

Forum:[Hack Forums](#)

Thread: [i love taking coffee pill in the morning but i hate doing it on empty belly](#)

dragonHarem - November 17, 2019, 1:32 am

but i also hate eating in the morning so i have no idea how to connect that man

if i had any food that would be ez and fast to prepare and to eat then man.... but i cant be bothered making sandwiches that will be hard to eat cuz morning and too early for me

but if i eat cooffee pill without eating food first then in 2-3h ill feel bad on belly..

what do you think hack forums?

MrRicky - November 17, 2019, 1:39 am

Just make something easy the day before and then microwave it in the morning

dragonHarem - November 17, 2019, 1:45 am

(Nov 17, 2019 02:39 AM)MrRicky Wrote: [\[CITE\]](#) Just make something easy the day before and then microwave it in the morning

i dont have microwave my friend. i am from third/second world country and my parents are oldschool

scam. - November 17, 2019, 1:45 am

I think you should learn how to get through the day without caffeine.

MrRicky - November 17, 2019, 1:46 am

(Nov 17, 2019 02:45 AM)dragonHarem Wrote: [\[CITE\]](#) i dont have microwave my friend. i am from third/second world country and my parents are oldschool

Heated up in an oven or eat it cold if you can't bother making it in the morning

dragonHarem - November 17, 2019, 1:53 am

(Nov 17, 2019 02:46 AM)MrRicky Wrote: [\[CITE\]](#) Heated up in an oven or eat it cold if you can't bother making it in the morning

nav bruv my oven takes ages to gather heat. also, i was on my way to kitchen but then i heard my mother was POOing and sheit that disgusted me and i retreated !!! man...its so hard to make food in this house

SIM-3205632 - November 17, 2019, 2:44 am

Just eat something and get used to it.

.Drugs. - November 17, 2019, 4:11 am

Try cereal bars. Easiest thing in the world. Boom problem solved.

Bastille - November 17, 2019, 4:16 am

Pretty quick to put some ham into bread and eat, you can even add sauce.

Cereal bars are a good idea as well, also check protein bars, would be more healthy than sugar bar

spiral - November 17, 2019, 5:25 am

dont take it then, pretty simple i think

RomanShirokov - November 17, 2019, 6:33 am

Yeah, you are right.

Drinking coffee in the morning without food makes your health bad.

Stop it.

squin - November 17, 2019, 6:35 am

Have a yoghurt or a piece of fruit, that should calm your stomach down. Else you are guaranteed to get an ulcer sooner or later.

dragonHarem - November 17, 2019, 6:48 am

(Nov 17, 2019 07:35 AM)squin Wrote: [\[CITE\]](#) Have a yoghurt or a piece of fruit, that should calm your stomach down. Else you are guaranteed to get an ulcer sooner or later.

whats an ulcer?

squin - November 17, 2019, 6:57 am

(Nov 17, 2019 07:48 AM)dragonHarem Wrote: [\[CITE\]](#) whats an ulcer?

It's when your stomach digests itself with its own acid and create sores in the stomach wall. It's painful asf and if the ulcer pops, it could cause peritoneum inflammation, which is fatal.

Ivex - November 17, 2019, 8:21 am

Eat some cereal.

Have a coffee with your cereal.

Ez.

I used to get stomach pain from eating anything on morning but I found it went away over time. If it's really bothering you, try just eating a banana it's easy to digest.

Slim - November 17, 2019, 8:42 am

Bruh taking caffeine pills on an empty stomach will give you MAJOR ANXIETY!

At least eat bread! Caffeine pills are also VERY hard on your body! Be careful they are no joke!

(Nov 17, 2019 02:45 AM)scam Wrote: [\[CITE\]](#) I think you should learn how to get through the day without caffeine.

Hah. Hah. Haha.

Jokes on you I'm addicted to caffeine and the sucralose in energy drinks.

Withdrawal from sucralose includes headache, fatigue, and general lethargy. Fuck me.

For real though you're right caffeine is a sneaky beast.

dragonHarem - November 17, 2019, 8:55 am

(Nov 17, 2019 09:42 AM)Slim Wrote: [\[CITE\]](#) Bruh taking caffeine pills on an empty stomach will give you MAJOR ANXIETY!

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For real though you're right caffeine is a sneaky beast.

bruv dude caffeine gave me super anxiety but its just another great reason why i take it becuz humans dont deserve interaction with me

Slim - November 17, 2019, 8:58 am

(Nov 17, 2019 09:55 AM)dragonHarem Wrote: [\[CITE\]](#) bruv dude caffeine gave me super anxiety but its just another great reason why i take it becuz humans dont deserve interaction with me
Spoken like a person in psychosis.

Fun fact.

If you take your caffeine pill, drink lots of water, then IMMEDIATELY go on a 1.5km run or jog, you will have no anxiety and the cleanest energy if you eat after your run.

You'll feel like God himself.

(Nov 17, 2019 09:55 AM)dragonHarem Wrote: [\[CITE\]](#) bruv dude caffeine gave me super anxiety but its just another great reason why i take it becuz humans dont deserve interaction with me
Humans deserve interaction with you and you deserve interaction with humans. We're all just trying man, and you're no exception. You are loved <3

Ravioli - November 17, 2019, 10:56 pm

eat my nuts brother

waiting for you to get closed

CH00k - November 18, 2019, 2:38 am

may you just try some protein shake or something or just take 2 and fuck it.

pms - November 18, 2019, 2:42 am

(Nov 17, 2019 02:45 AM)dragonHarem Wrote: [\[CITE\]](#) i dont have microwave my friend. i am from third/second world country and my parents are oldscool
Who does not own a microwave in 2019 almost 2020? I smell a trolly op here.

CH00k - November 18, 2019, 2:45 am

(Nov 18, 2019 03:42 AM)pms Wrote: [\[CITE\]](#) Who does not own a microwave in 2019 almost 2020? I smell a trolly op here.

yeah op is living in africa or something... (I couldn't recognise but it looked like)

I've talked to him over convos and he sent me pictures, I don't think he's trolling though but yeah.

It's a weird he can't get one.

dragonHarem - November 18, 2019, 3:47 am

(Nov 18, 2019 03:45 AM)CH00k Wrote: [\[CITE\]](#) yeah op is living in africa or something... (I couldn't

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wtf we were not talking through PM, stop provoking drama and reactions.

the reason i dont have microwav is cuz my parents didnt buy one, ya guys need to chill

CH00k - November 18, 2019, 12:19 pm

(Nov 18, 2019 04:47 AM)dragonHarem Wrote: [\[CITE\]](#) wtf we were not talking through PM, stop provoking drama and reactions.

the reason i dont have microwav is cuz my parents didnt buy one, ya guys need to chill

I know you are shy, you don't have to be and I'm not gonna tell anyone about that.

but next time don't send me the dirty things, dragon. :V

dragonHarem - November 18, 2019, 12:37 pm

(Nov 18, 2019 01:19 PM)CH00k Wrote: [\[CITE\]](#) I know you are shy, you don't have to be and I'm not gonna tell anyone about that.

but next time don't send me the dirty things, dragon. :V

what things did i send u