

Forum:[Hack Forums](#)

Thread: [Are You A Morning Shower Person or Evening Shower Person?](#)

Blockonome - September 17, 2020, 2:57 am

Dear HF,

every day, I must have a shower in the morning AND in the evening in order to feel at peace and relaxed.

Sometimes I do skip the evening shower, but cannot skip the morning shower, otherwise my day will not be productive.

Are you a Morning Shower Person (MSP) OR Evening Shower Person (ESP)?

Can not wait to hear your reasons! :D

MattyWalsh - September 17, 2020, 3:02 am

Evening as it saves time in the morning, but I'm sure the majority are morning. Either way it has to be cold!

Vibe - September 17, 2020, 3:18 am

Evening for my main shower I work on farm so I gotta shower in before work anyways, so I take my real one after work.

Shiny Diamond - September 17, 2020, 3:23 am

(Sep 17, 2020 02:57 AM)DanishPastry Wrote: [\[CITE\]](#) Dear HF,

every day, I must have a shower in the morning AND in the evening in order to feel at peace and relaxed.

Sometimes I do skip the evening shower, but cannot skip the morning shower, otherwise my day will not be productive.

Are you a Morning Shower Person (MSP) OR Evening Shower Person (ESP)?

Can not wait to hear your reasons! :D

I am a night shower person. At the summer, I am a "take a shower 3-4 times per day" person ^^

Yanix - September 17, 2020, 3:27 am

(Sep 17, 2020 02:57 AM)DanishPastry Wrote: [\[CITE\]](#) Dear HF,

every day, I must have a shower in the morning AND in the evening in order to feel at peace and relaxed.

Sometimes I do skip the evening shower, but cannot skip the morning shower, otherwise my day will not be productive.

Are you a Morning Shower Person (MSP) OR Evening Shower Person (ESP)?

Can not wait to hear your reasons! :D

I usually do one in the morning and never forget to take my evening shower before going to bed :D

I am used to shower 2-3 times daily when I am at home for we have a very hot weather most of the time in a year.

Free Kurdistan - September 17, 2020, 3:33 am

Always in the morning before I head off to uni.

Borklov - September 17, 2020, 6:03 am

To have a good day, I have to take a shower in the morning.

Ivex - September 17, 2020, 6:10 am

Evening but morning when I'm in full swing in terms of following a good routine.

~~((HACKER))~~ - September 17, 2020, 6:25 am

I'm a Morning Shower Person (MSP). I can't resist without taking a shower. :)

MrJamesDean - September 17, 2020, 6:39 am

(Sep 17, 2020 02:57 AM)DanishPastry Wrote: [\[CITE\]](#) Dear HF,

every day, I must have a shower in the morning AND in the evening in order to feel at peace and relaxed.

Sometimes I do skip the evening shower, but cannot skip the morning shower, otherwise my day will not be productive.

Are you a Morning Shower Person (MSP) OR Evening Shower Person (ESP)?

Can not wait to hear your reasons! :D

Pretty much described my rationale for it too lol, if I don't get a shower in the morning then the day doesn't feel started yet and I don't feel clean or 'activated'. It depends on the day whether or not I get a shower in the evening, if it's been a hot day and I've worked hard then I will, but if I've worked inside and not been too active then I don't.

Pawnhub - September 17, 2020, 7:19 am

Depends on my shifts at work tbh. I try to do both one after I'm off and one before I head in but some days going into work at 12am-10pm then going back to work at 5 am to 3pm I just ain't got enough sleep to prepare but yes 2 showers a day and I feel content.

vRWN - September 17, 2020, 7:22 am

In the evening. Can't even get out of my bed so there is no time for a shower in the morning.

Blockonome - September 17, 2020, 7:48 am

(Sep 17, 2020 07:22 AM)Rowa Wrote: [\[CITE\]](#) In the evening. Can't even get out of my bed so there is no time for a shower in the morning.

Man, are you really in the Netherlands? :D

I know how you feel, but I usually take a 10 minutes shower in the morning, which includes drying off too :D

vRWN - September 17, 2020, 7:50 am

(Sep 17, 2020 07:48 AM)DanishPastry Wrote: [\[CITE\]](#) Man, are you really in the Netherlands? :D

I know how you feel, but I usually take a 10 minutes shower in the morning, which includes drying off too :D

I am in The Netherlands mate, why is that? :)

Paimon - September 17, 2020, 7:51 am

Evening; I can't recall the last time I had the energy or motivation to shower in the morning.

pimpim - September 17, 2020, 7:53 am

When I was at school age, in Asia, I used to take showers in the morning before school, and afternoon after school. Now I moved to Europe and I take only one shower a day, because I need to manage my gas, water and electricity costs, also I do not sweat a lot here.

