

Forum:[Hack Forums](#)

Thread: [Acne results n sheet](#)

Mr.Peanut II - September 20, 2020, 2:04 pm

So I've been dealing with acne for a while now since i was like 18ish but I've been finally prescribed antibiotics and topical creams and was wondering if anyone else has been through this bullshit? Also might post some progress pics once in a while if any of y'all are interested.

?roye - September 20, 2020, 2:26 pm

I was messed up with acne when I was 15, I'm 20 but still breakout every now and then.

Whenever I do break out now, I try to figure out what I ate wrong or if I have been cleaning my face enough.

Mr.Peanut II - September 20, 2020, 2:41 pm

(Sep 20, 2020 02:28 PM)Doubt Wrote: [\[CITE\]](#) Got genetic acne that started when I was fugging 10 and I still have to deal with a decade later, tried pretty much everything in the book except getting prescribed roaccutane. On oxytet + duac at the moment but honestly it doesn't do all that much, would definitely be interested to see if anything works for you.

Currently im prescribed doxycycline, Retin-a, and benzyl peroxide.

No dairy and limiting sugar intake.

I've noticed that im not breaking out as much but my face is currently purging and all those white and blackheads are starting to all pop out!

EvilCauses - September 20, 2020, 3:03 pm

Thank god acne isn't in my genes. Phewww

SIM-4716193 - September 21, 2020, 12:18 am

Indeed it has been 12 years since I am using topical ointments and zinc to get rid of acne. It has certainly subdued over the years, but I guess it will stay with me for few more years.

SIM-4033767 - September 21, 2020, 4:01 pm

Sure, I've never had acne idk but show us OP

hfrocket1713 - September 21, 2020, 4:16 pm

all my siblings had acne but i never had it in my life...always had very clear skin now im 22

Mr. Corleone - September 21, 2020, 4:19 pm

I saw a YT vid of some guy with the nastiest Acne ever.

He qut dairy products, went vegan, started working out.

His face looks clean af now.

SIM-925118 - September 21, 2020, 4:48 pm

(Sep 20, 2020 02:04 PM)Mr.Peanut II Wrote: [\[CITE\]](#) So I've been dealing with acne for a while now since i was like 18ish but I've been finally prescribed antibiotics and topical creams and was wondering if anyone else has been through this bullshit? Also might post some progress pics once in a while if any of y'all are interested.

Dude, I had it fucking awful. My back acne got so bad, I'm still a bit conscious about taking my shirt

off. Even though it's all cleared up. Tried antibiotics and so on. Worked temporarily, but quickly blew up again. My dermatologist suggested a medication.. Which is more of a last resort, option. It's called Accutane and it's brutal. It's a 4-5 month treatment process, but I think it was worth it. Was a miserable process but it was worth it.

I also, nowadays simply wash my face with Dove soap as recommended, and a dry skin moisturizer, that also is sunscreen. Just once a day, and my face has never felt better. Very light breakouts here and there, but nothing compared to what I used to deal with.

(Sep 20, 2020 02:28 PM)Doubt Wrote: [\[CITE\]](#) Got genetic acne that started when I was fugging 10 and I still have to deal with a decade later, tried pretty much everything in the book except getting prescribed roaccutane. On oxytet + duac at the moment but honestly it doesn't do all that much, would definitely be interested to see if anything works for you.

I'd try accutane man. I had acne since my early teens till around 19. Pretty severely, but accutane kinda just did it. The process is long, but results are awesome. You will feel miserable, extra dry skin, acne may worsen during the process. Your dermatologist will guide you through it, it's kind of a strict process with the medication which was weird. It's an intense medication for sure though

jecoylecroy - September 21, 2020, 8:04 pm

I had an acne problem when I was 13 to 18 years old but it was gone after.

Yanix - September 21, 2020, 8:06 pm

(Sep 21, 2020 08:04 PM)jecoylecroy Wrote: [\[CITE\]](#) I had an acne problem when I was 13 to 18 years old but it was gone after.

That would be a great good looking face my brother :D

Acrid - September 21, 2020, 8:07 pm

None of that bullshit worked for me, had to resort to accutane, which fucking SUCKED but it cleared me up perfectly and i maybe get a pimple a month if im unlucky since then, 10 years ago maybe

jecoylecroy - September 21, 2020, 8:11 pm

(Sep 21, 2020 08:06 PM)Yanix Wrote: [\[CITE\]](#) That would be a great good looking face my brother :D No, I hope I would :), girls don't like me. :(

Yanix - September 21, 2020, 8:14 pm

(Sep 21, 2020 08:11 PM)jecoylecroy Wrote: [\[CITE\]](#) No, I hope I would :), girls don't like me. :(

Bro your inner side is much more important compares to physical appearance, so don't under estimate yourself.

You got a good heart and it is much more important...the right girl will be with you in the right time.

jecoylecroy - September 21, 2020, 8:38 pm

(Sep 21, 2020 08:14 PM)Yanix Wrote: [\[CITE\]](#) the right girl will be with you in the right time. I hope it too bro, but I'm getting older and I luck social life :(, I always stay at home.

By the ways congrats for sportsbook award bro :), you really made it.

Yanix - September 21, 2020, 9:17 pm

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By the ways congrats for sportsbook award bro :), you really made it.

Yeah but I spent all of my bytes out of it...anyway I will just grind hard again and now I can save bytes and will just bet for some on sportsbet :D

By the way how old are you now? You can send your answer via pm hahaha

jecoylecoy - September 21, 2020, 9:29 pm

(Sep 21, 2020 09:17 PM)Yanix Wrote: [\[CITE\]](#) Yeah but I spent all of my bytes out of it...anyway I will just grind hard again and now I can save bytes and will just bet for some on sportsbet :D

By the way how old are you now? You can send your answer via pm hahaha
I was born on the year 1991 brother :).

