#) Username checks out, you're a big guy ;)

I'm a bodybuilder! It's cutting season though so I plan to get around 170 by summer.

Toasties - February 20, 2018, 3:09 am

I'm pretty light. I should definitely be eating correctly. About 60ish

Cammy - February 20, 2018, 3:24 am

I'm 178cm / 5'9 (?)

About 100lbs or 45kg

Cain_ - February 20, 2018, 3:35 am

5'9 & I weigh around 160lbs.

Canadian - February 20, 2018, 4:30 am

188.5 atm.. I've been trying to get to 215 for over 4 months...

Apexilation - February 20, 2018, 5:20 am

147 pounds at 5'7, short.

Canadian - February 20, 2018, 5:21 am

(Feb 20, 2018 03:51 AM)Japanese Wrote: [\[CITE\]](#) Username checks out, you're a big guy ;)

You'd be surprised, 200 isn't that big on a 6' frame. That's still medium wear(for me at least)

Soldiercrimes - February 20, 2018, 5:22 am

136 pounds at 5'7 short. i guess thats pretty okay right?

Devsoft - February 20, 2018, 5:58 am

Currently I am at 82kg, which is regular for me.

Silver Haz3 - February 20, 2018, 5:59 am

1.81m and 72.7 Kilograms.

Pain - February 20, 2018, 6:02 am

I weight about 200, starting to cut up

V?rt - February 20, 2018, 6:04 am

230 lbs atm, currently losing weight, was 260. I want to be down to 175 by the time I'm done. It just seems like a good number.

Zoomer - February 20, 2018, 6:04 am

I'm 6'2 (1.88cm) tall and I weigh 190 lbs (86kg)

Pain - February 20, 2018, 6:06 am

(Feb 20, 2018 07:04 AM)Zoomer Wrote: [\[CITE\]](#) I'm 6'2 (1.88cm) tall and I weigh 190 lbs (86kg)
I wish I was that tall ... That seems like a pretty solid correlation

Zoomer - February 20, 2018, 6:13 am

(Feb 20, 2018 07:06 AM)PAIN Wrote: [\[CITE\]](#) I wish I was that tall ... That seems like a pretty solid correlation

Thanks, I've been given the genetic gift of height. I'm still trying to gain about 4kg or so but that will come in time, currently working on my squats to pack more weight and muscle to my legs.

Pain - February 20, 2018, 6:15 am

(Feb 20, 2018 07:13 AM)Zoomer Wrote: [\[CITE\]](#) Thanks, I've been given the genetic gift of height. I'm still trying to gain about 4kg or so but that will come in time, currently working on my squats to pack more weight and muscle to my legs. I am not too far off from 6 but it would be cool to be 6.. Would of better are some sports I played

Flowerson - February 20, 2018, 6:15 am

Right now I'm 61.5 kg or around 135 pounds!

Zoomer - February 20, 2018, 6:19 am

(Feb 20, 2018 07:15 AM)PAIN Wrote: [\[CITE\]](#) I am not too far off from 6 but it would be cool to be 6.. Would of better are some sports I played

Nothing that a pair of good shoes doesn't get you there! No but all jokes aside, if you're close to 6 than you have a good height as well.

Pain - February 20, 2018, 6:27 am

(Feb 20, 2018 07:19 AM)Zoomer Wrote: [\[CITE\]](#) Nothing that a pair of good shoes doesn't get you there! No but all jokes aside, if you're close to 6 than you have a good height as well.

Thats good to hear, do you play any sports?

Vitani's Mate - February 20, 2018, 6:28 am

I think around 55kg. lol

I don't weight that much, I am small and fucking skinny as fuck.

Zoomer - February 20, 2018, 6:30 am

(Feb 20, 2018 07:27 AM)PAIN Wrote: [\[CITE\]](#) Thats good to hear, do you play any sports?
Yeh since i was little i've been doing gymnastics and swimming. I used to do basketball and soccer but not lately anymore. My day to day job consumes a lot of time and so i had to cut a few activities. Yourself?

