

Forum:[Hack Forums](#)

Thread: [22 years old no skills no job and depressed.](#)

Avikura - June 9, 2019, 10:00 am

Hello, im 22 years old with no job and with 0 skills. Im stuck, depressed and alone... I have no money and i have nothing... all i do is sit at home and video game and do nothing with my life and i feel so hopeless, i want to do something but i just dont know what to do? I want to be happy.. for me it will be making money... i had a 9-5 job but i quit it because i was so fucking depressed with my life and i want to work remotely but i have no skills and i just dont know what i could do. My family hate me because all i do is sit in my room an game all day and they scream at me to get a job but dont understand that i am just so sad with my life i just cannot do anything anymore and i know for sure i want to work remotely but i just dont know what to do... i feel like just ending my self but i know its not the right choice and i know i can pull out of this but ive been feeling bad like this all my life and im just trying to figure out what to do, can anyone please help me

Allelujah - June 9, 2019, 10:07 am

Send me a private message.

Savager - June 9, 2019, 10:08 am

Bro all you have to do is do what makes you 1000% happy and don't give a fuck about what anyone says. If staying home makes you happy do that.

I always do what makes me happy. Have a good day

Avikura - June 9, 2019, 10:09 am

(Jun 9, 2019 10:07 AM)Allelujah Wrote: [\[CITE\]](#) Send me a private message.

Looks like i cant :(i need 25 posts

Riizq - June 9, 2019, 10:09 am

(Jun 9, 2019 10:07 AM)Allelujah Wrote: [\[CITE\]](#) Send me a private message.

He can't you'll have to pm him.

OP.

What's bothering you? If you want we can talk in private? Let me know if you want me to PM you and we'll talk someplace else

Mad76e. - June 9, 2019, 10:17 am

(Jun 9, 2019 10:00 AM)Avikura Wrote: [\[CITE\]](#) Hello, im 22 years old with no job and with 0 skills. Im stuck, depressed and alone... I have no money and i have nothing... all i do is sit at home and video game and do nothing with my life and i feel so hopeless, i want to do something but i just dont know what to do? I want to be happy.. for me it will be making money... i had a 9-5 job but i quit it because i was so fucking depressed with my life and i want to work remotely but i have no skills and i just dont know what i could do. My family hate me because all i do is sit in my room an game all day and they scream at me to get a job but dont understand that i am just so sad with my life i just cannot do anything anymore and i know for sure i want to work remotely but i just dont know what to do... i feel like just ending my self but i know its not the right choice and i know i can pull out of this but ive been feeling bad like this all my life and im just trying to figure out what to do, can anyone please help me

Well.. That makes me depressed as well.. To be 22 years and still have no job, thats a difficult and a depressing situation. Im almost twice your age, and it would be easy to point fingers. Working IS boring, its boring as fuck if you ask me, but its something you need to do because you need money, and NO ONE is going to help you there. You're family doesn't hate you, even if it feels like that. I would be afraid if they NOT jelled at you. They care, but they dont understand you, and thats the the root to your problems. You should know that work from home is a very very rare unless you start your own business.

Maybe the computer and your mobile phone in a way is the root to the problem? As well as there are gambling problems there are computer related problems as well. Once upon a time i was a well respected member online, but in IRL i was a normal grey citizen. that was a nobody. Sure as hell as there are more fun to be online then be dealing with IRL.

For youre sake i hope youre reaching out to the right channels.. Hackforums isnt the best place for this.

