

## Forum:[Hack Forums](#)

Thread: [Advice for someone trying not to gamble?](#)

**Doc** - June 11, 2021, 10:58 pm

I've developed a bit of an issue frequently losing all of my bytes to slots (sometimes being up 55k) and, after realizing I can't seem to control myself and stop gambling further even after winning a large amount from it, I've decided it's probably best I just stay away from it entirely. Any other gamblers here have any tips for making sure you don't gamble? I know self-banning is available, but I'd prefer not to go that route, simply because I enjoy talking to my friends here on HF and would prefer to try other options. For now, the main obvious idea I've come up with is to simply not visit the slots page for any reason and to quit flipping entirely, as sometimes I begin flipping, win a bit of money from it, and then decide to go to slots to try for the jackpot. I've noticed I tend to fall into this "gamble until zero" mode especially when I'm bored with nothing else to do, so I'm gonna be working to keep myself busy/pre-occupied with something whenever the urge to gamble comes about.

So, thought I'd make a short thread to see if those with more experience gambling/quitting gambling might have any advice, as gambling is something I haven't had much experience with until now, so yeah. Thanks!

**emotionull** - June 11, 2021, 11:02 pm

I would suggest learning the term "Diamond hands."

**Deany** - June 11, 2021, 11:04 pm

(Jun 11, 2021 10:58 PM)The Doc Wrote: [\[CITE\]](#) I've developed a bit of an issue frequently losing all of my bytes to slots (sometimes being up 55k) and, after realizing I can't seem to control myself and stop gambling further even after winning a large amount from it, I've decided it's probably best I just stay away from it entirely. Any other gamblers here have any tips for making sure you don't gamble? I know self-banning is available, but I'd prefer not to go that route, simply because I enjoy talking to my friends here on HF and would prefer to try other options. For now, the main obvious idea I've come up with is to simply not visit the slots page for any reason and to quit flipping entirely, as sometimes I begin flipping, win a bit of money from it, and then decide to go to slots to try for the jackpot. I've noticed I tend to fall into this "gamble until zero" mode especially when I'm bored with nothing else to do, so I'm gonna be working to keep myself busy/pre-occupied with something whenever the urge to gamble comes about.

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Well the thing that has helped me stopped is just stop complete because everytime I gamble I take L's ?

**The** - June 11, 2021, 11:09 pm

Take a look at [statistics](#) and realize you are throwing away your money.

**Doc** - June 12, 2021, 12:05 am

(Jun 11, 2021 11:09 PM)The Wrote: [\[CITE\]](#) Take a look at [statistics](#) and realize you are throwing away your money.

I'm already well aware I'm throwing away my money, that's why I made this thread

???????????? - June 12, 2021, 12:09 am

Well i don't really remember how i got away from it. I was betting CSGO items mainly back in the day on pro games and made a good profit for what i started with but lost it due to being retarded and not going away with what i earned. After some more bets, starting to play lottery and place smaller bets on sport games i stopped suddenly and never really touched it again other than here with bytes. I think the best way to start is to look for somethings that demands your attention and you'll slowly forget about it/ see it not as necessary as you think it is rn.

Net - June 12, 2021, 12:16 am

I mean, as long as you're not losing real money it isn't that bad.

Charger - June 12, 2021, 12:22 am

Everytime you want to gamble just send me the bytes

Who Soup - June 12, 2021, 1:45 am

(Jun 12, 2021 12:22 AM)Charger Wrote: [\[CITE\]](#) Everytime you want to gamble just send me the bytes

sorry bubba I already called first dibs ?

Beherit - June 12, 2021, 2:06 am

Just let [Shrooms](#) hold your bytes for you.

Shrooms - June 12, 2021, 2:08 am

(Jun 12, 2021 02:06 AM)Beherit Wrote: [\[CITE\]](#) Just let [Shrooms](#) hold your bytes for you.  
My boy knows

Doc - June 12, 2021, 2:27 am

bunch of vultures the lot of you

siddy357 - June 12, 2021, 2:39 am

(Jun 11, 2021 10:58 PM)The Doc Wrote: [\[CITE\]](#) I've developed a bit of an issue frequently losing all of my bytes to slots (sometimes being up 55k) and, after realizing I can't seem to control myself and stop gambling further even after winning a large amount from it, I've decided it's probably best I just stay away from it entirely. Any other gamblers here have any tips for making sure you don't gamble? I know self-banning is available, but I'd prefer not to go that route, simply because I enjoy talking to my friends here on HF and would prefer to try other options. For now, the main obvious idea I've come up with is to simply not visit the slots page for any reason and to quit flipping entirely, as sometimes I begin flipping, win a bit of money from it, and then decide to go to slots to try for the jackpot. I've noticed I tend to fall into this "gamble until zero" mode especially when I'm bored with nothing else to do, so I'm gonna be working to keep myself busy/pre-occupied with something whenever the urge to gamble comes about.

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throw your winnings in to crypto game it takes 30 days to release your bytes in some coins.

Giin - June 12, 2021, 3:04 am

(Jun 11, 2021 10:58 PM)The Doc Wrote: [\[CITE\]](#) I've developed a bit of an issue frequently losing all of my bytes to slots (sometimes being up 55k) and, after realizing I can't seem to control myself and stop gambling further even after winning a large amount from it, I've decided it's probably best I just stay away from it entirely. Any other gamblers here have any tips for making sure you don't gamble? I know self-banning is available, but I'd prefer not to go that route, simply because I enjoy talking to

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Just remember that investing is better than gambling.

**A Nobody** - June 12, 2021, 4:13 am

(Jun 12, 2021 03:04 AM)Giin Wrote: [\[CITE\]](#) Just remember that investing is better than gambling. Definitely agree with this. I can't gamble at all, it's too much of the sunk cost and I feel like shit over it. Investing I can just put money somewhere and leave it.

**flavoral** - June 12, 2021, 4:22 am

Well if we're only talking about bytes, just put them in crypto game.

Look at it from the bigger picture tho, better to gamble bytes than real money.

**james101code** - June 12, 2021, 4:32 am

Find a new hobby I guess I'm not sure

**Doc** - June 12, 2021, 4:33 am

(Jun 12, 2021 03:04 AM)Giin Wrote: [\[CITE\]](#) Just remember that investing is better than gambling. Very true, I think I need to reign in my desire for immediate gratification and stick to that.

(Jun 12, 2021 04:22 AM)flavoral Wrote: [\[CITE\]](#) Well if we're only talking about bytes, just put them in crypto game.

Look at it from the bigger picture tho, better to gamble bytes than real money.

Wise words flav, and thanks, that makes me feel a bit better about my losses. I'm sticking to investing in cg from here on out, might do some sports betting here and there but that's it.

(Jun 12, 2021 04:32 AM)james101code Wrote: [\[CITE\]](#) Find a new hobby I guess I'm not sure This man deserves a medal. My gambling addiction is cured, thank you sir.