

Forum:[Hack Forums](#)

Thread: [Do you drink milk?](#)

[(5)] - June 2, 2021, 8:05 pm

I feel like Milk has become a debatable topic ever since being vegan became so popular.

I personally will drink cow milk OR plant based milk. I like them both. I do tend to drink Almond milk more lately, but that's just preference, not because I like to drink things made from plants more vs animals.

How about you? Do you drink milk? And if you do, is it animal based or plant based?

Tjm - June 2, 2021, 8:18 pm

(Jun 2, 2021 08:05 PM)[(5)] Wrote: [\[CITE\]](#) I feel like Milk has become a debatable topic ever since being vegan became so popular.

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How about you? Do you drink milk? And if you do, is it animal based or plant based?

Yep I love milk and milk products. Only plant based milk I like is chocolate flavored Silk soy milk. Had it out of curiosity and I was surprised that it was actually pretty good. Didn't care for almond milk at all, the aftertaste was ehh. You can milk anything nowadays ?

Yin Yang - June 2, 2021, 8:23 pm

I've been drinking almond milk.

But if I have ice cream or cake, it's not that healthy crap.

jecoylecoy - June 2, 2021, 9:04 pm

I drink milk at night. It makes me sleep well.

kookur - June 2, 2021, 9:32 pm

Two times a day, cow or buffalo milk idc. I drink around half litre everyday. I eat all kind of cheese, butter, curd and every milk based product.

Blazin - June 2, 2021, 9:44 pm

(Jun 2, 2021 08:05 PM)[(5)] Wrote: [\[CITE\]](#) I feel like Milk has become a debatable topic ever since being vegan became so popular.

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How about you? Do you drink milk? And if you do, is it animal based or plant based?

Yeah, chocolate milk only. Milk has a crazy amount of vitamins and minerals and is so healthy for the body it is insane.

The nutritional profile of milk is impressive.

After all, it's designed to fully nourish newborn animals.

Just one cup (244 grams) of whole cow's milk contains (2):

Calories: 146

Protein: 8 grams

Fat: 8 grams

Calcium: 28% of the RDA

Vitamin D: 24% of the RDA

Riboflavin (B2): 26% of the RDA

Vitamin B12: 18% of the RDA

Potassium: 10% of the RDA

Phosphorus: 22% of the RDA

Selenium: 13% of the RDA

Milk is an excellent source of vitamins and minerals, including "nutrients of concern," which are under-consumed by many populations (3Trusted Source).

Source : https://www.healthline.com/nutrition/milk-benefits#TOC_TITLE_HDR_2

hazbot77 - June 2, 2021, 10:49 pm

Milk with milo. Thats the best combo.

Forensic - June 2, 2021, 10:54 pm

Almond milk is better and doesn't taste too bad so occasionally yes

[\$(5)\$] - June 2, 2021, 11:45 pm

(Jun 2, 2021 09:44 PM)Blazin Wrote: [\[CITE\]](#) Yeah, chocolate milk only. Milk has a crazy amount of vitamins and minerals and is so healthy for the body it is insane.

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under-consumed by many populations (3Trusted Source).

Source : https://www.healthline.com/nutrition/milk-benefits#TOC_TITLE_HDR_2

Yes, that's the biggest difference imo. The nutritional value. Almond milk, and many of the other alternatives have little to no nutritional value. Although I personally don't seek my nutrition from milk, I can see how this is an attracting point.

618C - June 2, 2021, 11:48 pm

man i love milk! but latley i have been switchin to Almond milk idk better for them cow or something :)

[(5)] - June 2, 2021, 11:49 pm

(Jun 2, 2021 11:48 PM)**618C** Wrote: [\[CITE\]](#) man i love milk! but latley i have been switchin to Almond milk idk better for them cow or something :)

Do you like the Original flavor or Vanilla? I see Vanilla seems to be popular, but I'm an OG person myself.

618C - June 2, 2021, 11:52 pm

(Jun 2, 2021 11:49 PM)**[(5)]** Wrote: [\[CITE\]](#) Do you like the Original flavor or Vanilla? I see Vanilla seems to be popular, but I'm an OG person myself.

