

Forum:[Hack Forums](#)

Thread: [I feel like I lost my short term memory due to drug use.](#)

witjoo - February 7, 2019, 2:08 pm

I'm too afraid to contact my dad as I am only 15, and wouldn't want to make him feel like he is a failure of a parent by me doing this.

My short term memory I feel has been so much worse in comparison to about 2 months ago. For example I will send a snapchat to someone, and forget what I said, I will put my phone somewhere, and always forget where I put it. I will forget what questions I asked people and repeat them multiple times. I'm not sure if this is placebo or not but I am worried for myself. I also cant seem to hold onto a thought or forget what I was going to do. My social anxiety and depression have gotten worse over this time period, so that may be a culprit too, my head is constantly worrying about things I don't need to worry about.

What I've done drug-wise:

LSD (Pure actual LSD, got it tested the 2 times I've done it.)

Smoked weed before (Was also real)

Smoked out of a Dank Vapes dab cartridge (These are THC concentrates in a cart, the brand that I got it imported from though is known to use fillers and most importantly pesticides in their products, done these around 3 times)

Vanilla - February 7, 2019, 2:10 pm

Weed does this to most everyone while you use it. Stop using it for 48 hours and you should see results otherwise that is a shame.

witjoo - February 7, 2019, 2:15 pm

(Feb 7, 2019 03:10 PM)Vanilla Wrote: [\[CITE\]](#) Weed does this to most everyone while you use it. Stop using it for 48 hours and you should see results otherwise that is a shame.

Im mostly worried about the dab carts, because pesticides are terrible for you and may effect short term memory, although my friends used them and said theirs was fine

Access - February 7, 2019, 2:17 pm

LSD don't really impact your memory, but weed stop your memories half time yes

Sword - February 7, 2019, 2:19 pm

You were panicking on what to do while you are high so you made an account on a HackForums website.

Good choice, this is the best place on Earth. Proof that weed takes you places

Vanilla - February 7, 2019, 2:20 pm

(Feb 7, 2019 03:19 PM)Sword Wrote: [\[CITE\]](#) You were panicking on what to do while you are high so you made an account on a HackForums website.

Good choice, this is the best place on Earth. Proof that weed takes you places
First non shit post I have seen from you. Props.

Sword - February 7, 2019, 2:21 pm

(Feb 7, 2019 03:20 PM)Vanilla Wrote: [\[CITE\]](#) First non shit post I have seen from you. Props. Thanks buddy can I be your friend now?

Vanilla - February 7, 2019, 2:22 pm

(Feb 7, 2019 03:21 PM)Sword Wrote: [\[CITE\]](#) Thanks buddy can I be your friend now? Gonna need to see some more of those for that :p

Access - February 7, 2019, 2:24 pm

And me? I haven't a friends.. ok I gonna kill myself

Sword - February 7, 2019, 2:26 pm

(Feb 7, 2019 03:24 PM)Access Wrote: [\[CITE\]](#) And me? I haven't a friends.. ok I gonna kill myself Suicide is bad Mr. Multi

witjoo - February 7, 2019, 2:26 pm

(Feb 7, 2019 03:19 PM)Sword Wrote: [\[CITE\]](#) You were panicking on what to do while you are high so you made an account on a HackForums website.

Good choice, this is the best place on Earth. Proof that weed takes you places
Lmao, havent been high in 5 days but I used to use this forum all the time, so I made a new account and have been having this worry for a while now, might as well try and get some opinions on whats going on.

mrknol - February 7, 2019, 2:28 pm

Don't worry my man. Just stop using drugs from time to time give your body a break. It's very normal to forget where you put your phone or what you sent on snap. It happens to most of my friends who don't even smoke or do drugs at all. I recommend you to stop doing drugs atleast for now. You are 15 you still have a lot ahead of you. Wait till you're 17 or atleast 16. Just don't worry about it and don't over think it.

witjoo - February 7, 2019, 2:32 pm

(Feb 7, 2019 03:28 PM)mrknol Wrote: [\[CITE\]](#) Don't worry my man. Just stop using drugs from time to time give your body a break. It's very normal to forget where you put your phone or what you sent on snap. It happens to most of my friends who don't even smoke or do drugs at all. I recommend you to stop doing drugs atleast for now. You are 15 you still have a lot ahead of you. Wait till you're 17 or atleast 16. Just don't worry about it and don't over think it.

Thank you for your input, makes me worry about the drug portion less and more about the anxiety, my head is racing constantly so that might be why too.

Cocaine - February 7, 2019, 2:33 pm

Weed can cause temporary short term memory loss. You will be okay just quit a few hours. LSD will do nothing but make you feel weird.

Access - February 7, 2019, 2:46 pm

(Feb 7, 2019 03:26 PM)Sword Wrote: [\[CITE\]](#) Suicide is bad Mr. Multi
Mr.Multi have sent a message to the support forum for deleted my 2nd account ?
I'm just waiting for an answer

Dope - February 8, 2019, 12:41 am

Yeah, this is very possible. Drug usage can change your brain, and short term memory is just one of

many damages that it can do to your brain. You can't really take that back, because it's your brain. However, I'd advise you to stop doing drugs in order to make the situation better. Maybe it can still change (to better) because you're still relatively young. Good luck.

