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Thread: [I give advice on how to treat any disease in a natural way](#)

Lekso88 - June 19, 2019, 2:11 pm

Hi,I give advice on how to treat any disease in a natural way, applying the law of health and healing.I also give the basics of a healthy lifestyle

If you are interested,send me PM for further informations and instructions.I will also put some interesting texts here on the forum, like this one for example

MODERATION When we talk about moderation, we mean the ability to do good things. It is necessary to be able to eat healthy food, exercise, rest and so on. Man can suffer the consequences of eating healthy food, excessive physical activity, excessive exposure to the sun, premature staying in bed, and so on. From the aspect of human health, it is not justifiable to say: "I'm moderate in smoking tobacco, drinking alcohol, gambling, etc." These activities are harmful and at the very least, and they are completely undesirable. The issue of moderation is a matter of character. And as we train and strengthen our boots, by practicing good habits, we practice and strengthen our character that helps us and makes it easier for us to do good things in our lives. In order to develop our character and to be moderate in everything that is good, we need to be acquainted with the right information that will help us recognize the good from the bad, and by developing what is good, in an adequate way, we develop good habits and achieve the highest possible range of quality and healthy life.

EXACTOTOXINS During many centuries, chefs in Japan have put a special ingredient in their dishes to improve the taste of food. It is a matter of time that comes from a sea grass called a kombu. In the 20th century, its main chemical component, known as "monosodium glutamate" or MSG, was isolated from this grass. Soon the production of MSG turned into a global industry that earns billions of dollars. In addition to MSG, other compounds that "improve" the taste of food, such as "hydrolysed vegetable protein", also contain MSG. Today, all giants of the food industry in the world are added in processed foods to those pounds of MSG. When this compound was discovered, it was considered completely harmless. At the end of the 1960s, the first additions to the nutrition of athletes 32, which showed MSG hazards, were published. At the time, the doctors believed that glutamate provides energy to the brain, so an experiment was performed on children with special needs, who were given large amounts of MSG, because they thought it would improve the intelligence coefficient for these children. However, there were no positive results. In 1957, scientists tested MSG on the cranium of a mouse to study a type of eye disease. When examined by the eye tissues, they came to a shocking result: MSG destroyed all the nerve cells in the inner layers of the cornea of these animals, which are receptors for vision. Soon, new research was carried out that not only confirmed the harm of eye damage to MSG, but also proven brain damage. Only one dose of MSG has been found to destroy cells in the hypothalamus - an important part of the brain. At that time, people around the world gave babies a baby with enormous amounts of MSG and hydrolysed vegetable protein Artificial Additives in Nutrition 33 (a compound containing three types of this baby). The amount of MSG in baby food was the same as the amount of MSG in food given to experimental animals, which caused damage to their brain. Experiments have shown that the youngsters were much more vulnerable to the toxic effects of MSG than older animals. The same applies to all types of carcasses. Studies show that the intake of these strong compounds during an early stage of life can cause brain defects, which in later years lead to difficult learning in children and to problems in the treatment, including violent behavior. Also, it has been noticed that the younger faces of mental ligaments given to MSG have low growth, obesity, have problems with reproductive organs and suffer from severe disorders of several types of hormones that produce

hypothalamus. Unfortunately, MSG is not the only known nutrient supplement for "improving the uku" that nourishes the nervous system, but there are many additives in the diet of athletes of 34 chemical compounds that have almost the same effect. How does MSG and other similar substances "improve flavor" work? When the nerve cells come in contact with these substances, their excessive irritation develops, and in this way, the rapid transmission of the nerve impulses. This leads to complete "exhaustion" of the nerve cells. A few hours later, these nerve cells suddenly disappear, precisely because of excessive irritation. Therefore, these compounds were called "exitotoxins" (excite) - stimulate, excite, toxin - poison) or poisons. When these discoveries became public, processors of processed food changed the name for these excitotoxins on the product packaging. If the packaging of a water product says it contains "natural flavorings", it means that it can contain 20-60% of MSG.