

Forum: [Hack Forums](#)

Thread: [LetsTalkNorthEast - I've created a Support group for mental health and depression](#)

TheMedigator - May 21, 2018, 5:09 pm

UPDATED 04/07/2018

Hello everyone,

I've just updated this thread as it was updated and we're actually live now!

We're a support group called LetsTalkNorthEast which is a support group for people with mental health issues or depression.

We're currently doing live chats (UK based) but will be providing meetups for people who are interested in the North East of England (Newcastle area)

We've already got a live chat on our website which has a few helpers ready to help, this is to anyone with mental health issues or anyone feeling depressed that needs to get something off their chest.

I've lost 4 friends in 2 years to suicide which shows how common this problem is becoming, the latest one was only around month ago. I think it's time to stand up and actually do something and let people know that there are people out there who care.

I'll be posting regular updates on here, I'm also debating paying for a sticky as the support from this has been great already! I want to say a massive thank you to everyone who has helped already. Especially to Kawen who has financially helped us out even when I said we were not taking donations. Most of this would not have been possible without this Legend of a man (It has all been paid for by myself and this Gem of a person).

I'm sorry for the long post but I just want to say we all know people who are struggling and not everyone shows that this is the case, we tend to not deal with things that we could help with so easily. All I'm saying is if you think a friend may be struggling tell them that you are there for them (The 4 guys I knew were always happy on the outside). It's not just depression either loneliness was a massive killer last year.

There is a horrible stigma about males speaking out these days and they need to "Be a man" we need to get rid of this stigma and let people speak out even if it is anonymously (No name is required on the live chat on our website).

How you can help us:

Like and Share our Facebook post and help us raise awareness!

<https://www.facebook.com/letstalknortheast/posts/615278078828461>

We're looking for people to help support guests on the live chat (Mature members please).

Provide feedback and ideas on what else could be done (We're always looking at ways to improve)

Anyone know of anywhere to buy cheap merchandise? Looking at maybe buying silicone wrist

bands in bulk to hand out and raise awareness further or cheap t-shirt prints (UK BASED PLEASE)

Anything else you can think of let us know please!

UPDATES

29th Of June
Banner came!

1st of July
We're now live!
We've also had permission off the local council the hand out flyers.
2nd of June
5000 Flyers came!

4th of June
We will be handing out flyers and putting them in local shops and bars.

TB12 - May 21, 2018, 5:28 pm

As someone who has dealt with these problems and lost their best friend to suicide, I think this is absolutely amazing what are you doing. Suicide needs to be a more known about

Kawen - May 21, 2018, 5:32 pm

I think it's a nice initiative since I've had something similar a little while ago, and although I can not contribute with time or with a design, if you send me your BTC privately I can give you some money so you can pay someone.

TheMedigator - May 21, 2018, 5:35 pm

(May 21, 2018 05:28 PM)TB12 Wrote: [\[CITE\]](#) As someone who has dealt with these problems and lost their best friend to suicide, I think this is absolutely amazing what are you doing. Suicide needs to be a more known about

Thanks for the kind words man, I think most people know about the problems with suicide being so common now but society has made us numb to it. "Aww he was a nice guy rip" then they never speak of it again. We need to be finding out why it's happening, all 4 of my friends were under 30 and so young... so much to live for.. The latest one had a kid he loved to bits..The area we live in isn't a rough area.. It can literally happen anywhere.

I've legit been in the situation myself however I have 2 kids and a loving partner.. I believe without them I'd be dead.. I know that's stupid now and I would go back and slap my younger self for even thinking of it.. But I never spoke out.. Was always to scared to let people know my true feelings. My aim is to be to provide this to people where people can even hide their names if they wish.

(May 21, 2018 05:32 PM)Kawen Wrote: [\[CITE\]](#) I think it's a nice initiative since I've had something similar a little while ago, and although I can not contribute with time or with a design, if you send me your BTC privately I can give you some money so you can pay someone.

