

Forum:[Hack Forums](#)

Thread: [Warning Label](#)

Verethragna - March 8, 2021, 7:09 pm

If people were born with warning labels stamped on them, what would yours say today?

Mine would probably say talks too much, annoyingly positive, and a bleeding heart lol. What would yours say?

Phobix - March 8, 2021, 7:11 pm

"Cares way too much about the wrong types of things."

Verethragna - March 8, 2021, 7:31 pm

(Mar 8, 2021 08:11 PM)Phobix Wrote: [\[CITE\]](#) "Cares way too much about the wrong types of things." I hear that. Does it still affect you as bad or have you found a coping mechanism?

Phobix - March 8, 2021, 7:35 pm

(Mar 8, 2021 08:31 PM)Verethragna Wrote: [\[CITE\]](#) I hear that. Does it still affect you as bad or have you found a coping mechanism?

You just gotta remind yourself of what is really important. Sometimes I catch myself worrying about things that ultimately will not affect my end goals but instead I prioritize them because in the moment they seem so important.

When that happens, you need to take a step back and analyze the whole situation again top to bottom, whole picture 100%. By that I mean, where do you want to be 10 years from now? 15? 20?

Verethragna - March 8, 2021, 7:40 pm

(Mar 8, 2021 08:35 PM)Phobix Wrote: [\[CITE\]](#) You just gotta remind yourself of what is really important. Sometimes I catch myself worrying about things that ultimately will not affect my end goals but instead I prioritize them because in the moment they seem so important.

When that happens, you need to take a step back and analyze the whole situation again top to bottom, whole picture 100%. By that I mean, where do you want to be 10 years from now? 15? 20? 100%! I'm glad you were able to find a system that works for you! That's how I handle it as well. Although that works, do you ever feel like it's too much and you might explode from it all? Recently I've been doing more journaling and meditation and I've found that it helps with those overwhelming feelings sometimes. It could just be me tho. I'm a strange bird lol.

Verethragna - March 8, 2021, 8:21 pm

(Mar 8, 2021 08:53 PM)James Wrote: [\[CITE\]](#) "great at complaining about everything"
? Well if you're going to do something at least be great at it lol.

Juoku - March 8, 2021, 9:47 pm

"lazy, annoying and doesn't stay in contact with others"

It's hard for me to stay in touch with people I don't meet on a daily basis (or happen to catch online)

Verethragna - March 9, 2021, 7:22 am

(Mar 8, 2021 10:47 PM)Juoku Wrote: [\[CITE\]](#) "lazy, annoying and doesn't stay in contact with others"

It's hard for me to stay in touch with people I don't meet on a daily basis (or happen to catch online) I'm the worst about staying in contact with people also. I definitely understand life gets in the way, and we all can be lazy sometimes! Actually, I was reading a study a while ago saying that the mind will procrastinate at times to shield itself from certain things. So don't be too hard on yourself. Our brains need a break every once and a while ?

Dopamine - March 9, 2021, 7:38 am

Mine would be "Smoke too much weed."

Verethragna - March 9, 2021, 7:50 am

(Mar 9, 2021 08:38 AM)Dopamine Wrote: [\[CITE\]](#) Mine would be "Smoke too much weed."
I don't need a label for that. You can smell me coming a mile away ?

Koyote - March 9, 2021, 8:09 am

"Will get very annoying very fast" apparently lol

Verethragna - March 9, 2021, 8:27 am

(Mar 9, 2021 09:09 AM)TheCuriousCoyote Wrote: [\[CITE\]](#) "Will get very annoying very fast" apparently lol
? I can definitely relate. I annoy myself sometimes lol

Juoku - March 9, 2021, 9:44 am

(Mar 9, 2021 08:22 AM)Verethragna Wrote: [\[CITE\]](#) I'm the worst about staying in contact with people also. I definitely understand life gets in the way, and we all can be lazy sometimes! Actually, I was reading a study a while ago saying that the mind will procrastinate at times to shield itself from certain things. So don't be too hard on yourself. Our brains need a break every once and a while ?
I need to read that study to see how to make it stop lol
I sometimes procrastinate too much but I'm working on it

Verethragna - March 9, 2021, 9:48 am

(Mar 9, 2021 10:44 AM)Juoku Wrote: [\[CITE\]](#) I need to read that study to see how to make it stop lol
I sometimes procrastinate too much but I'm working on it
? Me too. In fact, I'm procrastinating as we speak lol. One thing I find that helps is I set little alarms throughout the day to spur me into getting some work done. Maybe one day I'll think of something more effective lol

Juoku - March 9, 2021, 9:50 am

(Mar 9, 2021 10:48 AM)Verethragna Wrote: [\[CITE\]](#) ? Me too. In fact, I'm procrastinating as we speak lol. One thing I find that helps is I set little alarms throughout the day to spur me into getting some work done. Maybe one day I'll think of something more effective lol
Tried that, I just turned it off and did nothing about it lol
I tried downloading an app called Habitca which turns chores and your normal To Do list into a game where you get EXP n such, it's pretty fun and helps in a way

Verethragna - March 9, 2021, 9:53 am

(Mar 9, 2021 10:50 AM)Juoku Wrote: [\[CITE\]](#) Tried that, I just turned it off and did nothing about it lol
I tried downloading an app called Habitca which turns chores and your normal To Do list into a game where you get EXP n such, it's pretty fun and helps in a way
Ooo that does sound interesting. Sometimes I think it's technology's fault. Back in the day, our ancestors didn't have time to be lazy. They were out hunting and gathering lol.

