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Thread: [Serotonin Syndrome or Laced Hashish?](#)

evilgnome - December 25, 2019, 6:37 pm

I've taken .08 + .04 redose MDMA (tested) like 2-3 weeks ago, 20mg Ritalin ~1 week ago and I started doing SSRI 50mg of Sertraline and mixed it with 200mg Modafinil and I got these symptoms:

Agitation

Insomnia

Dilated pupils (Edit: Not anymore)

Changes in blood pressure and/or temperature (lower blood pressure I suspect)

Nausea and self-induced vomiting

Diarrhea (once, 99% sure it was caused by the Modafinil because I didn't take it for a long time and I always get diarrhea the first day when I do Modafinil after a long break)

Rapid heart rate (Edit: ~80-95 BPM resting heart rate)

Tremor

Shivering

Heavy sweating (sometimes)

Spacing out

Dopamine rushes (Edit: i.e. after last two times I took the SSRI and randomly when I do something I enjoy)

I also got a new batch of shit quality hashish. I've either got Serotonin Syndrome or the hashish is laced but I'm not 100% sure which one it is as I started both at the same time, I also don't know if the MDMA and/or Ritalin that I took weeks before is still affecting it. I've stopped smoking the hashish and Modafinil, I also ponder if the combination of the SSRI and Modafinil caused Serotonin Syndrome. I also smoke e-cigarettes with nicotine and I feel worse after but I suspect it's just a nacebo effect as I couldn't find anything saying that nicotine makes Serotonin Syndrome worse.

I've taken the SSRI for 2 days, 50mg per 24 hours. I'm due for another dose right now but I'm postponing it.

Should I just take some diazepam and stop the SSRI until I feel fine again and then continue? What I worry about is that the therapeutic effect of the SSRI comes after 4-6 weeks of daily 50mg intake and if I take a few days off the SSRI how will that effect said timeline and so forth?

Edit: I didn't take the diazepam, I just rode it out and all the symptoms stopped.

C++ - December 25, 2019, 6:46 pm

If you're felling down stop taking whatever you taking ATM and ASAP.

And talk to a doctor ASAP.

evilgnome - December 25, 2019, 6:51 pm

(Dec 25, 2019 07:46 PM)WeeE Wrote: [\[CITE\]](#) If you're felling down stop taking whatever you taking ATM and ASAP.

And talk to a doctor ASAP.

Stop nicotine as well?

I'm stopping everything except nicotine for right now unless anyone has some more insight to

share.

CHUzi - December 25, 2019, 6:55 pm

You should get to the ER or something, just to get check on you.

(Dec 25, 2019 07:51 PM)evilgnome Wrote: [\[CITE\]](#) Stop nicotine as well?

I wouldn't stop nicotine just try to reduce for your needs, if you have ssri prescribed ask your doctor, eh this is hard to help tbh.

We are no medical experts or doctors. sounds too weird, i would panic with the symptoms you describe.

maybe you just have panic attack or you are super high? dude idk, i would panic personally haha.

edit: just try to be with someone if you dont want to go to ER, don't be alone, try to eat something, drink little water, deep breaths and try to get your stuff stable.

C++ - December 25, 2019, 6:57 pm

(Dec 25, 2019 07:51 PM)evilgnome Wrote: [\[CITE\]](#) Stop nicotine as well?

I'm stopping everything except nicotine for right now unless anyone has some more insight to share.

Well, unless you're injecting nicotine in your veins. If you can stop for a few days and see how you feel. If not, quit whatever else you're doing.

Just see if it's from the drugs or could be a disease.

evilgnome - December 25, 2019, 6:58 pm

(Dec 25, 2019 07:55 PM)CHUzi Wrote: [\[CITE\]](#) You should get to the ER or something, just to get check on you.

I wouldn't stop nicotine, if you have ssri prescribed ask your doctor, eh this is hard to help tbh.

We are no medical experts or doctors. sounds too weird, i would panic with the symptoms you describe.

I don't have it prescribed, it's Christmas, I've set up an appointment and will get the prescription soon. It says that those symptoms is like a mild case of Serotonin Syndrome and not severe IIRC.

CHUzi - December 25, 2019, 7:01 pm

(Dec 25, 2019 07:58 PM)evilgnome Wrote: [\[CITE\]](#) I don't have it prescribed, it's Christmas, I've set up an appointment and will get the prescription soon. It says that those symptoms is like a mild case of Serotonin Syndrome and not severe IIRC.

Just be good man and stay safe, try to be with someone or just make sure someone can check up on you. You never know.

evilgnome - December 25, 2019, 7:03 pm

(Dec 25, 2019 08:01 PM)CHUzi Wrote: [\[CITE\]](#) Just be good man and stay safe, try to be with someone or just make sure someone can check up on you. You never know.

Thanks man will do! I won't go to the ER unless the symptoms worsens, it's quite manageable right now as it is even though it's annoying and fucking my stomach but I were able to eat a lot today and keep it all down so far.

Bossk - December 26, 2019, 7:18 pm

The fuck you mixing all that crap for, stop.

Makaveli The Don - December 26, 2019, 7:31 pm

I think you should stop everything, follow a strict diet and tell someone you trust about what you're feeling incase things worsen so they know what to do. Drink a lot of water to clean up your system. Nothing good ever comes out of drugs so take it as a lesson and stop it. You also mixed a lot of shit at the same time so when shit went wrong, you didn't know the source. Water and a lot of it as a start.

evilgnome - December 26, 2019, 11:28 pm

Every single symptom stopped, it was simply Serotonin Syndrome and I smoked more of the hashish without issue. Also, holy shit I never realized how bummed down Serotonin Syndrome makes you till it subsided where I went from shit to superman in the timespan of like 3 hours and food and everything is super enjoyable again. ?

(Dec 26, 2019 08:18 PM)Bossk Wrote: [\[CITE\]](#) The fuck you mixing all that crap for, stop. I did, am only doing cannabis and nicotine for now. ?

(Dec 26, 2019 08:31 PM)Makaveli The Don Wrote: [\[CITE\]](#) I think you should stop everything, follow a strict diet and tell someone you trust about what you're feeling incase things worsen so they know what to do. Drink a lot of water to clean up your system. Nothing good ever comes out of drugs so take it as a lesson and stop it. You also mixed a lot of Clay Davis at the same time so when Clay Davis went wrong, you didn't know the source. Water and a lot of it as a start.

I should work on myself instead of doing drugs, agreed. Also in general in terms of sanity checking purposes it wasn't wise to take SSRI and smoke a new strain of hashish at the same day, especially knowing it's shit quality. I'm not a paranoid person at all, the only reason I suspected the hashish might be laced is because when I had Serotonin Syndrome I would feel my whole body shiver after 1 hit, something that is an undocumented side-effect AFAIK, caused by either hashish, nicotine or both as I had to mix the hashish with tobacco for it to burn better.