Really grateful for the offer buddy, but not taking cash donations at the moment. I want to be to advertise the fact we've taken no donations it shows that we're doing what we're doing because we want too unlike other companies. I legit think this makes a difference to the people who will talk to us as it shows how much we care.

Who Soup - May 21, 2018, 5:42 pm

I'd definitely like to join this group and help as much as I can. Please PM me with details.

Thanks

Wake - May 21, 2018, 5:51 pm

This Is a really good thing your doing. I am sure a lot of people will benefit from It. If you need any one on the chats to help I am willing to put some time In just PM me.

Skull-13 - May 21, 2018, 5:58 pm

This is awesome that are people like you now a days willing to spend some time into something that really worth it.

TheMedigator - May 21, 2018, 6:00 pm

(May 21, 2018 05:42 PM)Who Soup Wrote: [\[CITE\]](#) I'd definitely like to join this group and help as much as I can. Please PM me with details.

Thanks

(May 21, 2018 05:51 PM)Famalam Wrote: [\[CITE\]](#) This Is a really good thing your doing. I am sure a lot of people will benefit from It. If you need any one on the chats to help I am willing to put some time In just PM me.

Thanks guys, I'm going to setup all the roles and such on discord tomorrow then I'll start giving out the link for it. I already have the domain LetsTalkNorthEast.com and .co.uk (as the meetups will be starting as local ones) but the online chat part of stuff is worldwide obviously.

Hoping to get a landing page setup for the website by tomorrow.

I'm also doing a sponsored skydive for the charity MIND on Thursday so going to be pretty afk on both Wed and Thursday.

juulstar - May 21, 2018, 6:51 pm

I will be happy to come and help with the chat. Struggling with depression and anxiety right now and have attempted suicide a few times, so I know how they feel and how to try and cope.

TheMedigator - May 22, 2018, 12:24 am

(May 21, 2018 06:51 PM)???? Wrote: [\[CITE\]](#) I will be happy to come and help with the chat. Struggling with depression and anxiety right now and have attempted suicide a few times, so I know how they feel and how to try and cope.

Sorry to hear this mate, I'm more then happy to have a chat with you via text chat or voice on discord as I know this can help. I've been where you are trust me. The reasons may be different but its the same sickening feeling. Same with my Friend Andy who's set this up with me. With the right support you can fight it mate and move on past this stage of life.

I've gave you a link to the discord in a pm but be aware it's not a public discord yet as we're not planning on being live till the end of the week.

SIM-964740 - May 22, 2018, 1:32 am

Isn't there already somethign like this by the 'Samaritans' Group?

TheMedigator - May 22, 2018, 1:37 am

(May 22, 2018 01:32 AM)Deadpan Wrote: [\[CITE\]](#) Isn't there already somethign like this by the 'Samaritans' Group?

Yeah man there are similar groups out there buddy. We'll also be providing information to people for further support not just from ourselves. Like I said tho we're none profit and that gives people

confidence to talk to us. I've already had a chat with a bunch of people over the past 2 days and feel like I've made a difference.

Group or not, People just need to remember if they see someone struggle ask them if they want to talk rather than avoiding it (I used to be pretty bad at this also).

Thanks for all the support in pms and such people.

SIM-964740 - May 22, 2018, 1:38 am

(May 22, 2018 01:37 AM)TheMedigator Wrote: [\[CITE\]](#) Yeah man there are similar groups out there buddy. We'll also be providing information to people for further support not just from ourselves. Like I said tho we're none profit and that gives people confidence to talk to us. I've already had a chat with a bunch of people over the past 2 days and feel like I've made a difference.

Group or not, People just need to remember if they see someone struggle ask them if they want to talk rather than avoiding it (I used to be pretty bad at this also).

Thanks for all the support in pms and such people.

Fair enough, good luck and good job on helping out people.

TheMedigator - May 22, 2018, 5:47 am

(May 22, 2018 01:38 AM)Deadpan Wrote: [\[CITE\]](#) Fair enough, good luck and good job on helping out people.