Yeah i like the vanilla a lot, works great with cereal n stuff :) but i prefer a glass of cold real milk if its just about drinking.

and im a big fan of chocomilk too!

[(5)] - June 2, 2021, 11:53 pm

Does anyone notice that the 2% chocolate milk tastes like shit? While the whole milk chocolate milk actually tastes great?

618C - June 2, 2021, 11:55 pm

(Jun 2, 2021 11:53 PM)**[(5)]** Wrote: [\[CITE\]](#) Does anyone notice that the 2% chocolate milk tastes like shit? While the whole milk chocolate milk actually tastes great?

was just about to say this! i feel you man if you want choco milk better take whole milk because its the best.

the other ones taste very watery.

Vitani's Mate - June 2, 2021, 11:55 pm

No... I fucking hate it..

I will NOT drink milk at all.

Hate the taste, hate the consistency, hate the color, hate the name, hate the look, fucking HATE it. I also hate ice cream as well.

[(5)] - June 2, 2021, 11:57 pm

(Jun 2, 2021 11:55 PM)**618C** Wrote: [\[CITE\]](#) was just about to say this! i feel you man if you want choco milk better take whole milk because its the best.

the other ones taste very watery.

Yeah it's disgusting. Like skim milk. Skim milk is horrible! I just can't do it...

Artisan - June 3, 2021, 12:17 am

Cows milk with tea of coffee or in beverages but not milk alone.

[\$(5)\$] - June 3, 2021, 12:18 am

(Jun 3, 2021 12:17 AM)Artisan Wrote: [\[CITE\]](#) Cows milk with tea of coffee or in beverages but not milk alone.

Yes, sir! Chai milk tea is where it's at.

backupOne - June 3, 2021, 12:20 am

milk gives you bitchtits bruh

Blockonome - June 3, 2021, 12:42 am

I do not drink milk in general, the only way I will be "drinking" milk, is with cereal :D

[\$(5)\$] - June 3, 2021, 12:43 am

(Jun 3, 2021 12:20 AM)backupOne Wrote: [\[CITE\]](#) milk gives you bitchtits bruh
Shut up.

(Jun 3, 2021 12:42 AM)????? Wrote: [\[CITE\]](#) I do not drink milk in general, the only way I will be "drinking" milk, is with cereal :D

That's fair. And cereal is great. I love the Reeses kind, lol.

Lilith - June 3, 2021, 1:31 am

Not in the slightest. I'll eat dairy products constantly. Ice cream is the only dessert I really care for, yogurt is my life blood, and I couldn't live without cheese. Ever. Milk as a straight up drink however repulses me. I used to drink it constantly as a kid, but I can't anymore. Thinking about it now, I think it might be a result of the scene in Napoleon Dynamite where he's eating lunch on the chicken farm.

[\$(5)\$] - June 3, 2021, 2:04 am

(Jun 3, 2021 02:01 AM)Core Finder Wrote: [\[CITE\]](#) I drink milk at morning breakfast and night. It makes me healthy & sleep well.

Do you think cow milk then?

Who Soup - June 3, 2021, 2:12 am

milk is too expensive here and not too good for you, I don't drink milk.

A Nobody - June 3, 2021, 4:47 am

I love chocolate milk, Wal-Mart usually has a deal for my fave kind so I buy 3 at a time and finish them in a week lol.

Chinatown - June 3, 2021, 7:34 am

(Jun 2, 2021 08:23 PM)Yin Yang Wrote: [\[CITE\]](#) I've been drinking almond milk.

But if I have ice cream or cake, it's not that healthy crap.

Try Nick's Swedish ice cream pints. It's super expensive, low calorie, and high protein. It surprisingly tastes great! It's not like artichoke zero or the other low-calorie ice cream pints.

OP I have been drinking unsweetened almond milk with vanilla flavoring in cereal! Keeps the total calorie count down for my breakfast and it tastes good. ?

[\$(5)\$] - June 3, 2021, 7:59 am

(Jun 3, 2021 02:12 AM)Who Soup Wrote: [\[CITE\]](#) milk is too expensive here and not too good for you, I don't drink milk.