Bob White - June 9, 2019, 10:19 am

(Jun 9, 2019 10:00 AM)Avikura Wrote: [\[CITE\]](#) Hello, im 22 years old with no job and with 0 skills. Im stuck, depressed and alone... I have no money and i have nothing... all i do is sit at home and video game and do nothing with my life and i feel so hopeless, i want to do something but i just dont know what to do? I want to be happy.. for me it will be making money... i had a 9-5 job but i quit it because i was so fucking depressed with my life and i want to work remotely but i have no skills and i just dont know what i could do. My family hate me because all i do is sit in my room an game all day and they scream at me to get a job but dont understand that i am just so sad with my life i just cannot do anything anymore and i know for sure i want to work remotely but i just dont know what to do... i feel like just ending my self but i know its not the right choice and i know i can pull out of this but ive been feeling bad like this all my life and im just trying to figure out what to do, can anyone please help me

Quit being a beta. Suck up your depressed nonsense and go get a 9-5. Save money, get out of your parents house, and obtain real world skills, build yourself a life.

Survival of the fittest my friend.

Allelujah - June 9, 2019, 10:22 am

Presented OP an awesome opportunity working from home with a company you're all familiar with. Probably using their product to read this post.

Up to him to get hired though.

bevc - June 9, 2019, 10:27 am

Firstly, stop playing video games. Just ban yourself from playing them. Write a declaration and stick it on the wall, and sign it.

Second, talk to your family. Tell them that you want to work, you just don't know what to do. Can they help you somehow? Acquire skills? Find a job that doesn't make you want to kill yourself? (they do exist - I know it doesn't seem like it sometimes, but they do).

Remember, Einstein said that the definition of insanity is to just keep doing the same thing over and over and expecting different results. If a 9-5 job is too depressing for you, have you thought about trying to find something part time, to ease you back in? Or maybe doing shift work? You can always learn a skill. Libraries are free. The internet is awash with information.

I do know what it's like, I was actually in a similar position when I was your age for a few months

(although I didn't play video games), just trying to find money to pay the rent and buy cigarettes and beer and whatever, it was incredibly depressing. But I got through it, and you will too.

Bossk - June 9, 2019, 10:37 am

(Jun 9, 2019 10:19 AM)GenericPlayer17 Wrote: [\[CITE\]](#) Quit being a beta. Suck up your depressed nonsense and go get a 9-5. Save money, get out of your parents house, and obtain real world skills, build yourself a life.

Survival of the fittest my friend.

What an unnecessary post, not cool. PM me pics of your wrists and face and ill determine who's a BETA.

Raymond "Red" Reddington - June 9, 2019, 10:38 am

You may not have anything, but you will always have yourself.
A fighting chance is all anyone ever needs.

illegally - June 9, 2019, 10:39 am

Start smoking weed and
socialising????

??????????????

Shockley - June 9, 2019, 10:46 am

"i want to work remotely"
christ lmao

MaximumPain - June 9, 2019, 10:46 am

Want to make money through illegal means? There are a lot of ways illegally.... the real ways to make money are not allowed to be discussed on this forum since it involves fraud, but you could always sell drugs. (stick to selling pot) and once u make enough you can stop dealing and have others :). So which way is your little tip pointing towards?

mrnelly - June 9, 2019, 10:52 am

(Jun 9, 2019 10:22 AM)Allelujah Wrote: [\[CITE\]](#) Presented OP an awesome opportunity working from home with a company you're all familiar with. Probably using their product to read this post.

Up to him to get hired though.
Google ads quality rater?

Allelujah - June 9, 2019, 12:24 pm

(Jun 9, 2019 10:52 AM)mrnelly Wrote: [\[CITE\]](#) Google ads quality rater?

Not exactly. It is a legitimate position with a company that offers full benefits and excellent opportunities to advance as a career.

ShinyThings - June 9, 2019, 12:25 pm

You gotta get yourself into something OP find something you can do good at and then become the best at it

mrnelly - June 9, 2019, 12:37 pm

(Jun 9, 2019 12:24 PM)Allelujah Wrote: [\[CITE\]](#) Not exactly. It is a legitimate position with a company that offers full benefits and excellent opportunities to advance as a career.