Blockonome - September 17, 2020, 7:57 am

(Sep 17, 2020 07:50 AM)Rowa Wrote: [\[CITE\]](#) I am in The Netherlands mate, why is that? :)
Hahah because I love to come there and chill! Been hitchhiking from Denmark to Holland, Amsterdam, the first time I went there!

Went through Gronigen or what it is called :D

Helper - September 17, 2020, 10:15 am

Water is free where I live, so I tend to do both. Especially considering I use public transportation and people are gross. I also take 1 bath once per week.

My showers are very quick, within 10 minutes but my baths last hours. I really love water and I compensate for the local gym being closed with using my shower/bath at home since I can't go swimming like I used to.

Malthemar - September 17, 2020, 10:27 am

I work nights, and shower when I get home.

I prefer to get into bed clean.

jecoylecroy - September 17, 2020, 8:29 pm

I used to take a bath in morning only and 3-4 days a week :). It's so cold in my place. :(

MarvinMalware - September 17, 2020, 8:50 pm

I'm definitely a morning shower person, I need to do it in the morning in order to feel awake and get my day started. Sometimes I also do it at night though, actually have been a lot lately. Taking a hot shower late at night is just real peaceful for me.

Lyrarei - September 17, 2020, 8:57 pm

I shower twice a day, morning and night.

PokeBong - September 17, 2020, 9:10 pm

Morning and when I get home. Have to be clean for the day and then clean to relax.

SIM-4033767 - September 17, 2020, 9:28 pm

I'm a mornign and night person XD

(Sep 17, 2020 09:10 PM)PokeBong Wrote: [\[CITE\]](#) Morning and when I get home. Have to be clean for the day and then clean to relax.

Exactly I do the same

(Sep 17, 2020 08:50 PM)Shoto Todoroki Wrote: [\[CITE\]](#) I'm definitely a morning shower person, I need to do it in the morning in order to feel awake and get my day started. Sometimes I also do it at

night though, actually have been a lot lately. Taking a hot shower late at night is just real peaceful for me.

Yeah same I used to take showers just so that I could regain my thoughts for the day and relax?

Prepper - September 17, 2020, 9:32 pm

I shower whenever i feel up to it, no specific time of day.

Nate - September 17, 2020, 9:40 pm

I like taking showers at night, cant stand going to bed dirty honestly.

ruxz - September 18, 2020, 3:36 am

Depends on what I have on for the day, but I prefer showering at night.

Lor?d - September 18, 2020, 3:36 am

Everyone knows HF members don't shower!

OBAMASELF - September 18, 2020, 3:39 am

I don't normally take shower but when I do I don't

SIM-3257834 - September 18, 2020, 3:45 am

I shower like every hf member and that's once a week on a Friday evening.

Mr. Corleone - September 18, 2020, 3:47 am

I am an evening showe person. How the fuck can you go to sleep without showering.
That's just nasty.

Blockonome - September 18, 2020, 7:05 am

(Sep 18, 2020 03:47 AM)Mr. Corleone Wrote: [\[CITE\]](#) I am an evening showe person. How the fugg can you go to sleep without showering.
That's just nasty.

If I am too baked and just got home at 3 am, there is not way I am taking an evening shower hahaha, but I totally get what you mean!

Regulus - September 18, 2020, 7:43 am

I mostly shower in the evening / night.
Not a morning person overall so.

Mr. Corleone - September 18, 2020, 8:45 am

(Sep 18, 2020 07:05 AM)DanishPastry Wrote: [\[CITE\]](#) If I am too baked and just got home at 3 am, there is not way I am taking an evening shower hahaha, but I totally get what you mean!
Yeah I also never shower after a night out.
But that's like 3 or 4 times a month :P

Blockonome - September 18, 2020, 8:46 am

(Sep 18, 2020 08:45 AM)Mr. Corleone Wrote: [\[CITE\]](#) Yeah I also never shower after a night out.
But that's like 3 or 4 times a month :P
Yeah, those few times, other than that, I also love to shower in the evening and jump into a clean bed :D

Mr. Corleone - September 18, 2020, 8:48 am

(Sep 18, 2020 08:46 AM)DanishPastry Wrote: [\[CITE\]](#) Yeah, those few times, other than that, I also love to shower in the evening and jump into a clean bed :D
Exactly. People don't realize how dirty your bed gets if you don't take a shower, especially your

pillow!