Shoto - February 20, 2018, 6:31 am

65 kg 1,80 long idk if thats good or wrong :p

Zoomer - February 20, 2018, 6:32 am

(Feb 20, 2018 07:31 AM)Shoto Wrote: [\[CITE\]](#) 65 kg 1,80 long idk if thats good or wrong :p
My upbringing and rule of thumb always taught me to weigh as much as you are tall, so if you're 1,80 you should weigh 80kg. (if you want to be well balanced)

Exe - February 20, 2018, 6:35 am

I'm 5'8 and I weight about 130

Canadian - February 20, 2018, 6:40 am

(Feb 20, 2018 07:04 AM)V?rt Wrote: [\[CITE\]](#) 230 lbs atm, currently losing weight, was 260. I want to be down to 175 by the time I'm done. It just seems like a good number.
230lb at 12% bf would be so nice. Hopefully I can get there.

musical - February 20, 2018, 7:36 am

usually 82-85 kg, and i'm exactly 6 ft.

Vyxn - February 20, 2018, 7:41 am

61 kg 5'5. Am I the only short user here? :(

Theocritus - February 20, 2018, 7:42 am

im 6,2 and weigh around 75kg

Elitas - February 20, 2018, 7:44 am

I'm pretty light when you take into account my height. I don't think many people as tall as me would weigh so little. I don't look incredibly light either lol..

SerCoDev - February 20, 2018, 7:49 am

I weigh 167 lbs but i am underweight =[Can i have someones fatty lbs? pretty pretty please!

JoshAllen - February 20, 2018, 9:21 am

I am fat. 230 pound.
Everyone says I don't look my weight.

spradebassen - February 20, 2018, 9:23 am

im not gonna answer this

good luck fbi man

Mad76e - February 20, 2018, 9:24 am

(Feb 19, 2018 10:52 PM)Japanese Wrote: [\[CITE\]](#) I'll give you a hint, i'm a big boy ;)
I use to be that.. Not anymore i guess :D Did a gastric sleeve one and a half year ago

BOBBY TARANTINO - February 20, 2018, 9:25 am

I'm at a mere 133 pounds currently

Bossk - February 20, 2018, 9:26 am

186 cm 75 kg which is am satisfied with

Canadian - February 20, 2018, 9:33 am

(Feb 19, 2018 10:52 PM)Japanese Wrote: [\[CITE\]](#) I'll give you a hint, i'm a big boy ;) Oh noes, short and a big boy ? That's a juicy combo

Woods - February 20, 2018, 9:34 am

295 6'2

College lineman ?

Positive - February 20, 2018, 10:22 am

6ft and I just weighed in 185. That's 27lbs lighter than I was in December. GO ME!

Description - February 20, 2018, 10:50 am

142 pounds used to be 158 until I start working

gringo - February 20, 2018, 6:14 pm

Currently cutting so I'm around 170, was 210 during my dirty bulk and I'm ready for the beach season haha. Got pretty lean this time around since I did quite a bit of cardio and ate super clean.

Aerospace - February 20, 2018, 8:19 pm

I'm 6'2 and about 180 pounds. I'm pretty fit so it's a solid ratio.

Prophett - February 20, 2018, 8:20 pm

10 stone 5 pounds which is around 145 pounds I believe.

B FOR BADASS - February 20, 2018, 8:22 pm

I am 86 Kgs currently. I am a little overweight as per my height. My personal goal is to be close to 80 Kgs. I will try to achieve that.

Pain - February 20, 2018, 8:22 pm

I ate so much today so I might have put on an extra 5 pound from just the dinner tonight,

Prophett - February 20, 2018, 8:32 pm

(Feb 20, 2018 09:22 PM)PAIN Wrote: [\[CITE\]](#) I ate so much today so I might have put on an extra 5 pound from just the dinner tonight, what did you eat today?

Biggy - February 20, 2018, 9:38 pm

(Feb 20, 2018 09:19 PM)Aerospace Wrote: [\[CITE\]](#) I'm 6'2 and about 180 pounds. I'm pretty fit so it's a solid ratio.

That's a pretty healthy ratio.

Shuxas - February 20, 2018, 9:52 pm

Currently I weigh 206, but last year I was about 260

Biggy - February 20, 2018, 9:52 pm

(Feb 20, 2018 10:52 PM)Shuxas Wrote: [\[CITE\]](#) Currently I weigh 206, but last year I was about 260 Impressive. Did you lose weight from the gym?

Pain - February 20, 2018, 9:53 pm

(Feb 20, 2018 09:32 PM)Medd Wrote: [\[CITE\]](#) what did you eat today?

Aww man I had about 20 Garlic Cheese Wings, and then had oreo Ice cream. Felt like a fatass afterwads wby

ACP - February 20, 2018, 10:13 pm

Well, I weigh around 76 kgs, I pretty much owe this to my height since I'm around 6'1 and I'm 17 right now.