Edit: also drugs can be the cause for your mental illnesses. In case you've already had them before, it might have worsened it so it's better to stay off drugs as I said.

Goji - March 21, 2019, 1:00 am

lol its most likely the artificial foods and contaminated water that is causing this.

drink steam distill water and look into alkaline electric diet.

TAKE control of your mind, parasites and vampires seek to puppet and feed off ur chi.

learn proper breathing techniques. truly. listen. take control.

look back and remember who you are and what you done.

drugs open your mind; they evolve our perception into a more divine tone

they can be of a great help that is if their plant based.

but do not abuse them,

Also technology 5g wifi and all these non native emfs can cause these symptoms go into nature watch the sun rise and set tune back into the source

F.B.I - March 21, 2019, 11:35 pm

The brain is more flexible than most people know. Take a few months off and give your brain a rest and I'm sure you will go back to normal. Especially considering the drugs you used are not neurotoxic.

netpulse - April 11, 2019, 3:20 am

So you're freaking out cause of weed temp side effects?

When reading at first I thought you had actually abused hard drugs. That would've made sense.

But if its just weed, stop taking it and you'll be fine.

n3wstyle - April 11, 2019, 4:18 am

Lay of on the weed and start taking some nootropics to repair the damage. Alpha GPC would be a good start, very good for memory with minimal side effects.

duck - April 11, 2019, 6:26 am

Ah man, don't be so worried.

Your dad will probably accept it but will be sad like mine when he find out I was abusing drugs. I could see the sadness on his eyes.

I have no short memory, for about 6-9 months (benzodiazepines) and the last 4 months it gone even more bad due to Amphetamine abuse. I am now clean like baby.....

The thing you feel is what I feel every day and what I am going through, once I felt I am having Alzheimer lol.

I'm also about to make food or respond to someones message and I forgot to do that either. Has nothing to do ignoring him, I just don't remember and once I see something it reminds me, it really hurts me tho.

Also I am having problems that sometimes I say different word then I wanted to.

n3rox - April 11, 2019, 7:27 am

(Apr 11, 2019 04:18 AM)n3wstyle Wrote: [\[CITE\]](#) Lay of on the weed and start taking some nootropics to repair the damage. Alpha GPC would be a good start, very good for memory with minimal side effects.

lol nice advice

realsunjester - April 11, 2019, 7:34 am

drugs affect people differently. i have used drugs recreationally for years, i dont have any memory loss at all. i started smoking weed when i was around 18 right out of high school, so even after 18 years of smoking weed, i have no memory loss.

ive done acid here and there also for many years, with no permanent damage.

in fact, acid (and other drugs like shrooms) have been proven to improve brain activity.

of course, like with anything else in the world, moderation is key. if you eat too much, you'll get fat. smoke to much your lungs will be affected.

tobacco and alcohol are more dangerous than weed and acid.

Zher0 - April 11, 2019, 7:36 am

Purchase some Rhodiola rosea root or lion's mane mushrooms. Both help with memory and new neuron generation.

n3rox - April 11, 2019, 9:32 am

(Apr 11, 2019 07:34 AM)realsunjester Wrote: [\[CITE\]](#) drugs affect people differently. i have used drugs recreationally for years, i dont have any memory loss at all. i started smoking weed when i was around 18 right out of high school, so even after 18 years of smoking weed, i have no memory loss.

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do u ever use flakka ?

n3wstyle - April 12, 2019, 3:48 am

(Apr 11, 2019 09:32 AM)n3rox Wrote: [\[CITE\]](#) do u ever use flakka ?
lol if he used flakka memory loss would be the least of his troubles. I'm not against drugs but when it comes to stuff like flakka....why?

n3rox - April 12, 2019, 3:50 am

(Apr 12, 2019 03:48 AM)n3wstyle Wrote: [\[CITE\]](#) lol if he used flakka memory loss would be the least of his troubles. I'm not against drugs but when it comes to stuff like flakka....why?agreed, thats why i asked, let see what he gonna say

witjoo - April 16, 2019, 5:00 pm

(Apr 12, 2019 03:50 AM)n3rox Wrote: [\[CITE\]](#) agreed, thats why i asked, let see what he gonna say
no, i dont even know what african tribe id have to contact to find flakka anyways

n3rox - April 17, 2019, 8:13 am

(Apr 16, 2019 05:00 PM)witjoo Wrote: [\[CITE\]](#) no, i dont even know what african tribe id have to contact to find flakka anywaysuse deepweb and you will find one

?Raw - April 19, 2019, 2:58 am

Well your mind is in a fragile state right now, our brains as males don't stop developing until we are around 24-26 years old, so you really do not want to be using anything that can conflict with the development and weed can definitely be one of them, granted it's natural but effects can still happen in a negative way if you're not taking supplements and depending on your diet that's a major factor as well, eat more brain food while you can and avoid fast food as much as possible.

Helix - April 20, 2019, 8:29 pm

Quit the goddam drugs, you're only damaging yourself.

Go buy yourself a quality fish oil omega-3 supplement. It improves brain function/memory.

Another thing, go do intermittent fasting for like a month. It is known to repair cell damage and recycle your old cells to new ones.

It also detoxifies the crap that's in your body.

Thank me later.