Thanks mate, Like I've said if we even help a couple of people then I feel like we've done the right thing! :) Hoping to grow pretty large ,We're looking at getting leaflets made and handing them out in town centre etc.

SIM-964740 - May 22, 2018, 5:49 am

(May 22, 2018 05:47 AM)TheMedigator Wrote: [\[CITE\]](#) Thanks mate, Like I've said if we even help a couple of people then I feel like we've done the right thing! :) Hoping to grow pretty large ,We're looking at getting leaflets made and handing them out in town centre etc.

Oh cool, so this extends past HF? That's pretty neat.

KaijuDivination - May 22, 2018, 5:51 am

(May 21, 2018 05:09 PM)TheMedigator Wrote: [\[CITE\]](#) Hello everyone,

Me and a friend decided on making a website yesterday it's going to be a website where people can come on and chat and we're going to have meetups every week or two once we get everything started (This part will be locally obviously in the north east of england) One day we may be to extend this wider.

For the time being we're going to be inviting people to a discord server where they can anonymously chat via text or voice (Our website will have a basic landing page tomorrow with a link to the discord on it and such)

I've lost 4 friends in 2 years to suicide the latest one was under 48 hours ago, I think it's time to stand up and actually do something and let people know that there are people out there who care.

People are sick of going and talking to a person in a suit who's clearly bored sitting doing his job for money. We're not even taking cash donations (Been offered and declined for the time being) we are purely here too help and I want these people to see that.

Just to paint the picture I posted about making this group on Facebook yesterday had loads of

feedback from it and even had 2 people sit and talk to me for about an hour each saying they were debating suicide and why they were. We had a long chat and they told me how grateful they were to be able to talk to someone and let it all out (One of these members was from hack-forums from my previous topic looking for cheap hosting for the site) I've asked for permission to say that and they've said that's fine.

I'm sorry for the long post but I just want to say we all know people who are struggling and not everyone shows that this is the case, we tend to not deal with things that we could help with so easily. All I'm saying is if you think a friend may be struggling tell them that you are there for them (The 4 guys I knew were always happy on the outside). It's not just depression either loneliness was a massive killer last year.

There is a horrible stigma about males speaking out these days and they need to "Be a man" we need to get rid of this stigma and let people speak out even if it is anonymously on the likes of discord for the time being its a step in the right direction.

As I've already said.. I've had a fair bit of feedback and people have been asking to help, as I believe people may end up pinging me on here wanting to help also the only things I can think of at the moment:

Someone who can do GFX work such as banner / logo for the website. The name of the group is LetsTalkNorthEast I've already bought the hosting and the .com+.co.uk domains.

People to help talk to people on the likes of discord. (Possibly people who've dealt with problems in the past and overcome them) Also mature members please.

Feedback and ideas on what else could be done.

A video tutorial on how to create a discord account (We're going to get all sorts of people coming on and some may not be great with tech)

If you've actually read all this then thank you very much for your time. There's more than likely loads of horrible grammar errors and spelling but its been an extremely long 2 days getting everything sorted and its 1am at the moment.
there they go

with the pieces from my heart

TheMedigator - May 22, 2018, 6:00 am

(May 22, 2018 05:49 AM)Deadpan Wrote: [\[CITE\]](#) Oh cool, so this extends past HF? That's pretty neat.

Yeah mate, Wasn't made for hackforums was made for people locally (North east of England), I thought I'd extend it to people here due to already speaking to a guy having trouble from here. Also it may help some people open their eyes if they see a friend struggle.

We're going to have a meetup every 2 weeks or so once we start so everyone can have a chat in person and have a cup of tea with a biscuit and either come to listen or have a chat.

That's prob a month or 2 away but once we get the ball rolling hoping to make it a regular thing. I've emailed a bunch of social clubs and such asking if we can get a room on a weekday for cheap or even free (You never know lol).

Genoboy - May 23, 2018, 5:12 am

That's nice of you, hope this continues and be a successful one.

Marketplace - May 23, 2018, 5:50 am

Sounds like you've been through a lot man. Goodluck with your idea!

