

Forum:[Hack Forums](#)

Thread: [===== Certified Professional Life Coaching Service =====](#)

Gaius Julius Caesar - August 10, 2019, 5:54 am

Original service and Vouches: <https://hackforums.net/showthread.php?tid=5336350>

WHAT IS A LIFE COACH?

A results life coach is someone who helps you identify your goals and develop an actionable plan to achieve them. Coaching may sound like a foreign concept to some, but to compete as a world-class athlete, you need the experience, enthusiastic support, objective perspective and insight of a coach. This is just as true for CEOs, entrepreneurs, business leaders, executives and business professionals. So, what is a life coach? A life coach is someone professionally trained to help you maximize your full potential and reach your desired results.

WHAT DOES A LIFE COACH DO?

A life coach definition can vary depending on what your specific goals are. A life coach encourages and counsels clients on a range of professional and personal issues. Life coaching is distinct from giving advice, consulting, counseling, mentoring and administering therapy. You would hire a coach to help you with specific professional projects, personal goals and transitions. A coach helps you grow by analyzing your current situation, identifying limiting beliefs and other potential challenges and obstacles you face and devising a custom plan of action designed to help you achieve specific outcomes in your life.

The relationship between a client and their lifestyle coach is a creative partnership that seeks to:

- Identify, clarify and create a vision for what the client wants

- Use coach's expertise to modify goals as needed

- Encourage client's self-discovery and growth

- Nurture and evoke strategies and a plan of action based on what fits best with the client's goals, personality and vision

- Foster client accountability to increase productivity

These aspects of the process all work together to allow the client to maximize his or her potential, and research shows that coaching and training is a far more effective combination than training alone. In fact, training alone can increase productivity by 22.4%, but when combined with weekly life coaching, productivity is boosted by 88%.

There are many different types of life coaches to choose from. These are just a few of the ways a Results Coach will impact your life and why you should choose one of them to help you transform your life.

- Gain clarity in your purpose – Get clear and focused on the goals and objectives that will radically change your life in the next year.

- Achieve your health & fitness goals – Feel more energy, more vitality and more accountability from a coach who pushes you. Stay committed for real results and start living the life you desire.

- Ignite passion in your relationships – Remove beliefs that are sabotaging you from true connection and discover the key to fulfillment in relationships. Discover how to break down limiting beliefs you hold about yourself and your partner.

- Become a more effective leader – Break through limitations and gain the skills to persuade, inspire and connect with others.

Prepare for change – Tap into courage, strength, passion and confidence to overcome any challenge or unexpected change that life throws at you.

Grow your business – Commit in times of uncertainty, and step out of your comfort zone to drive sales & profits.

WHY WOULD YOU WORK WITH A LIFE COACH?

People choose to hire life coaches because they want to do more tomorrow than they can do today. They want to improve their output and see more growth, and they want to do those things quickly and to the best of their ability. All kinds of people use life coaches, including actors, business leaders, creatives, entrepreneurs, executives, homemakers, managers, professionals, small business owners and start-up pioneers. These people all identify a gap between where they are and where they want to be, and turn to coaching when they want help reaching their goals. When you ask yourself what is a life coach and why should I work with one, you're asking yourself why you'd want to unlock an extraordinary life.

WHAT A LIFE COACH CAN DO FOR YOU!

The definition of a life coach is a professional who can help you excel in all areas of life. Some of the most common steps clients take while working with life coaches include:

- Identifying goals and defining a vision for success
- Creating professional and personal growth plans
- Identifying limiting beliefs
- Working toward financial independence
- Obtaining work/life balance
- Learning to communicate more succinctly and effectively
- Fostering more powerful connections professionally and personally
- Getting promotions
- Achieving weight loss and/or fitness goals
- Starting a new business or growing an existing one
- Managing an important life or business transition
- Articulating core values

If I'm already successful, would I still benefit from a life coach?

When you look at the life coach definition we shared above, you'll notice it does not restrict life coaches to only helping those in crisis or those who are not achieving enough. Unlike therapy, life coaching is meant to help a wide variety of people – including those who are already running successful businesses, are healthy or who have thriving relationships. Life coaches know there is always more that their clients can achieve and enjoy working with those in all stages of their lives.

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Vouches:

(Jul 12, 2016 01:06 PM)Shoe Wrote: [\[CITE\]](#) Gaius is a great guy who knows his Clay Davis. I'd recommend this service to anyone, he isn't jokin around. What are you waiting for? Take advantage of the trial!

(Jul 12, 2016 01:39 PM)spooky hacker Wrote: [\[CITE\]](#) Vouch for my boy, he's legit and knows what he's doing!

(Jul 12, 2016 01:52 PM)Yung Metro Wrote: [\[CITE\]](#) Vouch for him he gave me and my friend a free one time session.

(Jul 12, 2016 04:58 PM)Musketeers Wrote: [\[CITE\]](#) I've had life coaching in the past and it's really help to see what you didn't know that you didn't know :O Yeah I'm serious, sometimes we just don't know what drive our life and this can teach you it !

LordBrett has been a very helpful person for years and I recommend you to try this service. Its free to try.

(Jul 12, 2016 06:26 PM)Senor Suave Wrote: [\[CITE\]](#) I'll vouch for him, We talked about this idea after he helped me through a relationship issue. He's a great guy and understanding.

(Jul 14, 2016 04:55 PM)Otis??????????????? Wrote: [\[CITE\]](#) OP Is highly trusted and I wouldn't hesitate to deal with this member. He always seems to top the game in whatever he does and for that, I vouch for them. I highly recommend anyone this service! ?