Pain - February 20, 2018, 10:15 pm

(Feb 20, 2018 11:13 PM)ACPlakshay. Wrote: [\[CITE\]](#) Well, I weigh around 76 kgs, I pretty much owe this to my height since I'm around 6'1 and I'm 17 right now.

Pretty good, I saw your post about the army so I assume you work out a lot and cut

Niko - February 20, 2018, 10:19 pm

I'm 18 and weigh 110lbs

Sad story...

Pain - February 20, 2018, 10:22 pm

(Feb 20, 2018 11:19 PM)Nikopai Wrote: [\[CITE\]](#) I'm 18 and weigh 110lbs

Sad story...

Damn how tall are you? 110 seems a bit underweight :o

Niko - February 20, 2018, 10:30 pm

(Feb 20, 2018 11:22 PM)PAIN Wrote: [\[CITE\]](#) Damn how tall are you? 110 seems a bit underweight :o
Pretty sure I'm 5 6 or 5 7

Pain - February 20, 2018, 10:53 pm

(Feb 20, 2018 11:30 PM)Nikopai Wrote: [\[CITE\]](#) Pretty sure I'm 5 6 or 5 7

Oh then it seems under weight still but not that bad since it would be really low if you were 6 feet or so.

Just eat everything bro

Niko - February 20, 2018, 10:57 pm

(Feb 20, 2018 11:53 PM)PAIN Wrote: [\[CITE\]](#) Oh then it seems under weight still but not that bad since it would be really low if you were 6 feet or so.

Just eat everything bro

I do eat quite a bit. Whenever I get the slightest sense of hunger I'll find something to eat.

spradebassen - February 21, 2018, 12:09 am

(Feb 20, 2018 11:57 PM)Nikopai Wrote: [\[CITE\]](#) I do eat quite a bit. Whenever I get the slightest sense of hunger I'll find something to eat.

that sure as hell sounds like an unhealthy habit ?

Tree of Life - February 21, 2018, 1:01 am

last time I weight myself I was close to 100kg, I'm probably like 110kg now

Account of the Gods - February 21, 2018, 1:03 am

am 23 and weight 85 kg while I reach 190cm. generally slim guy and have some muscles :) recently I weighted 80kg only and gained 5kg due to trainings.

Anima - February 21, 2018, 1:05 am

I weigh about 11 stone (about 70kg or 154lbs) and im 6ft :)

Canadian - February 21, 2018, 1:34 am

(Feb 20, 2018 10:52 PM)Shuxas Wrote: [\[CITE\]](#) Currently I weigh 206, but last year I was about 260 Well done. How long exactly did it take?

Pirate - February 21, 2018, 1:43 am

last time I checked I weigh around 60 kgs..

ACP - February 21, 2018, 10:17 pm

(Feb 20, 2018 11:15 PM)PAIN Wrote: [\[CITE\]](#) Pretty good, I saw your post about the army so I assume you work out a lot and cut

Haha nah, I used to be in Army school but not now, was going to gym earlier but studies are taking up most of my time right now, so will be joining all that stuff later again

SysAdmin - February 21, 2018, 11:20 pm

Around 60-62kg's. I'd definitely need more, but my health is fine for now.

Danny Khalifa - February 21, 2018, 11:25 pm

I am pretty skinny, but still got the muscles since I did a lot of sports when I was younger.

74Kg right here

yoimdu - February 21, 2018, 11:36 pm

17 years old 6'7 and weight around 250 probably less now since the bulk is over.

Biggy - February 22, 2018, 12:46 am

(Feb 22, 2018 12:36 AM)yoimdu Wrote: [\[CITE\]](#) 17 years old 6'7 and weight around 250 probably less now since the bulk is over.

Wow, you seem like a pretty huge dude. Highest weight you've ever been?

J.Votra - February 22, 2018, 12:58 am

5'10" 170lbs

hmu ladies :P

kinda happy with my weight, and body fat is alright

Biggy - February 22, 2018, 1:10 am

(Feb 22, 2018 01:58 AM)J.Votra Wrote: [\[CITE\]](#) 5'10" 170lbs

hmu ladies :P

kinda happy with my weight, and body fat is alright

Pretty average weight for your height. Do you plan on losing weight?

