

Forum:[Hack Forums](#)

Thread: [What do you normally do when you are pondering a difficult decision?](#)

Makaveli The Don - October 1, 2021, 7:38 pm

I usually take a few days, grab a few opinions of people that I trust and then I isolate myself and think about all the possible outcomes, the positives/negatives and then I go with what feels right at the time.

What about you guys? Do you meditate? Do you seek professional help? Do you just gamble and hope it's the right decision?

siddy357 - October 1, 2021, 7:40 pm

(Oct 1, 2021 07:38 PM)Makaveli The Don Wrote: [\[CITE\]](#) I usually take a few days, grab a few opinions of people that I trust and then I isolate myself and think about all the possible outcomes, the positives/negatives and then I go with what feels right at the time.

What about you guys? Do you mediate? Do you seek professional help? Do you just gamble and hope it's the right decision?
ask someone you trust or and elderly who might have the experience of how to handle the situation.

Yanix - October 1, 2021, 7:44 pm

(Oct 1, 2021 07:38 PM)Makaveli The Don Wrote: [\[CITE\]](#) I usually take a few days, grab a few opinions of people that I trust and then I isolate myself and think about all the possible outcomes, the positives/negatives and then I go with what feels right at the time.

What about you guys? Do you mediate? Do you seek professional help? Do you just gamble and hope it's the right decision?
First thing to do is to take a little silence and having some devotion to pray a lot and ask for wisdom for whatever decision to come up.

Sometimes I also get along with some trusted people and members of the family for some great ideas and advices.

siddy357 - October 1, 2021, 8:00 pm

(Oct 1, 2021 07:44 PM)Yanix Wrote: [\[CITE\]](#) First thing to do is to take a little silence and having some devotion to pray a lot and ask for wisdom for whatever decision to come up.

Sometimes I also get along with some trusted people and members of the family for some great ideas and advices.
not a bad idea to keep one self calm before a decision.

Makaveli The Don - October 1, 2021, 8:07 pm

(Oct 1, 2021 07:40 PM)siddy357 Wrote: [\[CITE\]](#) ask someone you trust or and elderly who might have the experience of how to handle the situation.

Yes, usually someone you trust and has more experience on the matter provide good insight on how to deal with a certain situation. But at the end, you need to make the decision and you need to

live with the outcome. So you gotta make sure you can live with the consequences.

(Oct 1, 2021 07:44 PM)Yanix Wrote: [\[CITE\]](#) First thing to do is to take a little silence and having some devotion to pray a lot and ask for wisdom for whatever decision to come up.

Sometimes I also get along with some trusted people and members of the family for some great ideas and advices.

Prayers or meditation can be a good mind cleanser so you can find your inner peace before making a decision.

Pochino - October 1, 2021, 8:13 pm

(Oct 1, 2021 07:38 PM)Makaveli The Don Wrote: [\[CITE\]](#) I usually take a few days, grab a few opinions of people that I trust and then I isolate myself and think about all the possible outcomes, the positives/negatives and then I go with what feels right at the time.

What about you guys? Do you meditate? Do you seek professional help? Do you just gamble and hope it's the right decision?

I always do my research and do not ask other people - it is not important for any one what you are doing - except for your family - also it is your life and your decision - mostly I am right and that is because I do it without thinking a lot

Always think that if it is 0,00005% positive for your life you already won

Yanix - October 1, 2021, 8:14 pm

(Oct 1, 2021 08:00 PM)siddy357 Wrote: [\[CITE\]](#) not a bad idea to keep one self calm before a decision.

I am always used to this kind of set up just to lighten up everything.

I want silence for it gives me more time to think and it clears my mind and prayers gives me more wisdom for a right decision.

Cap - October 1, 2021, 8:15 pm

When I'm pondering a decision, I think of both pros and cons to the situation. I research and seek other opinions in a general context to see what others think. I also talk to my wife so I can make sure we are on the same page.

Sky - October 1, 2021, 8:27 pm

I usually use my brain and try to make a logical decision.

eviking - October 1, 2021, 8:29 pm

I usually stroke my beard, smoke a cig & try to weigh the pros n cons and try to make an educated decision.

siddy357 - October 1, 2021, 8:29 pm

(Oct 1, 2021 08:14 PM)Yanix Wrote: [\[CITE\]](#) I am always used to this kind of set up just to lighten up everything.