Yanix - September 18, 2020, 8:48 am

(Sep 18, 2020 08:46 AM)DanishPastry Wrote: [\[CITE\]](#) Yeah, those few times, other than that, I also love to shower in the evening and jump into a clean bed :D
That's the right idea to get on bed clean and refresh :D

Blockonome - September 18, 2020, 8:51 am

(Sep 18, 2020 08:48 AM)Mr. Corleone Wrote: [\[CITE\]](#) Exactly. People don't realize how dirty your bed gets if you don't take a shower, especially your pillow!
Have to change pillow cover often to avoid spots on the face, that is 100% for sure!

Mr. Corleone - September 18, 2020, 8:58 am

(Sep 18, 2020 08:51 AM)DanishPastry Wrote: [\[CITE\]](#) Have to change pillow cover often to avoid spots on the face, that is 100% for sure!
You wouldn't believe how many people don't know this.
A friend of mine changes his pillow cover every 2-3 months.
Once I went into his room and saw red spots on the pillow. I asked him what it was.
He said he drools in his sleep (I do too, not a problem), but he LITERALLY continued using that pillow for months.

Blockonome - September 18, 2020, 8:59 am

(Sep 18, 2020 08:48 AM)Yanix Wrote: [\[CITE\]](#) That's the right idea to get on bed clean and refresh :D
Yes man, nothing better than that, and maybe a little joint before bed too :D

Prawnster - September 18, 2020, 9:04 am

I personally shower when I first wake up, and before I sleep, helps me feel more fresh when I wake up in the morning and more comfortable when I sleep in the evening :)

Yanix - September 18, 2020, 9:13 am

(Sep 18, 2020 08:59 AM)DanishPastry Wrote: [\[CITE\]](#) Yes man, nothing better than that, and maybe a little joint before bed too :D
Oh that one...I must say I am no to that thing hahaha
I don't smoke nor joint even on my younger years :D

Blockonome - September 18, 2020, 9:32 am

(Sep 18, 2020 08:58 AM)Mr. Corleone Wrote: [\[CITE\]](#) You wouldn't believe how many people don't know this.

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Once I went into his room and saw red spots on the pillow. I asked him what it was.
He said he drools in his sleep (I do too, not a problem), but he LITERALLY continued using that pillow for months.
Hahahahah man.... That is disgusting, but I know exactly what you mean and it is the worst to see ones family or friends do that :D

Manks - September 18, 2020, 9:38 am

Some of ya'll fucking waste way too much water.
3-4 showers a day? Are you serious? How fucking dirty are you? Like I get sweat, but goddamn, whats wrong with you guys to smell and sweat that much?

I shower whenever I finish the gym. Whether it's 6am sesh, 1pm sesh, or a 8pm sesh. Always after.
And only once per day

Blockonome - September 18, 2020, 9:44 am

(Sep 18, 2020 09:38 AM)Manks Wrote: [\[CITE\]](#) Some of ya'll fugging waste way too much water. 3-4 showers a day? Are you serious? How fugging dirty are you? Like I get sweat, but goddamn, whats wrong with you guys to smell and sweat that much?

I shower whenever I finish the gym. Whether it's 6am sesh, 1pm sesh, or a 8pm sesh. Always after. And only once per day

Bruh, I sweat like so damn much, you will not believe it, I lift the fucking thrash out and I start sweating. Nope, I am not overweight or have any problems, but my metabolism is running so high, that anything I do makes me sweat.

Literally, having za sexuales intercourse with what we call females, I am a cloud raining above them!

Purvert - September 18, 2020, 9:46 am

Showers are great at anytime.

Manks - September 18, 2020, 9:47 am

(Sep 18, 2020 09:44 AM)DanishPastry Wrote: [\[CITE\]](#) Bruh, I sweat like so damn much, you will not believe it, I lift the fugging thrash out and I start sweating. Nope, I am not overweight or have any problems, but my metabolism is running so high, that anything I do makes me sweat.