Neodraxis - May 24, 2018, 5:43 am

If needed, I can probably help out with the graphics in due time.

Contact me for more info.

TheMedigator - May 24, 2018, 2:49 pm

Thanks for the further replies guys. Just got home from our sponsored skydive! I get the video in 3-5 working days.

Was an amazing feeling and would recommend it to anyone debating it.

Also made £290 for MIND (mental health charity) Whilst doing it which is amazing :)

8VIII - May 24, 2018, 2:53 pm

I'll make GFX for you guys, for free for sure.
anything to help.

TheMedigator - May 24, 2018, 3:15 pm

(May 24, 2018 02:53 PM)8VIII Wrote: [\[CITE\]](#) I'll make GFX for you guys, for free for sure.
anything to help.

Thanks for the offer but, Already had one made by Cybz (Below) and got another guy working on one at the moment.

Anyone know where to get cheap leaflets and a banner for the group? :D

TheMedigator - May 26, 2018, 10:48 am

The website live, Not advertising it till 1st of next month though (Busy week at work as I'm working 8 hours a day from tomorrow till Thursday) Want someone to be active at all times when we officially go live.

Anyone think they could make us a better website? (For cheap) Letstalknortheast.com is the current one. or letstalknortheast.co.uk bought both domains

Ninja™ - May 26, 2018, 12:01 pm

I would like to help you.

Can I be a support member?

TheMedigator - May 27, 2018, 12:21 am

(May 26, 2018 12:01 PM)Ninja™ Wrote: [\[CITE\]](#) I would like to help you.

Can I be a support member?

Pm'ed you buddy.

Thanks for the offer of support :)

TheMedigator - May 30, 2018, 11:04 am

Got my video back from the skydive!

<https://www.youtube.com/watch?v=i0YAArSfe1M>

Hoping to open the site publicly on Friday still hopefully. I need to add a privacy policy thing to it (Anyone know how to do that?)

Also going to add a weekly rota page.

MaxoKream - May 30, 2018, 1:41 pm

Very nice of you to step up to plate and share your stories with us. Hope your group helps out plenty!

Neodraxis - May 30, 2018, 1:56 pm

(May 21, 2018 05:32 PM)Kawen Wrote: [\[CITE\]](#) I think it's a nice initiative since I've had something similar a little while ago, and although I can not contribute with time or with a design, if you send me your BTC privately I can give you some money so you can pay someone.

What a nice thing to do!

TheMedigator - May 31, 2018, 2:20 am

Thanks guys,

Anyone know where to buy a cheap banner? (One to hold up in town to raise awareness)

BestValkUganda - May 31, 2018, 9:59 am

thats a wonderful idea GJ!

Kawen - May 31, 2018, 1:50 pm

(May 30, 2018 01:56 PM)N?bility Wrote: [\[CITE\]](#) What a nice thing to do!

Let's see if you get a little contagious, with my nice thing .-.

lebronfan - May 31, 2018, 4:31 pm

yeah I would be down for that

Jailbird - May 31, 2018, 5:56 pm

Seems like a good idea! Sorry to hear about your friend. IF you need someone to talk to please message me.

TheMedigator - May 31, 2018, 7:18 pm

Had a bit of a break down today as this is all going so fast and grew much faster then I originally planned.

But I've just came off a live chat with someone and it was so worth it. I legitimately believe I've changed some lives for the better.

We officially "open" for live chats and such at some point today and I've already had about 15 chats with people who were in need of support one of them was even via voice chat which was amazing for them to come on and have the confidence to open up over a voice chat (Honestly it cannot be easy).

I cannot stress enough that if anyone needs support and they need to get stuff off their chest please please please feel free to come and have a chat and I PROMISE I will never judge you in any shape form or way. We've all had bad times including myself and I never spoke out, Which I wish I did (I'm perfectly fine these days and this was many years ago)

You can stay 100% anonymous when you come for a chat also which can be comforting to some people!

Anyways it's 3am and I'm talking crap since I'm so tired! Goodnight Everyone thanks again for the support.

