

Forum:[Hack Forums](#)

Thread: [Awesome opportunity for you to stop smoking](#)

Bossk - March 22, 2020, 11:10 am

A fresh study from China suggests that frequent smokers have a 14 times higher risk of serious symptoms from Covid-19. This is a perfect opportunity for the smokers of HF to stop doing such a cringe thing. ?

Source:

<http://www.tobaccoinduceddiseases.org/COVID-19-and-smoking-A-systematic-review-of-the-evidence,119324,0,2.html>

Vibe - March 22, 2020, 11:12 am

That's my biggest worry with this is I smoke a lot of blunts so my lungs probably aren't in the best shape

KushBlowin - March 22, 2020, 11:13 am

Yup this is for sure a fact. I am a smoker and cut down heavily.

Renestey - March 22, 2020, 11:51 am

Y'all also aren't under such stress now that you are home all the time, don't need that nicotine. Quit it!

Maskin - March 22, 2020, 11:55 am

I quit both cigarettes and weed ~10 months ago. Hopefully my lungs got better during this time :d

bevc - March 22, 2020, 12:34 pm

If you're an ex-smoker, you should eat lots of broccoli. Seriously, it helps repair the damage to your respiratory system caused by smoking.

SIM-3609092 - March 22, 2020, 1:22 pm

It's logical as both smoking and COVID-19 affect the lungs.

Rsynced - March 22, 2020, 1:23 pm

(Mar 22, 2020 12:34 PM)bevc Wrote: [\[CITE\]](#) If you're an ex-smoker, you should eat lots of broccoli. Seriously, it helps repair the damage to your respiratory system caused by smoking.
I like your thinking ;)

?

Sick - March 22, 2020, 1:33 pm

(Mar 22, 2020 11:10 AM)Bossk Wrote: [\[CITE\]](#) A fresh study from China suggests that frequent smokers have a 14 times higher risk of serious symptoms from Covid-19. This is a perfect opportunity for the smokers of HF to stop doing such a cringe thing. ?

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Strange thing about smoking i was a heavy smoker for over 10 years i have been stopped for just

over 11 years since i stopped smoking i picked up every bug and cold going it was crazy but when i smoked my immune system was very good .. Stopped smoking it went to shit ?

But this Covid -19 is a serious virus

Dorrance - March 22, 2020, 1:39 pm

I don't smoke crack i sell it

Bossk - March 22, 2020, 1:44 pm

(Mar 22, 2020 01:39 PM)Dorrance Wrote: [\[CITE\]](#) I don't smoke crack i sell it very good sir

webdev77 - March 22, 2020, 1:45 pm

Also a reason why Italy is not doing so well. Lots of old people that smoke regularly. Not sure which Italian gov official said it, but they were pleading for people to stop going to the store daily to buy cigarettes.

Klonopin - March 22, 2020, 6:38 pm

(Mar 22, 2020 11:10 AM)Bossk Wrote: [\[CITE\]](#) A fresh study from China suggests that frequent smokers have a 14 times higher risk of serious symptoms from Covid-19. This is a perfect opportunity for the smokers of HF to stop doing such a cringe thing. ?

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<http://www.tobaccoinduceddiseases.org/COVID-19-and-smoking-A-systematic-review-of-the-evidence,119324,0,2.html>

I dont think some covid symptoms is gonna change my mind, if i catch it then its just bad luck. but my lungs a legit black so i would get fucked by COVID

MavenGradle - March 22, 2020, 6:51 pm

(Mar 22, 2020 01:45 PM)webdev77 Wrote: [\[CITE\]](#) Also a reason why Italy is not doing so well. Lots of old people that smoke regularly. Not sure which Italian gov official said it, but they were pleading for people to stop going to the store daily to buy cigarettes.

I wouldn't particularly state smoking as the main cause of death of this virus in Italy but rather the lack of medical equipment and being too late to enforce/apply rules to stop the spread of the virus. Without the proper medical supplies such as breathing machines, hard decisions have to be made on a daily if not hourly basis. E.g. taking a breathing machine away from an older person to possibly save the life of a younger person.

If only measures were taken to slow down the spread in time. However, if's and but's won't change the situation Italy is in right now, nor will it help those who are currently dying. 9.25%* of those who are infected are currently dying in Italy, according to the official numbers. That's almost 1/10 people. That is, simply put, horrifying.

* Statistics have been calculated at the time of this post, with data from [this source](#).

rSM- - March 22, 2020, 6:55 pm

I haven't been smoking a lot recently (weed and cigs) and trying to cut back in general. This might be the time for me to completely stop smoking cigs and cut down on smoking weed.

Luca - March 22, 2020, 6:56 pm

Damn, my dad smokes a pack a day and his job is going around the world with his company delivering resources...

Joel - March 22, 2020, 8:08 pm

I bought weed BECAUSE of the corona virus. I'm literally sitting inside every single day. I bought Xans, 2c-b, Bud and edibles because of how f*cking bored I am.

Nirys - March 22, 2020, 8:32 pm

Can't imagine smoking or being addicted to nic.
Absolutely insane, some people.

Fruitcake - March 22, 2020, 8:46 pm

Stopped smoking over a month ago :) Feeling the best ive ever felt in a while aha! Not gonna break my T break until im out in Colorado again :0

scam. - March 23, 2020, 12:13 am

you're just jealous you don't look cool like us smokers

Xtreme™ - March 23, 2020, 1:10 am

I tried real hard, quit for a good 6 months 2years ago by staying at home and meeting smoker friends minimal.