Literally, having za sexuales intercourse with what we call females, I am a cloud raining above them!

I actually have something called Hyperhidrosis and I still don't sweat that much.

Your body is working too hard to do simple functions, and that is in fact an issue.

If lifting trash makes your body work hard, maybe youre just so weak, your body goes into overdrive to do such simple tasks

(My Hyperhidrosis mainly affects me when I play video games. I'll be playing runescape and feel drips of sweat go down my sides. Fucking gross, but it's just sweat. [even after deoderant])

ButtermilkJesus - September 18, 2020, 9:48 am

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I have the opposite issue where I barely sweat at all but I get heat stroke very quickly even in moderate heat

Manks - September 18, 2020, 9:48 am

(Sep 18, 2020 09:48 AM)ButtermilkJesus Wrote: [\[CITE\]](#) I have the opposite issue where I barely sweat at all but I get heat stroke very quickly even in moderate heat

I have friends who have that as well, hypohidrosis. Similar in name, completely different issues.

Blockonome - September 18, 2020, 9:49 am

(Sep 18, 2020 09:47 AM)Manks Wrote: [\[CITE\]](#) I actually have something called Hyperhidrosis and I still don't sweat that much.

Your body is working too hard to do simple functions, and that is in fact an issue.

If lifting trash makes your body work hard, maybe you're just so weak, your body goes into overdrive to do such simple tasks

(My Hyperhidrosis mainly affects me when I play video games. I'll be playing Runescape and feel drips of sweat go down my sides. fugging gross, but it's just sweat. [even after deoderant])
Okay, so never played a game and started sweating, that is not how it works for me.

I asked my doctor about this and she told me, it is because my metabolism is running so fast, not because I am weak. She told me, that it is a good thing, because my body cleans itself faster and I will recover easier from diseases, but the down from it, is excessive sweating.

I get sick, I sweat like a fucking pool of water, but I recover in couple of hours - 1 day.

Manks - September 18, 2020, 9:52 am

(Sep 18, 2020 09:49 AM)DanishPastry Wrote: [\[CITE\]](#) Okay, so never played a game and started sweating, that is not how it works for me.

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I get sick, I sweat like a fugging pool of water, but I recover in couple of hours - 1 day.
I've never heard of a high metabolism affecting your sweat glands when you do physical activity. I personally think there's more to it.

Also sweating isn't always a good thing, you consistently have to make sure you're hydrated; on top of the fact that it's gross. No one wants to talk to sweaty magee after he just climbed one flight of stairs.

Blockonome - September 18, 2020, 9:54 am

(Sep 18, 2020 09:52 AM)Manks Wrote: [\[CITE\]](#) I've never heard of a high metabolism affecting your sweat glands when you do physical activity. I personally think there's more to it.

Also sweating isn't always a good thing, you consistently have to make sure you're hydrated; on top of the fact that it's gross. No one wants to talk to sweaty magee after he just climbed one flight of stairs.

Haha well, you learn something new every day, I have never heard of someone sweating while playing Runescape xD

Yes, I have to drink and eat way more than a regular person, and imagine this, I am only 68kg. But I can eat like a pig, because the food literally just dissapears after digestion.

Exactly the reason why I take 2 showers a day if possible, to stay clean and people do not really mind it, as long as you smell good. Which I do :)

Manks - September 18, 2020, 9:59 am

(Sep 18, 2020 09:54 AM)DanishPastry Wrote: [\[CITE\]](#) Haha well, you learn something new every day, I have never heard of someone sweating while playing Runescape xD

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Exactly the reason why I take 2 showers a day if possible, to stay clean and people do not really

mind it, as long as you smell good. Which I do :)

Aye, I sweat cus my body is r-tarded and decided to create an issue for me. It's not bad, since just lowering my arms can hide it.

But for interviews and shit it's so annoying. I'm very rarely anxious or stressed out, so the fact that I'm constantly sweating makes it seem otherwise.

I remember back in highschool, I'd have a hoodie on, and I would literally sweat through my shirt and hoodie, and have peers ask if I just got out of gym. I'd be like, no why?

Then they'd be like that's fucking gross.

Embarrassing for sure.

Showering doesn't work, since I'd just sweat it back, and the sweat doesn't smell. It's all visual.

I ended up taking heart medication and getting some cosmetic surgery to attempt to stop it.