TheMedigator - June 4, 2018, 8:40 am

Anyone good with images?

Trying to get some t-shirts printed online as the ones I got in person are really bad quality and are way more expensive than online..

When I try use vista print it says the image is too low of a resolution and wont print well.. anyone know how to fix this?

<https://imgur.com/LiST2eo> / <https://i.imgur.com/LiST2eo.png> Is the image.

UPDATE

**

Just had some idiot from these forums sitting trolling on the live chat... Lets not please guys.. Real people need help and a chat.

"me no enlesh" then following with a link to my profile in the end. Perfect grammar at times then just none stop trolling.. It's sad that people need to act in this way... it really is.. Go and actually help someone rather than sitting trolling a live chat that is trying to make a difference in the world.

TheMedigator - June 26, 2018, 12:42 pm

New Flyer:

New Banner:

Banner comes tomorrow! Cannot wait!

TheMedigator - June 29, 2018, 3:03 am

Banner came!! :) Took outside the academy which was full due to the England match being on! (Newcastle city Centre)

iNviZ - June 29, 2018, 3:24 am

Hey thanks op

Mac Miller - June 29, 2018, 3:38 am

Great idea OP, I wouldn't mind chatting with someone who needs someone to talk to. HMU if you need people for the listening side

merkulate - June 29, 2018, 3:44 am

This is a great idea. Also, make it free. Like... 100% free. Some places charge people for the help they need, when sometimes, the only help the person needs is someone to talk to. You should also try and get sponsored. I'm not sure what Agencies would sponsor you with this idea, but I'm sure

there's some out there. As for the live chat, that's a great idea too. Not everyone is comfortable with talking about their issues face to face. I know I'd feel more comfortable talking to someone on a live chat rather than face to face. I wish you the best of luck with this. ?

TheMedigator - June 29, 2018, 6:42 am

(Jun 29, 2018 03:24 AM)iNviZ Wrote: [\[CITE\]](#) Hey thanks op

(Jun 29, 2018 03:38 AM)Psychonaught Wrote: [\[CITE\]](#) Great idea OP, I wouldn't mind chatting with someone who needs someone to talk to. HMU if you need people for the listening side

(Jun 29, 2018 03:44 AM)merkulate Wrote: [\[CITE\]](#) This is a great idea. Also, make it free. Like... 100% free. Some places charge people for the help they need, when sometimes, the only help the person needs is someone to talk to. You should also try and get sponsored. I'm not sure what Agencies would sponsor you with this idea, but I'm sure there's some out there. As for the live chat, that's a great idea too. Not everyone is comfortable with talking about their issues face to face. I know I'd feel more comfortable talking to someone on a live chat rather than face to face. I wish you the best of luck with this. ?

Thanks guys!

We're 100% free and plan on remaining that way. We're a non profit support group but I'm finding out if we're legally allowed to sell t-shirts for example to pay for costs in the future (Would all go into further advertising and supplies for the group).

Enronitis - June 29, 2018, 6:43 am

Let me know what kind of sponsorship opportunities you will/are offering- including advertising. Glad you're looking out.

Mac Miller - June 29, 2018, 7:31 am

(Jun 29, 2018 06:42 AM)TheMedigator Wrote: [\[CITE\]](#) Thanks guys!

We're 100% free and plan on remaining that way. We're a non profit support group but I'm finding out if we're legally allowed to sell t-shirts for example to pay for costs in the future (Would all go into further advertising and supplies for the group).

T-Shirts are a good idea. Maybe pins or stickers too? I like those ideas as I can put the sticker on my wall or pin the pin to my wall. Others may too

TheMedigator - June 30, 2018, 2:37 am

(Jun 29, 2018 07:31 AM)Psychonaught Wrote: [\[CITE\]](#) T-Shirts are a good idea. Maybe pins or stickers too? I like those ideas as I can put the sticker on my wall or pin the pin to my wall. Others may too

Yeah, I was liking the idea of the loom bands or whatever they are called (Rubber bands for your wrist) But cannot seem to find many places that sell them cheap in bulk.