I want silence for it gives me more time to think and it clears my mind and prayers gives me more wisdom for a right decision.

but need some inputs to sort out the decisions at times

Blazin - October 1, 2021, 8:35 pm

(Oct 1, 2021 07:38 PM)Makaveli The Don Wrote: [\[CITE\]](#) I usually take a few days, grab a few opinions of people that I trust and then I isolate myself and think about all the possible outcomes,

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What about you guys? Do you meditate? Do you seek professional help? Do you just gamble and hope it's the right decision?

I follow my heart mostly, take my time try not to rush. Outweigh everything.

shakur123 - October 1, 2021, 9:26 pm

(Oct 1, 2021 08:15 PM)Cap Wrote: [\[CITE\]](#) When I'm pondering a decision, I think of both pros and cons to the situation. I research and seek other opinions in a general context to see what others think. I also talk to my wife so I can make sure we are on the same page.

Same here, i think its very important to talk with other people so you can know other input about your decision

Cap - October 1, 2021, 9:29 pm

(Oct 1, 2021 09:26 PM)shakur123 Wrote: [\[CITE\]](#) Same here, i think its very important to talk with other people so you can know other input about your decision

Hands down one of the best things you can do.

******* - October 1, 2021, 9:31 pm

I go for a drive , Something about driving lets me have a clear perspective

Envy - October 1, 2021, 10:04 pm

Take a hit and rethink my options, make a decision.

Dog. - October 1, 2021, 11:33 pm

(Oct 1, 2021 10:04 PM)Invidia Wrote: [\[CITE\]](#) Take a hit and rethink my options, make a decision.

I'm the opposite, a lot of the time when I'm contemplating something it involves thinking through my options. Personally can't do that after a hit or two, I feel my brain being rate limited and start getting frustrated with myself.

Someone already mentioned this but I take long car rides if it's something I need to think about myself or talk to close friends. Talking something out has rarely ever failed me.

Makaveli The Don - October 2, 2021, 10:38 am

(Oct 1, 2021 11:02 PM)Stephen Wrote: [\[CITE\]](#) You know me maka, I take the gamble in life.

Sometimes, gambling could be the right choice. Sometimes..

Nate - October 2, 2021, 10:48 am

Yea take atleast day or two to think about it, probably ask some friends and family for suggestions..

And Yeah stick to my normal routine of smoking

Grammar Rays - October 2, 2021, 10:50 am

I consult with HF members lol - <https://hackforums.net/showthread.php?tid=6174360> :)

Cyam - October 2, 2021, 10:50 am

I try to get a second opinion from people who are experienced with the current situation.

Grammar Rays - October 2, 2021, 10:57 am

(Oct 2, 2021 10:55 AM)xadamxk Wrote: [\[CITE\]](#) I think on it several different times of the day.

My way of thinking in the morning is different than at night, so I be sure I use all my judgements before acting on big decisions.

Not sure if genius and onto something or multiple personality disorder. ?

Vibe - October 2, 2021, 11:10 am

I'll take some acid and make a decision the next day after reflecting in the morning on my thoughts about the decision while I was tripping

guardian - October 2, 2021, 11:24 am

I usually think about it by myself at first. If I can't find an answer that satisfies me, I will talk to friends and family, sometimes just ask them one question about it, sometimes have a whole discussion on the topic, depending on how important the decision is. Then I just choose the option that seems like the best to me after I did all of this.

Bankrupt - October 2, 2021, 12:47 pm

Personally i think i usually try to determine the out come of the 2 situations short term and usually make an estimated guess when theres no telling what might happen. Probably what most people do i guess. It does eat at me when theres a looming decision to make though

Makaveli The Don - October 2, 2021, 5:51 pm

(Oct 2, 2021 10:55 AM)xadamxk Wrote: [\[CITE\]](#) I think on it several different times of the day.

My way of thinking in the morning is different than at night, so I be sure I use all my judgements before acting on big decisions.

