

## Forum:[Hack Forums](#)

Thread: [Ever had this? Each time I close my eyes I feel like my body is moving round ....](#)

**duck** - August 17, 2019, 10:23 am

Each time I close my eyes I just feel like I'm swaying.

It's very small from side to side, from left to right just a little bit but I think it's a bit noticeable if someone focus on me a lot.

It starts from head, move to legs and body, I think it also makes it worse and triggers it when I do deep breath, I go like from back to front so weird.

Sometimes I start moving a bit more but I think that's just me thinking about this so much.

This doesn't really happen in bad, only when I'm sitting or standing.

You guys ever had this too?

**Bastille** - August 17, 2019, 10:33 am

Only when I'm drunk or high, it doesn't sound healthy if you are not, did you plan to go to the doc ?

Since when did you feel that ?

**Deany** - August 17, 2019, 10:38 am

Drink some H2O, you dehydrated homie.

**duck** - August 17, 2019, 10:55 am

(Aug 17, 2019 10:33 AM)Yseurk Wrote: [\[CITE\]](#) Only when I'm drunk or high, it doesn't sound healthy if you are not, did you plan to go to the doc ?

Since when did you feel that ?

For year and half maybe.

2-3 years ago I also had that when I closed me eyes, I had no control if someone is watching me so I had to hide myself to prevent this from happening otherwise I would be in extreme tension.

If I wouldn't do that, I would sit and close my eyes for example in class (school) where everyone can see me, my hand or legs had weird uncontrollable shakes like from right and again to the same position.

I always hid the fact, it shaked like I'm stretching and cracking my bones.

I never go to the doctor unless it's completely wrong, I've been to doctor 3 times and they always said I'm okay that it's mostly likely stress and I don't want to go here again, hear the same thing.

(Aug 17, 2019 10:38 AM)Deany Wrote: [\[CITE\]](#) Drink some H2O, you dehydrated homie.

I drink some h2o, usually 500-800ML every hour or two. (6.7 - 27 Ounces)

**Prawnster** - August 17, 2019, 10:57 am

Swear you got a new thing to tell is wrong about you every day or two, think it's just all over for you by this point tbh

**duck** - August 17, 2019, 11:16 am

(Aug 17, 2019 10:57 AM)Mazl Wrote: [\[CITE\]](#) Swear you got a new thing to tell is wrong about you every day or two, think it's just all over for you by this point tbh  
I don't understand your post.