

Forum:[Hack Forums](#)

Thread: [weird shit](#)

robinn - November 18, 2018, 7:59 am

so for the couple of months maybe years(?) I'm having this weird shit/feelings, I would like to try find a way how to get it at least better.

the first one is that I actually have to respond to everyone, on whatever platform as soon as possible.. best if within 2 seconds, I really hate this thing..

I rather just ignore that person and respond to him later however I'm not able to do that for some reason.. I just feel like I really have to do it..

anyone managed to do fix this? How many weeks/months did it took you? What's your secret? Is this some kind of behaviour? what's it called?

I know you ain't no doctors but some of you might be having this same issue..

? ?

mycatisadog - November 18, 2018, 8:01 am

Why do you have to answer tho? Like what is the inner feeling?

voidshifter666 - November 18, 2018, 8:02 am

Are you anxious in general?

Odayex - November 18, 2018, 8:04 am

(Nov 18, 2018 08:59 AM)robinn Wrote: [\[CITE\]](#) so for the couple of months maybe years(?) I'm having this weird shit/feelings, I would like to try find a way how to get it at least better.

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Obsessive Messaging Disorder:

Cannot resist temptation to reply instantly in doubts that users will then not respond.
Goes through periods of feeling disconnection (its normal)...

Damn you're so strange...

emotionull - November 18, 2018, 8:04 am

I'm an anxious person and I try and wait to reply to people last second. It really depends on you.

Pyro - November 18, 2018, 8:19 am

(Nov 18, 2018 08:59 AM)robinn Wrote: [\[CITE\]](#) the first one is that I actually have to respond to everyone, on whatever platform as soon as possible.. best if within 2 seconds, I really hate this thing..

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I also do this, not because of disorder but because I respect someone else time, and I personally dont like waiting for a message back, so I don't do that either, so that's the reason

robinn - November 18, 2018, 8:24 am

(Nov 18, 2018 09:01 AM)mycatisadog Wrote: [\[CITE\]](#) Why do you have to answer tho? Like what is the inner feeling?

I can't really describe it, It's just I will feel better.

(Nov 18, 2018 09:02 AM)voidshifter666 Wrote: [\[CITE\]](#) Are you anxious in general?

Well not really, but I usually don't talk with way to much people.

(Nov 18, 2018 09:04 AM)Odayex Wrote: [\[CITE\]](#) Obsessive Messaging Disorder:

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Goes through periods of feeling disconnection (its normal)...

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Probably yeah lol

I have to read some shit about it and how to get rid of. Thanks for this one

(Nov 18, 2018 09:19 AM)Pyroshow Wrote: [\[CITE\]](#) I also do this, not because of disorder but because I respect someone else time, and I personally dont like waiting for a message back, so I don't do that either, so that's the reason

Yeah, I don't really like it too when I have to wait, however sometimes I just want ignore someone

Odayex - November 18, 2018, 8:28 am

(Nov 18, 2018 09:24 AM)robinn Wrote: [\[CITE\]](#) Probably yeah lol

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LOL. You are welcome my son.

robinn - November 18, 2018, 8:30 am

(Nov 18, 2018 09:28 AM)Odayex Wrote: [\[CITE\]](#) LOL. You are welcome my son.

Couldn't really find this term on google "Obsessive Messaging Disorder" however I know how you mean that.

I had many troubles few years ago with OCD in real-life, nowadays no maybe on the Internet only lol, who knows.

Odayex - November 18, 2018, 8:31 am

(Nov 18, 2018 09:30 AM)robinn Wrote: [\[CITE\]](#) Couldn't really find this term on google "Obsessive Messaging Disorder" however I know how you mean that.

I had many troubles few years ago with OCD in real-life, nowadays no maybe on the Internet only lol, who knows.

It's not a known condition. It comes from people who spend to much time on the computer and lack social skills and friends in real life.

This is quite easily avoided. Get out more kid ?

robinn - November 18, 2018, 8:36 am

(Nov 18, 2018 09:31 AM)Odayex Wrote: [\[CITE\]](#) It's not a known condition. It comes from people who spend too much time on the computer and lack social skills and friends in real life.

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Yeah, now another question, how to get out lol.

I probably feel it difficult cause of "lack social skills and friends in real life.". I don't really need 100 random "friends" lol.

Most people at my age already goes to work or school which they spend their entire day in and the other ones play computer games.

So basically everyone spends so much time on the computer/phone nowadays.

Odayex - November 18, 2018, 8:40 am

I spend 85% of my time on a PC, but I still go to work and interact with people to keep my sanity, I have 4 real friends who keep pestering me to leave my computer behind.

You need a similar setup.

(Nov 18, 2018 09:36 AM)robinn Wrote: [\[CITE\]](#) Yeah, now another question, how to get out lol.

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robinn - November 18, 2018, 8:48 am

(Nov 18, 2018 09:40 AM)Odayex Wrote: [\[CITE\]](#) I spend 85% of my time on a PC, but I still go to work and interact with people to keep my sanity, I have 4 real friends who keep pestering me to leave my computer behind.

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I have similar "setup" except I work where I don't interact with people and I have 3 real friends whose are usually in work (except some free-days) since morning and they go home tired and don't really go outside especially these months when there is sun just for small amount of the day lol.

Ha Haaa - November 18, 2018, 9:01 am

It could be OCD since it's something you must do or it eats away at you inside