But it all happened on a friendship day where the entire group met.

Its just one cigarette dude -.-!

From then till now couldn't muster the courage to quit it again.

Mr Kewl - March 23, 2020, 1:12 am

Tobacco sales dropped to 0% after this study was posted.

Theocritus - March 23, 2020, 4:03 am

if all the smokers die then they will learn im sure... in the afterlife i mean... heh

Donace - March 23, 2020, 10:49 am

Well I'm lucky enough to be in self-quarantine until this shit end.

SIM-3609092 - March 23, 2020, 10:55 am

(Mar 23, 2020 10:49 AM)Eiyvor Wrote: [\[CITE\]](#) Well I'm lucky enough to be in self-quarantine until this Clay Davis end.

Soon it's going to be a forced quarantine just watch. This shit sucks.

Vitani's Mate - March 23, 2020, 11:05 am

I don't think I will be giving smoking up anytime soon. It is pretty damn addicting and very hard to shake the addiction.

I am most likely going to die from coughing a lung up out of my mouth hole.

Boil - March 23, 2020, 11:09 am

I'm gonna show the source to a couple of people I know who do! Since I can't leave the house because of a ban its a good time for people to stop!

?ystem - March 23, 2020, 11:09 am

I was a little excited to see what kind of opportunity there may of been, like a study or something. Unfortunately all I took from it was the cliché of "Quit smoking and you will be healthier." If it was as simple a process of just stopping, then this wouldn't be such an issue. Nicotine is a fickle b%\$#h that digs her venom-laden talons into your brain and refuses to loosen her grip.

CocaColax - March 23, 2020, 12:14 pm

It's always the time to stop smoking, with or without the covid19. I hope for good for everyone.

Bossk - March 23, 2020, 12:55 pm

(Mar 23, 2020 11:09 AM)?ystem Wrote: [\[CITE\]](#) I was a little excited to see what kind of opportunity there may of been, like a study or something. Unfortunately all I took from it was the cliché of "Quit smoking and you will be healthier." If it was as simple a process of just stopping, then this wouldn't be such an issue. Nicotine is a fickle b%\$#h that digs her venom-laden talons into your brain and refuses to loosen her grip.

i linked exactly a "study or something"

Dorrance - March 23, 2020, 12:56 pm

(Mar 23, 2020 12:55 PM)Bossk Wrote: [\[CITE\]](#) i linked exactly a "study or something"
You should of studied about those who attack my hackuman.

Bossk - March 23, 2020, 1:00 pm

(Mar 23, 2020 12:56 PM)Dorrance Wrote: [\[CITE\]](#) You should of studied about those who attack my hackuman.

oh my gosh jesus christ ?

Dorrance - March 23, 2020, 1:02 pm

(Mar 23, 2020 01:00 PM)Bossk Wrote: [\[CITE\]](#) oh my gosh jesus christ ?
If I remember you got one of them awards because of me correct?

Bossk - March 23, 2020, 1:02 pm

(Mar 23, 2020 01:02 PM)Dorrance Wrote: [\[CITE\]](#) If I remember you got one of them awards because of me correct?

that might be the case, sir. ?

?nxy - March 23, 2020, 1:03 pm

Vaping is healthier when will the world accept this

?ystem - March 23, 2020, 2:51 pm

(Mar 23, 2020 12:55 PM)Bossk Wrote: [\[CITE\]](#) i linked exactly a "study or something"
I meant in the sense of something that was relatively ground-breaking and not just common knowledge. Or. Well, I hope it's common knowledge someone who smokes is more at risk of being infected.

Like, I was expecting there to be a study case done by physicians and volunteer smokers/nicotine addicts in taking "this" or "that" what-the-f#\$k-ever kind of doohickey that greatly diminished their craving and/or use.

I'm very bland when it comes to things such as this, a fan of generalization such as in the case of the link provided. What I got out of the article was "Quitting smoking makes you healthier." No s#\$t, Sherlock. (None of this is pointed at you OP, I'm just talking out of my ass here.)

GreenMartian - March 23, 2020, 3:39 pm

Im glad I stopped like a year ago because I would be very scared right about now

Instagram - March 24, 2020, 12:27 am

I wonder if this is for weed and nicotine or just nicotine. Maybe work a try now eh.

Bossk - March 24, 2020, 12:28 am

(Mar 24, 2020 12:27 AM)Instagram Wrote: [\[CITE\]](#) I wonder if this is for weed and nicotine or just nicotine. Maybe work a try now eh.

This applies the most for tobacco since cigs damage the lungs more than marijuana

Instagram - March 24, 2020, 12:28 am

(Mar 24, 2020 12:28 AM)Bossk Wrote: [\[CITE\]](#) This applies the most for tobacco since cigs damage the lungs more than marijuana

Have you watched the movie Contagion yet? Just watched it high and it was tripping me out lol.

Bossk - March 24, 2020, 12:30 am

(Mar 24, 2020 12:28 AM)Instagram Wrote: [\[CITE\]](#) Have you watched the movie Contagion yet? Just watched it high and it was tripping me out lol.

I have not watched the movie Contagian

Social Engineer - March 24, 2020, 2:44 am

Quitting smoking is always a good idea, I guess this is just more of an encouragement.