

Forum:[Hack Forums](#)

Thread: [Home after surgery!!](#)

Sleep - March 27, 2021, 7:33 am

Got home yesterday after back surgery and spending 7 days in the hospital. Been fucking rough. Still in so much pain and taking over 30 pills a day.

But feels fucking great to be home at least. It's day 8/42 before I can start training really looking forward to that but will be a while.

Pretty much laying in bed 24 hrs a day atm.

Will post more at some point.

TB12 - March 27, 2021, 7:43 am

Glad the surgery went well! My dad had back surgery last year and it was rough for him for awhile, was on some heavy duty painkillers.

Justin - March 27, 2021, 7:45 am

I'm happy all went ok for you and you are back home. Must feel nice. I felt that when I had my leg fractured and I came back from the hospital. Amazing feeling, and the other, better one, was when I started to walk again without any support.

All will be well in a matter of time, while you sit in bed all day, try to stay productive with a laptop, books, whatever, but also Netflix a lot if you like watching stuff.

Sleep - March 27, 2021, 7:57 am

(Mar 27, 2021 07:43 AM)TB12 Wrote: [\[CITE\]](#) Glad the surgery went well! My dad had back surgery last year and it was rough for him for awhile, was on some heavy duty painkillers. Thank you, And yes its some crazy painkillers but still feeling loads of pain too.

(Mar 27, 2021 07:45 AM)Sequence. Wrote: [\[CITE\]](#) I'm happy all went ok for you and you are back home. Must feel nice. I felt that when I had my leg fractured and I came back from the hospital. Amazing feeling, and the other, better one, was when I started to walk again without any support.

All will be well in a matter of time, while you sit in bed all day, try to stay productive with a laptop, books, whatever, but also Netflix a lot if you like watching stuff. Thank you. And already got a lot better since day 1 but still a long way to go.

Juoku - March 27, 2021, 8:29 am

Glad it went well and that you're home now!

Hope recovery would go smooth and easy so you can go back to living your life like you did before!

Ellis Ben - March 27, 2021, 8:39 am

I am happy for you that surgery was successful and you came back home. Get well soon mate.

Neon™ - March 27, 2021, 10:41 am

Hey, I hope you recover soon without any complications!

What is the issue that caused the surgery if I may ask?

Regulus - March 27, 2021, 10:45 am

Damn buddy, so glad everything went well with the surgery.
I really wish you a healthy and well recovery <3

Sleep - March 27, 2021, 1:10 pm

(Mar 27, 2021 10:41 AM)Neon™ Wrote: [\[CITE\]](#) Hey, I hope you recover soon without any complications!

What is the issue that caused the surgery if I may ask?

Thank you

It's from severe scoliosis. my back had like a 55-degree angle.

Lorem Ipsum - March 27, 2021, 1:16 pm

Happy to hear you are doing okay. I wish you all the best of luck with recovering from the surgery.
Please, try to not get addicted to any painkillers or other numbing drug that might cost you a lot financially, after recovery.

Take care man and again, best of luck!

jecoylecroy - March 27, 2021, 9:05 pm

I wish you're fast recovery OP.

A Nobody - March 28, 2021, 5:56 am

Glad your surgery went well OP. Just keep trying to occupy your mind and not focus on the bad parts of the recuperation.

Teleforce - March 28, 2021, 6:28 am

Always Thank God again and again for the life he gave you again , I hope you a fast recovery and healthy :) , friend. btw we as human never think or (think less) and never appreciate about how great and miracle is a healthy body until we get an illness or we get some thing abnormal about our body.

Yanix - March 28, 2021, 6:33 am

(Mar 27, 2021 07:33 AM)Sleep Wrote: [\[CITE\]](#) Got home yesterday after back surgery and spending 7 days in the hospital. Been fugging rough. Still in so much pain and taking over 30 pills a day.
But feels fugging great to be home at least. It's day 8/42 before I can start training really looking forward to that but will be a while.
Pretty much laying in bed 24 hrs a day atm.

Will post more at some point.

Good to hear that you are finally home after your surgery...just have more patience and have yourself gain more strength.

Keep on praying to the Lord that he may heal your surgery more faster and you will get back on track for your usual life.

Praying for your fast recovery. Keep safe and God bless.