Yanix - September 21, 2020, 9:45 pm

(Sep 21, 2020 09:29 PM)jecoylecoy Wrote: [\[CITE\]](#) I was born on the year 1991 brother :).
Too young bro and nothing to worry your destined girls would be coming in the right place at at the right time :D

Method - September 21, 2020, 9:52 pm

bro whilst you take prescribed medication, avoid dairy at all costs. I never really got bad acne, but still had some nonetheless. Cut out all your dairy products.

Mr.Peanut II - September 21, 2020, 11:12 pm

What does accutane feel like?

(Sep 21, 2020 04:48 PM)Peloton Wrote: [\[CITE\]](#) Dude, I had it fugging awful. My back acne got so bad, I'm still a bit conscious about taking my shirt off. Even though it's all cleared up. Tried antibiotics and so on. Worked temporarily, but quickly blew up again. My dermatologist suggested a medication.. Which is more of a last resort, option. It's called Accutane and it's brutal. It's a 4-5 month treatment process, but I think it was worth it. Was a miserable process but it was worth it.

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Does dairy really mess you up that bad if you have acne?

(Sep 21, 2020 09:52 PM)Rise Wrote: [\[CITE\]](#) bro whilst you take prescribed medication, avoid dairy at all costs. I never really got bad acne, but still had some nonetheless. Cut out all your dairy products.

Ni??c??k - September 22, 2020, 12:03 am

It's different for everyone. Some it's genetics and shit doesn't go away unless you seek a dermatologist and have them prescribe you accutane.

For others they change their diet and their face becomes crystal clear.

Starks - September 22, 2020, 12:09 am

A friend mine battled with acne and overcame it. She cut back on her dairy intake, ate more carrots, avoided unnecessarily touching her face, added turmeric to her diet, cut out sugar, engaged in more physical exercises, and took a few nutritional supplements with multivitamins and omega 3.

hash - September 22, 2020, 2:36 am

My girlfriend used to have really bad acne (27 years old) when we met. Once I started to cook healthy food it literally dissapeared.

Take my word for it, don't eat garbage.

Yanix - September 22, 2020, 2:46 am

(Sep 22, 2020 02:36 AM)hash Wrote: [\[CITE\]](#) My girlfriend used to have really bad acne (27 years old) when we met. Once I started to cook healthy food it literally dissapeared.

Take my word for it, don't eat garbage.

My brother used to have problems with Acne but when he used to donate blood every year it suddenly disappears :D

Rezon ® - September 22, 2020, 3:22 am

Yeah I went through that, I managed to get some Roaccutane.

Worked wonders for me, I don't have any spots now and my skins is't oily anymore. Scars have fixed up really good to.

ailo - September 22, 2020, 3:30 am

Acne is fucking annoying, best way is get rid of emm, is by using lotions.

Mr.Peanut II - September 22, 2020, 12:47 pm

(Sep 22, 2020 02:36 AM)hash Wrote: [\[CITE\]](#) My girlfriend used to have really bad acne (27 years old) when we met. Once I started to cook healthy food it literally dissapeared.

Take my word for it, don't eat garbage.

yea i was wondering if diet effected my acne bc it makes me feel ugly

SIM-925118 - September 22, 2020, 2:18 pm

(Sep 21, 2020 11:12 PM)Mr.Peanut II Wrote: [\[CITE\]](#) What does accutane feel like?There's a lot of negative side affects, most of which can be very common. I dealt with extremely dry skin. I would deal with nose bleeds almost daily while on the medication. I became a little discouraged because accutane tends to make your acne worse for a little while, it sucked. After a few flare ups I noticed my skin, although really really dry regardless of using moisturizer, or not. It was clearing up. Oh, and you will also be very sensitive to the sun during the treatment process.

Been a few years since I got off of accutane. Since I've been off, my skin still becomes pretty dry, and irritated. But sticking to a dry skin moisturizer has really helped me out with that. Could just my own skin regardless of what accutane did for me. Definitely better than dealing with the insecurity of pimples all over your face, and back. I still have breakouts from time to time, but nothing NEAR as severe as it was. 1 or 2 pimples at most, and heal quickly.

(Sep 21, 2020 11:12 PM)Mr.Peanut II Wrote: [\[CITE\]](#) What does accutane feel like?

Does dairy really mess you up that bad if you have acne?

I think so, but I couldn't tell you how bad it really affects you though. Loved cereal, but also loved energy drinks, and other junk. I've changed that up since my skin started clearing. I still drink dairy, mainly with coffee, and eat a lot better.

Malthemar - September 22, 2020, 5:47 pm

(Sep 20, 2020 02:04 PM)Mr.Peanut II Wrote: [\[CITE\]](#) So I've been dealing with acne for a while now since i was like 18ish but I've been finally prescribed antibiotics and topical creams and was wondering if anyone else has been through this bullshit? Also might post some progress pics once in a while if any of y'all are interested.

If I were you, I would look for alternative means of treatment.

Topical steroids are terrible things and I have no idea why they are still being prescribed.

https://en.wikipedia.org/wiki/Topical_steroid_withdrawal

Pimping - September 22, 2020, 7:15 pm

Let me know if it works for you my face is messed up and hate how I look

banxia - September 24, 2020, 6:28 pm

Acne can be a big challenge especially when they appear on obvious parts of the skin. Keeping a clean bed sheet can be a way to keep off acne. If you have severe acne, you'd better go to a doctor. Most of the methods on your youtube or search engine is useless.