Neither work, the cosmetic surgery decreased it, but still it's there.

Blockonome - September 18, 2020, 10:01 am

(Sep 18, 2020 09:59 AM)Manks Wrote: [\[CITE\]](#) Aye, I sweat cus my body is r-tarded and decided to create an issue for me. It's not bad, since just lowering my arms can hide it.

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Yeah okay, I can definitely see this is a problem, I mean, interviews I will not sweat either, it is only physical work for me!

Then I get why you cannot take a shower and be in peace after, as in, you would sit down after and suddenly start sweating!

Never be embarrassed bro. People want to embarrass others based on their own insecurities.

Manks - September 18, 2020, 10:03 am

(Sep 18, 2020 10:01 AM)DanishPastry Wrote: [\[CITE\]](#) Yeah okay, I can definitely see this is a problem, I mean, interviews I will not sweat either, it is only physical work for me!

Then I get why you cannot take a shower and be in peace after, as in, you would sit down after and suddenly start sweating!

Never be embarrassed bro. People want to embarrass others based on their own insecurities.

It's not so much I'm embarrassed. I overthink it, since I've had it for so long; and I decide, why would a girl want to talk to me if I have sweaty armpits lol

It's easy to explain after I get to know the girl(s) but not before. So I gotta be quicc when I pick up girls.

otherwise i dont really care, im a fit young wealthy boi, i have nothing to be ashamed about (besides having a hf account ;))

Blockonome - September 18, 2020, 10:04 am

(Sep 18, 2020 10:03 AM)Manks Wrote: [\[CITE\]](#) It's not so much I'm embarrassed. I overthink it, since I've had it for so long; and I decide, why would a girl want to talk to me if I have sweaty armpits lol
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otherwise i dont really care, im a fit young wealthy boi, i have nothing to be ashamed about (besides having a hf account ;))

Hahahah yeah, I know what you mean, but some girls get turned on by sweat (Only in bed), from my experience!

Man, share the wealth with me and we can pick up girls together :)

?ystem - September 18, 2020, 10:05 am

I'm mostly an evening shower person, usually taking one after getting home from work to get the dirt and sweat off of me, but if the occasion calls for me to take one during the day then I will.

Purvert - September 18, 2020, 10:05 am

(Sep 18, 2020 10:04 AM)DanishPastry Wrote: [\[CITE\]](#) Hahahah yeah, I know what you mean, but some girls get turned on by sweat (Only in bed), from my experience!

Man, share the wealth with me and we can pick up girls together :)

Pee on them, it's sweats cousin.

Manks - September 18, 2020, 10:06 am

(Sep 18, 2020 10:04 AM)DanishPastry Wrote: [\[CITE\]](#) Hahahah yeah, I know what you mean, but some girls get turned on by sweat (Only in bed), from my experience!

Man, share the wealth with me and we can pick up girls together :)

Slippery sex is best sex am I rite (jk jk)

I prefer my sex clean. I don't sweat excessively, it's just constant.

I got plans for the monz, plans that don't involve giving lol
tryna secure the ps5 rn

Blockonome - September 18, 2020, 10:08 am

(Sep 18, 2020 10:06 AM)Manks Wrote: [\[CITE\]](#) Slippery sex is best sex am I rite (jk jk)
I prefer my sex clean. I don't sweat excessively, it's just constant.

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tryna secure the ps5 rn
Hahahah we can agree on that, the wetter the better ;)

Hahaha man, please, can you just be my mentor? :D

Manks - September 18, 2020, 10:08 am

(Sep 18, 2020 10:08 AM)DanishPastry Wrote: [\[CITE\]](#) Hahahah we can agree on that, the wetter the better ;)

Hahaha man, please, can you just be my mentor? :D

Graduate college, make sure you do internships while in college, do something you enjoy.

Idk what else I can help with lol

I got a 85K job straight outta college for being proactive.
Don't be reactive, be proactive. I live by this everyday.

Blockonome - September 18, 2020, 10:09 am

(Sep 18, 2020 10:08 AM)Manks Wrote: [\[CITE\]](#) Graduate college, make sure you do internships while in college, do something you enjoy.