Forensic - March 28, 2021, 6:42 am

How was the actual surgery experience?

Hfuber - March 28, 2021, 8:22 am

I wish you will get well soon.

He B TeMy - March 28, 2021, 10:39 am

30 pills a day? I don't wanna bash you... but 'Murica much ?

Good luck with recovery my friend, i don't know what kind of surgery you had but sounded serious.

Ninja™ - March 28, 2021, 12:35 pm

Get well soon brother. Best wishes.

siddy357 - March 28, 2021, 1:38 pm

(Mar 27, 2021 07:33 AM)Sleep Wrote: [\[CITE\]](#) Got home yesterday after back surgery and spending 7 days in the hospital. Been fugging rough. Still in so much pain and taking over 30 pills a day.

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Will post more at some point.

Good to hear that you are back and remember pain killers are your friends for a few days. Don't forget to intake some fruits in your diet which can help in fast recovery.

Loved - March 28, 2021, 5:13 pm

Glad you are well after the surgery. Wishing you a speedy recovery!

SIM-4967151 - March 28, 2021, 5:47 pm

Glad all went well bro, obviously try to rest up and do stuff that you can do that interests you, keep your spirits up.

Hopefully all continues to go well.

Sleep - March 29, 2021, 2:53 am

(Mar 28, 2021 06:42 AM)NoAgency Wrote: [\[CITE\]](#) How was the actual surgery experience?

I was in complete anesthesia the whole surgery which was for 8 hrs.

Went to surgery at 8am first thing I remember was like 21-22pm.

Tor - March 29, 2021, 11:30 pm

(Mar 27, 2021 07:33 AM)Sleep Wrote: [\[CITE\]](#) Got home yesterday after back surgery and spending 7 days in the hospital. Been fugging rough. Still in so much pain and taking over 30 pills a day.

But feels fugging great to be home at least. It's day 8/42 before I can start training really looking forward to that but will be a while.

Pretty much laying in bed 24 hrs a day atm.

Will post more at some point.

Glad to hear that your feeling better man.

\$neaky - March 30, 2021, 9:37 pm

Goddam 30 pills a day? I'd feel really concerned, anyway hoping for a speedy recovery my dude

Sleep - March 31, 2021, 4:47 am

(Mar 30, 2021 09:37 PM)WAFU Wrote: [\[CITE\]](#) Goddam 30 pills a day? I'd feel really concerned, anyway hoping for a speedy recovery my dude

Ye, it's a lot but tbh the 15 of them is because I take 25mg of some painkillers 3 times a day. When in hospital I could take them as 20mg+5mg 3 times a day. But at home, it's 5x5mg 3 times a day so that's 15 pills.

\$neaky - March 31, 2021, 5:02 am

(Mar 31, 2021 04:47 AM)Sleep Wrote: [\[CITE\]](#) Ye, it's a lot but tbh the 15 of them is because I take

25mg of some painkillers 3 times a day. When in hospital I could take them as 20mg+5mg 3 times a day. But at home, it's 5x5mg 3 times a day so that's 15 pills.

Oof, at least you're home. Best feeling ever ?

Sleep - March 31, 2021, 11:52 am

(Mar 31, 2021 05:02 AM)WAlFU Wrote: [\[CITE\]](#) Oof, at least you're home. Best feeling ever ?

Idd got so boring after 7 days in a hospital bed. But thank fuck I was there the first few days too cuz the pain was insane.

Nate - March 31, 2021, 6:37 pm

Thats a shit ton of time in the hospital, I have to get shoulder suregy soon. So I mean lets see how it goes

Glad you recovered OP

Andrew - April 1, 2021, 9:41 am

Sheesh I hope you get well soon man! update us about your health and how you feelin

Sleep - April 2, 2021, 10:01 am

Thank you everyone for wishing me well :)

It's been 14 days now, Feeling better every day. Still in some pain sometimes. But able to stay up from bed more and go for some small walks, like 200 meters.

Sleep - April 18, 2021, 2:33 am

It's now 1 month ago that I had the surgery.

Getting better but still in bed most of the day. Really boring but it should be over soon, So looking forward to that.

A little concerned that It's like I lost some feeling on the right side of my body. Might just be the pills, But It's weird so I hope it goes over soon.