

Forum:[Hack Forums](#)

Thread: [how much do you weigh and how tall are you?](#)

MaximumPain - May 19, 2019, 9:57 am

I am 6' 2" and I weigh 175 pounds. What about you brainlets? ?

Sheep - May 19, 2019, 10:04 am

5'11 and about 230 right now unfortunately. Trying to lose the weight and get back in shape, but taking too many off days lmao. Pretty comfortable when I'm around 180.

ShinyThings - May 19, 2019, 10:05 am

Nice try fbi.

I'm 7 foot tall weigh 140

bevc - May 19, 2019, 10:06 am

(May 19, 2019 09:57 AM)MaximumPain Wrote: [\[CITE\]](#) I am 6' 2" and I weigh 175 pounds. What about you brainlets? ?

Me too! I'm exactly the same height and weight. Used to be up around 190lbs but lost a bit recently - stress.

MaximumPain - May 19, 2019, 10:07 am

(May 19, 2019 10:04 AM)Sheep Wrote: [\[CITE\]](#) 5'11 and about 230 right now unfortunately. Trying to lose the weight and get back in shape, but taking too many off days lmao. Pretty comfortable when I'm around 180.

Try a keto diet and exercise.

Tunechi - May 19, 2019, 10:07 am

4'1" 341 lbs. Gaining mass to be a body builder.

MaximumPain - May 19, 2019, 10:08 am

(May 19, 2019 10:07 AM)Tunechi Wrote: [\[CITE\]](#) 4'1" 341 lbs. Gaining mass to be a body builder. body fat ratio is? I can feel the gravitational force you are exerting all the way from here man.

Sheep - May 19, 2019, 10:09 am

(May 19, 2019 10:07 AM)MaximumPain Wrote: [\[CITE\]](#) Try a keto diet and exercise.

My diet is fine, I'm losing weight from that alone right now, just need to supplement with exercise. As I said, take too many off days. I'll be fine lol

Valdamerca - May 19, 2019, 10:10 am

Last time I checked, 6' flat and 173 pounds.

ShinyThings - May 19, 2019, 10:11 am

(May 19, 2019 10:07 AM)MaximumPain Wrote: [\[CITE\]](#) Try a keto diet and exercise.

If you do keto, cool but pls don't encourage anyone else to do this dangerous diet

Tunechi - May 19, 2019, 10:11 am

(May 19, 2019 10:08 AM)MaximumPain Wrote: [\[CITE\]](#) body fat ratio is? I can feel the gravitational

force you are exerting all the way from here man.

Just fuckin around lmao. I probably laughed more typing that than anyone reading it.

Ramune - May 19, 2019, 10:12 am

Im 5'7 and 170lbs, im quite lean somehow even tho i eat absolute shit constantly

proud manlet

Elweth - May 19, 2019, 10:18 am

Damn it, I use the metric system.

I am 55kg and 171cm tall.

Goku_6695 - May 19, 2019, 10:28 am

6'1 weight 185 not bad tbh i wanna get to 175

MaximumPain - May 19, 2019, 10:33 am

(May 19, 2019 10:18 AM)Giselle Wrote: [\[CITE\]](#) Damn it, I use the metric system.

I am 55kg and 171cm tall.

multiply by 2.2 for kg to pounds

cm divide by 100 to get to meters and then multiply by 3.3

Valdamerca - May 19, 2019, 10:35 am

(May 19, 2019 10:33 AM)MaximumPain Wrote: [\[CITE\]](#) multiply by 2.2 for kg to pounds

cm divide by 100 to get to meters and then multiply by 3.3

You can just type "kg to pounds" on google then you'll get instant results. But, I'm glad that someone can still convert it without using Google ?

Mix - May 19, 2019, 10:46 am

If I told you this then you could add it to the dox you have on me, next you will want my full name. and my address.

deadsh0t - May 19, 2019, 2:40 pm

I needed recalculate since i use kg and cm instead of feet and lbs

176 lbs

And 5' 11.6535''

Decoyshot - May 19, 2019, 2:49 pm

I'm 5'7 and I think 70kg and I know all the heights in CMS.

170cm - 5'7

180cm- 5'11

200cm- 6'7

if anyone wants me to do there height in cm just ask

Astrogen - May 19, 2019, 8:14 pm

I haven't weighed myself for a while. I'll probably buy a new weighing scale soon, but my height is around 5'7 - 8

StarZ - May 19, 2019, 8:22 pm

6'3", 200 Flat.

Used to be 250 back in the day. It was funny being "obese" by BMI standards with next to no body fat...

Nthieler - May 20, 2019, 12:26 am

My height is 185 cm and weight 170 pounds. I think that I do not look very bad.

Psychedelic. - May 20, 2019, 3:36 am

Nice try FBI.

Just kidding, I'm 5'11 and 220 pounds.

Roytoy - May 20, 2019, 5:45 am

I'm 6'15 and I weight about 84 KGs averagely

Mix - May 20, 2019, 7:55 am

I just found out Im 9 stone. Send help.