

Forum:[Hack Forums](#)

Thread: [Girlfriend left me today and I feel pretty sad](#)

Anciety - September 15, 2019, 10:22 am

Hey guys,

so my girlfriend of almost 11 months left me today without any explanation and didn't even tell me she just removed me from all her shit and then a friend told me some stuff she said on her snap private story etc etc.

So I'm feeling really down and horrible inside

can i get some advice from you guys

im 16 and we go to the same college and im almost 100% sure she's talking to a boy who is in our lessons at college too.

This sucks and some advice on not feeling sad and upset would be great just want to be able to get through this feeling happy on the other side

Please no negative shit and arguing I just would like to feel a little better and not be put down even more

thanks

James Burnham - September 15, 2019, 10:25 am

Keep yourself busy and you won't feel a thing.

Rigel - September 15, 2019, 10:26 am

Hey listen, it may not look like it now but you'll be better off on the long term. Keep your chin up and do well in class!

Anciety - September 15, 2019, 10:28 am

(Sep 15, 2019 10:26 AM)Rigel Wrote: [\[CITE\]](#) Hey listen, it may not look like it now but you'll be better off on the long term. Keep your chin up and do well in class!

thanks buddy

I am just thinking about moving colleges too,

it takes me an hour to get there via my dad in the morning as he works about 20 minutes away from there.

I was thinking to going to something called "student support" and just maybe going there to get some stuff off of my chest and all as well

One - September 15, 2019, 10:36 am

My advice for you is forget about her and move on bro,Better is coming

Anciety - September 15, 2019, 10:36 am

(Sep 15, 2019 10:36 AM)Tygaking Wrote: [\[CITE\]](#) My advice for you is forget about her and move on bro,Better is coming

I hope man

this feeling really hurts and I wouldn't want it to happen to anyone.

Girls are so twisted and manipulative

Blogger - September 15, 2019, 10:40 am

Keep that mind busy, bro! If your mind has time to think, it'll analyze the shit out of the situation and drive you mad. Just take comfort in the fact that you're only 16 and this is just one of probably many "relationships" you'll have in high school. She is NOT the last girl.

Anciety - September 15, 2019, 10:44 am

(Sep 15, 2019 10:40 AM)Blogger Wrote: [\[CITE\]](#) Keep that mind busy, bro! If your mind has time to think, it'll analyze the Clay Davis out of the situation and drive you mad. Just take comfort in the fact that you're only 16 and this is just one of probably many "relationships" you'll have in high school. She is NOT the last girl.Thanks buddy

I hope i get through this with a happy mind i just don't want to see her with another guy and shit it's killing me.

?Apocalypse - September 15, 2019, 10:53 am

(Sep 15, 2019 10:44 AM)Anciety Wrote: [\[CITE\]](#) Thanks buddy

I hope i get through this with a happy mind i just don't want to see her with another guy and Clay Davis it's killing me.

She is free to do whatever she wants, you as well

She doesn't owe you anything, so just move on.

Anciety - September 15, 2019, 10:55 am

(Sep 15, 2019 10:53 AM)?Apocalypse Wrote: [\[CITE\]](#) She is free to do whatever she wants, you as well

She doesn't owe you anything, so just move on.

I understand that but it's not what i want as of right now but It is what it is.

She could at least owe me an explanation but I suppose I won't get one.

I have college with her tomorrow and I mean it's her call if she sits with me

TheChaosKiller - September 15, 2019, 10:59 am

Sorry to read this my man, but you gotta get back out there and keep busy. Don't let yourself drown in thoughts of her or reminders of her. She's nothing now, so don't even think of her. Get out there and do your thing.

Ivex - September 15, 2019, 11:06 am

Unfortunately until you're into your 20s it's almost impossible to find a lasting relationship.

I'm sorry to hear it hasn't worked out for you, and I know it feels like crap. Trust me.

But at the end of the day, it's over now. Do you want to spend all your time moping or become the best you that you're happy with? Make her wish she was still with you in 6 months time (don't take her back though).

AYMG - September 15, 2019, 11:14 am

It will pass, you just need to wait some time and don't think about her, unless you are planning to get her back somehow.

Anciety - September 15, 2019, 11:42 am

All i can do is think and check social media,

it's just a direct thing I keep doing and im struggling not to.

All I can think about is tomorrow and thinking I'm going to see her flirting and shit with other boys I know it will probably happen but it will crush me to see it.