I guess at night people go into in a self reflective state. Usually in the morning, we act more than we think.

Biggy - October 2, 2021, 8:10 pm

Usually I end up deciding way too fast and just hope it's the right decision.

Kaiba Corp - October 4, 2021, 6:01 am

Flip a coin. It might look like a joke, but I'm completely serious. I don't remember were I've read that but the coin flip isn't to make the decision but because while the coin is flipping you'll be HOPING to land on what you really want.

Dog. - October 4, 2021, 6:03 am

(Oct 4, 2021 06:01 AM)Kaiba Corp Wrote: [\[CITE\]](#) Flip a coin. It might look like a joke, but I'm completely serious. I don't remember were I've read that but the coin flip isn't to make the decision but because while the coin is flipping you'll be HOPING to land on what you really want.

Wait... I heard about that just a couple of days ago. It sounded like a cop out at first but it's legit

Xen - October 4, 2021, 6:04 am

(Oct 1, 2021 07:40 PM)siddy357 Wrote: [\[CITE\]](#) ask someone you trust or and elderly who might have the experience of how to handle the situation.

Pretty much, do your due diligence on the situation before responding to it.

Kaiba Corp - October 4, 2021, 6:09 am

(Oct 4, 2021 06:03 AM)Dog. Wrote: [\[CITE\]](#) Wait... I heard about that just a couple of days ago. It sounded like a cop out at first but it's legit

True i wouldn't had considered it if it wasn't coming from some profitable investor or something like that. Not because that makes it more legit but because it shows sometimes personal happiness is worth more than profit

?itcoin - October 4, 2021, 6:14 am

(Oct 1, 2021 07:38 PM)Makaveli The Don Wrote: [\[CITE\]](#) I usually take a few days, grab a few opinions of people that I trust and then I isolate myself and think about all the possible outcomes,

the positives/negatives and then I go with what feels right at the time.

What about you guys? Do you meditate? Do you seek professional help? Do you just gamble and hope it's the right decision? Smoke some weed, and focus on the issue and come up with a solution.

Kaiba Corp - October 4, 2021, 6:32 am

(Oct 4, 2021 06:14 AM)Focus Broken Wrote: [\[CITE\]](#) I procrastinate until there's no time left.
? Like most people do anyway.

siddy357 - October 4, 2021, 6:47 am

(Oct 4, 2021 06:04 AM)Xen Wrote: [\[CITE\]](#) Pretty much, do your due diligence on the situation before responding to it.
extra insight and a different perspective always helps in handling situations a better way.

Grim - October 4, 2021, 6:48 am

Like to go for a walk and clear my head or just think on something for a couple days even weeks if I have time

Prettykitty - October 4, 2021, 12:45 pm

I ask some people I'm close with, also I'd go with my gut. The ultimate decision usually just comes to me. I think that distracting your mind off of it for a while if you can would help. It's always nice to not over think things.

Scoppa - October 5, 2021, 1:37 pm

(Oct 1, 2021 07:38 PM)Makaveli The Don Wrote: [\[CITE\]](#) I usually take a few days, grab a few opinions of people that I trust and then I isolate myself and think about all the possible outcomes, the positives/negatives and then I go with what feels right at the time.

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I usually smoke and relax. Everything is better with weed.

False King - October 5, 2021, 1:56 pm

Jokingly I'd like to say "masturbating", even though that actually is a good idea, I don't really do it. I just think about it for a while. Give me some time and rest and discuss with a few people. Get some more perspectives on it.

TB12GOAT - October 5, 2021, 2:11 pm

(Oct 5, 2021 01:56 PM)False King Wrote: [\[CITE\]](#) Jokingly I'd like to say "masturbating", even though that actually is a good idea, I don't really do it. I just think about it for a while. Give me some time and rest and discuss with a few people. Get some more perspectives on it.
Dont underestimate the post nut clarity, my friend.

Beherit - October 5, 2021, 2:13 pm

I actually make sure it is silent in the room that I'm in or as quiet as possible, turn away from my monitor, recline back in my chair and start the thinking process, with abnormal conversations with myself, listing out the pros and cons, etc.