Idk what else I can help with lol
Hahahahah, you say you are wealthy, I am think yacht, wolf of wallstreet life here xD

Blowjobs in the car, even though you are sweaty xD

Manks - September 18, 2020, 10:10 am

(Sep 18, 2020 10:09 AM)DanishPastry Wrote: [\[CITE\]](#) Hahahahah, you say you are wealthy, I am think yacht, wolf of wallstreet life here xD

Blowjobs in the car, even though you are sweaty xD
Wealthy compared to the average person correct. I make more than my parents do now, and I'm a recent graduate.
I plan on making six figures within the next 5 years.

Blockonome - September 18, 2020, 10:12 am

(Sep 18, 2020 10:10 AM)Manks Wrote: [\[CITE\]](#) Wealthy compared to the average person correct. I make more than my parents do now, and I'm a recent graduate.
I plan on making six figures within the next 5 years.
Bro, I say it right now, you and me together and we will make 6 figures each in the next 3 years!

Dotexe - September 18, 2020, 10:15 am

In all fairness I am both. Especially now

Starks - September 25, 2020, 7:12 am

I am a morning shower person, although occasionally I do both.

Mindy Rose - September 25, 2020, 8:31 am

I have to take a shower in the evening because I can't go outside with wet hair when its cold outside lol

L S D - September 25, 2020, 8:56 am

(Sep 17, 2020 02:57 AM)????? Wrote: [\[CITE\]](#) Dear HF,

every day, I must have a shower in the morning AND in the evening in order to feel at peace and relaxed.

Sometimes I do skip the evening shower, but cannot skip the morning shower, otherwise my day will not be productive.

Are you a Morning Shower Person (MSP) OR Evening Shower Person (ESP)?

Can not wait to hear your reasons! :D
In the evening before I sleep.It makes you sleep.

Mr Swizzer - September 25, 2020, 9:51 am

Showing is like eating I look forward to it & enjoy it very very much.

I shower mostly twice a day & when I'm feeling it I'll go to the gym 7 jump in the jacuzzi & shower there.

wraxu - September 25, 2020, 9:56 am

Always evening and sometimes morning or afternoon as well. I like to maximize my sleep so, I usually don't have much time.

Bob White - September 25, 2020, 9:59 am

Both, but if I have to pick, evening.

The Degenerate - September 25, 2020, 10:01 am

Evening but if I have to go on some important event or date, I always take a shower in the morning

87_AU - September 25, 2020, 11:01 am

Personally, I mainly shower in the evening because I have more spare time in the evening and I just like to chill at home after having a long shower.

Disease - September 25, 2020, 6:01 pm

(Sep 17, 2020 02:57 AM)????? Wrote: [\[CITE\]](#) Dear HF,

every day, I must have a shower in the morning AND in the evening in order to feel at peace and relaxed.

Sometimes I do skip the evening shower, but cannot skip the morning shower, otherwise my day will not be productive.

Are you a Morning Shower Person (MSP) OR Evening Shower Person (ESP)?

Can not wait to hear your reasons! :D

I always shower in the morning, even if I shower at night. And really, I'll only show in the evening if I've had a particularly strenuous day and just need to refresh. My morning shower is how I start my day... how I wake up. I don't do anything until after I am showered.

Zencypher - September 27, 2020, 3:39 pm

Everytime before i go to sleep, i have to take a shower, the idea of going to sleep without taking a shower disgusts me.. and when i wake up i have to shower to begin the day.

Geass - September 27, 2020, 8:29 pm

I am taking a shower at night, morning is useless expect if you can't wake up or you sweat while you sleeping.

junkie - September 27, 2020, 8:30 pm

Morning.

If I don't shower after I wake up I'm useless and can't do anything.

Evening, when it's hot.

lol - September 27, 2020, 9:51 pm

Both. One in the morning before work and one after work/before bedtime. Can't help it :P

OnePiece - September 28, 2020, 12:19 am

Sometimes I take shower in the morning when I'm doing a lot of tasks so I can work straight
But mostly I take shower at evening because it's too hot and get fresh..

Hackt00lz - September 28, 2020, 1:47 am

(Sep 17, 2020 02:57 AM)????? Wrote: [\[CITE\]](#) Dear HF,

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Sometimes I do skip the evening shower, but cannot skip the morning shower, otherwise my day will not be productive.

Are you a Morning Shower Person (MSP) OR Evening Shower Person (ESP)?

Can not wait to hear your reasons! :D

I do both morning and evening....but i do more of evening shower

Doom - September 28, 2020, 8:52 am

I find it hard to sleep sometimes if I don't sleep before I go to bed so usually in the evenings.