Interesting. Thought the browser thing was a dead giveaway for Google. Regardless, hope OP goes for it! :)

doxerhacker - June 9, 2019, 12:57 pm

You're most likely depressed because of your QoL and that is determined solely and merely by your looks. If you have bad genetics you will have a bad QoL.

It's not about money. It's about being good looking. Strong harmonious bone structure is key.

I have a bachelors in engineering, and i'm still depressed

Goku_6695 - June 9, 2019, 1:21 pm

(Jun 9, 2019 10:19 AM)GenericPlayer17 Wrote: [\[CITE\]](#) Quit being a beta. Suck up your depressed nonsense and go get a 9-5. Save money, get out of your parents house, and obtain real world skills, build yourself a life.

Survival of the fittest my friend.

You cant just suck it up. Dude if you were going through what he is going through you would understand how hard it is to be depressed. You literally cant do anything and have no drive to do anything. Put yourself in someone elses shoes

(Jun 9, 2019 10:27 AM)bevc Wrote: [\[CITE\]](#) Firstly, stop playing video games. Just ban yourself from playing them. Write a declaration and stick it on the wall, and sign it.

Second, talk to your family. Tell them that you want to work, you just don't know what to do. Can they help you somehow? Acquire skills? Find a job that doesn't make you want to kill yourself? (they do exist - I know it doesn't seem like it sometimes, but they do).

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(Jun 9, 2019 10:37 AM)Bossk Wrote: [\[CITE\]](#) What an unnecessary post, not cool. PM me pics of your wrists and face and ill determine who's a BETA.Agreed

Shelob - June 9, 2019, 1:33 pm

(Jun 9, 2019 10:39 AM)illegally Wrote: [\[CITE\]](#) Start smoking weed and socialising????????????????

Stop giving such advices for someone like OP, weed will make him more and more depressed, save a life or fuck off.

Annihilus - June 9, 2019, 1:39 pm

I know it's easier said than done but try and think positive

On the plus side you have a lot of free time which you can put into learning a new skill, which you may enjoy I suggest learning coding, website development or graphics design All three of those can bring you a nice income and those are just to start

What games do you currently play bro Also my inbox is always open if you ever want to talk or just vent Sending positive vibes your way ?

Enzon - June 9, 2019, 1:41 pm

Life isn a game. There are ups and downs,its normal. You are young and you still have time. Ban a games for sometime now. Start training even if you dont feel like it.

That is important because you will learn yourself to do something even if its boring. Every start is hard. Keep up bud. I believe in you!

Doctor. - June 9, 2019, 2:26 pm

(Jun 9, 2019 10:39 AM)illegally Wrote: [\[CITE\]](#) Start smoking weed and socialising???? ??????????????

In all seriousness, this isn't a terrible idea. I was gonna suggest you to first quit playing childish video games. They're boring compared to the real world and the experiences you could create for yourself. Maybe try LSD or some adhd medication like adderall to push yourself to get off your ass and out of your room?

Iseedeadpeople - June 9, 2019, 2:31 pm

Nathan, is that you ?XD

I`m sorry
so sorry

BlackShadow - June 9, 2019, 2:34 pm

This site can help you really much to change your lfie :)

void. - June 9, 2019, 8:36 pm

Go to truck driving school. Lots of companies do paid training, you'll have a place to live, make money and see the country. It's a great escape.

test - June 9, 2019, 8:41 pm

Complaining on an internet forum is going to get you nowhere. Go join the Military if you have no skills.

Goku_6695 - June 9, 2019, 9:05 pm

(Jun 9, 2019 08:41 PM)test Wrote: [\[CITE\]](#) Complaining on an internet forum is going to get you nowhere. Go join the Military if you have no skills.

You try being depressed as hell and he is seeking help. Cmon its rough.

Dont worry about a job now, focus on bettering your mental health. It will take time but i hope you get better OP

test - June 10, 2019, 1:16 am

(Jun 9, 2019 09:05 PM)Goku_6695 Wrote: [\[CITE\]](#) You try being depressed as hell and he is seeking help. Cmon its rough.

