

Forum:[Hack Forums](#)

Thread: [Are you reading books?](#)

gledi - September 17, 2018, 4:12 pm

I do not know if I am in the right place to ask this question but I would like to know if you read books and what it helps you to develop your intelligence then if you read what are your favorite books?

gledi - September 18, 2018, 9:46 am

Interesting thank you, I will take noted

Vazum - September 18, 2018, 10:11 am

I was reading alot books in past, probably over 100 books readed.
But now i work and i dont have time to read anymore.

Money- - September 18, 2018, 10:16 am

I actually prefer practical than theoretical.

gledi - September 18, 2018, 11:59 am

(Sep 18, 2018 10:16 AM)Money- Wrote: [\[CITE\]](#) I actually prefer practical than theoretical.
It's certain

JuniperHacker583 - September 18, 2018, 12:04 pm

I love reading but i recently got onto the audible train. They got some great books like Zero Day, the narration of it is great

blobtown - September 18, 2018, 12:16 pm

I really enjoyed reading:

The Handmaid's Tale - Margaret Atwood

Milk and Honey - Rupi Kaur

Children of Blood and Bone - Tomi Adeyemi

I felt so deeply connected to these books!! Honestly, it changed the way I view society and made me more empathetic

Lapucelle - September 18, 2018, 10:40 pm

I think if there is something I can not do I can say which books are my favorite ?

Money- - September 18, 2018, 10:43 pm

(Sep 18, 2018 11:59 AM)gledi Wrote: [\[CITE\]](#) It's certain

Well depends if the book caught my interest or not. But normally I am not the reader type.
I like to solve things and build stuff. Something that stimulates the brain.

deltaone - September 18, 2018, 10:44 pm

i do when i have free time

.irie - September 19, 2018, 12:57 am

I do read books time to time. From fantasy to self-help. I enjoy all of them. A friend of mine insisted on reading Steve Jobs since it's so inspiring.

Anyways, yes, reading books can help improve ourselves in many different ways: improving vocabulary, focusing, memory function, to other stuff.

Reading is mental stimulation for the brain. It's NECESSARY

xtyy - September 19, 2018, 3:08 am

I do .. but sadly never get to finishing any
I simply jump from one book to another

yorickx - September 19, 2018, 3:19 am

i used to read in my early teens, last month i got back into reading and now im trying to read at least 1 book in 2 weeks, i love to read mind-altering books that have some impact on my life

Calm Genie - September 19, 2018, 5:28 pm

(Sep 17, 2018 07:15 PM)Nakura Wrote: [\[CITE\]](#) I don't read any books right now. But used to read a lot in the past. And I can say for sure it helps your cognitive abilities in the brain. It helps in building your focus and attention span which you can in turn leverage to learn new information all the time. Focus and attention span is crucial for your brain to take out the full potential of your cognitive intelligence IMO. But the thing is focus & attention span isn't something you can leave, it's a bit like a muscle that you have to maintain. And reading helps polish and keep you on the edge for that.

Right now I've had a period where I haven't read anything for over two years. And I can say that I really cannot function without coffee, constant brainfog and being just slow in general. But it didn't used to be like that. Differs from person to person, and I've had other things play part in my life, like lifestyle. But I can say for sure, reading is good!

I used to read a lot of dystopian type novels, especially russian ones like solzhenitsyn and dostojevskij. One of my favorite books would be (CANT QUOTE THE LINK)

I agree with this for sure. I went through a lull in reading and my mental "agility" seemed to disappear. I recently got on the Amazon audible train though and it seems to help - better than listening to music on the morning commute for the working stiff types like myself.

casperr - September 19, 2018, 5:38 pm

i never opened a book in my whole life

gatewala - September 20, 2018, 2:40 am

I used to read book but now days i am more focused on my reading my textbooks yes it does improve..it has helped alot to start or join in a conversation

Bob the Builder - September 18, 2020, 11:05 am

I love reading books especially scientific books. now a day I am reading "Cambell biology"

Rezon ® - September 19, 2020, 2:10 am

Prefer audio books these days, you can pretty much do your daily tasks and still be retaining all that information.

cyote791 - September 20, 2020, 7:19 am

Reading books actually enhances and widens your vocabulary. Especially in English, most common language these days.

ethellooking - September 21, 2020, 12:33 am

Each book have the lessons insde and you just choose what's really suitable with you. Hope it help!

Free Kurdistan - *September 21, 2020, 12:51 am*

I read educational books for knowledge and my studies and fantasy books as a little part of my hobby.

Bob the Builder - *September 21, 2020, 4:52 am*

Yeah i read many books and i have found many interesting things i can recommenced a book you which is "Rich Dad Poor Dad Rich Dad Poor Dad tells the story of a boy with two fathers, one rich, one poor, to help you develop the mindset and financial knowledge you need to build a life of wealth and freedom

junnar1968 - *September 21, 2020, 8:43 am*

I still remember that when I was about 9 Years old my mother bought the whole package of encyclopedia britannica it was about 32 books. I still remember reading it since at that time we don't have any computer yet and the pictures on the books taught me to imagine things based on the sentences that I red. those are old good days though.