TheMTGuy - September 28, 2020, 9:00 am

Definitely an evening shower person. Can't find the energy to go in the shower in the morning.

SIM-4842743 - September 28, 2020, 9:04 am

Usually I take shower in morning as well as evening.

Nyx - September 28, 2020, 9:06 am

I shower at least 3 times a day.

Morning, when I come home from work or Class and before I go to bed.

(Sep 28, 2020 08:52 AM)October Wrote: [\[CITE\]](#) I find it hard to sleep sometimes if I don't sleep before I go to bed so usually in the evenings.

I am confused by this.

"I find it hard to sleep sometimes if I don't sleep before I go to bed"

telly - September 28, 2020, 10:15 am

I shower in the morning to wake myself up and fix my hair because of bed-head, unless I'm planning on working out then its the evening

Oziman - September 28, 2020, 10:22 am

Morning shower person. I go to gym at 7AM then I take a shower.

B FOR BADASS - September 28, 2020, 2:55 pm

No shower person :)

???? Quick love for Quick love ????

Cunt - September 28, 2020, 3:43 pm

I shower after i go the gym mostly. Which is mostly in the morning. Sets the mood for the day.

Artisan - September 30, 2020, 9:53 am

Either is find for me. I tend to have em whenever necessary. Sometimes multiple times a day.

Chevy - September 30, 2020, 9:53 am

For me it really just depends on what type of mood that I'm in.

Doom - September 30, 2020, 9:56 am

(Sep 27, 2020 03:39 PM)Abevader7 Wrote: [\[CITE\]](#) Everytime before i go to sleep, i have to take a shower, the idea of going to sleep without taking a shower disgusts me.. and when i wake up i have to shower to begin the day.

I'm the exact same, I really struggle to sleep if I haven't had a shower beforehand.

Charybdis - September 30, 2020, 11:23 am

I am an ESP and will not be able to sleep/feel dirty if I don't get in my daily evening shower. Every now and then I will take a morning shower, depends on how I feel that day and what I'm doing.

Jinu - September 30, 2020, 12:01 pm

I usually bath in the morning. If I am too tired, I will shower in the evening.

Hitler - September 30, 2020, 5:34 pm

I'm a shower whenever my balls smell like paint kind of guy.

Geass - October 1, 2020, 1:00 am

Sometimes I am sleeping at mornings lately, so not really a morning type. :P

Fluox - October 1, 2020, 1:20 am

I'm a morning shower kind of person; i feel it keeps me awake and more ready to start the day. I also like smelling good when i go out the do the days tasks.

FrostyNugs - October 1, 2020, 3:40 am

Yea I sometimes also skip the night shower cause I am so tired when I get home I just want to relax a bit eat something then go to bed then I'll shower in the morning. And it's also better for me to do it in the morning cause then I am clean, refreshed and ready for the day.

Draffish - October 1, 2020, 4:52 am

I was a morning shower person for most of my life but then I got depression and became a no shower person. Now because of that I wake up and don't feel like showering so I became an evening shower person

Tax - October 1, 2020, 5:19 am

I don't mind both. Depends whether I have to wake up early for work or not.

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TheBitcoinGuru - October 2, 2020, 9:44 am

Definitely evening shower ... don't ask me why

siddy357 - October 3, 2020, 8:03 am

(Sep 17, 2020 02:57 AM)????? Wrote: [\[CITE\]](#) Dear HF,

every day, I must have a shower in the morning AND in the evening in order to feel at peace and relaxed.

Sometimes I do skip the evening shower, but cannot skip the morning shower, otherwise my day will not be productive.

Are you a Morning Shower Person (MSP) OR Evening Shower Person (ESP)?

Can not wait to hear your reasons! :D
mostly in the morning but will take one in the evening too at time if i am tired/had a bad day at work to get the stress out.

junnar1968 - October 3, 2020, 8:37 am

Normally I take bath once a day. usually afternoon.

The only time I take bath is when I get sweat a lot from exercise or after I went to a market.

Bob the Builder - October 3, 2020, 10:31 am

I take shower everyday but sometime i don't have enough time to take shower other wise i take it everyday and i like to take shower in morning because it make fresh and i want to be fresh in morning

Proxies.tv - October 3, 2020, 10:33 am

Late night for me. So I can then go into the bedroom and entice the wife.....:)