Juoku - March 9, 2021, 9:59 am

(Mar 9, 2021 10:53 AM)Verethragna Wrote: [\[CITE\]](#) Ooo that does sound interesting. Sometimes I think it's technology's fault. Back in the day, our ancestors didn't have time to be lazy. They were out hunting and gathering lol.

Ohhh 100%!!!

If I didn't have all this technology I'd have no choice but to do shit lol, I blame progress!!

My laptop and xbox are basically forcing me to become lazy

Verethragna - March 9, 2021, 10:01 am

(Mar 9, 2021 10:59 AM)Juoku Wrote: [\[CITE\]](#) Ohhh 100%!!!

If I didn't have all this technology I'd have no choice but to do shit lol, I blame progress!!

My laptop and xbox are basically forcing me to become lazy

? Xbox really is the devil lol. One day we'll get a handle on productivity tho ?

Verethragna - March 9, 2021, 10:31 am

(Mar 9, 2021 11:28 AM)xadamxk Wrote: [\[CITE\]](#) "Proves there are indeed stupid questions".

It can't be that bad, can it? Now I'm gonna need some examples lol.

Neon™ - March 9, 2021, 10:54 am

"Spontaneous as fugg, for 1 second is here and the next you might see him skydiving over an active volcano".

Verethragna - March 9, 2021, 11:50 am

(Mar 9, 2021 11:54 AM)Neon™ Wrote: [\[CITE\]](#) "Spontaneous as fugg, for 1 second is here and the next you might see him skydiving over an active volcano".

Lol, that's awesome! Spontaneity is a great trait to have. I'm an over-thinker, so sometimes it can take me a month to do something a spontaneous person could do in a minute lol.

Neon™ - March 9, 2021, 12:09 pm

(Mar 9, 2021 12:50 PM)Verethragna Wrote: [\[CITE\]](#) Lol, that's awesome! Spontaneity is a great trait to have. I'm an over-thinker, so sometimes it can take me a month to do something a spontaneous person could do in a minute lol.

It's a double edged sword. Sometimes is good and sometimes it's bad. I often overthink too, especially when it comes to work and university assignments. I remember one of my previous roommates introduced me to this great quote, which is: Overthinking is the art of creating problems that weren't even there.

Verethragna - March 9, 2021, 12:22 pm

(Mar 9, 2021 01:09 PM)Neon™ Wrote: [\[CITE\]](#) It's a double edged sword. Sometimes is good and sometimes it's bad. I often overthink too, especially when it comes to work and university assignments. I remember one of my previous roommates introduced me to this great quote, which is: Overthinking is the art of creating problems that weren't even there.

I can see that. That is a great quote and very true. The mind is a beautiful and terrible organ.

severos - March 9, 2021, 4:43 pm

Negative energy source. Only use in case of feeling too much positive energy. Read the precautions before talking

Maskin - March 9, 2021, 4:58 pm

Warning: This human has an addictive personality. Do not feed with drugs. Avoid gambling.

Ouch ?

I learned to live with myself and I'm only addicted to nicotine now.

Verethragna - March 9, 2021, 5:08 pm

(Mar 9, 2021 05:43 PM)severos Wrote: [\[CITE\]](#) *Negative energy source. Only use in case of feeling too much positive energy. Read the precautions before talking*

I'm overly positive, so people probably seek you out after talking to me ?

(Mar 9, 2021 05:58 PM)Ocarina Wrote: [\[CITE\]](#) Warning: This human has an addictive personality. Do not feed with drugs. Avoid gambling.

Ouch ?

I learned to live with myself and I'm only addicted to nicotine now.

? That should be mine too lol. I had to let all the hard stuff go. Glad you only have to battle the nicotine monster now lol.

Shrooms - March 9, 2021, 10:52 pm

Drinks too much, gambles too much, swears too much, avoid.

Something like that

Verethragna - March 10, 2021, 7:36 am

(Mar 9, 2021 11:52 PM)Shroom Caps n Hash Bricks Wrote: [\[CITE\]](#) Drinks too much, gambles too much, swears too much, avoid.

Something like that

? Sounds like you'd rather have the warning label to keep people from bothering you lol.

Shrooms - March 10, 2021, 12:40 pm

(Mar 10, 2021 08:36 AM)Verethragna Wrote: [\[CITE\]](#) ? Sounds like you'd rather have the warning label to keep people from bothering you lol.

True haha, some people anyway

Verethragna - March 10, 2021, 2:34 pm

(Mar 10, 2021 01:40 PM)Shroom Caps n Hash Bricks Wrote: [\[CITE\]](#) True haha, some people anyway Lol, nothing wrong with that. People can be annoying lol.