Expensive? How much is a gallon of milk there?

ghostboy - June 3, 2021, 8:41 am

I use to when I was younger but now i'll only have it when I eat cereal (or of course it's cooked into my food)

Koyote - June 3, 2021, 8:56 am

I like milk. I drink about four cups of tea a day, and I usually end the day with a hot chocolate with a splash of milk. I haven't tried almond milk yet, or any soy milks really, but I would be open to seeing what they're like. I do really enjoy a chocolate milk or banana milk, I do sometimes make those in my blender if I'm feeling special.

Regulus - June 3, 2021, 9:06 am

Not very often, but it happens.

I like oBoy a lot

MarvinMalware - June 3, 2021, 9:18 am

I drink almond milk in my coffee, but that's just because I'm lactose intolerant. Used to drink regular dairy milk.

Aeowulf - June 3, 2021, 9:27 am

Cow tit juice is disgusting. I'll stick with my soy and other plant based versions.

Malthemar - June 3, 2021, 9:30 am

I drink a lot of milk.

There is nothing better than cold milk.

LoGiurato - June 3, 2021, 10:29 am

Milk is really bad for the lungs. I avoid it.

fredo - June 3, 2021, 12:05 pm

No problem with non milk drinkers but milk coming from a cow is meant to be drank. How the hell mfs discovered milk? I couldnt tell you

Envy - June 3, 2021, 12:10 pm

Milk is great, and kind of necessary. 2% and chocolate.

I feel sorry for those who cannot and choose to not drink milk.

Loved - June 3, 2021, 12:22 pm

Always been huge on milk. I don't what it is but it just hits different, especially with complimentary food like cereal, cookies etc.

Bumpkin - June 3, 2021, 12:34 pm

Absolutely. I keep drinking milk and I've tried various plant-based as well but I am stuck with the regular one. ?

[\$(5)\$] - June 3, 2021, 1:24 pm

(Jun 3, 2021 09:06 AM)Regulus Wrote: [\[CITE\]](#) Not very often, but it happens.

I like oBoy a lot

What is oBoy? Like Nestle chocolate milk powder?

(Jun 3, 2021 09:27 AM)Aeowulf Wrote: [\[CITE\]](#) Cow tit juice is disgusting. I'll stick with my soy and other plant based versions.

Lol when you really think about it, it does gross me out!

Grim - June 3, 2021, 5:50 pm

i do usually put it in all my weight gaining shakes

[\$(5)\$] - June 3, 2021, 6:05 pm

(Jun 3, 2021 05:50 PM)Grim Wrote: [\[CITE\]](#) i do usually put it in all my weight gaining shakes
Animal or plant based?

Grim - June 3, 2021, 6:20 pm

(Jun 3, 2021 06:05 PM)[\$(5)\$] Wrote: [\[CITE\]](#) Animal or plant based?

Both actually! whatever im feeling like

HEISENPUG - June 3, 2021, 7:05 pm

I drink almond milk with my protein shakes in the morning, I like it because its easier on my stomach and doesn't make me shit myself.

blackrose_x0x0 - June 3, 2021, 7:08 pm

I used to drink milk but I keep my dairy to a minimum nowadays due to being lactose intolerant.

I love cashew milk, almond milk and soy milk though. Oat milk is alright but seriously if you haven't tried cashew milk, do yourself a favor and get some. It's my favorite one of the alternative milks.

Poochyena - June 3, 2021, 7:18 pm

Milk is the only thing I'll drink besides water or some juices. I hate soda (because of the carbonation), but I'll tolerate beer.

Megatron - June 3, 2021, 7:46 pm

I used to drink milk as a child pretty often like I would any other drink. Now, I don't really drink it per se, but I do include it in many of the things I eat.

Prom King - June 3, 2021, 7:59 pm

I actually had a red cup full of milk in my hand as I saw this thread lol. I love milk!

