

Forum:[Hack Forums](#)

Thread: [Unicorn Changed the Way I Poop!](#)

Eagle 95 - June 22, 2019, 6:01 am

Some argue that current position of shitting is bad for you, gives you hemorrhoids and what not. In some cultures, shitting from a squat is normal. Weird YouTube algorithm recommended me the below video.

[Video: <https://www.youtube.com/watch?v=YbYWWhdLO43Q>]

So, how do you shit? Sit or squat? In the bathroom or in the field? ?

Oh btw, that video is advertising 101.

SecretAchiever101 - June 22, 2019, 6:06 am

(Jun 22, 2019 06:01 AM)Eagle 95 Wrote: [\[CITE\]](#) Some argue that current position of shitting is bad for you, gives you hemorrhoids and what not. In some cultures, shitting from a squat is normal. Weird YouTube algorithm recommended me the below video.

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So, how do you shit? Sit or squat? In the bathroom or in the field? ?

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Rumor has it that, in soviet Russia they always slav squat when shitting. I am waiting for a Russian to confirm tho, if this statement is true or not. ?

debian - June 22, 2019, 6:09 am

"Can't get the last scoop out of the carton?" this had me dying ?

ShinyThings - June 22, 2019, 6:10 am

Has me about to try this new position. Will report back after movement

Connected - June 22, 2019, 6:50 am

Bruh, This ad is so old. I remember the first time I saw it, I was so disturbed.

Deany - June 22, 2019, 6:54 am

So that's where rainbow ice cream comes from

Eagle 95 - June 22, 2019, 7:18 am

(Jun 22, 2019 06:50 AM)DMTWizard Wrote: [\[CITE\]](#) Bruh, This ad is so old. I remember the first time I saw it, I was so disturbed.

YT has a habit of recommending old(er) videos. I might have seen it earlier but I can't really remember. :)

Mike? - June 22, 2019, 7:47 am

I actually bought the squatty potty, can confirm my shits have been way better since purchasing.

duplex - June 22, 2019, 7:49 am

Meh, I love sitting and shitting, don't care if squatting is healthier

Bolol - June 22, 2019, 8:52 am

Normal i shit in my bed standing as i like. But i do also shit my boss straight to his face upside down if possible

ShinyThings - June 22, 2019, 8:54 am

I squatted this morning. Came out easier, can vouch for method

mrvice18 - June 22, 2019, 9:53 am

Yo bro proper way to shit is in semi fetal position. Smoother bowel movement

(Jun 22, 2019 08:54 AM)ShinyThings Wrote: [\[CITE\]](#) I squatted this morning. Came out easier, can vouch for method

Why the fuck are you even negging me what the hell did i do

ShinyThings - June 22, 2019, 9:55 am

(Jun 22, 2019 09:53 AM)mrvice18 Wrote: [\[CITE\]](#) Yo bro proper way to shit is in semi fetal position. Smoother bowel movement

Why the fuck are you even negging me what the hell did i do
Just remembered to do it because I don't like you

mrvice18 - June 22, 2019, 9:56 am

(Jun 22, 2019 09:55 AM)ShinyThings Wrote: [\[CITE\]](#) Just remembered to do it because I don't like you

Says more about you than tit does about me.

Cheers

Connected - June 22, 2019, 10:56 am

(Jun 22, 2019 07:47 AM)Mike? Wrote: [\[CITE\]](#) I actually bought the squatty potty, can confirm my shits have been way better since purchasing.
So it does work? I've really considered buying one.

Mike? - June 22, 2019, 11:10 am

(Jun 22, 2019 10:56 AM)DMTWizard Wrote: [\[CITE\]](#) So it does work? I've really considered buying one.

Yes. It does. How do you think cavemen used to poop. They'd squat down. We were meant to poop squatting.

Classy - June 22, 2019, 11:51 am

LMAO as wack as that video is, I actually do this. It's especially funny at work since we don't have a stool, I stack up the spare boxes to put my feet on.

iNviZ - June 22, 2019, 12:09 pm

Lmao that's some funny shit bro.

Connected - June 22, 2019, 12:17 pm

(Jun 22, 2019 11:10 AM)Mike? Wrote: [\[CITE\]](#) Yes. It does. How do you think cavemen used to poop. They'd squat down. We were meant to poop squatting.

Well I know the science behind it, but even then it's still not completely squatting, so i didnt know if it for sure worked. The only question is, did you feel awkward when you started pooping like that? And do you still feel that way?

Mike? - June 22, 2019, 12:19 pm

(Jun 22, 2019 12:17 PM)DMTWizard Wrote: [\[CITE\]](#) Well I know the science behind it, but even then it's still not completely squatting, so i didnt know if it for sure worked. The only question is, did you feel awkward when you started pooping like that? And do you still feel that way?

No, and no. It feels normal af

Classy - June 22, 2019, 12:22 pm

People also need to start using water and such to clean after a poop rather than just toilet paper.

Charlie Sheen - June 22, 2019, 12:37 pm

The correct way is to sit facing the tank. Then you have a tablet for snacks or magazines.

Eagle 95 - June 22, 2019, 11:45 pm

(Jun 22, 2019 11:10 AM)Mike? Wrote: [\[CITE\]](#) Yes. It does. How do you think cavemen used to poop. They'd squat down. We were meant to poop squatting.

I've watched a follow up video, there's no real scientific study that's true tho. ?

Mike? - June 23, 2019, 12:04 am

(Jun 22, 2019 11:45 PM)Eagle 95 Wrote: [\[CITE\]](#) I've watched a follow up video, there's no real scientific study that's true tho. ?

The scientific study is me pooping easier LMAO

Spaark - July 1, 2019, 7:04 pm

I sit because I've seen a Chinese public bathroom.

Condoms - July 1, 2019, 8:04 pm

YouTube recommends some weird crap at times.. I get weirdly but satisfying YouTube music videos shown to me for no reason or another.

A + - July 1, 2019, 8:24 pm

(Jun 22, 2019 06:01 AM)Eagle 95 Wrote: [\[CITE\]](#) Some argue that current position of shitting is bad for you, gives you hemorrhoids and what not. In some cultures, shitting from a squat is normal. Weird YouTube algorithm recommended me the below video.

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So, how do you shit? Sit or squat? In the bathroom or in the field? ?

Oh btw, that video is advertising 101.

You know when you get those red marks on your knees, like the signs that you just took a really good dump? I saw this video a while back. I don't own one, but I started leaning back when I was pooping. It actually works. That's a really good dump, ngl to you

JoshRSA - July 2, 2019, 12:36 am

I could never shit properly without folding my two pillows on the floor to squat. Now with Squatty Potty, I can take decent shits!