

Forum: [Hack Forums](#)

Thread: [Just lol at this video \(725lb bench "attempt"\)](#)

Hailstone - June 19, 2018, 7:09 pm

[Video: <https://www.youtube.com/watch?v=BPXaoamLato>]

I give him props for at least "attempting" this weight even though it fell straight to his chest. EDIT on this part, he's dumbass and after re watching it i'd say his max MIGHT be 405. However if he struggled with 405 for 2 reps with a spotter he shouldn't have even tried and is bullshitting about hitting a 720 bench as his record

Don't be like this guy and stay safe please.

Lukas - June 19, 2018, 7:13 pm

I bet it was because of his gnarly face paint.

minimalist - June 20, 2018, 6:04 am

Is that not how you go for a double?

guaddegoop - June 20, 2018, 8:15 am

Why would he even try? I don't get it.

test - June 20, 2018, 8:15 pm

I bet he could still lift more than everyone on here.