Prettykitty - October 5, 2021, 2:16 pm

Just wanted to add that I think going outside for a walk helps, also if you have time before the decision you can find time to think about a little each day so you won't be overwhelmed.

False King - October 5, 2021, 2:29 pm

(Oct 5, 2021 02:11 PM)TB12GOAT Wrote: [\[CITE\]](#) Dont underestimate the post nut clarity, my friend. I really don't. It's a very interesting phenomenon. I mainly masturbate before I go to sleep, though, and that's not the perfect moment to wonder about big life questions.

Palestine - October 5, 2021, 3:01 pm

(Oct 1, 2021 07:38 PM)Makaveli The Don Wrote: [\[CITE\]](#) I usually take a few days, grab a few opinions of people that I trust and then I isolate myself and think about all the possible outcomes, the positives/negatives and then I go with what feels right at the time.

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Honestly? I'll forget about it for a minute, smoke some herb, chill relax and then the right choice/decision will come to me very much more clearly than before. Simply because most people end up making mistakes, or forgetting things just by over-thinking it, and over-reacting which usually clogs up your brain, and makes you forget things or make the wrong choices.

After having some time doing other things, and even smoking some tree, will significantly help calm the nerves and all the thoughts and questions will have went away and you'd be just left with the initial question you had and the obvious, clear, right answer! ? ? ?

xPower - October 5, 2021, 3:07 pm

I just take some time to think about it then I confidently make my decision and never look back.

clean - October 5, 2021, 3:08 pm

(Oct 1, 2021 07:38 PM)Makaveli The Don Wrote: [\[CITE\]](#) I usually take a few days, grab a few opinions of people that I trust and then I isolate myself and think about all the possible outcomes, the positives/negatives and then I go with what feels right at the time.

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I usually ask the most important people around then, and then make my decision for myself after learning what they may think is right.

??? - October 31, 2021, 1:18 pm

Ill mediate or just sit and procrastinate.

Nostre - October 31, 2021, 1:19 pm

I do the same exact thing you do aside from talking to IRL friends regarding the issue. They will only provide you with advice based on their place in life and cannot compare them to yourself.

fenompls - October 31, 2021, 1:22 pm

I workout to music that has no lyrics.

Ninja - October 31, 2021, 1:27 pm

I think about the long term effects and decide from there. I wouldn't ask anyone for help. I'm the only one that knows the answer to my problems or decisions.

Ivex - October 31, 2021, 5:43 pm

I go for a late night drive, although a nighttime walk works too!

Kittenz4life - October 31, 2021, 6:49 pm

I meditate every night. It helps me collect myself and helps me be able to tackle the next day/problems.

funtela - October 31, 2021, 7:23 pm

I tend to pray about it. It helps a lot.

Juoku - November 1, 2021, 9:01 am

I basically try to think hard on how the future would look like with each of the options I'm considering, I'd ask my spouse for her opinion, maybe my family too if they can help with that topic and make up my mind based on how I feel after all of that.

isai - November 1, 2021, 1:10 pm

the first thing i do is make sure my current emotions / mood aren't influencing my decision

if you don't recognize that you will be slave to your own emotions for your whole life

Dog. - November 1, 2021, 1:57 pm

If I'm still reeling from it, I try to be alone and sit on it for a little while.

Once I'm ready, I'll talk it out to as many people as I can. Forces me to simplify it past too many nuances to get to a single decision.

Monero-chan - November 4, 2021, 12:11 pm

Do lots of research, think about the possible outcomes and affects those outcomes have on the situation.

Irritable - November 5, 2021, 4:39 am

(Oct 1, 2021 08:00 PM)siddy357 Wrote: [\[CITE\]](#) not a bad idea to keep one self calm before a decision.

That's not how you go shopping for clothes!

In?sane? - November 5, 2021, 4:55 am

Don't really do anything special just let the brain crunch.

siddy357 - November 5, 2021, 7:50 am

(Nov 5, 2021 04:39 AM)Irritable Wrote: [\[CITE\]](#) That's not how you go shopping for clothes! Sadly that won't work on shopping decisions ?

50seizedmy2fa - November 5, 2021, 7:54 am

Trust your gut and go with your intuition, it'll do you good more than it'll do you bad.