SIM-403479 - September 15, 2019, 11:48 am

You still have your whole life ahead of you. If it wasn't meant to be then fine! You will move on and be much happier with someone else.

chin up

SIM-3205632 - September 15, 2019, 11:53 am

If she left without explanation fuck that bitch.

Anciety - September 15, 2019, 1:21 pm

Well guys she's already got a new guy
fucked up

.jpg.exe - September 15, 2019, 1:22 pm

Chin up Bro, Take no notice and fuck that bitch.. you'll find someone better soon enough.

Immature - September 15, 2019, 1:23 pm

stay the fuck off social media. Go do something trust me YOU do have better things to do.

(Sep 15, 2019 01:21 PM)Anciety Wrote: [\[CITE\]](#) Well guys she's already got a new guy
fugged up

99% chance the new guy was in the picture before this happened, move on or you'll be doomed.

BTC - September 15, 2019, 1:25 pm

Find something to bide your time until you feel better.

Time heals all wounds

Bastille - September 15, 2019, 3:19 pm

We almost all experienced heart break, just move on :)

If you show her you are hurt she will enjoy it, trust me. Try to be smarter than her ;)

Krepto - September 15, 2019, 4:07 pm

If she hasn't got the heart to tell you to your face she isn't worth it. Keep yourself occupied and
knuckle down on what you're doing at college. My PMs are always open if you need to chat.

God - September 15, 2019, 4:13 pm

16 Years old there will be plenty of girls in the future probably best thing is focus on study's try set
your mind at ease with the situation and try to move on It's probably going to be hard but you will get
there bro! good luck!

Crimin4L - September 15, 2019, 4:31 pm

My GF of 4 years left me going on a year now. Not even 3 weeks later she was in another
relationship with some GOOFY a** kid. It is what it is, she still hits me up and deep down wants me
and I want her, but we both know it won't work.

My advice is to just keep pushing along OP she will realize that the new dude is a clown and will do
the same thing to him. Keep yourself occupied like others said and you won't even remember her!
Do something you love doing, get a hobble or a sport, and you won't even know her name after 2
months :)

You are also only 16, you have way more b*tches to get. Don't worry about the 1 that got away.
You get 3 good ones in life and you haven't even got your first!

Slim - September 15, 2019, 4:32 pm

Sorry to hear it man, and a ban is coming your way soon too because you're too young to have an

account here. RIP

Crypt - September 15, 2019, 4:32 pm

You're young and she doesn't know what the hell she wants. Not like her and that dude (if she's with him) are going to work out anyways.

Let it go and get yourself a new chick.

W3 S33 4LL - September 15, 2019, 4:38 pm

(Sep 15, 2019 10:22 AM)Anciety Wrote: [\[CITE\]](#) Hey guys, so my girlfriend of almost 11 months left me today without any explanation and didn't even tell me she just removed me from all her Clay Davis and then a friend told me some stuff she said on her snap private story etc etc.

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thanks

Exact same thing happened to me last week. She left without any reason. To be honest with you, we both are nearly the same age, what I suggest is forget her and go have fun, life is short and shitty sometimes. If you need to talk in depth let me know and I'll help you out.

All the best my dude.

Crimin4L - September 15, 2019, 4:41 pm

Whats also funny is the view count of this thread was just our date :L (117)

Just gotta do everyting to block them out OP, yo'll find something better!

Temp_reassign - September 15, 2019, 4:43 pm

It's okay to feel the way you do honestly. Even if you feel like crying too? Yea let it out..no shame, it hurts. But here is the thing tho - Not tryna be hard bro but at 16, you should expect some more break ups. Like someone said, maybe if you lucky at 20, your relationship choices would be better and much stable. So go on and let this one break you. And while you're at it, just prepare to man-up in class tomorrow. She aint gonna sit next to you so, don't go acting all out and bitchy. Hang with your boys..if they'r e the right type, they're gonna say things you wanna hear. And that will help you get past the day...and the next day, until you actually believe what you said "Girls are manipulative and twisted" at that age.

Kryme - September 15, 2019, 4:45 pm

Focus on yourself, use it to motivate yourself to succeed in something you've always wanted to do, set your mind on something specific and don't stop until you can flex how successful you have become. It sucks that it's happened but life goes on bro, I've had 2 year long relationships that didn't work out and it took almost an entire year to get over it, but I used bodybuilding and gym to get my mind off it, then I started pursuing gains and ended up getting really big, I mean I started using anabolic steroids but thats besides the point lol

Just do you, don't ever give a girl an excuse to talk down on who you are, always be loving/kind and

respectful.