[\$(5)\$] - June 3, 2021, 8:31 pm

(Jun 3, 2021 07:59 PM)Prom King Wrote: [\[CITE\]](#) I actually had a red cup full of milk in my hand as I saw this thread lol. I love milk!
Animal milk or plant based?

Prettykitty - June 3, 2021, 9:18 pm

I only drink milk when I'm on the train and adding sugar cubes into the ceramic cup to make the drink taste sweeter.

Beherit - June 3, 2021, 9:58 pm

I usually put a cup or two of milk in my protein shake; no fruits or anything and just mix it up. Tastes like chocolate milk, since that's the flavor of the protein powder.

Crypt - June 3, 2021, 10:32 pm

The only time I have milk is with my protein shakes, it's the key ingredient.

B3A - June 4, 2021, 12:43 am

Could replace water with milk I guess

Yanix - June 4, 2021, 2:52 am

I really love milk and I usually drink once a day.

Lyrarei - June 4, 2021, 3:54 am

I do, and I love all equally, but I've sort of moved on to liking almond and soy milk even more.

[\$(5)\$] - June 4, 2021, 6:46 am

(Jun 3, 2021 10:32 PM)Crypt Wrote: [\[CITE\]](#) The only time I have milk is with my protein shakes, it's the key ingredient.

It seems that most people use both, or either, animal and plant based milk in their protein shakes. Which do you use?

Black Whale - June 4, 2021, 9:53 am

I hate milk, but I love ice cream and cheese. Shit is gross.

neightworks. - June 4, 2021, 10:03 am

Milk by itself is so fucking gross, but milk with some kind of baked good like a brownie is unbeatable.

[\$(5)\$] - June 4, 2021, 11:42 am

(Jun 4, 2021 09:53 AM)Black Whale Wrote: [\[CITE\]](#) I hate milk, but I love ice cream and cheese. Shit is gross.

Cheese is ridiculously good. I can't lie.

[\$(5)\$] - June 6, 2021, 9:25 am

(Jun 4, 2021 03:54 AM)Lyrarei Wrote: [\[CITE\]](#) I do, and I love all equally, but I've sort of moved on to liking almond and soy milk even more.

I love almond milk! Not as big of fan of Soy milk.

Justace - June 6, 2021, 9:57 am

Only like milk with my coffee or cereal.

TB12 - June 6, 2021, 10:40 am

I do but I drink mainly water. At one point when I was in middle school when I was younger I had really bad acne and went on a diet that gave me less dairy including milk. I was drinking almond and coconut milk for awhile lol

[\$(5)\$] - June 6, 2021, 6:46 pm

(Jun 6, 2021 10:40 AM)TB12 Wrote: [\[CITE\]](#) I do but I drink mainly water. At one point when I was in middle school when I was younger I had really bad acne and went on a diet that gave me less dairy including milk. I was drinking almond and coconut milk for awhile lol

Water is amazing. You'll have to see my thread regarding bottled water now that you brought it up
-> <https://hackforums.net/showthread.php?tid=6156997>

siddy357 - June 6, 2021, 10:24 pm

(Jun 2, 2021 08:05 PM)[\$(5)\$] Wrote: [\[CITE\]](#) I feel like Milk has become a debatable topic ever since being vegan became so popular.

I personally will drink cow milk OR plant based milk. I like them both. I do tend to drink Almond milk more lately, but that's just preference, not because I like to drink things made from plants more vs animals.

How about you? Do you drink milk? And if you do, is it animal based or plant based?

I do drink cow milk as i am not that lactose intolerant.

Sex - June 6, 2021, 10:28 pm

I haven't "drank milk" in probably 15 years. I do like yogurts and (Unhealthy) the occasional

ice-cream.

[\$(5)] - June 6, 2021, 10:38 pm

(Jun 6, 2021 10:28 PM)Sex Wrote: [\[CITE\]](#) I haven't "drank milk" in probably 15 years. I do like yogurts and (Unhealthy) the occasional ice-cream.

Do you consume a milk alternative like almond or soy? Or none at all?

Sex - June 6, 2021, 10:40 pm

(Jun 6, 2021 10:38 PM)[\$(5)] Wrote: [\[CITE\]](#) Do you consume a milk alternative like almond or soy? Or none at all?

