

Forum:[Hack Forums](#)

Thread: [\[FREE\] RELATIONSHIP ADVICE | ATTRACT THE LOVE OF YOUR LIFE FOR LIFE!](#)

theone - February 24, 2019, 8:25 pm

To tell you the truth, I don't like giving advice unless it is asked for.

At the same time, since you clicked on this post, technically you are open to my advice. Tell you what. I'd rather share what I have learned for Free.

I've been a personal trainer, lifestyle coach, and transformation specialist for over 23 years. When I got into this game, I thought that all I needed to know was how to eat properly and teach people how to work out. Little did I know, that there was so much more.

I started to notice a pattern. Whenever a client started with me, they would always achieve some amazing gains in the first 6 to 12 weeks of the program. Then something would happen. They would hit a wall and start backsliding. Some would make it past and some would do everything they could to keep improving only to find themselves in a deeper rut.

This challenge perplexed me and challenged me in so many ways. Without going into the long story, I realized that the biggest factors that would stop them from achieving their ultimate goals were their top 3 relationships. Their relationship with themselves, their intimate partner or partners, and their relationship with their family and friends.

I then began to shift my focus to what makes a relationship healthy and unhealthy because your health will show up in direct relationships to all of your most important relationships. 100,000 hrs later, I can tell you that I have learned somethings. More importantly, I have put them to the test. The only reason why I am sharing this because I am living the success of what I learned and the world needs to know it.

If you want to learn more about my relationship and meet the woman that I created it, send me a reply and I will PM you.

Be blessed and abundant

boodieb - February 24, 2019, 9:05 pm

I'd like to know more, please. What is the next step?

theone - February 24, 2019, 9:10 pm

(Feb 24, 2019 10:05 PM)boodieb Wrote: [\[CITE\]](#) I'd like to know more, please. What is the next step? I will PM you!