So excited for the 5000 flyers on Monday. I've also been invited to a pretty big podcast on Wednesday next week.

Another picture of the banner in better quality :):

#LetsTalkNorthEast

www.letstalknortheast.co.uk

TheMedigator - July 2, 2018, 4:38 am

just had someone ask about donations, may be selling t-shirts or something in near future hopefully.

So far the only money that has been received is from Kawen and this could not have been done without him (He's literally put more money into this than me)

What an amazing man.. (<https://hackforums.net/member.php?action=profile&uid=3894729>)

Flyers came today!

Enronitis - July 2, 2018, 5:06 am

(Jul 2, 2018 04:38 AM)TheMedigator Wrote: [\[CITE\]](#) just had someone ask about donations, may be selling t-shirts or something in near future hopefully.

So far the only money that has been received is from Kawen and this could not have been done without him (He's literally put more money into this than me)

What an amazing man.. (<https://hackforums.net/member.php?action=profile&uid=3894729>)

Flyers came today!

Where can I donate?

Give me a PayPal or Facebook Campaign please. ?

TheMedigator - July 2, 2018, 5:21 am

(Jul 2, 2018 05:06 AM)Enronitis Wrote: [\[CITE\]](#) Where can I donate?

Give me a PayPal or Facebook Campaign please. ?

Don't have Paypal due to being scammed for about 1k around 6 month ago and it being in a negative balance.

I've sent you a pm anyways buddy. Thanks for the kind offer

TheMedigator - July 3, 2018, 5:55 pm

Updated the thread!

We're going to hand out a load of flyers tomorrow and put a load in shops and pubs :D

Will keep you all updated.

Mr Meeseeks - July 3, 2018, 5:57 pm

This is an amazing group, thank you for setting this up. I know how bad it can be for someone that is looking for help, hopefully this can help improve people's lives.

?ndrew - July 3, 2018, 8:31 pm

This is amazing! Good on you for doing this, really important work

TheMedigator - July 4, 2018, 2:38 am

Thanks for all the nice feedback guys :)

Going out in an hour to start handing out flyers + put some in places.

Also going to find some busy spots to see if we can order a banner to put on the side of their private property! :D

TheMedigator - July 6, 2018, 10:28 am

We managed to put flyers in 63 different shops, bars, bookies and barbers over the last couple of days. Not a single shop has said no to us putting flyers in them so far which is amazing

Antisocial - July 6, 2018, 11:24 am

This is such a great thing you're doing! I really hope your support group goes well, I'll definitely be supporting this in any way I can, there's such a high rate of mental illnesses and suicide today and there's not enough help, so many people get left in the dark and it's so nice that you're helping!

Aurora - July 6, 2018, 3:49 pm

Awesome thing you're doing here. Keep it up.

You never know who may need it.

luke - July 6, 2018, 4:10 pm

This is awesome. You're a good guy.

TheMedigator - July 10, 2018, 12:49 pm

So the first 5,000 flyers are almost gone.

Just ordered 30,000! They're going to arrive by next Tuesday. Also added social media onto the flyer :)

criminal??????????????? - July 10, 2018, 1:07 pm

OP deserves a special award for this. Definitely one of the nicest things you can do to help mental illness.

TheMedigator - July 10, 2018, 1:21 pm

(Jul 10, 2018 01:07 PM)mrbuckfiddy Wrote: [\[CITE\]](#) OP deserves a special award for this. Definitely one of the nicest things you can do to help mental illness.

I'd be happy with a discount sticky to raise awareness further :P You've got to try! lol

Aurora - July 10, 2018, 4:14 pm

(Jul 10, 2018 01:07 PM)mrbuckfiddy Wrote: [\[CITE\]](#) OP deserves a special award for this. Definitely one of the nicest things you can do to help mental illness.

He really does. Not a lot of people are willing to help others nowadays.

Fein - July 10, 2018, 4:19 pm

Faith in the HF community has been restored, you're a great person. Thank you for helping others when they need help the most.

