

Forum: [Hack Forums](#)

Thread: [Testosterone Replacement Therapy anyone tried it?](#)

CinderGhoul - December 27, 2021, 12:19 am

I saw a few people recommending TRT to boost their testosterone for guys who have low testosterone levels, especially guys above 40. Of course, you would need to go through the tests and see if you are legible for TRT. One downside I see is it's not natural, so if taken regularly your body will stop producing testosterone naturally.

Does anyone have experience with it? Did it affect your physique or mental health?

Diclonius - January 5, 2022, 9:55 pm

(Dec 27, 2021 01:19 AM)CinderGhoul Wrote: [\[CITE\]](#) I saw a few people recommending TRT to boost their testosterone for guys who have low testosterone levels, especially guys above 40. Of course, you would need to go through the tests and see if you are legible for TRT. One downside I see is it's not natural, so if taken regularly your body will stop producing testosterone naturally.

Does anyone have experience with it? Did it affect your physique or mental health?

if your bloodwork shows your low test levels youll likely be recommended TRT
its just Testosterone who cares if it isnt natural

TRT is for life 1 shot a week thats it
yes your testicles will stop producing testosterone and may shrink a bit
but why would you care if they stop you are already on TRT they had ONE JOB? and they didn't produce enough testosterone hence the need for trt

Physique wise its basically a lifetime steroid cycle so you'll build muscle and burn fat easier if you are active and eat healthy

mental wise you'll feel like a million bucks , aggression may be a bit higher if you are prone to it, overall youll feel way better than when you had low test.

due to testicles stopping production of own test its also a bit harder to get a girl pregnant and when guys try for a kid they may have to come off trt for a bit kick start their own testicles test production to get their swimmers back to prime condition.

this is a 50/50 as some dudes have had no probs when trying for a kid even when on trt.

FinanceMan901 - January 7, 2022, 4:37 pm

I've done steroids (testosterone) which is basically a TRT cycle.

At normal TRT dosages you'll feel amazing, mentally sharp, your metabolism/work ethic/energy level are going to be of a regular young man with high testosterone.

Personally I quit roids cause it also ruined my mental health but mind you I was taking tons of compounds and blasting test to super physiological dosages.

Note: You may experience slight hair loss but on a low try dose that shouldn't be much of a worry, and for your balls to not shrink you can also take HCG every other day but that's a lifetime

commitment which isn't bad cause it's just small insulin pins and you just do a quick jab and that's it.

CinderGhoul - January 8, 2022, 11:05 am

(Jan 5, 2022 10:55 PM)Diclonius Wrote: [\[CITE\]](#) if your bloodwork shows your low test levels youll likely be recommended TRT
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Great to know. What are your opinions on natural boosters like ashwagandha, garlic (yeah lol i tried it).

I've had a lot of improvements with natural ones, I in fact used natural boosters to lose weight and to gain my libido, along with proper diet.

FinanceMan901 - January 8, 2022, 2:45 pm

(Jan 8, 2022 12:05 PM)CinderGhoul Wrote: [\[CITE\]](#) Great to know. What are your opinions on natural boosters like ashwagandha, garlic (yeah lol i tried it).

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I've never tried a test booster to be honest. But I've heard a lot of things about turkesterone which I may try in the future soon.

Sorum - January 10, 2022, 5:04 pm

Check out this channel: <https://www.youtube.com/channel/UCoR7CHkMETs3ByOv74OAbFw>
Many things you can learn there.

He also has a proper trt clinic that I recommend.
TRT is DEFINITELY good for some people.
You can PM me if you need any more intel, I may be able to help you out :)

Godlypkz - January 10, 2022, 5:11 pm

What issues are you currently having that is making you consider such therapy?

This is what I suggest.

Write a list of all of the positives of the therapy and all of the negatives. Weigh them against each other. Make your decision.

I am not familiar with TPT but somebody very close to me gets on test cycles to gain muscle. I saw you mentioned that you have low libido. I can tell you from what he tells me, he gets high libido from it. But he also tells me that his balls shrink. His mental health is perfectly normal. Doesn't get roid rage or anything like that. He takes injections rather than pills. I remember pills had an adverse affect on his mental health, not quite sure what the difference is.

Look, life is short. Do what makes you happy. At the end of the day, you can try a cycle, if its not for you, just don't do another. If it is, then perfecto.

Let me know what you decide to do!

CinderGhoul - January 11, 2022, 4:12 am

(Jan 10, 2022 06:11 PM)Godlypkz Wrote: [\[CITE\]](#) What issues are you currently having that is making you consider such therapy?

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Let me know what you decide to do!

Not much actually. I'm pretty healthy atm, sex life is good. I'm in my early 30s and I want to stay healthy in my 50s as well. I've seen some jacked dudes in their 50s who say staying fit is difficult at that age unless they do TRT. That's what got me interested in it. I don't really need TRT atleast right now.

Raddify - January 11, 2022, 7:57 am

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He also has a proper trt clinic that I recommend.

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You can PM me if you need any more intel, I may be able to help you out :)
a fellow MPMD viewer.
cheers bro

Diclonius - January 11, 2022, 3:04 pm

(Jan 8, 2022 12:05 PM)CinderGhoul Wrote: [\[CITE\]](#) Great to know. What are your opinions on natural boosters like ashwagandha, garlic (yeah lol i tried it).

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pure ingredients i would try no probs but commercial test boosters available over the counter at stores i would consider garbage since theyll have a proprietary blend thats hidden when you can buy the ingredients separately for lower cost

heard alot of things people swear by that work to increase test/increase boner power
olive oil and lemon

Raw duck egg at breakfast with a shot of tequila

Maca,ginseng,cistanche,horny goat weed,tribulus etc

best thing thatll boost your test levels is excersise and eating healthier with lean meats.