Renowned - February 22, 2018, 2:15 am

I don't even know lol.. All I know is, I'm overweight for sure. More to life than caring about your weight though, I prefer happiness.

Shuxas - February 22, 2018, 10:07 am

(Feb 20, 2018 10:52 PM)Biggy Wrote: [\[CITE\]](#) Impressive. Did you lose weight from the gym?

this is a little late, but yeah I lost alot of the weight from going to the gym, atleast 10 pounds of it was from not drinking anymore sodas. But my eating habits still suck.

(Feb 21, 2018 02:34 AM)Wnipeg Wrote: [\[CITE\]](#) Well done. How long exactly did it take?

It took me about a good year to get it off.

QU35T - February 22, 2018, 10:13 am

(Feb 20, 2018 07:28 AM)Vitani's Mate. Wrote: [\[CITE\]](#) I think around 55kg. lol
I don't weight that much, I am small and fucking skinny as fuck.
Hah bro I feel ya, same here :-(skinny and short life

?BowmanBot? - February 22, 2018, 12:00 pm

I am fairly light for my age and size. On the BMI scale, I register as 19-20.

I weigh 130 pounds or 59 kilograms and I am 5'8".

Woes - February 22, 2018, 12:03 pm

I'm like 135 and am 5'10 or 5'11

Inopia - February 22, 2018, 12:04 pm

I am 6'3 and approximately 200 pounds with 13% BF at 28 years of age

Fault. - February 22, 2018, 12:05 pm

5'10 - 182lbs

pretty standard!

Popstar - February 22, 2018, 12:06 pm

I'm 5'10 and I weigh 142. I'm 21

I used to weigh 125, but my fiance got pregnant and I gained more weight than she did over the 9 months lmao.

Way too much beer went straight to the gut. When you lose the other person splitting the 6 packs it gets rough hahaha

Goku - February 22, 2018, 12:15 pm

(Feb 20, 2018 04:24 AM)Cammy Wrote: [\[CITE\]](#) I'm 178cm / 5'9 (?)

About 100lbs or 45kg

I'm the same as u Cammy :c but I don't like it cuz I'm way to skinny, any tips would be appreciated ?

The Doge of Wall Street - February 22, 2018, 12:16 pm

i'm 180cm

Weigh 58KG

i'm a skinny bitch

Sigma - February 22, 2018, 12:28 pm

I wonder who the heaviest person on HF is? Seems like most are in fairly good shape.

?BowmanBot? - February 22, 2018, 1:24 pm

(Feb 22, 2018 01:16 PM)Duck Signals Wrote: [\[CITE\]](#) i'm 180cm

Weigh 58KG

i'm a skinny bitch

I know how you feel man, I have slowly been putting on weight. In the fall I weight 115 pounds, I have put on 15 pounds since then.

The Doge of Wall Street - February 22, 2018, 1:27 pm

(Feb 22, 2018 02:24 PM)?BowmanBot? Wrote: [\[CITE\]](#) I know how you feel man, I have slowly been putting on weight. In the fall I weight 115 pounds, I have put on 15 pounds since then.
i tried my best by having over 11000 calories a fucking day
i lost weight keep in mind i do not go outside i'm just behind my pc listening to audiobooks , learning and reading

?BowmanBot? - February 22, 2018, 1:29 pm

(Feb 22, 2018 02:27 PM)Duck Signals Wrote: [\[CITE\]](#) i tried my best by having over 11000 calories a fucking day
i lost weight keep in mind i do not go outside i'm just behind my pc listening to audiobooks , learning and reading
Empty calories will do you no help.

I eat between 3 and 5 thousand calories each day with protein pack meat and vegetables.

Cammy - February 22, 2018, 1:31 pm

(Feb 22, 2018 01:15 PM)EXO™ Wrote: [\[CITE\]](#) I'm the same as u Cammy :c but I don't like it cuz I'm way to skinny, any tips would be appreciated ?
You could read up on the GOMAD challenge:
<https://stronglifts.com/gomad-milk-squats-gallon-gain-weight/>
It's not gonna be pretty but it sounds like something worth giving a shot

Goku - February 22, 2018, 5:26 pm

(Feb 22, 2018 02:31 PM)Cammy Wrote: [\[CITE\]](#) You could read up on the GOMAD challenge:
<https://stronglifts.com/gomad-milk-squats-gallon-gain-weight/>
It's not gonna be pretty but it sounds like something worth giving a shot
Wow, def gonna try this! Thank u cammy