The right girl will come, just be patient and don't focus on trying to get a new girl, just chill for a while

fidusobe - September 15, 2019, 10:39 pm

(Sep 15, 2019 10:22 AM)Anciety Wrote: [\[CITE\]](#) Hey guys,
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Best advice? Keep your mind busy doing other stuff channel all that negative energy and make it into positive energy, it sucks but just know that she ain't worth it you just have to move on no matter how hard it is.

Anciety - September 18, 2019, 9:48 am

(Sep 15, 2019 04:34 PM)M0HX Wrote: [\[CITE\]](#) well. what did I freaking expect this thread to be.. just another" oow ma girlfriend broke up with me and and.. " type of thread. I think you should think about these stuff yourself and not ask some random people on the internet. find what you truly believe in and yeah. yo life. yo choice boi.

Then if you expected a thread like this don't reply to it.

your comment has no value at all and I'm down about this shit but im getting through it and the replies to the thread give me the sense that yeah other people go through this shit and im not gonna be the only one.

Keep shit like this to yourself instead of replying in future.

the reply wasn't needed.

Anciety - September 18, 2019, 10:06 am

(Sep 18, 2019 09:50 AM)php Wrote: [\[CITE\]](#) I just had a major breakup as well.

I spent every waking moment with her for 2 months.

I stayed at her home. Her family cooked for us every morning and night.

We went on boat rides on her boat.

I hung out with all of her friends, tons of social events.

The sex was great. She is 103 lb 5'0" petite very cute asian egirl

And now I'm back at home, alone. No friends.

I feel your pain.

Focus on something that makes you happy. REBOUND, YOU ARE ON A COLLEGE CAMPUS.
Thanks man

This helps a lot
I hope you're doing good getting through it this feeling really sucks

Crimin4L - September 18, 2019, 10:10 am

(Sep 18, 2019 09:50 AM)php Wrote: [\[CITE\]](#) I just had a major breakup as well.

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And now I'm back at home, alone. No friends.

I feel your pain.

Focus on something that makes you happy. REBOUND, YOU ARE ON A COLLEGE CAMPUS.
I was with my ex for 4 years, literally every day with each other for 4 years (Im not exaggerating either). We did everything together, went everywhere together, everything together. Sh*t sucks man, not even 1 month after our breakup she is with another dude. And its not even anyone special, its some f*ckin loser that looks like a potato. Funny thing is she still hits me up occasionally and i just get mad. Like why are you with this clown if you still love me. Like why

Lifes a joke man, forreal.

Sugawara - September 18, 2019, 10:13 am

Keep yourself busy and slog every moment.

Lindros - September 18, 2019, 10:44 am

Sorry to hear that buddy. Try to move on, drop her like a bad habit. She obviously is no good.

Fortunate - September 18, 2019, 10:45 am

I'm going through the opposite, I'm looking to break up with my girlfriend and it's really stressing me out. I honestly don't want to see her and the fact that I know she loves me makes it worse.

OP, best of luck to you. Try to find some things that will keep you busy for some time, you'll eventually get over the grieving pain you're left with. That's the way of life.

TheChaosKiller - September 18, 2019, 1:50 pm

Hope you're feeling a bit better today bud, and that you've set up some plans to keep yourself active and occupied.

Manks - September 18, 2019, 1:55 pm

(Sep 15, 2019 10:36 AM)Anxiety Wrote: [\[CITE\]](#) I hope man
this feeling really hurts and I wouldn't want it to happen to anyone.

Girls are so twisted and manipulative

Definitely how I felt after my ex broke up with me randomly one morning.

Shits fucking weird, but just move on bro. It's all you can do.

Remove her from all your shit, and block her everywhere. If she wants to get back with you, no

matter how much you want to, don't take her back.

Learn from my mistakes, taking her back will just fuck shit up more in the near future, and it will absolutely only hurt you.

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OP, best of luck to you. Try to find some things that will keep you busy for some time, you'll eventually get over the grieving pain you're left with. That's the way of life.

For being on the otherside of it, each day is a waste of your and her time. Don't fucking string her along dude, just cut it off.

PrinceOfTruth - September 18, 2019, 2:17 pm

You're 16 and in college? Interesting.

UnpredictableLegacy - September 18, 2019, 2:20 pm

Lol, you've been together for 11 months and she didn't said anything ?

Did you cheated on her lol ?

Angel - September 18, 2019, 2:47 pm

Focus on your goals, and don't chase girls.

They will chase you if you focus on ur goals.