

Forum:[Hack Forums](#)

Thread: [Urban city trauma](#)

Sam Baikey - May 3, 2020, 9:22 pm

I was researching around the internet and found something interesting. Growing up in "the hood" can cause PTSD according to growing up constantly hearing gunshots and police sirens.

I wanna hear what HF has to say about this and how can it affect you growing up in this environment?

Ravioli - May 3, 2020, 9:29 pm

That's actually really interesting. I can see how that can be severely traumatizing for your mental health. It's like the sense of insecurity about death or something.

Sam Baikey - May 3, 2020, 9:31 pm

(May 3, 2020 09:29 PM)Ravioli Wrote: [\[CITE\]](#) That's actually really interesting. I can see how that can be severely traumatizing for your mental health. It's like the sense of insecurity about death or something.

It really is interesting bro. They did a research and compared someone living in a nice neighborhood compared to someone living in a dangerous area and the "flight or fight" area in the brain is always on for people growing up in the bad areas. Also they see kids who grow up in the areas mature a lot faster than someone growing up in suburban areas.

Ravioli - May 3, 2020, 9:47 pm

(May 3, 2020 09:31 PM)Sam Baikey Wrote: [\[CITE\]](#) It really is interesting bro. They did a research and compared someone living in a nice neighborhood compared to someone living in a dangerous area and the "flight or fight" area in the brain is always on for people growing up in the bad areas. Also they see kids who grow up in the areas mature a lot faster than someone growing up in suburban areas. Very interesting stuff. That makes a lot of sense tbh. Thanks for the awareness.

Dorrance - May 3, 2020, 9:59 pm

Inb4 we get those users swear they bout that life and was born in the hood.

Sam Baikey - May 3, 2020, 10:00 pm

(May 3, 2020 09:59 PM)Dorrance Wrote: [\[CITE\]](#) Inb4 we get those users swear they bout that life and was born in the hood.

That would be hilarious, but I'm hoping for users to be serious on this topic.

Dorrance - May 3, 2020, 10:01 pm

(May 3, 2020 10:00 PM)Sam Baikey Wrote: [\[CITE\]](#) That would be hilarious, but I'm hoping for users to be serious on this topic.

It's a serious topic most can't give a testimonial about. Some may grew up in rural areas, but not harsh or wild environment.

Sam Baikey - May 3, 2020, 10:04 pm

(May 3, 2020 10:01 PM)Dorrance Wrote: [\[CITE\]](#) It's a serious topic most can't give a testimonial about. Some may grew up in rural areas, but not harsh or wild environment.

That's true. How do you think it affects a person who grew up with constant hearing of gunshots and police sirens going off?

Would love to get some more opinions on this.

Dorrance - May 3, 2020, 10:18 pm

(May 3, 2020 10:04 PM)Sam Baikey Wrote: [\[CITE\]](#) That's true. How do you think it affects a person who grew up with constant hearing of gunshots and police sirens going off?

Would love to get some more opinions on this.

Honest the truth. I have grown up in this lifestyle on a few on here know of it. It may look like sunshine and rainbows, but's it's not.

Some things haunt you, some things mold you, some things break or lock away things. Some have paranoia or anxiety all the time.

Sam Baikey - May 3, 2020, 10:20 pm

(May 3, 2020 10:18 PM)Dorrance Wrote: [\[CITE\]](#) Honest the truth. I have grown up in this lifestyle on a few on here know of it. It may look like sunshine and rainbows, but's it's not.

Some things haunt you, some things mold you, some things break or lock away things. Some have paranoia or anxiety all the time.

Thanks for your response. Have you had any paranoia? like when you walk down the street of your neighborhood

Sam Baikey - May 3, 2020, 10:31 pm

(May 3, 2020 10:22 PM)370zz Wrote: [\[CITE\]](#) Damn can't wait until omniscient bans me this thread made me cringe to the 5th demension

How is it cringe? There's multiple studies on it.

Dr. Einyel - May 3, 2020, 10:34 pm

(May 3, 2020 09:22 PM)Sam Baikey Wrote: [\[CITE\]](#) I was researching around the internet and found something interesting. Growing up in "the hood" can cause PTSD according to growing up constantly hearing gunshots and police sirens.

I wanna hear what HF has to say about this and how can it affect you growing up in this environment?

LoL.

Everything you experience in your childhood will affect you in the long term. Imagine living in Venezuela and not being able to take your phone out of home because you could get robbed/rapped/killed just because of it.

Cameron - May 3, 2020, 10:36 pm

(May 3, 2020 09:31 PM)Sam Baikey Wrote: [\[CITE\]](#) It really is interesting bro. They did a research and compared someone living in a nice neighborhood compared to someone living in a dangerous area and the "flight or fight" area in the brain is always on for people growing up in the bad areas. Also they see kids who grow up in the areas mature a lot faster than someone growing up in suburban areas.

Something I've never thought about before but also some very good points. I've never lived in the "hood" but I'm still gonna gap it if I hear shots popping off