Zens - July 11, 2018, 7:56 am

do you have any discord server?

i would like to join it

thank you

-Zens

TheMedigator - July 11, 2018, 9:14 am

(Jul 11, 2018 07:56 AM)Zens Wrote: [\[CITE\]](#) do you have any discord server?

i would like to join it

thank you

-Zens

We moved away from discord and started a live chat. I may reopen the discord though! ?

Also thanks everyone for the really nice replies ?

Zens - July 12, 2018, 6:19 am

(Jul 11, 2018 09:14 AM)TheMedigator Wrote: [\[CITE\]](#) We moved away from discord and started a live chat. I may reopen the discord though! ?
ah okay

TheMedigator - July 12, 2018, 1:58 pm

(Jul 12, 2018 06:19 AM)Zens Wrote: [\[CITE\]](#) ah okay
That ? is supposed to be a smiley off my phone! :P Hope it didn't look rude with a ? on it lol.

Pesto50 - July 12, 2018, 4:03 pm

Awesome group OP, maybe something i will look into

Zens - July 12, 2018, 4:57 pm

(Jul 12, 2018 01:58 PM)TheMedigator Wrote: [\[CITE\]](#) That ? is supposed to be a smiley off my phone! :P Hope it didn't look rude with a ? on it lol.
it's okay :)

note: why this spoiler thing won't work anymore

this PHP Code
<?php
[spoiler][[/spoiler]
i wonder

r1seN- - July 14, 2018, 4:42 pm

So if I need to talk someone, just go to the website and live chat??

TheMedigator - July 15, 2018, 10:02 am

Hi Risen, I believe I may have missed a chat from you last night? (I had one from usa around the time of this post) We're a uk based support group so we're not normally available at 1am!

We're more than happy to speak to anyone who needs a chat when we are available though.

Also feel more than welcome to pm me on here if you wish buddy :)

TheMedigator - July 15, 2018, 3:22 pm

(Jul 15, 2018 02:41 PM)James! Wrote: [\[CITE\]](#) You, sir, are a great man! It's always nice to see a fellow brit helping people in our local communities, this is a great thing!

I dropped you a like on Facebook. On your website's homepage, it says none profit instead of non-profit.

Also, my vote on the thread bumped it up to 4.5 average rating so it shows 5 stars now ayyyyy. Yeah, I was a bit of a class clown at school so my grammar and spelling are horrible lol.

I've noticed the none on some stuff and changed it to non once someone pointed it out thought ?

Thanks for the support, like on facebook and for the rating on the thread man.

So.... Today... I was on route to work and told my taxi driver about the support group I'm setting up as there was talk about suicide on the radio.. He went silent all of a sudden and then looked like he

was about to cry. Told me all about how he tried to kill himself couple of month ago. We got to the destination and we sat outside my work for about 10 minutes talking about gambling as I've been there and done that. Was 5 minutes late to work but they're awesome and I explained the situation to them.

My point is.. Literally so many people are affected by this its scary.. Please people check in on your friends ask everyone if they're ok.. It's okay not to be okay.. Don't bottle things up guys have a talk about it!

Also is anyone good at making GIFS? I want to make a GIF a bit like the following one:

https://www.facebook.com/wannabekraze/videos/2127234087544673/?hc_ref=ARToTnmqN9Vp8KH DkVPwp4GIW0R4Yda7pdFPzYpNjhgDjtr6Ch5iUaWHlJpBuM2Pzcg

I want to make one which is our logo with some text around it and you have to stop the logo at the right place.. I know this is cheesy but it works.

TheMedigator - July 17, 2018, 3:38 am

Another update!!

Today is what its all about!! :)

Just had a guy come on and have a chat. Won't disclose what it was about but at the end of the chat he said he came on actually feeling suicidal (He never mentioned this till the end though) But after our chat he actually feels much better and he's going to come back on the chat and keep me updated!.

We've picked up in traffic over the last couple of days due to a viral video of a guy speaking about suicide put us in the description of his video!

Been a crazy could of days and our 30,000 flyers come tomorrow!