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Chaval - May 3, 2018, 6:36 pm

Recently discovered these although I wouldn't plan on taking them for at least a 1-4 years. According to videos they are like steroids but without the common side affects and are apparently a lot safer.

Does anyone have experience with taking them? They seem pretty expensive too

ORK24 - May 4, 2018, 2:48 am

SARMS have side effects, don't believe the hype.. S4 for example has a known side effect of effecting your eyesight, MK677 as of now has the least amount of side effect reports.

People have to understand that there is not much research done on SARMS and what we know is very limited, unlike steroids where everything is mostly known.

I'll link some studies on MK-667

<https://www.ncbi.nlm.nih.gov/pubmed/9349662#>

<https://www.ncbi.nlm.nih.gov/pubmed/19015485#>

<https://www.ncbi.nlm.nih.gov/pubmed/9467542#>

They're also a waste of money for the amount of results you'll get in most cases.

David Laid - May 4, 2018, 7:16 am

And i think for the stronger ones you need PCT

Jester Race - May 4, 2018, 9:07 am

Better just do real steroids