Never really tried it, I remember drinking milk when I was younger. I just started not liking it one day.

[\$(5)] - June 7, 2021, 11:20 pm

Does anyone like strawberry milk?

A Nobody - June 8, 2021, 4:33 am

Every time I see this topic I want some chocolate milk.

RTKN - June 8, 2021, 4:38 am

Cow Milk because we have some Dairy Farm

DanielZ - June 8, 2021, 5:30 am

(Jun 7, 2021 11:20 PM)[\$(5)] Wrote: [\[CITE\]](#) Does anyone like strawberry milk? the best one?

[\$(5)] - June 8, 2021, 8:15 am

(Jun 8, 2021 05:30 AM)Vanilla43 Wrote: [\[CITE\]](#) the best one?

I'm partial with you. While I really enjoy just a normal milk, if I was to go flavored it would be strawberry over chocolate.

SUI-3183372 - June 8, 2021, 8:24 am

Make a latte every morning with 2% milk (commonly after work as well).

Love milk with dry foods (pastries) / some spicy foods (chili).

Chocolate Milk / Hot Chocolate can be really nice at night here and there too.

[\$(5)] - June 8, 2021, 8:24 am

(Jun 8, 2021 08:24 AM)BV1 Wrote: [\[CITE\]](#) Make a latte every morning with 2% milk (commonly after work as well).

Love milk with dry foods (pastries) / some spicy foods (chili).

Chocolate Milk / Hot Chocolate can be really nice at night here and there too.

I'm glad you said hot chocolate. People who use water to make their hot chocolate make me sick!

Deneva - June 8, 2021, 8:25 am

No. Even in kindergarten I didn't like milk

[\$(5)] - June 8, 2021, 8:27 am

(Jun 8, 2021 08:25 AM)Deneva Wrote: [\[CITE\]](#) No. Even in kindergarten I didn't like milk

Is there a reason? Or you just don't like it? Did you drink something in replace of milk as a kid?

SUI-3183372 - June 8, 2021, 8:32 am

(Jun 8, 2021 08:24 AM)[\$(5)] Wrote: [\[CITE\]](#) I'm glad you said hot chocolate. People who use water to make their hot chocolate make me sick!

It's blasphemy.

[\$(5)\$] - June 8, 2021, 4:16 pm

Have you ever had fresh cow milk from a farm?

Snax - June 8, 2021, 10:40 pm

I drink milk every single day because not only it tastes good but also healthy.

Crypt - June 9, 2021, 12:40 am

(Jun 8, 2021 08:32 AM)BV1 Wrote: [\[CITE\]](#) It's blasphemy.

This should most definitely be illegal.

[\$(5)\$] - June 9, 2021, 1:02 am

(Jun 8, 2021 10:40 PM)learnhack123 Wrote: [\[CITE\]](#) I drink milk every single day because not only it tastes good but also healthy.

Is it cheap or expensive where you live? I've seen replies of both

The - June 9, 2021, 8:23 am

I drink about a liter of milk each day.

raginize - June 9, 2021, 8:34 am

I consume milk often but usually i don't drink it, i prefer mixing it with cornflakes.

By the way, I always appreciate regular milk drinkers and one day I'll be one of them ?

Don't forget drinking your milk before bed, love you all ?

ps. Usually i prefer lactose-free milk.

Snax - June 9, 2021, 9:50 am

(Jun 9, 2021 01:02 AM)[\$(5)\$] Wrote: [\[CITE\]](#) Is it cheap or expensive where you live? I've seen replies of both

It's pretty cheap where I live.

M4A4™ - June 9, 2021, 11:03 am

Sometimes yeah, Almond milk is really good.

[\$(5)\$] - June 9, 2021, 11:11 am

(Jun 9, 2021 09:50 AM)learnhack123 Wrote: [\[CITE\]](#) It's pretty cheap where I live.

Same here. Others said it was more expensive where they lived.

Psilocybinaut - June 10, 2021, 1:12 am

I am lactose intolerant so I don't drink regular milk. I drink lactose free milk and I actually prefer it. It tastes sweeter to me.

