

Forum:[Hack Forums](#)

Thread: [Feels like im very understandable? Anyone?](#)

duck - December 14, 2019, 6:12 pm

Anyone can relate?

I think i'm very respectable and understandable to other people and their opinions. (Not only mental health)

Feels like i've gone through shit ton of experience, read so many books and articles about many things that nothing can surprise me. I'm able to talk with anyone, entirely relate, find solutions, help, whatever.

I have many questions trying to find answer.
So many questions....

I feel like, I like to help other people. In a way, trying to support them emotionally and give them advices how to cope with later on. Obviously i'm struggling myself anyway :P

Anyway, feels like i can see things from many point of views when it comes to serious debate. It always blow my mind how many options I can see lol.. (Again not only mental health)

What i'm saying might sound really pretentious, hope not. Just want to see if someone else feels the same. I'm not trying to brag about it.

CHUzi - December 17, 2019, 2:53 pm

I feel the same to a point.

Now, I don't know if it's because I think I understand but I actually don't or I really do understand.

I was talking to a lot of people and they always been telling me i'm very Emphatic. I can really feel in the other persons feelings, like I would be them. Sometimes they also do tell me I'm like a person that reads their mind because of it as I can predict some of their actions or thoughts. Lol.

TrapStar - December 17, 2019, 4:34 pm

(Dec 14, 2019 07:12 PM)duck Wrote: [\[CITE\]](#) Anyone can relate?

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Honestly I feel like I get what you mean a lot, I feel personally it's because of experience, I feel like because of stuff i've gone through i'm way more knowledgeable, and I feel the same about wanting to help others.

duck - December 19, 2019, 1:51 am

(Dec 17, 2019 05:34 PM)TR3MO Wrote: [\[CITE\]](#) Honestly I feel like I get what you mean a lot, I feel personally it's because of experience, I feel like because of stuff i've gone through i'm way more knowledgeable, and I feel the same about wanting to help others.

Mostly likely man.

TrapStar - December 19, 2019, 2:05 am

(Dec 19, 2019 02:51 AM)duck Wrote: [\[CITE\]](#) Mostly likely man.

Yeah seems to be it for sure. Deffo helped me mature early

duck - December 19, 2019, 2:09 am

(Dec 19, 2019 03:05 AM)TR3MO Wrote: [\[CITE\]](#) Yeah seems to be it for sure. Deffo helped me mature early

Yeah, I was never like that until i've almost died after taking lethal substance (on accident) bought shit on DNM. Since that my life's has been changed, in a way that I can see things from more point of views but also my anxiety started.

I'm glad it happened, the rock bottom, in staying clean of drugs and shit for as long as I can, i'm already 1 year clean. It helped me to recognize a lot of things and i stopped being so careless and stupid tbh. At least that what it seems to me.

I've also changed school, and learned to control my anger a little more, master my emotions etc.,

Anuta - December 22, 2019, 4:46 am

(Dec 14, 2019 07:12 PM)duck Wrote: [\[CITE\]](#) I feel like, I like to help other people. In a way, trying to support them emotionally and give them advices how to cope with later on. Obviously i'm struggling myself anyway :P

This line really hit me. Idk why when I am talking to others I can see things clearly, what I should say so they can feel better about themselves and I mean am pretty damn good about that side but when it comes to myself I tend to panic a bit cause I want things to be perfect and then I fail big time. Clearly I know my flaws but I haven't found yet a solution to that. To cut things short there are a lot of people in the world like our case and for me they tend to be the best friend that you can find (not bragging but true).