Dont worry about a job now, focus on bettering your mental health. It will take time but i hope you get better OP

I have been depressed as hell.

I was exactly like OP when I just finished school. No real social life, shitty job, all I did was play video games. Best thing I ever did was get a job that took me out of my comfort zone and forced me to change.

You saying 'Don't worry about a job, just focus on your mental health' is no more helpful than what I said.

ShinyThings - June 10, 2019, 1:19 am

(Jun 10, 2019 01:16 AM)test Wrote: [\[CITE\]](#) I have been depressed as hell.

I was exactly like OP when I just finished school. No real social life, shitty job, all I did was play video games. Best thing I ever did was get a job that took me out of my comfort zone and forced me to change.

You saying 'Don't worry about a job, just focus on your mental health' is no more helpful than what I said.

Forcing yourself to do something is the key. You can't just sit around doing nothing and expect to feel good. This users advice is on point.

Crypt - June 10, 2019, 1:23 am

Where do you live? If in the USA you should join the military, find a job you have interest in, save money, go to school and get paid to learn.

Elweth - June 10, 2019, 1:59 am

(Jun 10, 2019 01:23 AM)Crypt Wrote: [\[CITE\]](#) Where do you live? If in the USA you should join the military, find a job you have interest in, save money, go to school and get paid to learn.

This is a pro life tip ^

Avikura - June 10, 2019, 9:05 am

(Jun 10, 2019 01:19 AM)ShinyThings Wrote: [\[CITE\]](#) Forcing yourself to do something is the key. You can't just sit around doing nothing and expect to feel good. This users advice is on point.

Im from UK and i want to go back to school but i have no interests just into wanting to make money

ShinyThings - June 10, 2019, 9:12 am

(Jun 10, 2019 09:05 AM)Avikura Wrote: [\[CITE\]](#) Im from UK and i want to go back to school but i have no interests just into wanting to make money

So find something you can do and monetize it

Avikura - June 10, 2019, 9:15 am

(Jun 10, 2019 09:12 AM)ShinyThings Wrote: [\[CITE\]](#) So find something you can do and monetize it
People say find something and monetize it but...how? i have no skills right now people say learn skills but what ive seen alot of people do programming and stuff... but im bad at math lol

bevc - June 10, 2019, 9:15 am

(Jun 10, 2019 09:05 AM)Avikura Wrote: [\[CITE\]](#) Im from UK and i want to go back to school but i have no interests just into wanting to make money

Have you considered working in sales? - you don't have to be super-confident to do that (in fact some people find that off-putting), you just have to be polite and have a relatively thick skin - if you have no qualifications, you're used to your family yelling at you, and you want to make money, sounds like the ideal profession for you.

You can make lots of money if you do it right.

(Jun 10, 2019 09:15 AM)Avikura Wrote: [\[CITE\]](#) People say find something and monetize it but...how? i have no skills right now people say learn skills but what ive seen alot of people do programming and stuff... but im bad at math lol

I programme and I'm crap at maths.

ShinyThings - June 10, 2019, 9:17 am

(Jun 10, 2019 09:15 AM)Avikura Wrote: [\[CITE\]](#) People say find something and monetize it but...how? i have no skills right now people say learn skills but what ive seen alot of people do programming and stuff... but im bad at math lol

Buy reselling rights to something. Can you draw? Can you write articles? Can you walk a dog? It

can be anything

Wake - June 10, 2019, 9:30 am

(Jun 10, 2019 09:15 AM)Avikura Wrote: [\[CITE\]](#) People say find something and monetize it but...how? i have no skills right now people say learn skills but what ive seen alot of people do programming and stuff... but im bad at math lol

You mentioned you sit about and play video games all day surely if your sitting around playing them that much you must be good at them? You also mention you want to work from home. Why don't you create an account on [Fiverr](#) and put a gig up for a games coach or i guess booster? Not only does that get you socialising with people but it will also earn you some money. I have seen some people earning pretty good money on there. Best of luck.

