

Forum:[Hack Forums](#)

Thread: [Video games changed my life](#)

Lettings - November 5, 2018, 2:14 pm

Video games had a great impact on my life. Video games helped me learn valuable skills in life. Video games changed my life.

Predator965 - November 5, 2018, 3:13 pm

Nice to hear that man ! Great

Oran2009 - November 5, 2018, 3:13 pm

Opposite of many folks here. Nice and good job!

Banter. - November 5, 2018, 3:23 pm

Which skills did you acquire buddy ?

???????????**Michael Kors** - November 5, 2018, 4:27 pm

(Nov 5, 2018 04:23 PM)Banter. Wrote: [\[CITE\]](#) Which skills did you acquire buddy ?
Probably none.

Rayner - November 5, 2018, 6:12 pm

I find games don't really benefit me. Just a way of entertainment really.

TheSween - November 5, 2018, 10:07 pm

I am glad to hear that! They have helped me so much also

Game - November 7, 2018, 3:07 pm

Video games help many with reflex therapy which will reduce your reaction times and benefit your hand-eye coordination.

As well as making you think in thought provoking games and strategy games.

Most only gain entertainment from games, but many also benefit greater from them, such as ourselves as I too reap these benefits.

Prodigic Son - November 7, 2018, 4:24 pm

(Nov 7, 2018 04:07 PM)Demon Capo Wrote: [\[CITE\]](#) Video games help many with reflex therapy which will reduce your reaction times and benefit your hand-eye coordination.

As well as making you think in thought provoking games and strategy games.

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I honestly don't think I could have said this in any better words than what you have. I benefit from games as well, as a way to deal with my semi-social anxiety and constant oncoming depression. Much has the dream of building my own gaming rig as well.

bananachocobo - November 8, 2018, 2:55 am

(Nov 7, 2018 04:07 PM)Demon Capo Wrote: [\[CITE\]](#) Video games help many with reflex therapy

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Most only gain entertainment from games, but many also benefit greater from them, such as ourselves as I too reap these benefits.

Well said. I benefited from strategy games too. It really just depends to the insight of who's playing and what the game you're playing.

mycatisadog - November 8, 2018, 5:12 am

(Nov 5, 2018 05:27 PM)Veteran. Wrote: [\[CITE\]](#) Probably none.

Exactly, like the guy didn't even write anything but the thread itself. "Changed my life, was great, change my life, amazing", nothing useful here

John J. Rambo - November 12, 2018, 1:48 pm

Not that much for me maybe not positively lol