If I go for plant based, I enjoy a nice cold glass of almond milk.

Blackhatzer - June 10, 2021, 1:18 am

I drink regular milk once per day

[\$(5)\$] - June 10, 2021, 7:50 am

(Jun 10, 2021 01:18 AM)Blackhatzer Wrote: [\[CITE\]](#) I drink regular milk once per day

Do you drink it because you enjoy it, or for the nutritional aspect?

Blackhatzer - June 10, 2021, 8:29 am

(Jun 10, 2021 07:50 AM)[\$(5)\$] Wrote: [\[CITE\]](#) Do you drink it because you enjoy it, or for the

nutritional aspect?

Both :)

[\$(5)] - June 10, 2021, 9:32 am

(Jun 10, 2021 08:29 AM)Blackhatzer Wrote: [\[CITE\]](#) Both :)

I guess that's a win then, lol. Works out if you both enjoy it, and it does good for you health wise.

FlyDi - June 10, 2021, 12:18 pm

I haven't drink milk for like 1 year and half and I'm serious.

Bastille - June 10, 2021, 12:45 pm

I drink milk almost everyday (cow milk).

I tried vegetal milks, but it seems to not be really "milk", so I don't really know.

I'm trying to drink less mainly because of how it's made, like meat, I try to eat less.

[\$(5)] - June 10, 2021, 1:58 pm

(Jun 10, 2021 12:45 PM)Yseurk Wrote: [\[CITE\]](#) I drink milk almost everyday (cow milk).

I tried vegetal milks, but it seems to not be really "milk", so I don't really know.

I'm trying to drink less mainly because of how it's made, like meat, I try to eat less.

Yeah, for the plant based milks you have to find one that you truly like. Everyone's taste is different. I personally don't like the vanilla tasting ones because it's like drinking a sugary beverage. But I would recommend checking unsweetened and "original" almond milks. The only thing is that they don't hold the nutritional value of milk, but if you're not seeking that then you're good

?nxy - June 10, 2021, 5:49 pm

I only drink milk in the mental hospital

Deany - June 10, 2021, 10:30 pm

(Jun 2, 2021 08:05 PM)[\$(5)] Wrote: [\[CITE\]](#) I feel like Milk has become a debatable topic ever since being vegan became so popular.

I personally will drink cow milk OR plant based milk. I like them both. I do tend to drink Almond milk more lately, but that's just preference, not because I like to drink things made from plants more vs animals.

How about you? Do you drink milk? And if you do, is it animal based or plant based?

Nope I don't. I personally don't like the taste of it.

[\$(5)] - June 10, 2021, 10:54 pm

(Jun 10, 2021 10:30 PM)Deany Wrote: [\[CITE\]](#) Nope I don't. I personally don't like the taste of it. Neither animal based or plant based?

Do you eat cheese or yogurt?

Kon6 - June 11, 2021, 1:10 pm

If I do not work out and have a protein shake, I would instead drink a pint of semi-skimmed milk.

Evading - June 11, 2021, 1:57 pm

I drink 0.5 - 1 litre(s) of milk per day, depending on the day.

Cows milk that is.

Omniscient - June 11, 2021, 1:59 pm

When I was in my 20's I would drink a gallon a day. But my doctor told me about 10 years ago that no adult should be drinking milk and after that I stopped.

Doc - June 11, 2021, 3:23 pm

I drink only the finest breast milk, anything less is for peasants.

I do actually drink it sometimes, mainly to help when I've gone too deep with eating some spicy food or something like that. Really not a fan of chocolate milk though, just give it to me white.

Reblanck - June 11, 2021, 3:28 pm

Every day I drink 400ml of Alpro sugar-free almond milk. I put on the blender with fruits such as banana, blueberries, raspberries or strawberries and with 50 grams of hemp protein and 100 grams of oats.

[\$(5)\$] - June 11, 2021, 3:45 pm

(Jun 11, 2021 01:59 PM)Omniscient Wrote: [\[CITE\]](#) When I was in my 20's I would drink a gallon a day. But my doctor told me about 10 years ago that no adult should be drinking milk and after that I stopped.