Nsharma78 - June 13, 2019, 12:37 pm

We all may go through this phase. I just wanna say don't lose hope and start something new

Rubymine - June 13, 2019, 12:46 pm

Quarter Life Crisis , huh . can you took like a tea for treat you depression during work ? because is sometime boring ,or anxiety sign. when it come , mess with it too.

Kenjataimu - June 13, 2019, 1:14 pm

Alright, no more excuses man. Beggars cant be choosers.

1. Go outside, take a walk. Ask what time it is to people you pass on the street.
2. Get a job even if its part time pumping gas.
If you want to start learning skills you need to get out of your rut.
3. Create a healthier environment at home so your parents dont give you an ultimatum.
Start cleaning around the house. Offer to help pay for groceries with said job.
4. Decide what interests you and start reading news articles, and papers about it online.
Take free courses and learn about it.
5. Use what you read and start doing it for free or very cheap until you are comfortable.
From there you can start charging more money for it.

majesty - June 13, 2019, 1:50 pm

At first you need to get out smell some air enjoying the mother earth. we have a biological system that deny to stay for a long time in a closed spaces, room, apartments etc.

at first !

tel me what the thing you can it for me or any stranger for free ?!

that is what you can make a money from and that is the propose of being here in this world :)

Also here is some tips and ideas.

You can make a lot of money while playing !

have you even try to start a youtube channel or Twitch ?

do you know that you can start sealing online accounts PSN etc.

you can trade skins.

you can offer services for you partners in games like Netflix accounts.

WarpBrothers - June 13, 2019, 2:13 pm

(Jun 10, 2019 09:15 AM)Avikura Wrote: [\[CITE\]](#) People say find something and monetize it but...how? i have no skills right now people say learn skills but what ive seen alot of people do programming and stuff... but im bad at math lol

I'm also from the U.K. and I've also been through what you have, apart from I was 20. It is sad and depressing. Words can not describe what I felt like. Only you my friend can pull yourself out of this situation with your "Mind". Your mind is a power tool and only "YOU" can control it.

Avikura - June 16, 2019, 11:47 am

Still doing nothing. I read every single one who responded to me and here's me sitting here still doing nothing. Im sorry i made this post. Im sorry for being alive. Im not skilled nor am i smart. What's the point of me being alive.

sleek - June 16, 2019, 11:53 am

(Jun 16, 2019 11:47 AM)Avikura Wrote: [\[CITE\]](#) Still doing nothing. I read every single one who responded to me and here's me sitting here still doing nothing. Im sorry i made this post. Im sorry for being alive. Im not skilled nor am i smart. What's the point of me being alive.

You need an electric shock, dude. Wake the fuck up, you're a man. It's no time to moan about a so-far shit life. You still have plenty of time to fix it. The earlier you do? The earlier you'll be happier. Users here gave great advice and here you are on your ass. If you've no motive to be happy, you'll never get there. Get the fuck up and get a job. Whatever it is.

Caliban - June 20, 2019, 3:39 pm

Delete the video games asap and get a job or go into a coding bootcamp or something like that. You seem to want to run away from adult life, i was the same when i was 19-20 but i got a job at 21 and it really helped my situation. Im 22 now, have my own place, my own car and im doing way better now, even tho money is sort of tight sometimes lol.

Android 17 - June 20, 2019, 3:45 pm

(Jun 9, 2019 10:22 AM)Allelujah Wrote: [\[CITE\]](#) Presented OP an awesome opportunity working from home with a company you're all familiar with. Probably using their product to read this post.

Up to him to get hired though.

Gotta ask, what is it? Need a better work opportunity ?

StarZ - June 20, 2019, 4:02 pm

Temp agencies.

Get medicated, go to a temp agency and get a temporary job. Just something to pay bills whilst you figure out what you want from life.