Wow I didn't know that at all. Did they have a specific reason they didn't want you to drink it anymore? I can only think of developmental/hormonal issues that may be caused due to the excess in nutrition, and depending on the milk you're drinking...possibly even hormones.

Crypt - June 11, 2021, 3:46 pm

(Jun 10, 2021 12:45 PM)Yseurk Wrote: [\[CITE\]](#) I drink milk almost everyday (cow milk).

I tried vegetal milks, but it seems to not be really "milk", so I don't really know.

I'm trying to drink less mainly because of how it's made, like meat, I try to eat less.
Like, you drink it straight from the cow? Or????

Bastille - June 11, 2021, 11:06 pm

(Jun 11, 2021 03:46 PM)Crypt Wrote: [\[CITE\]](#) Like, you drink it straight from the cow? Or????
Wtf ?? Why do you think I'm drinking it straight from the cow ? x)

Crypt - June 11, 2021, 11:31 pm

(Jun 11, 2021 11:06 PM)Yseurk Wrote: [\[CITE\]](#) Wtf ?? Why do you think I'm drinking it straight from the cow ? x)

"I drink milk almost everyday (cow milk). "

Didn't give me no 2% or anything, I can only assume you drink it straight from the cow.

The details were not clear ?

Bastille - June 11, 2021, 11:35 pm

(Jun 11, 2021 11:31 PM)Crypt Wrote: [\[CITE\]](#) "I drink milk almost everyday (cow milk). "

Didn't give me no 2% or anything, I can only assume you drink it straight from the cow.

The details were not clear ?

No, I buy bottles of milk, like almost everyone I guess. I'm not drinking from their "cow udder" (not

sure about the term, not native english)

Crypt - June 11, 2021, 11:50 pm

(Jun 11, 2021 11:35 PM)Yseurk Wrote: [\[CITE\]](#) No, I buy bottles of milk, like almost everyone I guess. I'm not drinking from their "cow udder" (not sure about the term, not native english)

Haha I was only kidding man. Milk straight from a cow that hasn't been processed would taste absolutely disgusting.

Bastille - June 12, 2021, 12:35 am

(Jun 11, 2021 11:50 PM)Crypt Wrote: [\[CITE\]](#) Haha I was only kidding man. Milk straight from a cow that hasn't been processed would taste absolutely disgusting.

Haha I thought I said something wrong that let you think I'm drinking it straight from the cow x)

People from countrysides drink it without being processed I guess

[\$(5)\$] - June 12, 2021, 12:19 pm

(Jun 11, 2021 11:50 PM)Crypt Wrote: [\[CITE\]](#) Haha I was only kidding man. Milk straight from a cow that hasn't been processed would taste absolutely disgusting.

(Jun 12, 2021 12:35 AM)Yseurk Wrote: [\[CITE\]](#) Haha I thought I said something wrong that let you think I'm drinking it straight from the cow x)

People from countrysides drink it without being processed I guess
I'm pretty sure selling or supplying raw milk is illegal here.

Crypt - June 12, 2021, 1:23 pm

(Jun 12, 2021 12:19 PM)[\$(5)\$] Wrote: [\[CITE\]](#) I'm pretty sure selling or supplying raw milk is illegal here.

I wonder what it would taste like. I hear it's nasty.

Grim - June 12, 2021, 1:54 pm

(Jun 12, 2021 12:19 PM)[\$(5)\$] Wrote: [\[CITE\]](#) I'm pretty sure selling or supplying raw milk is illegal here.

probably can get sick from most of it depending on where it comes from or how its made

BITW - June 12, 2021, 3:16 pm

Yeah. I love that. I drink 250ML daily.

[\$(5)\$] - June 12, 2021, 3:29 pm

(Jun 12, 2021 01:54 PM)Grim Wrote: [\[CITE\]](#) probably can get sick from most of it depending on where it comes from or how its made

Yes that's what I'm thinking. High amounts of bacteria, and possibly even disease depending on where it's coming from